



A-Z Directory

Business & Residential Listings

Havering

2025/26

Product Code: 135

Business Listings

A-Z listings of local Businesses and Residential.

Information listed within the A-Z section **has been supplied by each Communication Provider** (service provider) and is published based on their directory status. If the business has been flagged as **Ex-Directory** it **will not be printed**. BT will only print information that **has been provided**. If you believe there is an omission or an error, please contact your Communication Provider to check the directory status of the information.

How to find a number

Entries are listed alphabetically.
First by business name...

Adams Apples 49 Fore St
Bradway Hospital 7 Parade
Candlelight Rest 1 Watt St
Elley C M, Hosiers 1 The Lanes

...then by initials or next word...

Hall A, Plmbr 7 Water La
Hall Brothers 25 Fox La
Hall C F, Btchr 109 High St
Hall Denton, Hlge 16 Yorks Rise ...

...then by street name or, if there is no street name, by locality...

Smith A, Solr 14 Ambleside Lane
Smith A, Bldr 27 Brick Road
Smith A, Pntr Degas Drive
Smith A, Gcr 71 Endell Rd

Like-sounding names

Check alternative spellings of names, for example **Read...Reed... Reid...**

Unconnected words

If an entry has two or more unconnected words, for example **General Motors**, the first word is treated as the surname and the second word as a forename.

Initials

Initials separated by spaces or full stops are listed at the beginning of each entry. Initials that are not separated are treated as words.

AAA Autos, 21 New St
ABC Marketing, 44 King St
Abbott Autos, 47 Prior Road
ABC Plumbing, 52 Singer Close

Numbers as names

Names which begin with a number, such as **3M**, are listed in numerical order before the alphabetical entries.

1st Choice Fabrics, 6 Old St
2nd Hand Cars Ltd, 17 Park Rd
A1 Tyres, 53 Orwell St
Abbot A, 598 Frith St

Prefixes

ST comes after **SAINT**, which occurs after **SAH**.

Sah A, 12 Dales Clo
Sah Z, 15 Cecil St
Saint B.J., 17 Homer Rd
St. Clare, High St

M', MC, MAC are all treated as **MAC**; the next letter determines the position.

Mabey T, 63 Wilsons La
McBride J, 64 Manning Clo
MacCullum P, 289 Kings Rd
McEwan S, 24 Bembo Rd

DE and **DE LA** are arranged together, so that all **DEs** will be together and all **DE LAs** will be together, and so on. The order is determined by the next letter in the name.

Dayville A, 7 Box St
De Angel P.A., 16 Allisson St
de Silva P.A., 17 Upper Hill
De la Bere, 3 Egerton Street
de la Rue, 17 Cats Walk

Punctuation

Ampersands (&), apostrophes and hyphens are disregarded.

Abbreviations

Churches and places of worship are represented by an abbreviation.

BAP	Baptist Union of Great Britain
BUD	Buddhist
CE	Church of England
CI	Church of Ireland
CS	Church of Scotland
CW	Church in Wales
HIN	Hindu
JWSH	Jewish
LUTH	Lutheran
METH	Methodist
MUS	Muslim
ORTH	Orthodox
PENT	Pentecostal
QU	Quaker
RC	Roman Catholic
SA	Salvation Army
SE	Scottish Episcopal Church
SK	Sikh
URC	United Reformed Church

If you can't find a number

If the number you want is for a home business address, either check the Residential listings or call BT Directory Enquiries 24 hours a day, 7 days a week on **118 500**.

Calls to 118500 cost 77p per call plus £1.55 per minute inc VAT, plus your telephone service provider's Access Charge (excludes BT payphones). Prices correct at time of going to press.

Changes

Some numbers may change during the lifetime of The Phone Book. Customers affected by number changes will be notified in advance. Callers will receive a recorded announcement advising them of the new number.

1 2 3 Support Services, Ltd, 39 Westmoreland Avenue Hornchurch	(01708) 477375	2 Heath Pk Rd Romford	(01708) 440444	Southend Unit 1, Upminster Trading Pk Warley St Upminster	(01702) 278805
1 Call Detectives, Private Detectives, 197 Ardleigh Green Road Hornchurch, Essex	(0844) 4176521	A1 Group, (UK) Ltd, Jane Ct Victoria Rd Romford	(01708) 724122	Access Garage Doors, Ltd, FAX	(01708) 222174
1 Day Wedding Services, 25 Walmer Clo Romford	(07000) 933346	A1 Standard Glass, Ltd, 17 Parkland Avenue Upminster	(020) 3793 4504	Unit 1 Upminster Trading Park Warley Street Upminster	(01708) 227042
1st. Bathroom, Ltd, 1063 High Rd Romford	(020) 8590 7700	A2Z Garage, Ltd, Suttons Business Park Unit B11 New Road Rainham	(01708) 606364	Accord Electrical Wholesalers, Ltd, 144 High Rd Romford	(020) 8597 8080
1st Chadwell Heath Scout Group, Catterall Hall Cecil Road Romford	(020) 8983 8613	A2z Trade, Ltd, 35A New Rd Rainham	(01708) 630404	Accountant, C, 261 Hornchurch Road Hornchurch	(01708) 457006
1st Step Mobility, Ltd, 54-56 Victoria Rd Romford	(01708) 746644	AA Service, (UK) Ltd, 26 Rose Lane Romford	(020) 8503 8216	Accountant, C, Mortg Hunter 2000, 57, Fairholme Avenue Romford Essex	(01708) 478999
Or	(01483) 478754	Aardvark Pre-School & Nursery, HAROLD COURT CHILDRENS CENTRE CHURCH ROAD HAROLD WOOD ROMFORD	(01708) 371258	Accountant, The, C, Gidea Park Lawn Tennis Club, 21 Gidea Close Romford Greater London	(01708) 734089
3C Telecom, FAX Top Floor Manor Wks 67 Manor Rd Romford	(01708) 766050	Aaron's Surplus Army & Navy, Ltd, 43 Upminster Rd Sth Rainham	(01708) 524915	Acde Management, Ltd, 27 Whitworth Avenue Romford	(01708) 702276
3MD Logistics, Ltd, 10b Elms House The Elms Industrial Estate Church Road Harold Wood	(01708) 361754	AAV Transport, Ltd, Burrow Farm Brentwood Road Bulphan Upminster	(01375) 841134	Ace Cleaning & Support Services, Ltd, 37 Ardleigh Green Road Hornchurch	(01708) 449525
4 Coffee First, Ltd, 201 Rush Green Road Romford	(01708) 843465	AB Global Logistics, Ltd, Stolt Nielsen Ho 1 Oldchurch Rd Romford	(01708) 728800	Ace Fabricators Limited, Unit 2 Allbright Industrial Estate Albright Industrial Estate Ferry Lane Rainham	(01708) 525511
4 Coffee Lounge, Ltd, 4 Moray Way Romford	(01708) 766094	Ab Salute Gym, 2-3 Southend Arterial Road Romford	(01708) 340029	Action Cleaning, Co Ltd, 1 Willies Cotts New Rd Lambourne End	(020) 8501 1045
6F Squadron Romford RAFAC, Territorial Army, 312 London Road Romford	(01708) 782395	Abacus 59, Ltd, 1 Dorset Avenue Romford	(01708) 750640	Action Video Services, T V & Video Production, 26A Station La Hornchurch	(07000) 560340
10 Hall Lane Dental Practice, 10 Hall Lane Upminster	(01708) 220043	Abacus Contract Services, Ltd, 68A North Street Romford	(01708) 734818	Actionsshake, Ltd, Elmcroft Lower Dunton Rd Bulphan	(01268) 541515
24 7 Emergency locksmith, 31 Collier Row Rd London	(0800) 8186190	Abcross Nursing Home, Abbs Cross Nursing Home 251 Brentwood Road Romford	(01708) 438343	Active FM, Ltd, Lambourne Ho Western Rd Romford	(01708) 728502
123 Mot, Ltd, 123 Abbs Cross Lane Hornchurch	(01708) 459716	Abbeleigh House, Pte Rest Home, Abbeleigh House 67-69 Squirrels Heath Road Romford	(01708) 340828	Active Plant Hire, Greenacres Trading Estate Aveley Road Upminster	(01708) 259751
127 Solutions, Ltd, Business IT And Cisco Communications Provider, Romford	(0872) 0858335	Abbey Accident Repairs, Unit D2-D3 Marsh Way Fairview Industrial Park	(01708) 559017	Adam Brucely, Ltd, Cert Acctnts, Sales	(0845) 5003000
Sales	(0872) 0858335	Abbey Antiques & Furnishings, Ltd, Ltd, Plot 1 Maldon Road Romford	(01708) 741135	North St Romford FAX	(01708) 754431
FAX	(0872) 0858335	Abbey Estate Agents, 113 Upminster Rd Sth Rainham	(01708) 554672	Addwell Business Equipment, Ltd, Office Equipment Suppliers/Repairs, 82 Brentwood Rd Romford	(01708) 730980
247 Detectives, Private Detectives, 137 London Road	(07017) 036121	Abbey Total Care Group, 5-7 Manor Avenue Hornchurch	(01708) 442654	Or	(01708) 751111
247 Investigators, Private Investigators, 76 Dagenham Road Romford	(0844) 4176519	Abbey Total Care Group, Ltd, Ashbrook Nursing Home 217 Chase Cross Road Romford	(01708) 728330	Addwell Systems, 82 Brentwood Rd Romford	(01708) 730980
777primefood, U K Ltd, 5-7 Collier Row Road Romford	(01708) 843094	ABBI Consulting Engineers, Ltd, 41 Eustace Road Romford	(01708) 594063	82A Brentwood Rd Romford	(01708) 732929
898-8, Arc Court 377 Maxwell Road Romford	(01708) 734138	Abbi Consulting Engineers, Ltd, 41 Eustace Road Romford	(01708) 986990	Adepta Services, St. James Ho Eastern Rd Romford	(01708) 758000
898-9, Liftn Image Court Maxwell Road Romford	(01708) 727257	Abbies Hair Studio, Hair Studio, 7 Suttons Lane Hornchurch	(01708) 608899	Adlebay, 141 South St Romford	(01708) 760222
999 Catering Supplies, Ltd, Unit 6 Teakroft Fairview Industrial Estate Marsh Way Rainham	(01708) 558880	Abbots, (South), Est Agt, 11 North St Hornchch	(01708) 449802	Admitir Versatile, 163 Billet Lane Hornchurch	(01708) 607737
FAX	(01708) 555022	Abbot's Estate Agents, Branches Romford	(01708) 755333	Adrians Clock Repairs, 135B Hornchurch Road Hornchurch	(01708) 447323
999 Pizza Toppings, Ltd, Unit 6 Teakraft Centre Marsh Way Rainham	(01708) 558885	165 South St Romford	(01708) 475742	Adrians Clock Repairs, 135 Hornchurch Road Hornchurch	(01708) 470239
1371, Ltd, Naan Staap 7 Station Chambers Victoria Road Romford	(01708) 720720	Abbs Cross Food & Wine, Wine Shop, 119 Abbs X La Hornchch	(01708) 475742	Advance Industrial Cleaning Services, 10 Westbury Terrace Upminster	(01708) 250250
3724, 4 Station Road Upminster	(01708) 227803	Abbs X La La Hornchch	(01708) 440304	Advanced Drains, Ltd, 7 Davenry Gardens Romford	(01708) 345639
A 2 B Auto Centre, 95 Upminster Rd Sth Rainham	(01708) 521818	Abbs X La Hornchch	(01708) 440304	Or	(01708) 375344
A And L Newsagents, Mr, H.U.Yaqoob, Newsagenet, 134 South St Romford	(01708) 736343	Adult Education Evenings Only	(01708) 440304	Advanced M P Plumbing & Heating, 47 Mill Park Avenue Hornchurch	(01708) 475041
A Bow K Florist, 359a Upminster Road North Rainham	(01708) 630971	Abella Cafe, Takeway, 10 Chase Cross Road Romford	(01708) 764004	Advanced Plumbing & Heating Service, Advanced Plmbg & Htg Serv, 39 Upminster Road South Rainham	(01708) 522666
A.C.E Roofing, Co, Rfg Contrs, 6 The Grove Upminstr	(01708) 227701	Abidin, & Co, 88A North Street Hornchurch	(01708) 438014	Advanced Security, 14 Falcon Business Centre Ashton Road Romford	(01708) 330900
A D S Painters & Decorators, Ltd, 65 Athelstan Rd Romford	(01708) 370080	Able Electrical Contractors, Ltd, 26 Rural Close Hornchurch	(01708) 455345	Advanced Vehicle Cleaning Supplies, Ltd, Advanced Vehicle Supplies Salamons Way Rainham	(01708) 553385
A E Hannmore, Ltd, Boiler and Heating Service and Repair, 1 Arlington Gardens Romford	(0843) 2248291	Able Felt Roofing, Ltd, 16 Kings Road Romford	(01708) 743396	Ae Wilson Group, 1171 High Road Romford	(020) 8590 0087
A G R Trading & Services, Ltd, 134a South Street Romford	(020) 3343 5938	Abt Wines, 205 Ardleigh Green Road Hornchurch	(01708) 450625	Aegis Survey Consultants, Patch Pk Ongar Rd Abridge	(01708) 688050
A J Enterprises, Pvt Ltd, 113 Corbets Tey Road Upminster	(01708) 221002	Abridge Autos, Ltd, 91 London Rd Abridge	(01992) 814456	Aero Mini Cab, Ltd, Airport Transfers, 128A Upminster Rd Hornchch	(01708) 441111
A J M Accountants, 1a Standen Avenue Hornchurch	(01708) 985417	Abridge Florists, Market Place Abridge Romford	(01992) 812887	AESSEAL, Plc, Unit 11 Upminster Trading Park Upminster Trading Park Warley Street Upminster	(01708) 225997
A.J. Middleton, & Co Ltd, 63 Gaynes Park Road Upminster	(01708) 250101	Epping Lane Stapleford Tawney (Sec/Office)	(01708) 688396	Aesthetics Of Essex, 1a Howard Road Upminster	(01708) 222224
A J Wines, 2 Carlton Road Romford	(01708) 755628	Absolute Alarms & Security Systems, Eesa House 250 Main Road Romford	(01708) 702778	Aesthetics Of Essex, Ltd, 1A Howard Road Upminster	(01708) 225555
A L Mini Car Services, Ltd, 36c Upminster Rd Sth Rainham	(01708) 521600	Academy,The, 94C Albert Rd Romford	(01708) 733637	Affinia Health Care Ltd, 31 Magnolia Court Mawney Road Romford	(01708) 910601
Or	(01708) 521000	Accend IT, Essex Ho Station Rd Upminstr	(01708) 250325	Aforbay Fashion, M, Mobile, 2 Sheepcotes Road Romford, Essex	(07946) 608577
A Man With Van, Removals & Storage, 121 Eyhurst Avenue Hornchurch	(020) 8185 7256	Access Garage Doors, Basildon Unit 1, Upminster Trading Pk Warley St Upminster	(01268) 508805	Afro Commodities, (Uk) Ltd, 39 Whybridge Close Rainham	(01708) 559582
A & M Bakery, Ltd, 28 High Street Romford	(01708) 594040	Brentwood Unit 1, Upminster Trading Pk Warley St Upminster	(01277) 729805	Age Concern, Haverling General Enquiries Inskip Dv Hornchurch	(01708) 796600
A M Roofing, 2 Grays Cottages Tomkyns Lane Upminster	(01708) 341957	Chelmsford Unit 1, Upminster Trading Pk Warley St Upminster	(01245) 708805	Head Office Inskip Dv Horchurch	(01708) 796605
A Plant Hire, Co Ltd, Romford Unit 3 Langley Clo, Harold HI Romford	(01708) 386672	Epping Unit 1 Warley St Upminster	(01992) 826805	Advice & Information Service Inskip Dv Hornchurch	(01708) 796601
A Russell, Farmers Ltd, Blankets Farm Dunnings Lane Bulphan Upminster	(01375) 517454	Harlow Unit 1, Upminster Trading Pk Warley St Upminster	(01279) 826805	Hopwa Day Centre HOPWA Ho Inskip Dv Hornchurch	(01708) 796611
A Star Kids Nursery, Ltd, 1 Rosewood Avenue Hornchurch	(01708) 985631			Insurance Services 5, High St Hornchurch	(01708) 479686
A Touch Of Glass, Ltd, 97 Front Lane Upminster	(01708) 250070			Age Concern Haverling, Paines Brook Court 14 Paines Brook Way Romford	(01708) 375433
A White Meats, Unit 6 Asheton Farm Tysea Hill Stapleford Abbots	(01708) 345474			Age Concern Insurance Services, Essex 112 Springfield Rd Chelmsford	(01245) 264499
A1 Gas,				Haverling 5, High St Hornchurch	(01708) 479686
				Ageless Tees, Tshirt Pmtrs, 11 The Liberty Romford	(01708) 755283
				Aggarwal, Dr, A,	

Maylands Health Centre 300 Upper Rainham Rd Hornchurch(0870) 4173111	Service 321 Corbets Tey Rd Upminster(01708) 774747	207 Chase Cross Road Romford(01708) 751990
Ahava Community, 80-84 Market Place Romford(01708) 765869	Parts 321 Corbets Tey Rd Upminster.....(01708) 774747	7 Collier Row Lane Romford.....(01708) 592177
Or(01708) 768221	Warley	Anr Tyres, Ltd, Unit 21a Barlow Way Rainham(01708) 552702
Ahava Community, 4 Atlanta Boulevard Romford(01708) 755321	Service The Dv Great Warley(01708) 774747	Antony Clifford Studios, Dncg Studio, 66 Albert Road Romford(01708) 754959
Ahava Community, Second Floor 6 Atlanta Boulevard Romford(01708) 762210	Parts The Dv Great Warley(01708) 774747	Any Time Auto Locksmiths, Locksmiths, 24 Hour, Emergency, Auto Locksmiths, Parkstone Av Essex(0844) 4117947
Ahava Community, Ltd, Brewery THE Romford Havering(01708) 769516	Allen Ford, Jutsums Lane Romford.....(01708) 732514	Any Time Locksmiths, Locksmiths, 24 Hour, Sunnings Lane Upminster(0844) 4117315
Ahern Rubbish Movements, Ltd, Waste / Rubbish, Ayletts Cottages Warwick Lane Rainham(01708) 524224	Allen & Hall Motor Engineers, Ltd, Bernard Road Romford(01708) 764725	Anytime Care 2020, 2 Eastern Rd Romford(01708) 732713
Ahern Rubbish Movements, Ltd, Oakfield Lodge Albyns Farm South End Road Rainham(01708) 525442	Allgood Trio, Unit 26 Bates Indust Est Chur Ch Rd Harold Wd(01708) 345067	Anzco Foods, Ltd, Bates Industrial Estate Church Road Harold Wood Romford(01708) 373079
Ahmad, Dr S, 32 Westmoreland Avenue Hornchurch(01708) 443812	Alloy Fix, Ltd, Brooklands House Brooklands Approach Romford(01708) 728438	AOC Interiors, Ltd, Unit 6a Orwell Clo Rainham(01708) 551892
Air Pumping, Ltd, Unit 16 Upminster Trdg Pk,Warley St Upminstr(020) 8552 1172	Allways International (Freight) Forwarding, Ltd, Unit 6 Saxon Ho, Upminster Trdg Pk Warley St Upminster(01708) 227711	Apco Bathroom Centre,The, 50 Victoria Rd Romford(01708) 740234
Or(020) 8470 8721	Alm Park Pets, Alm Park Pets, 34 The Broadway Hornchurch(01708) 437300	Apco Plumbing & Heating, 66 Victoria Rd Romford(01708) 740055
Airchannel, Ltd, Compressed Air Specialists, Stafford Indust Est Hillman Clo Hornchurch(01708) 478866	Alpam Homes, Fir Tree Cottage Bournebridge Lane Stapleford Abbotts(01708) 687531	Aphex Builders, Ltd, Cranham Place Ockendon Road Upminster(01708) 642090
FAX(01708) 478858	Alpha Autoparts, 6 Moor La Upminstr(01708) 222575	Apl Optical, Optcn, 8 Atlanta Boulevard Romford.....(01708) 762935
Aj Cox Metal Fabrications, Mtl Fabrications, Baldwins Fm Dennises La Upminstr(01708) 642141	Or(01708) 227946	Appi Nails, 26 North Street Romford.....(01708) 607841
A&J Nails, 104 North Street Hornchurch(01708) 701348	Alpha Engines, Unit 4, Fordview Estate 69 New Road Rainham(01708) 609722	Apple Financial Solutions, Ltd, 34 Parkland Avenue Upminster(01708) 641155
Aktive Pharmacy, Pharmacy Online, Unit 37A Bates Industrial Estate Church Road Harold Wood Romford.....(01708) 608030	Alpha Nursery, (Rainham) Ltd, 89 Frederick Road Rainham(01708) 554957	Aquarend, Ltd, Waterproof Plstr Spclst, 1 Aquarend Place St. Marys Lane Upminster(01708) 222786
Al Bilal Halal Meat, 181 St. Marys Lane Upminster(01708) 935979	Alpha Overseas, Ltd, Scottish Mutual Ho 27 North St Hornchch FAX.....(01708) 446664	FAX(0800) 3284329
Al Razzaq, 164 Rush Green Road Romford(020) 3861 5098	Alternative Property Services, Ltd, 4 North St Hornchurch(01708) 454121	Aquatek Plumbing, Romford(0800) 3284329
Alam, Ltd, 2 Broadway Front Lane Upminster(01708) 222045	Alu Windows Doors, Seedbed Centre Unit B1 Davidson Way Romford(01708) 607350	Aquillina & Leung, Dent Surgs, 56 Western Rd Romford(01708) 740716
Alan Jacob Estates Ltd, 120 North Street Hornchurch(01708) 921380	Alva Shoes, Ltd, Unit 42 Church Road Harold Wood(01708) 379020	Arasu, Dr P, Maylands Health Centre 300 Upper Rainham Rd Hornchurch.....(0870) 4173111
Albert Road Service Station, Ltd, 161-163 Victoria Road Romford(01708) 744087	Amana Trust, Charity, Bower Ho Orange Tree Hl Havering Atte Bower(01708) 380300	Archers, Pblc Ho, The Archers 194-04 Main Road Romford.....(01708) 727770
Or(01708) 727650	Ambadi Store, London Ltd, 7 Moor Lane Upminster.....(01708) 640800	Archiclad Dsi, UK Ltd, Unit D2-D3 Marsh Way Fairview Industrial Park.....(01708) 525502
Albion, Punch Pub Co, Pblc Ho, Rainham Rd Rainham(01708) 552445	Ambassadors Outreaches, Unit 1 Detection House Brooklands Approach Romford(01708) 952838	Architectural Plaster Designs, Ltd, Workshop Cranham Fm The Chase(0800) 0851112
Albright Design Services, Ltd, 184 New Road Rainham(01708) 559090	AMBULANCE, In Emergency dial 999 and ask the operator for Ambulance	Arco Environmental, Ltd, Unit 8 Ashton Road Romford(01708) 347063
Alcohol Advisory Service, Victoria Hosp Pettits La Romford(01708) 740072	Ambulance Service College, Ltd, 44 Copperfields Wy Romford.....(01708) 379931	Arco Solutions Up, Acctnts, 1 Dickens Way Romford(01708) 765795
Alex Charles Nanny Services, 58 Station Lane Hornchurch(01708) 475324	American Golf, 97-107 Main Rd Romford.....(0844) 4992019	Arcus FM, Ltd, 168-70 Upminster Road Upminster(01708) 462900
Alexanders, 1 Spilsby Rd Harold Wd.....(01708) 384574	Amplifon, Romford 162 South St(0845) 2412215	Ardleigh Enterprises, Ltd, Training Consultancy & Conferencing, Havering College of Further & Higher Education Ardleigh Green Road Hornchurch.....(01708) 462888
Alfa Hire, Ltd, 198 Crow La Romford(01708) 476664	Romford 162 South St(0845) 6045816	FAX(01708) 462889
Alfa Insurance Associates, Romford(01708) 340109	Or(0845) 6045816	Ardleigh Green Dental Clinic, 102 Ardleigh Gn Rd Hornchurch.....(01708) 621020
Alfa Insurance Facilities, Romford(01708) 340109	Anatolian Tradar, Ltd, 181 High Street Hornchurch.....(01708) 609897	Ardleigh Green Dry Cleaners, 110 Ardleigh Green Road Hornchurch(01708) 476521
Al-Hadi Jask, Ltd, Al-hadi Jask 1108 High Road Romford(020) 3903 7198	Anderson Sinclair Design, Ltd, Fitted Kitchs & Bedrooms, 39 Station La Hornchch(01708) 443551	Ardleigh Green School, Ardleigh Gn Rd Hornchch (Junior).....(01708) 443014
Alheavy, Ltd, 15 Bates Rd Romford(01708) 374400	Andrew Mitchell, & Co, Bates Bsns Cntr Church Rd Harold Wd(01708) 370800	Ardleigh Gn Rd Hornchch (Infants).....(01708) 449362
Ali Baba, Takeaway, 288 Station Parade Hornchurch.....(01708) 449575	Andrews Estate Agents, 20 North St Romford(01708) 753521	Ardleigh Improvements, Ltd, 57 Cecil Avenue Hornchurch(01708) 453119
Ali Sha Enterprises, Takeaway, 11 Tadworth Parade Hornchurch.....(01708) 607001	Andrews Letting & Management, Residential Lettings, 20 North St Romford.....(01708) 753521	FAX(01708) 453147
All Advertising, Ltd, First Floor Rainham House Rainham Trading Estate New Road Rainham(01708) 556867	Andrews Office Equipment, Ltd, 209-211 North St Romford(01708) 766498	Argonaut Heating, Ltd, 121 Mawney Rd Romford(01708) 738990
All Autos Locksmiths, Locksmiths, 24 Hour, Hornchurch Road Hornchurch(0844) 4117314	Angel House Nursery, Ltd, 173 Gooshays Drive Romford(01708) 606611	Argos Stores, Ltd, Hornchurch Branch 274
All Clear Insurance, Unit 1 Redwing Ct Ashton Rd Romford(01708) 339000	Angel Sparkle Cleaning, 68 Arundel Road Romford(01708) 347775	84-86 High Street Hornchurch, Greater London.....(0845) 1657274
All Media Works, 35 Athelstan Rd Romford.....(01708) 345127	Anglia Forwarding, Ltd, Anglia Centre Fairview Indust Pk Rainham(01708) 527000	Romford Branch 402
All Season Soils, Ltd, Gospels Fld Southend Arterial Rd Upminster(01277) 225793	anicemanwithavan.com, Removals & Domestic, 9 Berkeley Av RUISLIPP(0844) 2458978	30-36 Market Place Romford, Greater London(0845) 1657402
All Seasons Yard, Ltd, All Seasons Nursery Folkes Lane Upminster(01277) 203802	anicemanwithavan.com, Removals & Domestic, 141 Broad St Dagenham(0844) 2458982	Armstrong, Richard, Gents Hrdrs, 39 High Street Romford.....(01708) 743361
Allan Reece Associates, FAX(01708) 749440	anicemanwithavan.com, Removals & Domestic, 32 Broadway Rainham.....(0844) 2458985	Army - Territorial, Essex
Allan Reece Associates, Llp, Capital House Appleton Way Hornchurch(01277) 563499	anicemanwithavan.com, Removals & Domestic, 6-8 Farnham Rd Romford.....(0844) 2458976	Romford, TA Cntr 312 London Rd Romford(01708) 745342
Or(01702) 841099	anicemanwithavan.com, Removals & Domestic, 1074 High Rd Romford(0844) 2458979	TA Centres
Or(01708) 733730	anicemanwithavan.com, Removals & Domestic, 15 High St ROMFORD.....(0844) 2458974	Essex
Or(020) 3935 7999	anicemanwithavan.com, Removals & Domestic, 106 High St Hornchurch(0844) 2458983	Romford TA Cntr 312 London Rd Romford(01708) 745342
Allcare Agency, Ltd, Hornchurch Cardrome Upper Rainham Road Hornchurch(01708) 449629	anicemanwithavan.com, Removals & Domestic, 2 Jasmin Rd Romford(0844) 2458980	Arnold Laver, 124 New Rd Rainham.....(01708) 529500
Allen Ford, Brentwood	anicemanwithavan.com, Removals & Domestic, 20 London Rd Abridge(0844) 2458977	ARR Group, Ltd, 11 Eastwood Drive Rainham(01634) 931641
Sales 140 London Rd Brentwood(01708) 774747	anicemanwithavan.com, Removals & Domestic, 311 St Mary's Ln Upminster(0844) 2458986	Arrow Tyres, Ltd, Hornchurch Cardrome Upper Rainham Road Hornchurch.....(01708) 475624
Romford	anicemanwithavan.com, Removals & Domestic, 7 Station Rd Gidea Pk(0844) 2458975	ARS Food, Supmkt, Unit 3 Mick Fury House Perry Close Rainham.....(01708) 552233
Sales 13 London Rd Romford.....(01708) 774747	Ann Summers Retail, Ltd, The Liberty centre Unit GL38 Lockwood Walk Romford Essex.....(0870) 0534081	Arun Estates, 1185 High Road Romford(020) 8599 4683
Service 13 London Rd Romford(01708) 774747	Anna House, Ltd,	Ascension Office Removal Services, Ltd, 5 Ascension Road Romford(01708) 727775
Bodyshop 13 London Rd Romford.....(01708) 774747		Asda Connections, Asda Stores Ltd Mercury Gardens Romford.....(01708) 572778
Parts 13 London Rd Romford.....(01708) 774747		ASDA Superstores,
Upminster		
Sales 321 Corbets Tey Rd Upminster(01708) 774747		

Romford			
Dolphin App Mercury Gdns Romford	(01708) 388700		
Ash & Embers, Ltd, Fireplaces & Ftngs, Mark Saunders Market Place Abridge	(01992) 815972		
Ashbourne, (UK) Ltd, Joinery, Unit 5 Bridge Connections Coldharbour Lane Rainham	(01708) 521234		
Ashbrook Nursing Home, 217 Chase Cross Road Romford	(01708) 736588		
Ashchurch House, Ltd, 6 Chase House Gardens Hornchurch	(01708) 473202		
Ashgate House, Ltd, 13 Junction Rd Romford	(01708) 756601		
Ashgrove Residential Care Home, 12a 64-66 Billet Lane Hornchurch	(01708) 458834		
Ashking House, Ltd, 21 Junction Road Romford	(01708) 752100		
Ashley Law, 2 Lake Rse Romford	(01708) 504455		
Ashton Estate Agency, Ltd, 1 High Road Romford	(020) 8599 2323		
Ashton & Perkins, 30 Victoria Rd Romford	(01708) 723700		
Ashwells Reclaimed Timber, Ltd, Reclaimed Tropical Timber, Wick Place Farm Brentwood Road Bulphan	(01375) 892576		
Ashworth, J.R, (Plumbing & Heating) Ltd, Plmpg,Central Htg, 177 London Road Romford	(01708) 742938		
Asia Spice, 62 VICTORIA ROAD ROMFORD, ESSEX	(01708) 762623		
Asia UK Property Fund, Llp, 133 Hall Lane Upminster	(01708) 259402		
Aspect Plus, Llp, 40A Station Rd Upminstr	(01708) 226205		
Or	(01708) 229169		
Or	(01708) 251397		
Aspen Tree, Pblc Ho, Gobions Avenue Romford	(01708) 749995		
Assett Paper Sales, 90 South St Romford	(01708) 759270		
FAX	(01708) 759279		
Assosia, Ltd, Unit 3 Ripon Ho 35 Station La Hornchch	(01708) 444840		
Aston Heating, Moss Ldg Moss La Romford	(01708) 742046		
At Architects, Ltd, 35 Station La Hornchch	(01708) 477899		
Ates Kebab, Ltd, Brentwood Road Romford	(01708) 456888		
Atlantic Cargo, Ltd, Unit 16A Salamons Wy Rainham	(01708) 553718		
Atlantic Fish, Wholesale Ltd, Fairview Industrial Park UNIT2 Barlow Way Rainham	(01708) 526831		
Atlas Radio Cars, Ltd, Golden Lion Htl 2 High St Romford	(01708) 720000		
Atomic Comics, 1112 High Road Romford	(020) 8597 8547		
Atrium Access, Ltd, 182 New Rd Rainham	(01708) 556072		
FAX	(01708) 524737		
ATS Euromaster, Ltd, Tyres,Batteries,Exhausts, Centres Hornchurch 57 Butts Gn Rd Hornchch	(01708) 476211		
Aurica Lights, 4 Mayesford Road Romford	(020) 8597 8071		
Austin Chapel Independent Financial Advisors, St. Lawrence Ho 2 Gridiron Pl Upminstr	(01708) 220816		
AUSTRALIAN HIGH COMMISSION, Australia Ho Strand WC2	(020) 7379 4334		
Austria Travel, 54 Station Rd Upminster	(01708) 222000		
Austria Travel, Ltd, 54 Station Rd Upminstr	(01708) 222000		
Auto Emergency Locksmith, Locksmiths. 24 Hour Emergency, Auto Locksmiths, Norfolk Rd Essex	(0844) 4117983		
Auto Star Elites, 2 Back Lane Romford	(020) 8590 3322		
Automanor, 308 St. Marys La Upminstr	(01708) 220911		
Or	(01708) 220940		
Automatic Gearbox Engineering, Unit 8 75, Fordview Estate New Road Rainham	(01708) 522291		
Avalon Group, Ltd, Signature House 13 Station Road Gidea Park Romford	(01708) 361789		
Avance Car Rental, Vehicle Hire Company, Yard 5 6 Marricotts Equestrian Centre Benskins Lane Noak Hill	(01708) 344408		
Avari Foods Ltd, Victoria Road 7 Victoria Road Romford	(01708) 531002		
Avenue Cars, 54 Station Rd Chadwell Hth	(020) 8590 4464		
Avenue Windows, Units 5 To 7 Horizon House Rainham Road Rainham	(01708) 912883		
Aviary, The, 179 High Street Hornchurch	(01708) 454924		
Avilion, Ltd, Gateway Xiii Industrial Estate Ferry Lane			
Rainham	(01708) 526361		
Avis Europe, Plc, Avis Ho Park Road Bracknell	(01344) 426644		
Avis Rent A Car, Limited, Car Hire, Autoglass Lyon Street, South Road Romford	(0844) 5443836		
Avon Coaches, Danes Rd Indust Est Maldon Rd Romford	(01708) 750000		
Avon Radio Cars, Car Servs & Couriers, 187 South St Romford	(01708) 744000		
Or	(01708) 746777		
Avonstrand, Ltd, Avonstrand Ltd Faringdon Av Harold HI	(01708) 386277		
Axcelence, Media House, 91 Betterton Road Rainham	(01708) 701321		
Axcelence, Media House, 65 King Edward Avenue Rainham	(01708) 702779		
Axiom Personnel, Ltd, Unit 7 Stanton Gte 49 Mawney St Romford	(01708) 727060		
Ayden Super Store, 78 Upminster Road South Rainham	(01708) 608772		
Aylett Gravel, Co Ltd, Ayletts Camp Warwick Lane Rainham	(01708) 522138		
Aysgarth Properties, Ltd, 37 Victoria Rd Romford	(01708) 729060		
Azaad News Agents, 100 Petersfield Avenue Romford	(01708) 342589		
Azzu, Jacks Cafe, 145a Rainham Road Rainham	(01708) 553368		
B B Fatima Cash & Carry, Ltd, 1171 High Road Romford	(020) 3793 4272		
B & D Glassmasters, Giss Mrcnts, Copesey Ltd Danes Rd Romford	(01708) 724614		
B & E Weatherseal, Kings Est,Broadway Pde Hornchurch	(01708) 450697		
B F Mulley & Son, 254 St Marys Lane Upminster	(01708) 220356		
B F Mulley & Son, 254 St Marys Lane Upminster	(01708) 442145		
B G Air Conditioning, Ltd, 39 Brackendale Gardens Upminster	(01708) 228411		
B K C Building & Roofing, Ltd, 40 Tindall Close Romford	(01708) 340052		
B & P Scrap, Co, B & P Metals New Rd Wennington	(01708) 869420		
B & Q, plc, B & Q Warehouse Romford Roneo Corner Store Hornchurch Rd Romford	(01708) 734210		
B.T., Please see under BT			
B Trans, Ltd, Logistics, Freight Master Estate Ferry Lane Rainham	(0843) 8164832		
B2 Exhibitions, Watergate Broxhill Rd Havering Atte Bower	(0843) 5153734		
B2 Exhibitions, Ltd, Watergate Broxhill Rd Havering Atte Bower	(01708) 344668		
Baby Door, Ltd, 26 Hailsham Road Romford	(01708) 985002		
BAC Double Glazing,, Sales Enquiries	(0800) 666444		
Bahri, P.K, Ophthal Optcn, 172 St. Marys Lane Upminster	(01708) 228397		
Bairstow Eves, Ltd, Est Agt, Collier Row 20 Collier Row Rd Romford	(01708) 766517		
Elm Park 38 The Broadway Hornchch	(01708) 457036		
Gidea Park 164 Balgores La Romford	(01708) 620929		
Hornchurch 16 North St Hornchch	(01708) 443471		
Rainham 33 Upminster Rd Sth Rainham	(01708) 550314		
Romford			
24 High Rd	(020) 8597 8961		
132 South St Romford	(01708) 761862		
Upminster 12 Station Rd Upminstr	(01708) 220999		
Baker Estates, Sales Letting Mortgages, 7 Clockhouse Lane Romford	(01708) 746633		
Balfour Global, Llp, One Oak Orange Tree HI Havering Atte Bower	(01708) 380840		
Balgores Best Kebab, 81 Balgores Lane Romford	(01708) 925838		
Balgore Property Service, 1 North Street Hornchurch	(01708) 470756		
Balgores Best Kebab, Takeaway, 81 Balgores Lane Romford	(01708) 764002		
Balgores Leasing, Ltd, 1 Bryant Av Romford	(01708) 384451		
Balgores Letting, Ltd, 11 North St Hornchch	(01708) 475053		
Or	(01708) 478333		
Or	(01708) 479173		
Balgores Motors, The Weighbridge Bryant Av Romford	(01708) 344445		
Balgores Motors, (1982) Ltd, Gar,Car Sales, 1 Bryant Av Romford	(01708) 344122		
Balgores Natural Therapy Centre, 142 Balgores La Romford	(01708) 723555		
Or	(01708) 735517		
Balgores Property Services, Ltd, 1 North St Hornchch	(01708) 456841		
5 Station Chmbs Victoria Rd Romford	(01708) 755507		
Balgores Upminster,			
63 Station Rd Upminstr	(01708) 226030		
Or	(01708) 259530		
Ballen Panels, Ltd, Elms Church Rd Harold Wood	(01708) 373734		
Or	(01708) 373745		
Balloons By Wonderland, 123 Avon Road Upminster	(01708) 224009		
Barbers, Barbs, 160 Heath Park Road Heath Park Romford	(01708) 935697		
Barclays Bank, Personal Customers	(03456) 052345		
Business Customers	(03456) 052345		
Barclays Bank, PLC, Branches Chadwell Heath Personal Customers	(03456) 052345		
Business Customers	(03457) 345345		
Gidea Park Personal Customers	(03456) 052345		
Business Customers	(03457) 345345		
Hornchurch Personal Customers	(03456) 052345		
Business Customers	(03457) 345345		
Rainham Personal Customers	(03456) 052345		
Business Customers	(03457) 345345		
Romford Personal Customers	(03456) 052345		
Business Customers	(03457) 345345		
Upminster Personal Customers	(03456) 052345		
Business Customers	(03456) 052345		
Barfoot, D.J., 19 Manor Crescent Hornchurch	(01708) 472068		
Bari International, Ltd, Unit C1,151/61 Newton Industrial Estate Romford	(01708) 592278		
Barkers Hairdressing & Beauty Trade Suppliers, 4 The Parade Colchester Rd Romford	(01708) 347428		
Barking & Dagenham College, Dagenham Road Romford	(020) 8090 3020		
Barking & Dagenham London Borough of, Services Parks St. Chads Park Chadwell Heath	(020) 8590 8665		
Barking & Dagenham Primary Care Trust, Victoria Centre C.M.H.T 1	(01708) 796868		
Barley Lane Primary School, Huxley Drive Romford	(020) 8590 8474		
Barleycroft Care Home, Ltd, Spring Gdns Romford	(01708) 753476		
Barnes, F, & Son, Solrs, 14 Chase X Rd Romford	(01708) 743727		
1 High St Romford	(01708) 745183		
FAX	(01708) 726257		
Baronworth General Insurance Services, Ltd, 81A Chase X Rd Romford	(01708) 750027		
Barrels Convenience, Brls Convenience, Ret, 145 Avon Road Upminster	(01708) 640622		
Barrels Off Licence, 144 Station Lane Hornchurch	(01708) 475229		
Barton Timber, Co Ltd, 50 North St Hornchurch	(01708) 448805		
Bas 1 Embroidery & Printing, Unit 8 Fairview Indust Pk Marsh Wy Rainham	(01708) 521500		
Base Station Control, Unit 1 Allbright Industrial Estate Ferry Lane Rainham	(01708) 520451		
Or	(01708) 555500		
Bass, Mr, Russell, 69 South Street Romford Romford	(01708) 730011		
Batemans, Nwsagt, 28 Corbets Tey Rd Upminstr	(01708) 225649		
Bathrooms Boilers Spares Hornchurch, Ltd, 146-148 Hornchurch Road Hornchurch	(01708) 477454		
Batth Contracts, Suite 7 Granary Court High Road Chadwell Heath	(020) 8503 8740		
Battram, R, Mobile, 58 Upminster Road Hornchurch, Essex	(07956) 187265		
Baugh, T, 78 Chase X Rd Romford	(01708) 361426		
Bb Transporters, 17 Gelsthorpe Road Romford	(01708) 915783		
B&D Tyres And Servicing, Limited, 107 Collier Row Road Romford	(01708) 769409		
Beacon Support Services, S10 Bates Business Centre Church Road Harold Wood	(01708) 373737		
Beam MOT Centre, 21 New Rd Rainham	(01708) 630177		
Beam Mot Centre, 21 New Road Rainham	(01708) 550100		
Bear Inn, Noak HI Rd Romford	(01708) 381935		
Bear With The Hair, Ltd, 151 High Street Hornchurch	(01708) 456175		
Bearing Sachs Solicitors, Llp, 59A Broadway Romford	(01708) 756710		
Beau De Fleur, Ltd,			

7 Broadway Parade Hornchurch.....	(01708) 361952	Betts, D.R, Ceramics, The Barn Church Road Noak Hill.....	(01708) 381349	Boiler Medic, 37 Avenue Road Harold Wood.....	(01708) 594610
Beau Kid, Redburn House 2 Tonbridge Road Harold Hill.....	(01708) 606690	Beveridge Associates Partnership, Ltd, 30 Station Rd Upminstr.....	(01708) 641234	Bollywood Spice (Essex) Ltd, Chase Cross Road Romford.....	(01708) 749341
Beautiful Experience, Beauty Salon, 127 Belgrave Avenue Gidea Park Romford.....	(01708) 728263	Regency House Business Centre Station Road Harold Wood.....	(01708) 336969	Bon Appetit, Rstnt, 95 High Road Romford.....	(020) 8503 8801
Beauty By Zara, Hair Sal, 5 South Street Romford.....	(01708) 734948	Bew Ilford New, Unit 8 Hainault Works Hainault Road Little Heath.....	(020) 8597 1347	Bon Marche, Ltd, Unit 16 The Mercury Mall Mercury Gardens Romford.....	(01708) 731287
Beauty Fox Studio, Ltd, 211 Station Lane Hornchurch.....	(01708) 456861	Bfg Moor Lane, Ltd, 12 Willow Parade Moor Lane Upminster.....	(01708) 259139	Bona & Beauty, Ltd, 190 Upminster Road South Rainham.....	(01708) 554141
Beauty Pot, Ltd, The, 14 Moray Way Romford.....	(01708) 725111	Biffa Waste Services, Ltd, International Indust Pk Manor Wy Rainham.....	(01708) 521252	Boomes Ductwork, Limited, Boomes Indust Est, New Rd Rainham.....	(01708) 556038
Beautyfix Wholesale, Ltd, Unit 6 K9 Industrial Estate Ferry Lane Rainham.....	(01708) 525411	Big White Cube Vehicle Hire, Ltd, 72 Brentwood Rd Romford.....	(01708) 746622	Boos Boutique, 95 Front Lane Upminster.....	(01708) 226333
Beaverbrooks The Jewellers, Ltd, Romford Unit G15a Liberty Centre The Liberty Romford.....	(01708) 750256	Big Yellow, Romford Ashton Rd, Colchester Rd Harold Hill.....	(01708) 381000	Boots Pharmacy, Hornchurch 205 Station La Hornchch.....	(01708) 442665
Bedrock Radio, Queens Hospital Rom Valley Way Romford.....	(01708) 769500	Binder And Sons, 130 Petersfield Avenue Romford.....	(01708) 382939	21 Clockhouse La Romford.....	(01708) 724905
Beefeater, Restnt & Pub, Camelot Manor Rd Lambourne End Abridge.....	(020) 8500 7712	Biochem Environmental Services, Pest Control Div, Grenfell Ho Grenfell Av Hornchch.....	(01708) 458416	122 Petersfield Av Ingberm.....	(01708) 343834
Beeleigh Kitchens & Bathrooms, 43 Market Pl Romford.....	(01708) 749080	Birchwood Motor Centre, Hornchurch Cardrome Upper Rainham Rd Hornchch.....	(01708) 456713	Boots The Chemists, Branches Harold Hill 12 Farnham Rd Romford.....	(01708) 345684
Bekash Romford, Ltd, Bar & Restaurant, 70 Victoria Road Romford.....	(01708) 737841	Birk & Nagra, Maytree Cottage Pea Lane Upminster.....	(01708) 221941	Hornchurch 120 High St Hornchch.....	(01708) 442089
Belgrave Travel, 266 Main Rd Romford.....	(01708) 723101	Birtan Salih Ta Bst Dry Cleaners, 42 Collier Row Road Romford.....	(01708) 761070	Romford 12 The Liberty Romford.....	(01708) 768017
Believers Loveworld, Ltd, Unit C2 Thames Vw Bsns Cntr Barlow Way Rainham.....	(01708) 556604	Bishops Glass & Glazing, Glss Mrcnt, 164 Main Road Romford.....	(01708) 744870	7 The Brewery Romford.....	(01708) 737778
Bell & Gate, The, Pblc Ho, 248 Collier Rw La Romford.....	(01708) 760011	Bizara Cards, Cards, 97a Corbets Tey Rd Upminstr.....	(01708) 221003	12 The Liberty Romford Opticians.....	(01708) 725334
Bella Bronze Tanning, 209 Cherry Tree Lane Rainham.....	(01708) 607557	BK Safety & Workwear, Ltd, West Pk Ldg Broxhill Rd Havering-Atte-Bower.....	(01708) 341415	Upminster 57 Corbets Tey Rd Upminstr.....	(01708) 222880
Bells Blinds, 60 Collier Row Lane Romford.....	(01708) 606179	Black Moth Barbers And Tattoo, Ltd, 190 Hornchurch Road Hornchurch.....	(01708) 459171	Borg Locks (UK), Ltd, Unit 9 Upminster Trading Pk Warley St Upminster.....	(0843) 5079468
Bells Blinds, Ltd, Romford FAX.....	(01708) 750493	Blah D Blah Design, Ltd, Marketing, Branding, Print, Web Development, Romford Sales.....	(0872) 0855913	Boston Garage Equipment, 199 New Rd Rainham.....	(01708) 525585
Upminster Showroom 169 St. Marys La Upminstr.....	(01708) 641582	Blake, H.C, Co, Hornchurch.....	(01708) 469444	Boston Garage Equipment, MOT Garage & Workshop Equipment, 199 New Rd Rainham.....	(0800) 0850620
Belvoire, (Romford), Letting Agt, Old Mill Pde Victoria Rd Romford.....	(01708) 730077	Bland, Dr, T.C, The Medical Centre 58b Billet Lane Hornchurch.....	(01708) 442377	Boswells Fitted Furniture, Ltd, Sullens Fm Sunnings La Upminstr.....	(01708) 220757
Benchmarkx, Kitchens & Joinery, Hornchurch 1 Stafford Indust Est, Hillman Clo Hornchch.....	(01708) 446582	BLESMA-The Limbless Veterans, 185 High Rd Romford.....	(020) 8590 1124	Bows Chemist, 329 Upminster Rd Nth Rainham.....	(01708) 551667
FAX.....	(01708) 620867	Blinds Store, Ltd, The, 15 Ashvale Gardens Romford.....	(01708) 722598	FAX.....	(01708) 553369
Beneficial Finance, Branches Romford FAX.....	(0845) 6032569	Bliss Flowers Of Cranham, Ltd, Moor Lane Upminster, Essex.....	(01708) 641275	Box Fit, UK Ltd, Boxing, The Old Brickworks Church Road Romford.....	(01708) 320320
Bengal Biryani, Ltd, 107 Upminster Road South Rainham.....	(01708) 520777	Bloom & Veg, Central Fm Aveyale Rd Upminstr.....	(01708) 221786	Boxfit UK, Sports Equipment Supplier, Unit 10a, The Old Brickworks, Bates Industrial Estate Church Road Harold Wood, Romford.....	(0871) 4266800
Benson James, Mon Abri Brentwood Road Bulphan.....	(01375) 892601	Blooms & Bows, 39A High St Romford.....	(01708) 742602	BP Service Stations, Hornchurch Connect Southend Arterial Rd Ingberm.....	(01708) 335509
Bensons For Beds, Ltd, Unit 1b Goodmayes Retail Park High Road Romford.....	(020) 8590 1695	Blooms Cafe, 1 Station Road Romford.....	(020) 3673 1451	Brady Primary School, Wennington Road Rainham.....	(01708) 556728
Bentham, H, 96 Hilldene Avenue Romford.....	(01708) 341087	Blue Arrow, Romford Office, Catering & Industrial 7 Market Pl Romford.....	(01708) 753000	Brahma Kumaris, 10 Carlton Road Romford.....	(01708) 766865
Bento Restaurant, 9 High Street Hornchurch.....	(01708) 847046	Blue Flag Environmental Services, Limited, Commercial Cleaners, 15 Essex Close Essex.....	(0800) 0131242	Braking Distance Indicators, Ltd, Motor Safety, Unit B7, Seedbed Cntr Davidson Wy Romford.....	(01708) 714243
Benz Techs, Ltd, Unit 2 Centurion Works Betterton Road Rainham.....	(01708) 521224	Blue Orchid Chinese Restaurant, 70 North Street Romford.....	(01708) 742167	Bramah Factory Shop, Lock Manufacturers Of Bramah And Rola Locks, 19 Danes Road Romford, Essex.....	(0808) 0027262
BEP Group, 10 Bridge Clo Romford.....	(0845) 2732226	Blue Orchid, (Romford) Ltd, 70 North Street Romford.....	(01708) 761763	Brandman, Dr, S, Maylands Health Centre 300 Upper Rainham Rd Hornchurch.....	(0870) 4173111
62-64 Western Road Romford.....	(01708) 436440	Bluetone Skips, 42 Stockland Rd Romford.....	(01708) 728844	Branfil Primary School, Cedar Avenue Upminster.....	(01708) 225186
Berkeley Farm Project, Berkeley Fm Manor Rd Lambourne End.....	(020) 8502 6616	Or.....	(01708) 788559	Breakfast & Lunch Kitchen, Ltd, 154 Balgore Lane Romford.....	(01708) 843766
Berts Garden Supplies, Boomes Indust Est New Rd Rainham.....	(01708) 630666	BM Plastic Services, Ltd, 24 Deere Av Rainham.....	(01708) 551883	Brentwood Tile Boutique, Ltd, 5 Rainham Road Rainham.....	(01708) 630638
Berwick Manor Hotel, Berwick Manor Night Club Berwick Pond Road Rainham.....	(01708) 555586	BM Scaffold, Fairview Indust Pk Marsh Wy Rainham.....	(01708) 552342	Bretons Community Association, Manor Ho Rainham Rd Rainham.....	(01708) 520160
Bespoke Cabins Essex, Ltd, Moorings Garage Southend Arterial Road Hornchurch.....	(01708) 470005	Bml, 1 Cambourne Avenue Romford.....	(01708) 379054	Brett Concrete, Hainault Rd Romford.....	(020) 8599 3929
Best Cct, Ltd, 134 Hornchurch Road Hornchurch.....	(01708) 449338	Bml, 54 Corbets Tey Road Upminster.....	(01708) 227931	Brewers Decorators Merchants, Romford Collier Row Rd Romford.....	(020) 8599 0022
Best Chinese Catering, Ltd, 171 High Road Romford.....	(020) 3874 1730	Bml, 176-178 Hornchurch Road Hornchurch.....	(01708) 449505	FAX.....	(020) 8983 8995
Best Fitted Wardrobe, Unit A4 Seedbed Cntr Davidson Wy Romford.....	(01708) 756789	Bml, 5 Upminster Road South Rainham.....	(01708) 550032	Brewers Fayre, Family Pub Restaurant Liberty II Mercury Gdns Romford.....	(01708) 760548
Best Fitted Wardrobes And Kitchens, Seedbed Centre Davidson Way Romford.....	(01708) 925627	Bml, 3 Victoria Road Romford.....	(01708) 754760	Breyer Group, Plc, FAX.....	(01708) 383501
Best Flight Cases, 7 Lamson Road Rainham.....	(01708) 553392	Bmss Performing Arts Ltd, Bmss Performing Arts Ltd Gubbins Lane Romford.....	(01708) 438883	Brian Thomas, Partnership, Est Agts, 1124 High Rd Romford.....	(020) 8590 3553
Best Friends Rainham Vet Surgery, 2 South End Rd Rainham.....	(01708) 555788	BNA (British Nursing Association), 24 Hour Nursing & Home Care, Romford 57 High Street Romford.....	(01708) 739424	Brick Lane Bagel House, 87 Main Road Romford.....	(01708) 533716
Best Kebab House, The, 1098 High Road Romford.....	(020) 8598 9191	Boat Shop, UK Ltd, The, Marine Chdlr, 223 Upminster Rd Sth Rainham.....	(01708) 523016	Brick Lane Bagels, Takeaway, 81 Chase Cross Road Romford.....	(01708) 767267
Best Sellers, 12 Station Lane Hornchurch.....	(01708) 457444	Boating Mania, 43 Lichfield Terrace Upminster.....	(01708) 223065	Bricktop, & Sons Ltd, 125 Mungo Park Road Rainham.....	(01708) 986942
Bestin Superstores, Bestin Superstores, 7-31 Camborne Avenue Romford.....	(01708) 343007	Or.....	(01708) 226909	Bridge Bedding, Bed Retailer, 105 Upminster Road Hornchch.....	(01708) 443058
Bestway Cash & Carry, Spilsby Rd Harold HI.....	(01708) 377722	Bobs & Spikes, Hair Drsr, 27 High St Romford.....	(01708) 747153	Or.....	(01708) 472244
Beta Pharmaceuticals, Ltd, 65 Masefield Crescent Romford.....	(01708) 345349	Body Management Repairs, Ltd, Grove Road Romford.....	(020) 8597 9144	Bridge House, Pblc Ho (Hungry Horse), Upminster Road Upminster.....	(01708) 442657
Betra T M O, 8 Angmering Ho Barnstaple Rd Romford.....	(01708) 344300			Bridge Motor Services, Rear Of 213 North Street Romford.....	(01708) 754882
				Brightview Windows, 14 Moray Wy Romford.....	(0800) 0288686
				Brightway Children Services, Ltd, 17 Hainault Road Chadwell Heath.....	(020) 4559 2968
				Brimglades, Ltd, Shopfittings, Unit 1 Deans Factory Estate Lambs Lane North	

Rainham.....	(01708) 552085	FAX Havering Court Care Home Havering Road Havering-atte-Bower.....	(01708) 740783	112-116 South Street RM1.....	(01708) 727823
BRITANNIA, Branches Romford 71 South St Romford.....	(01708) 751699	Burdess, W.H., 178 Mawney Road Romford.....	(01708) 743043	Campion Rfc, Campion Rfc Cottons Approach Romford.....	(01708) 753209
Britannia Pharmacy, Romford 36 Corbets Tey Road Upminster.....	(01708) 220194	Bureaulogic, Ltd, 37 VICTORIA ROAD ROMFORD.....	(01708) 730807	Cancer Research, UK, Shops Hornchurch 8 Station La Hornchch.....	(01708) 449998
169 High Road.....	(020) 8590 2214	Business, Bsns, Unit 3 Fairview Industrial Park Barlow Way Rainham.....	(01708) 607009	Romford 3 Phoenix Ho 102 South St Romford.....	(01708) 741552
Britannia Sealants, Ltd, The Forge Ockendon Rd Upminster.....	(01708) 671202	Buy Labels For Less, Clothes Shop, 45 South Street Romford.....	(01708) 609350	Canon Business Solutions, Consumables Sales Consumables Sales.....	(0844) 8920844
Britcrown Pharmacy, 5 Balgores Lane Romford.....	(01708) 740587	Buyrite Windows Limited, Cranham Fm The Chase Upminstr.....	(01708) 228177	Cape, (Elec & Mech) Ltd, 89 Albert Rd Romford.....	(01708) 733900
31 Upminster Road Hornchurch.....	(01708) 455328	BWI Storage, Limited, Unit 12 Hainault Road Little Heath.....	(020) 3848 9494	Capital Calibration Services, Ltd, 23 Colchester Road Romford.....	(01708) 386331
British Heart Foundation, Heart Research Charity, Charity Shops Hornchurch 78 High St Hornchch.....	(01708) 476829	Bwistorageimited, Hainault Works Hainault Road Romford.....	(020) 8599 1042	Capital Garage Doors, Ltd, Unit 1 Upminster Trading Pk, Warley St Upminstr.....	(01708) 227051
Romford 79 South St Romford.....	(01708) 753363	Bzr, & Co Ltd, 151 South Street Romford.....	(01708) 843391	Capital Rubber & Plastics, Ltd, Unit 9 Deans Factory Est Lambs La Nth Rainham.....	(01708) 524004
Furniture & Electrical Store 45 Market Place Romford.....	(0844) 2489177	C And M Insurance, Co, Prestige Dry Cleaners / 125 Corbets Tey Road Upminster.....	(01708) 608541	Or.....	(01708) 552214
British Heart Foundation, 6 High Street Romford, Essex.....	(01708) 914900	C.A.T Surveys, Ltd, Unit 5 Elms Indust Est Church Rd Harold Wd.....	(01708) 381144	Capstick Dale & Partners, 224 Main Rd Romford.....	(01708) 722466
British Motorcycle Racing Club, Ltd,The, Unit D 2 Seedbed Cntr Davidson Wy Romford.....	(01708) 720305	C.Bain Removals, 164 Upminster Rd Upminstr.....	(01708) 440113	CAPSTICK-DALE, & Partners, Solrs, 224 Main Rd Romford.....	(01708) 722466
BRITISH TELECOMMUNICATIONS PLC, Please see under BT		C.Brewer - London Region, & Sons, C.Brewer & Sons Limited - London Region Collier Row Road Romford.....	(020) 8597 1961	Car Colour Services, Ltd, 92 Mawney Rd Romford.....	(01708) 746468
Broadway Cars, The Old Vicarage Broadway Rainham.....	(01708) 522600	C & C Contractors London, Ltd, 12 Bridge Av Upminster.....	(01708) 220178	92-94 Mawney Road Romford.....	(01708) 757900
Broadway Food & Wine, 16 The Broadway Hornchch.....	(01708) 451643	C.D Flooring, Floor Laying, Bells Fm Stapleford Tawney.....	(01708) 688000	Carberry Build, U K Ltd, 356 Wingletye Lane Hornchurch.....	(01708) 474628
Bronze Ash Funerals, 90 Dagenham Road Romford.....	(01708) 964146	C & D Interiors, Crpts & Curtains, 5 Front Lane Upminster RM14.....	(01708) 222975	Card Factory, Unit N15 Laurie Walk Romford.....	(01708) 752125
BROOK STREET BUREAU, PLC, Employment Service, Other Branches Romford 98 South St Romford.....	(01708) 765511	C.D.N., Property Services Ltd, FAX.....	(01708) 732902	Card,The, Card Gift Shop, 108 High Street Hornchurch.....	(01708) 452564
Brooklands Approach Romford, Ltd, Unit 3 Brooklands Approach Romford.....	(01708) 742099	C G Electrical, 175 Osborne Rd.....	(0800) 3897359	Cardrome Learner Driving Centre, School of Motoring, HORNCHURCH CARDROME UPPER RAINHAM ROAD HORNCHURCH.....	(01708) 471340
Brooklyn Enterprises Ltd, 13 Moor Lane Upminster.....	(01708) 530122	C.H Electrical Wholesalers, Elec Ftns Distribs, 134 Park La Hornchurch.....	(01708) 730591	Cardrome Motorcycle Training, Portacabin Hornchurch Cardrome Upper Rainham Road Hornchurch.....	(01708) 437999
Brooks Fishmongers, Lt, Brookside School, (Jun) Dagnam Pk Dv Ingrebrm.....	(01708) 343074	Or.....	(01708) 753440	Care Away, Ltd, St. Ethelburga Ct Ethelburga Rd Romford.....	(01708) 376176
Brosas Investments, Ltd, 48 North Street Romford.....	(0844) 3307641	FAX.....	(01708) 730449	Carhoods Direct, Soft-tops, Car Interiors, Charles House, 49-51 Brentwood Road Romford, Essex.....	(0845) 6588007
Broughton, Michael, Ltd, Unit 2 Tonbridge Works Tonbridge Road Romford.....	(01708) 981850	C J C Painting Contractors, Ltd, Indust Pntrs,Dectrs, 125 Front La Upminstr.....	(01708) 223223	Charles House, 49-51 Brentwood Road Romford, Essex FAX.....	(0845) 6588009
Bruce Allen Chartered Accountants, 87 Park La Hornchch.....	(01708) 758680	C J S Cabling Specialists, Ltd, Richmond Road Romford.....	(01708) 755615	Carlsberg-Tetley Brewing, Ltd, Customer Serv & Gen Enquiries.....	(0845) 7820820
Bruce Allen, Llp, Third Floor Scottish Mutual House 27-29 North Street Hornchurch.....	(01708) 477377	C.L.C Contracts, Ltd, Plstr,Drylining & Screeding, 23 The Drive Harold Wd.....	(01708) 378286	Carlton Tyres, (Rainham), 82 Rainham Road Rainham.....	(01708) 524523
Brunswick Boarding Kennels, Lower Dunton Road Bulphan.....	(01268) 413160	C & M Insurance Services, Ltd, Romford 156 Balgores La Romford.....	(01708) 764000	417 Upminster Rd Nth Rainham.....	(01708) 558585
BSS, Pipe & Fitting Stockholders, Romford 4 King George Clo Romford.....	(01708) 771800	C M Pallet Services, Rprs, Wick Place Farm Brentwood Road Bulphan Upminster.....	(01375) 767790	Carlton Tyres Rainham Ltd, Upminster Rd North Essex.....	(01708) 554088
BSW Cleaning Services, Ltd, Cng Contrs, Lincoln Ho St Marys La Upminster.....	(01708) 250909	C.M.S, Ltd, 77 Balgores La Romford.....	(01708) 725744	Carpenters Garage, 184A New Rd Rainham.....	(01708) 521111
BT, Services & Subsidiaries Audio Conferencing Services see BT Conferencing BT Directories Directory Enquiries UK & Irish Directory Enquiries 118 500 International Directory Enquiries 118 505 International Directory Enquiries from Payphones 118 060 UK Classified Service 118 500 UK & Irish Directory Enquiries for Business Users 118 707 UK & Irish Directory Enquiries for Welsh Speaking 118 404 UK & Irish Directory Enquiries from Payphones 118 141 Blind & Disabled Directory Enquiries 195 BT Local Business London East York Ho Western Rd Romford.....	(01708) 775200	C.Neale Removals, 349 South End Road Hornchurch.....	(01708) 551718	Carpetright, Chadwell Heath 850 High Road Romford, Essex.....	(03332) 208447
Operator Assistance UK Operator 100 International Operator 155 Special Operator Assistance 198 Video Conferencing Services see BT Conferencing Bubble Xplosion, Ltd, 17-19 Market Place Romford.....	(01708) 897745	C P Print, 68A Bevan Way Hornchurch.....	(01708) 448744	Romford Rom Valley Retail Park Rom Valley Way Romford, Essex.....	(03332) 208252
Buddies School Of Motoring, Romford 9 Chase X Rd Romford.....	(01708) 745800	C P S Engineering, Ltd, Unit 16 Avenue Indust Est Southend Arterial Rd Harold Wood FAX.....	(01708) 381252	Romford Southend Arterial Road Harold Wood, Essex ...	(03332) 208052
Budget Windcreens, Mobile Windscreen Replacements, Rainham Unit 6, Ford Vw Indust Est New Rd Rainham.....	(01708) 631000	C & R Electronics, Whsle & Ret Hi-Fi, 1-2 Tudor Court Harold Court Road Romford.....	(01708) 376050	Carpetright, Plc, Crpt Retlrs, Head Office Branches Romford Rom Valley Way Romford.....	(01708) 764680
Budget Windcreens, Car Windcreens, Unit 6 Fordview Est New Rd Rainham.....	(01708) 253900	C4C Export, Ltd, 9 Park Lane Hornchurch.....	(01708) 755684	Carpets & Floor Coverings Direct, 215 Upminster Road South Rainham.....	(01708) 554459
Buildstop Builders Merchants, Litho House 65 Faringdon Avenue Romford.....	(01708) 960167	Cafe 4 You, 99 Front Lane Upminster.....	(01708) 229713	CARPHONE WAREHOUSE, Ltd, Mobile Phone Retailer, Romford 14 Swan Walk.....	(0870) 1682048
Bulphan C O F E Primary School, Bulphan Primary School Fen Lane Bulphan.....	(01375) 891220	Cafe Bueno, 88 Market Place Romford.....	(01708) 843154	Catch 22 Essex, 27 Crossways Romford.....	(01708) 760482
Bulphan Service Station, Brentwood Road Bulphan.....	(01375) 891418	Cafe Ella, Ltd, 90 Petersfield Avenue Romford.....	(01708) 981300	Catholic Church, See under Churches & Other Places of Worship CAVE RESCUE, In Emergency dial 999 and ask the operator for Cave Rescue CCL Insurance, St. James Ho Eastern Rd Romford.....	(01708) 758000
BUPA, Nursing Homes Romford Havering Court		Cafe Elia, Ltd, 56 Station Lane Hornchurch.....	(01708) 471526	CCT, 1112A High Rd Romford.....	(020) 8220 5554
		Cafe On The Heath, 143c Heath Park Road Romford.....	(01708) 478328	Or.....	(020) 8227 8016
		Cafe Royale 2, Ltd, 624 Upper Brentwood Road Romford.....	(01708) 733233	Cedars Club,The, 7 Mill La Romford.....	(020) 8597 2304
		Cafe Sixty 6, 66 Brentwood Road Hornchurch.....	(01708) 755300	CEMNA Services, Ltd, Bates Business C Church Road Romford.....	(01708) 952256
		Cakebox Romford, Ltd, The Liberty Shopping Centre 23 The Liberty Romford.....	(01708) 742327	Cenruty Life Plc, St James Ho Eastern Rd Romford.....	(01708) 758000
		Cakes & Bakes, 83-95 Hainault Road Collier Row Romford.....	(01708) 982755		
		Cakes By Aleina Ltd, 16 Farnham Road Romford.....	(01708) 913608		
		Caledonian Building Services, (South East) Ltd, 31 Slewins La Hornchch.....	(01708) 454305		
		Call Quick Plumber, Kipling Twr Heaton Av Romford.....	(01708) 343704		
		Camden Motors, Jutsums Lane Romford.....	(01708) 732400		
		Camden Motors, Ltd, Allen Ford Upminster 321 Corbets Tey Rd Upminstr.....	(01708) 259300		
		Camelot, Ltd,			

Central Computer It Sales, 284 Brentwood Road Romford.....	(01708) 453311	102 High St Hornchch.....	(01708) 440637	79 Park Lane Hornchurch	(01708) 727424
Central Park Leisure Centre, Central Pk Gooshays Dv Romford	(01708) 382820	Cherry Tree Sub Post Office, 185 Cherry Tree Lane Rainham	(01708) 553746	Cleaning, Bros Ltd, 79 Amersham Road Romford.....	(01708) 701973
Central Security, Ltd, 19 Station Rd Chadwell Hth	(020) 8270 9442	Cheshunt Electricals, 157 North Street Romford	(01708) 730395	Cleanmail Solutions, Ltd, 7 High St Romford	(01708) 754963
Century Financial Services, St. James Ho Eastern Rd Romford.....	(01708) 758000	Chestnuts, Hair & Beauty Salon, 133 Albany Rd Hornchch.....	(01708) 453535	Clear View Improvements, 31 Wickford Drive Romford.....	(01708) 915861
Century Life, plc, St. James Ho Eastern Rd.....	(0845) 6712222	Chetana Off Licence, 259 Chase X Rd Romford.....	(01708) 724655	Clearwater Care, Ltd, 3 Craigdale Road Hornchurch.....	(01708) 757922
Cenx, 117 Rose Lane Romford	(020) 8599 0234	Chic Media, Ltd, 39 Highfield Crescent Hornchurch	(01708) 986028	Clegg Gifford, & Co Ltd, 7 Eastern Rd Romford	(01708) 729500
Cenx, 11 Suttons Lane Hornchurch.....	(01708) 453072	Chigwell Window Centre, Ltd, 9-11 Chase Cross Road Romford	(01708) 755342	Clemence Hoar Cummings, Acctnts, 1 Como St Romford	(01708) 333300
Certified Healthcare Solutions, 16 Roneo Corner Hornchurch	(01708) 608883	Children's Society,The (Church of England Children's Society), Charity Gift Shops Upminster 19 Station Rd Upminstr.....	(01708) 227672	Click Hearing, Click Hearing 1A Westland Avenue Hornchurch	(01708) 473335
Cex, Unit 14 The Mercury Mall Mercury Gardens Romford	(01708) 755635	Chilli Tree Limited, 111 Rainham Road Rainham	(01708) 522956	Clifton & Lee, Ltd, 214 High Street Hornchurch.....	(01708) 437776
CFS Copier Services, Granary Ct High Rd Romford	(020) 8599 8228	Chillies, Ltd, 85 Balgores La Romford	(01708) 757200	Clive Adams Associates, Structl Engs, 15 The Parade Colchester Rd Romford.....	(01708) 344344
Ch Accountancy Services, Ltd, 88A North Street Hornchurch.....	(01708) 471442	Or	(01708) 757220	Clockhouse Pharmacy, 5 Clockhouse Lane Romford.....	(01708) 733331
Chadwell Construction, Graphic Ho Chesham Clo Romford	(01708) 767100	Chipping Lodge, (Romford) Management Comp, Flat Lift Line Chipping Lodge 87 Western Road Romford	(01708) 724907	Clockhouse Primary School, Clockhouse Inf & Jnr School Clockhouse Lane Romford	(01708) 745972
Chadwell Dental Care, Dent Surgery, 1215 High Road Romford	(020) 8590 3284	Chisholm & Winch, Chisholm & Winch, Unit 7 Conqueror Court Spilsby Road Harold Hill.....	(01708) 331512	Clockhouse Upminster Bowling Club, Agriculture, THE CLOCKHOUSE St Mary's Lane Upminster.....	(01708) 220365
FAX	(020) 8599 6590	Cho Kee, Cho Fm Southend Arterial Rd Upminster	(01708) 346927	Clockwork Farms, Ltd, 7 Hounds Grove Noak Hill	(01708) 986798
Chadwell Educational, The Grove Social Club 50 Grove Road Romford.....	(020) 3538 9125	Chop & Change, 131 Wennington Rd Rainham	(01708) 559988	Cloves Indian Takeaway, 174 Mawney Road Romford	(01708) 752828
Chadwell Handy Shop, Ltd, 7 High Road Romford.....	(020) 8586 1689	Chop Suey Centre, Ltd, 8 Collier Row Road Romford	(01708) 745075	Cloves Indian Takeaway, 174 Mawney Road Romford	(01708) 752929
Chadwell Health Centre, The, Ashton Gardens Romford	(0844) 3878044	Church News & Wine, Nwsagt, 147 Church Road Harold Wood.....	(01708) 386236	Club Fade LDN, Ltd, 1076 High Road Romford	(020) 3478 6697
Chadwell Heath Academy, Christie Gardens RM6, Essex	(020) 8252 5151	Churches & Other Places Of Worship, Elm Park Elm Park Woodcote Av Hornchch	(01708) 454221	CMS Software, Ltd, Unit 9 Upminster Trading Pk Warley St Upminstr	(01708) 640382
Chadwell Heath Cars, Mini-Cab, 1074 High Rd Romford	(020) 8599 6800	Rainham Our Lady of La Salette Church (RC) La Salette Presbytery Rainham Rd Rainham.....	(01708) 552897	COASTGUARD H.M., In Emergency dial 999 and ask the operator for Coastguard	
Chadwell Heath Community Centre, Chadwell Heath Library High Road Romford	(020) 3720 2296	Rainham Methodist Church Wennington Rd Rainham ...	(01708) 559053	Coborn Engineering, Co Ltd, Chesham Close Romford	(01708) 744666
Chadwell Heath Dental Practice, 1054 High Road Romford.....	(020) 8599 7189	Romford Corpus Christi Church (RC) Lowshoe La Romford.....	(01708) 749050	Cocoa's Salon, Ltd, 84 Brentwood Road Romford	(01708) 743262
Chadwell Heath Orthodontics Practice, 165 High Rd Romford.....	(020) 8597 0908	Immanuel Church Havering Rd Romford	(01708) 727078	Coda System Forms, Ltd, Second Floor Harbour House Coldharbour Lane Rainham	(01708) 520100
Chadwell Heath Plumbing & Heating Ltd, 79 Chadwell Heath Lane Romford	(020) 8599 7210	St. Albans Church (CE) Kings Rd Romford	(01708) 473580	Coginta, Harwood Hall Harwood Hall Lane Upminster.....	(01708) 220595
Chafford School, Lambis La Sth Rainham.....	(01708) 552811	South Hornchurch Church of St. John & St. Matthew South End Rd Rainham	(01708) 555260	Or	(01708) 227959
Chainlink Custom Brakes, 140 Hornchurch Road Hornchurch	(01708) 470007	St. Andrew's Church (CE) 222 High St Hornchch	(01708) 441571	Cognita, Harwood Livery Harwood Hall Harwood Hall Lane Upminster	(01708) 220117
Chalford Press, 68a Bevan Way Hornchurch	(01708) 441437	Upminster St. Lukes Church (CE) Front La Upminstr	(01708) 222562	Coins Of The Realm, Ltd, Po Box 2662 Romford	(0800) 1691066
Chalk Street Estates, Havering Estate Agents, 63 Butts Green Road Hornchurch	(01708) 922837	Churchill Retirement Living, Ltd, Gidea Ldg 220a Main Rd Romford	(01708) 750407	Colin Dove Practise, 70 Eastern Road Romford	(01708) 762441
Chambers Timber, Wychwood Peartree La Bulphan	(01375) 891690	Churchview Dental Clinic, 34A Station Road Upminster	(01708) 220563	Colin Nobbs, 16 Masefield Close Romford	(01708) 378260
Champagne Chelle, Ltd, 72 Station Lane Hornchurch	(01708) 981488	Churley & Associates, 70 Castellan Avenue Romford.....	(01708) 513028	Colins Performing Arts, Ltd, (Agency Line) Macrom Ho The Studios 219b North Street Romford (01708) 766444	
Chandlers Mot Service, Unit 2, Walls Garage New Road Rainham.....	(01708) 606807	Ciro Pearls, Ltd, Branches Romford 56 Market Pl Romford.....	(01708) 735088	FAX	(01708) 766077
Chansons, Chemsts - Dispng, 6 Crown Parade Upminster Road South Rainham.....	(01708) 552778	Cirrus Court, (Upminster) Limited, Lift Cirrus Court 184 St. Marys Lane Upminster	(01708) 222119	College, (UK) & Co Ltd, New Office 178 Crow Lane Romford.....	(01708) 755557
Chapman, Andrew, Engineering Ltd, Wick Place Farm Brentwood Road Bulphan	(01375) 891444	Citizens Advice Bureau, 7-9 Victoria Road Romford, Essex	(0844) 826967	Collier Row Cafe, 39 Collier Row Lane Romford	(01708) 731947
Chapman Taylor, Coldblow Farm Romford Road Romford	(01708) 766510	City Alarms, Ltd, 144 Hillview Avenue Hornchurch.....	(01708) 437000	Collier Row Chiropody Clinic, 250 Collier Row Lane Romford.....	(01708) 727967
Chappell Machine Tools, Ltd, 3 Park Square Lambourne End	(020) 8500 6111	City Electrical Factors, Ltd, Romford 2 Stafford Indust Est Hillman Clo Hornchch	(01708) 476401	Collier Row Dental Practice, 21 Collier Row Road Romford	(01708) 728715
Chariots Of Romford, 179 London Road Romford.....	(01708) 755155	City Goddesh, Ltd, Whsle Ret, C G House 107b Chadwell Heath Lane Romford.....	(020) 8597 0337	Collier Row Glass, 10 Hog Hill Road Romford	(01708) 748151
Charles De Alwis, Solicitors FAX	(020) 8597 7327	City Motors, Unit 16a New Road Rainham.....	(01708) 535663	Collier Row Methodist, Collier Row Methodist Church Clockhouse Lane Romford	(01708) 960549
Charles Stratton, Ltd, 192 Main Road Gidea Park	(01708) 572586	City & Provincial Home Loans, St. James Ho Eastern Rd Romford.....	(01708) 758000	Collier Row Tyre Service, 2 Hog Hl Rd Romford.....	(01708) 766282
Charlottes Dry Cleaners, 20 Elm Park Heel Bar Station Parade Hornchurch	(01708) 452232	CK Removals & Transport, Ltd, 66 Faircross Avenue Romford	(01708) 752550	Or	(01708) 766763
Charl's Click & Go, Ltd, Unit 11 11-12 Danes Road Romford	(020) 8290 1391	Claire's Accessories, (UK) Ltd, Romford Liberty Cntr The Liberty Romford.....	(01708) 736238	Colourcraft Autos, Ltd, Portacabin Baker J A C Ltd Grove Road Romford	(020) 8597 9666
Chasecross Builders, 25 Gobions Av Romford.....	(01708) 732602	Claremont Chemical, Co Ltd, Unit 7 Upminster Trading Park Upminster Trading Park Warley Street Upminster	(01708) 250738	Colwood Motors, UK Ltd, Colwood Motors Fairkytes Avenue Hornchurch	(01708) 456485
Or	(01708) 746815	Clarks Shop,The, Romford Unit F10 The Liberty Romford.....	(01708) 735793	Combined Motor Services, 187-89 Hornchurch Road Hornchurch.....	(01708) 448993
Chatter Bugs Day Nursery, 33-35 Mowbrays Road Collier Row.....	(01708) 740824	44-46 Station Rd Upminstr.....	(01708) 250869	Or	(01708) 533179
Chaucer Freight, Ltd, Fairview Industrial Park Marsh Way Rainham.....	(01708) 555338	Class One Driving, Ltd, Logistics, 1 Paternoster Row Noak Hill	(0843) 8164736	Comet Flooring, Flooring, 94 Hildene Avenue Romford	(01708) 381910
Cheeky Chops Childminding Services Ltd, Hacton Social Hall Haydock Close Hornchurch	(01708) 921534	Class Panelcraft, Ltd, Rear Of 298 Crow Lane Romford	(01708) 769635	Comfort Zone Technology, Ltd, Unit C1 Suttons Business Park Suttons Business Park New Road Rainham	(01708) 550455
Chegwidden, & Co, Chigwidden & Co, Chegwidden & Co Priestley House Priestley Gardens Romford	(020) 8590 2182	Classictrm, Little Malgraves Indust Est Lower Dunton Rd Bulphan	(01268) 415166	Commercial Industrial Cleaning Services, Ltd, Unit 42 Bates Indust Est Chur Ch Rd Harold Wd.....	(01708) 345558
Chegwidden, & Co, Chtrd Acctnts, Priestley House Priestley Gardens Romford	(020) 8597 2531	Clavis Insurance Services, Ltd, Insurance Intermediary, 11 Bryant Avenue Romford.....	(0845) 1303993	Communication Network Solutions, Ltd, 283 St. Marys La Upminstr	(01708) 222640
Chelmer Fabrication, Ltd, Star Bsns Cntr Barlow Wy Rainham	(01708) 551177	Clayhall Motors, 172 Hornchurch Road Hornchurch	(01708) 457100	Or	(01708) 251760
Chelmer Training, Head Office FAX	(01708) 738298	CLB Refrigeration, Ltd, Unit 1 Marsh Vw Est Freightmaster Est Ferry La Rainham	(01708) 555926	Community Careline, 9 Bryant Avenue Romford.....	(01708) 386724
Cherry Acorn Insurance Centre, Ltd,		Clean Stitch Dry Cleaners,		9 Bryant Av Romford	(01708) 331590
				Community Care Services, Ltd, 9 Bryant Avenue Romford	(01708) 341095

Community Fibre, Ltd, Community Fibre, 453 Upminster Road North Rainham.....	(01708) 551343	435 St. Marys La Upminstr	(01708) 250422	123 Hornchurch Road Hornchurch	(01708) 475546
Companion Care Veterinary Surgery, Pets At Home, Rom Valley Wy Retail Pk Rom Valley Wy Romford	(01708) 720920	Cranham Dental Centre, 141 Ingrebourne Gardens Upminster	(01708) 228291	Curry Pot Romford, Ltd, Unit 2 Oak Vw Ho Bryant Av Romford.....	(01708) 378555
Complete Cladding, Co Ltd,The, Freephone Quotes 13 Roundmoor Dv Cheshunt.....	(0800) 7314064	Cranham Garage, 38-40 Front Lane Upminster.....	(01708) 221704	Curry Village, Ltd, 207 St. Marys Lane Upminster	(01708) 228855
Complete Security Recruitment, Ltd, 8 Station Square Romford	(01708) 737441	Cranham Social Hall, 105 Front La Upminster.....	(01708) 223654	Custom Sight & Sound, Ltd, Unit 13 Upminster Trading Pk Warley St Upminstr	(01708) 223018
Complete Steel Services, Ltd, Main Office 3 Spilsby Road Romford	(020) 3162 7777	Cranham Sub Post Office, 75-81 Front Lane Upminster.....	(01708) 227438	Cycle Cellar, Ltd, 3a Tadworth Parade Hornchurch.....	(01708) 451406
Computer Hospital Limited, Sales 78 Rainham Rd Rainham	(01708) 553310	Cranham Tandoori, 131 Avon Road Upminster	(01708) 223873	Cycles, UK Ltd, Cyc Shop, 7 Market Pl Romford	(01708) 743100
Concept Finance, Ltd, Ground Floor Of Bldg New Rd Wennington.....	(01708) 865578	Or	(01708) 250030	D A S Car Repairs, Rear Of 55 Crow Lane Romford	(01708) 768191
Concept Living, 10 Hillfoot Avenue Romford	(01708) 606969	Cranham Wines, 8 Moor La Upminstr	(01708) 227878	D B Autos, Mini Service Repairs, 72 Brentwood Road Romford.....	(01708) 761961
Concorde Contracting, Ltd, FAX Little Malgraves Industrial Lower Dunton Rd Bulphan	(01268) 548640	Cranleigh,The, Banqueting Hall,Rstnt, 84 Station Lane Hornchurch.....	(01708) 443229	D.B.M. Chemicals, Ltd, Hornett Bros & Co Ltd Ferry Lane Rainham.....	(01708) 522151
Connate Limited, 149 Rainham Road Rainham	(01708) 552014	Cranston Park Tennis Club, Coniston Avenue Upminster	(01708) 220040	D B Network, 7 Clockhouse La Romford	(01708) 753322
Connect IFA, Ltd, 39 Station La Hornchch	(01708) 676130	Crawford Glass Of London, Glss Processors, Unit 10 Manor Wy Bsns Cntr,Marsh Wy Rainham	(01708) 551459	D & D Patel, Ltd, Hari News 3-5 Oak Road Romford.....	(01708) 341081
Consolidated Services, Premier Ho Faringdon Av Romford	(01708) 336480	Crazy Beat Record Sales, 87 Corbets Tey Road Upminster	(01708) 228678	D & D Removals, UK Ltd, 24 Halesworth Rd Romford	(0800) 0121892
Construction Sealants, Ltd, 154 Rainham Road Rainham	(01708) 555007	Cream Town, 21-23 South Street Romford	(01708) 564184	D & G Contracts, Limited, 34 Roneo Corner Hornchurch.....	(0843) 5152836
Containers 4 Sale, Ltd, C E M E Innovation Cntr Marsh Wy Rainham.....	(01708) 558999	Creases Dry Cleaners, 2 Moor Lane Upminster	(01708) 229292	D & G Trucks, Ltd, Unit 21 Upminster Trading Pk, Warley St Upminster.....	(01708) 225800
Conterm Consolidation UK, Rainham Ho Manor Wy Rainham	(01708) 558800	Creative Art, 56 Harrow Dv Hornchch	(01708) 474644	D Hannan, 41 Ravenscourt Grove Hornchurch.....	(01708) 452270
Continental Ice Cream, FAX 241 South St Romford	(01708) 762209	Creative Balloon Company, 25a Birch Crescent Hornchurch	(01708) 441010	D K Cleaning & Maintenance Services, Ltd, Auction Sq Market Pl Abridge	(01992) 815544
Continuous Design, Ltd, Upminster Trdg Est Warley St Upminster.....	(01708) 223344	Creative Kids Nurseries, Ltd, Emerson Park Nursery 56 Butts Gn Rd Hornchch	(01708) 445656	D K Cleaning Services, Ltd, Auction Sq Market Pl Abridge	(01992) 815533
Continuous Hinge (Piano), Co. Ltd, Unit 9 Hill Vw Southend Arterial.....	(01277) 213132	Creative Printers Of London, Unit B6 Bernard Road Romford.....	(01708) 731294	D & M Shipping, Ltd, 8 Salamons Wy Rainham	(01708) 551000
Cookin Lab, 29 Quadrant Arcade Romford	(01708) 756211	Or	(01708) 747171	D N A Insurance Services, Ltd, Unit H Adece House Chesham Close Romford	(01708) 755154
Coolus Services, 95 Front La Upminstr	(0800) 7311737	Cresco Services, Ltd, Suite 1 3 Arundel Business Centre 49 Station Road Harold Wood	(01708) 375729	D P M Property Services, Ltd, Moor Ho 166 Moor La Upminstr	(01708) 224288
COOPER, J, & Son (Undertakers) Ltd, Monmtl Masons, Chadwell Heath 89 High Rd Romford	(020) 8590 3709	Cresco Services, Ltd, Drain and Sewer Services, Arundel Business Centre 49 Station Road Harold Wood	(0843) 5385809	D.P Plastic, Ltd, International Indust Pk Manor Wy Rainham.....	(01708) 630045
Cooper of Harold Wood, BMW Dealership, A12 Colchester Rd Harold Wood.....	(01708) 371234	Cressey, & Co, The Forge Ockendon Road Upminster	(01708) 854858	D & S Electrical, Ltd, 110 Heath Pk Rd Heath Park.....	(01708) 443999
Parts Department	(01708) 332927	Cresswell Rumsey, 183 Station La Hornchch	(01708) 459943	Dab Lift & Electrical Services, Ltd, 12 Easter Indust Pk,Ferry La Rainham	(01708) 553373
Co-operative Bank,The, Romford 1 South St Romford	(01708) 739000	Crhs, Rear Of 59-61 Chase Cross Road Romford	(01708) 915513	Or	(01708) 558808
Co-operative Food,The, Colliers Row		Cribb & Sons, Funeral Dirs, The Stable Block Middlebrook Murthering La Navestock	(01277) 374264	FAX	(01708) 522009
The Retail Unit Turpin Av Romford	(01708) 727981	Middlebrook Fm Murthering La Navestock	(01277) 374424	Dagenham Construction, Limited, 9 Hayburn Way Hornchurch	(0843) 5157161
Petrol Station Hornchurch		Crimeguard, Private/Commercial Investigations, Seedbed Cntr Davidson Wy Romford.....	(01708) 714274	Dagenham Landscapes, Ltd, Redcroft Fm Ockendon Rd Upminstr.....	(01708) 222379
Billet La Hornchch	(01708) 438914	Crispin & Borst, Ltd, Stuart Ho Manor Wy Rainham.....	(01708) 634650	Daisy Chain,The, Flor, 149 Heath Pk Rd Romford	(01708) 444647
Romford		FAX	(01708) 634790	Damp & Woodworm Control, Ltd, Hornchuch	(01708) 440400
98 Dagenham Rd Romford.....	(01708) 763305	Crispy Cod, 65 Wingletye Lane Hornchurch	(01708) 458999	Dander Appliance Services, Ltd, 8 St. Marys La Upminstr	(01708) 228156
8 Farnham Rd Harold Hill	(01708) 384618	Cromwell Motor Engineers, K & H Trdg Est St. Marys La N Ockendon.....	(01708) 228150	Daniel Business, 17 Northwood Avenue Hornchurch	(01708) 985482
15 Station Rd Harold Wood	(01708) 343746	UNIT 6 Crow Lane Romford.....	(01708) 751556	Danstar, Ltd, 29 Collier Row Road Romford	(01708) 726144
Co-operative Funeralcare, The, Collier Row 8 Chase X Rd Romford.....	(01708) 726485	Crow Metals, 143 Crow Lane Romford.....	(01708) 749031	Dapped, Ltd, Unit 9 Avenir Works 22-23 Danes Road Romford.....	(01708) 361559
Elm Park 200 Elm Pk Av Hornchch	(01708) 443632	Crowlands, Po, 267 London Road Romford	(01708) 754826	Dara Cafe, Ltd, 161 Whitechurch Road Romford	(01708) 361573
Romford 148 North St Romford	(01708) 743132	Crowlands Primary School, London Road Romford	(01708) 743402	Dare, A.G, Golden Lion High St Romford	(01708) 740081
Upminster 149 St. Marys La Upminstr	(01708) 223180	Crown Decorator Centre, Decorators Merchants, 9 Butts Gn Rd Hornchch	(01708) 456414	Datateq, Cmptr Servs, 895 High Rd Romford	(020) 8590 4898
Coopers Company & Coborn School,The, St. Marys Lane Upminster.....	(01708) 250500	Crown Promotions & Removals, Ltd, Unit 7 Marsh Way Rainham	(020) 8533 1200	Datatq, Ltd, 895 High Rd Romford	(020) 8590 8090
Coppen Rata & Partners, Scottish Mutual Ho North St Hornchch.....	(01708) 453141	Crownfield School, (Junior) White Hart Lane Romford	(01708) 747070	Dating Agency, Introduction Agency, Seedbed Cntr Davidson Wy Romford.....	(01708) 714277
Coral Romford Stadium, Ltd, London Rd Romford	(01708) 762345	Crystal Car Hire, 184 New Road Rainham.....	(01708) 960897	Dave Game, NHS Barking & Dagenham, Surgey, North House St. Edwards Way Romford	(01708) 757149
Corbetstey, Convieient Store, 2 Ockendon Road Upminster	(01708) 564490	Crystal Collections, Ltd, Woodcroft Farm Folkes Lane Upminster.....	(01277) 202010	David Alexander Removals and Storage Limited, Wanstead Storage Hainault Road Romford.....	(020) 8599 5591
Corbett, & Sons (B & D) Ltd, 73 Pettits La Romford	(01708) 732500	Crystal Windows & Doors, Ltd, FREEPHONE 1 King George Clo Romford.....	(0800) 0962244	David Charley, & Co, Phoenix Ho South St Romford	(01708) 766155
Core Security Systems, Ltd, 71B Front La Upminstr	(01708) 229585	1 King George Clo Romford	(01708) 772500	David Miles, & Partners Ltd, 5 Western Rd Romford	(01708) 729070
Corner Shop, The, Upminster Road Upminster	(01708) 620227	Ct Networks, Ltd, Inchcape Volkswagen Colchester Rd Romford	(01708) 379222	David O Neill, Unit 5 Ferry Lane Rainham	(01708) 524349
Corner Shop, The, 148 Upminster Road Upminster	(01708) 443789	CTC Building Services, Ltd, 81b Front Lane Upminster.....	(01708) 751965	David Phillips & Partners, Ltd, FAX	(020) 8599 3435
Cosmo Romford, Rstnt, 4A The Brewery Romford.....	(01708) 733777	CTM Hire, Ltd, 192 New Road Rainham.....	(01708) 522334	David S Alteration Tailors, Alteration Tailors, 196 Elm Pk Av Hornchch.....	(01708) 472719
County Wines, Chase Cross Rd Romford	(01708) 766612	Cumberland Group, 4 Station Square Gidea Park Romford.....	(01708) 766369	Davis Estates, Ltd, 179 Squirrels Heath La Hornchurch FAX	(01708) 445552
Courts, County Courts Romford 2A Oaklands Av Romford	(01708) 775353	Or	(020) 8500 9050	DCAM, Ltd, Willow Farm Billet Road Romford	(020) 8597 6629
Cousins Material House, Horological Supps, Chesham Clo Romford	(01708) 757800	Curz Allow'd, 7 Hacton Parade Central Drive Hornchurch	(01708) 444048	Dd Clinic, Ltd, 58 Billet Lane Hornchurch	(01708) 477577
Coversure Hornchurch, 136 North Street Hornchurch.....	(01708) 448315	Currency Exchange Corporation, Ltd, 1 Brewery Wlk Romford.....	(01708) 733633	Dealicious Mealz, (UK) Ltd, Unit 22 Hainault Works Hainault Road Romford.....	(020) 8503 8999
Coversure Insurance Services, Ltd, 28 Theydon Gardens Rainham.....	(01708) 550962	Curry Passage, Ltd, 123 Hornchurch Road Hornchurch.....	(01708) 457799	Debney, K, Ophthal Optcn, 16 Chase Cross Road Romford.....	(01708) 737448
Cranham Caravans & Motorhomes, Main Office Gailey Caravans Southend Arterial Road Upminster	(01277) 222555	Curry Passage, Ltd, 123 Hornchurch Road Hornchurch.....	(01708) 458066	219 Front Lane Upminster	(01708) 223116
Cranham Community Association, 115a Marlborough Gardens Upminster	(01708) 220941				
Cranham Court Nursing Home,					

Debt Solutions, Insolvency Practitioners, Havering Grange Centre Havering Road Romford(0845) 1301320	Unit 10 Spring Gardens Romford(0870) 8506111	Unit D5 Seedbed Centre Davidson Way Romford..... (01708) 530890
Defiant Blinds, Blinds Curtain Tracks, Boundary Wks Moss La Romford(01708) 771174	Direct Shipping Agencies, Ltd, 55 Allen Rd Rainham.....(020) 8593 0316	Driscoll Direct, Thamesview Business Cntr Barlow Wy Rainham..... (01708) 527474
Delbray Ltd T/A Davis Estate, 179 Squirrels Heath Lane Hornchurch(01708) 476666	Direct Solutions INT, Ltd, Thamesview Bsns Cntr Barlow Wy Rainham(01708) 523000	FAX(01708) 527475
Delia Lock & Locksmith Serv, Locksmith, Parkstone Av Hornchurch(0845) 1283735	Direct Solutions INT, Ltd, Thamesview Bsns Cntr Barlow Wy Rainham(01708) 524000	Driver Hire Romford, Victoria Mews 121 Victoria Road Romford(01708) 735114
Delta Cleaning Services, Ltd, Unit 4 Easter Park, Beam Reach Ferry Lane South Rainham.....(01708) 521678	Direct Solutions INT, Ltd, Thamesview Bsns Cntr Barlow Wy Rainham(01708) 527400	DS Construction, (UK) Ltd, Unit 1-3 Folkes Farm Upminster..... (01277) 217052
Delta Double Glazing Supplies, Unit F Chesham Close Romford(01708) 764470	Discount Builders, 49 Butts Gn Rd Hornchch(01708) 440151	D's Tyres & Services, 241 Elm Park Avenue Hornchurch..... (01708) 606200
Delta Tenant Organisation, Ltd, 26 Elvet Avenue Romford(01708) 464714	37 Butts Green Road Hornchurch(01708) 442946	Dsa Connect, Ltd, The Old Brickworks Church Road Romford(01708) 349199
Deluxe Meats, Ltd, 11 Farnham Road Romford.....(01708) 370417	Discount Builders Merchants, 49 Butts Gn Rd Hornchch(01708) 440151	Dsw Contractors, Ltd, 15 Ascot Gardens Hornchurch(01708) 443859
Demilia Hairdressers For Men, Ltd, Ltd, 164b Upminster Road Upminster(01708) 440144	Or(01708) 448030	Dtech Site Services, Ltd, 1 Western Avenue Romford..... (01708) 720898
Dempower, Ltd, 11 High Street Hornchurch(01708) 454261	Discount Builders & Timber Merchants, Ltd, Unit 4 Rainham Trading Est New Rd Rainham(01708) 524355	Dulce Food & Cakes, 14a The Brewery Romford(01708) 764165
Or(01708) 472528	Or(01708) 525297	Dulux Cars, Ltd, 284 Brentwood Road Romford(01708) 450531
Or(01708) 620319	District Investments, Ltd, 31 Upminster Road South Rainham(01708) 555900	Dunelm, (Soft Furnishings) Ltd, Romford Unit C Eastern Av Wst Romford..... (01708) 732077
Den & Den Travel, Ltd, 48 Whitchurch Road Romford(01708) 377778	Divalondon, Ltd, 193 South Street Romford(01708) 592299	Duo Stationery, Ltd, Second Floor Harbour House Coldharbour Lane Rainham(01708) 524343
Denif, Rstnt, 19 Clockhouse Lane Romford(01708) 757070	Divan Cafe, Cafe, 7 13 High Street Romford.....(01708) 608026	Durham Cars, 89 Albert Rd Romford(01708) 747492
DEPARTMENT FOR TRANSPORT, Headquarters Great Minster House, 76 Marsham St London SW1 (03003) 303000	Diverse Scuba, Ltd, PADI Dive Centre, Ye Olde Plough House Motel Brentwood Road Bulphan.....(01375) 892444	Unit 12 Brooke Trdg Est, Lyon Rd Romford(01708) 731111
Derek Smith, Broadway Cars Broadway Rainham(01708) 557367	Diversity Entertainment, Ltd, Unit 4, Fordview Estate, 69 New Road Rainham(020) 3903 5786	Or(01708) 728000
Derham House Care Home, Derham House Harwood Hall Lane Upminster(01708) 641441	Divine Hair Salon, Hair Stylist, 177 South St Romford(01708) 756799	Dutton Scaffolding Services, Ltd, Wick Place Industrial Estate Yard G2 Brentwood Road Bulphan(01375) 892151
Design Architectural Lighting, Ltd, Conqueror Ct Spilsby Rd Harold HI(01708) 381999	Dixons Res Estate, 188 High St Hornchch.....(01708) 452278	Duzky, Ltd, 4 Blackwater Close Rainham..... (01708) 555590
Design Contracts, Ltd, Unit 1 Viper Industrial Estate Ashton Road Romford(01708) 344821	Dixons, 188 High St Hornchch.....(01708) 452278	Dzak, Ltd, 191 Aroadleigh Green Road Hornchurch(01708) 847403
Designer Dental, 58 Billet La Hornchch(01708) 441143	Dixons Residential Estates, Sales 188 High St Hornchch.....(01708) 452278	E E I Future Force, Ltd, 32 High Rd Romford(020) 8590 3445
Detectives 247, Private Detective, 17 The Broadway(07010) 708623	Dixons Residential Estates, Ltd, 188 High St Hornchch.....(01708) 443561	E.M.C. Electrical Securities, Ltd, 18 Ardleigh Green Road Hornchurch(01708) 445356
Devin Anscorb, Ltd, 42-44 Squirrels Heath Lane Hornchurch(01708) 453029	DJC Plumbing & Heating Services, 19 Chevington Way Hornchurch(020) 7871 3060	E O Brown Social Care, Ltd, 145 Turpin Avenue Romford(020) 3343 6557
Devitt Insurance Services, Ltd, Motorbike Claims(0800) 0157535	DNA Insurance Service, Ltd, Insurance Services, Unit H Chesham Close Romford(0844) 5732400	E.O.R Bioler & Heating Engineers, Ltd, The Seedbed Cntr Davidson Wy Romford..... (01708) 750999
Devonshire Hotel, The, 94 Station Lane Hornchurch(01708) 440088	Docklands Traffic Management, Ltd, Star Bsns Cntr Marsh Wy Rainham(01708) 553800	E S I Process, UK Ltd, Rainham Ho Manor Wy Rainham(01708) 553999
Deway Care, Ltd, Elm House Church Road Harold Wood Romford(01708) 981452	Dogaholic Gidea Park, 3 Balgores Square Romford(01708) 768477	FAX(01708) 552888
Dfg, Dfg, 17 Avenue Industrial Estate Southend Arterial Road Harold Wood.....(01708) 343185	Dolcecvita, 25 Corbets Tey Road Upminster.....(01708) 368046	Eagle Frames, Co. Ltd, 1 Wennington Hall Cottages Wennington Road Wennington.....(01708) 522444
DFS Furniture, Romford Unit 4 Colchester Rd Romford(01708) 335588	Dollond & Aitchison, Branches Upminster 7 Corbets Tey Rd Upminstr.....(01708) 222383	Eagle Systems, Boundary Wks Moss La Romford..... (01708) 771173
DGN Cars, Ltd, New Road Rainham(01708) 986681	Or(01708) 220442	East Thames Group, Aqua Ct Serpentine Clo Chadwell Heath.....(020) 8597 8793
Diadem Church, 312-314 London Road Romford.....(01708) 730085	Dom Extra Softeners, Water Softeners, 895 High Road Chadwell Heath Romford, Essex(0870) 4423631	Or(020) 8599 4802
Dial Furnishings, Ltd, 23 Unit 24 Avenir Woks Danes Road Romford.....(01708) 720888	Domestic Cleaning 4u, 8 Hacton Parade Central Drive Hornchurch(01708) 960714	East Thames Group, Dreywood Court 53 Squirrels Heath Lane Romford..... (01708) 462000
Diamond Enterprises, (UK) Ltd, Plastic Injection Moulding, Head Office Unit 25 Old Brickworks, Bates Ind Estate, Church Road Romford(0870) 7770471	Dominos Pizza Group, Ltd, 5 Colchester Road Romford(01708) 373333	East West Connect, Ltd, 98 Collier Row Road Romford(01708) 754487
Head Office Or(0870) 7770472	17 Corbets Tey Rd Upminstr.....(01708) 228495	Easter, Security Hut Easter Industrial Park Ferry Lane Rainham(01708) 553076
Didar Cosmetic Limited, 163 Haynes Road Hornchurch(01708) 782821	18-19 Tadworth Pde Hornchch(01708) 470707	Eastern Counties Residential, 21 Chudleigh Rd Romford(0870) 3004100
Digiplus, Ltd, 144 Kingston Hill Avenue Romford(01708) 985044	Donesol Tech Services, Ltd, 4 Brewery Walk Romford.....(01708) 756600	Eastern Counties Residential, Ltd, 83 Chippenhams Rd Romford..... (01708) 332833
Digital Input, Ltd, Units C2-C3 Thamesview Bsns Cntr Barlow Wy Rainham.....(01708) 523777	Dothan House, Former 458 Upper Brentwood Road Romford(01708) 761647	Eastern Gases Ltd, Mill Farm Mill Farm House Whalebone Lane North Romford(020) 8597 3640
Dim T Restaurants, 168 High Street Hornchurch(01708) 476695	Douglas Allen, Ltd, Est Agt, Survysrs, Vals, Branches Hornchurch 133a High St Hornchch.....(01708) 437777	Eatmen Avenue Baptist Church, 104 East Road Chadwell Heath Romford(020) 8590 6510
Or(01708) 477838	Romford Chadwell Hth 1185 High Rd(020) 8597 0043	EazyWeb.net, Business, E-commerce & Editable Sites, Romford Sales(0872) 0855698
Or(01708) 478289	Doves Timber Supplies, Hunts Hill Farm Aveyley Road Upminster(01708) 524798	Fax(0872) 0855698
Dine IN, Ltd, 2 Berther Road Hornchurch(01708) 455530	Dove-Timber And Building Supplies, Ltd, 38a, Doves Timber & Building Upminster Road South Rainham(01708) 557459	Eco of London, Ltd, 17 Padnall Rd Romford.....(020) 8599 3502
Diocese Of Chelmsford, 11 Bridgefields Clo Hornchurch(01708) 474951	Dowlings Sewing Machines, 9 Ayr Gn Romford(01708) 757717	Economic Fencing, Co, Rear Of 48 Albert Road Romford(01708) 734274
Direct Cladding, Hunts HI Fm Aveyley Rd Upminstr.....(0800) 3896598	Dowsing Home Improvements, Ltd, 37 Candover Rd Hornchch(01708) 440521	Edds Construction, Ltd, 69a Harrow Crescent Romford..... (01708) 375306
Direct Cladding, Unit 80 Imperial Trading Estate Lambs Lane North Rainham.....(01708) 525517	DPK Food & Wine, Ltd, 202-204 Lyndhurst Drive Hornchurch(01708) 471414	Eddy Grimstead (Citroen), Sales Romford(01708) 764506
Direct Design Studios, Marketing, Branding, Web And New Media, Romford Sales(0872) 0858125	Dr Dahs & Humberstone, 143 Ingrebourne Gardens Upminstr.....(01708) 228888	Eden Dry Cleaners, Dry Cntrs Servs, 125 Corbets Tey Road Upminster(01708) 227986
FAX(0872) 0858125	143 Ingrebourne Gardens Upminster(01708) 227989	Edge Maintenance, Main Edge Maintenance Unit D 69 Front La Movers Ho Upminstr(01708) 220991
Direct Glazing Contracts, Great Sunnings Sunnings Lane Upminster.....(01708) 250044	Dr Dahs & Humberstone, 1 Little Gaynes Lane Upminster(01708) 228881	Edison, Dr, M M, 264 Brentwood Rd Romford FAX(01708) 471422
Direct Golf Retail, Limited, Cranfield Golf Centre Whalebone Lane North Romford.....(03437) 771451	Dr Sanomi Havering Primary Ent Services, Rush Green Surgery 261 Dagenham Road Romford.....(01708) 572536	Edmonds, & Co (Accountants) Ltd, 6 Tadworth Parade Hornchurch(01708) 464689
Direct Market Services, Ltd,	Drain, A.D, Scrap Dlr, 21 Pretoria Road Romford(01708) 764769	Edmundson Electrical, Ltd, Romford 4 Ashton Rd Harold HI(01708) 348000
	Dreamview Windows & Doors, Ltd, 5 Rainham Road Rainham(01708) 554047	FAX(01708) 348990
	Dreamview Windows, Ltd, 5 Rainham Rd Rainham.....(01708) 550996	Edwards, C, 7th Heaven, Unit 4, 168 High Street Hornchurch(01708) 451723
	Drew'S Property Maintenance Ltd,	Edwards Duthie Solicitors, 7 Victoria Road Romford(01708) 725917

Efendi Dry Cleaners & Tailors, 189 Station Lane Hornchurch.....	(01708) 454992	Entertainer, (Amersham) Ltd,The, 13-14 The Brewery Romford	(01708) 720440	Europarts Engineering & Supplies, Ltd, Shpg Co, Northgate Indust Pk Collier Rw Rd Romford	(020) 8599 6262
Electrical Contractors Association, Ltd, Charles Ho Station Rd Harold Wd	(01708) 330710	Or	(01708) 720443	European Liner Agencies, Ltd, FAX	(01708) 744980
Electrical & Plumbing, Co Ltd,The, 7 Back La Romford	(020) 8597 1811	Entertainer, The, Romford Unit 13/14 The Brewery, Waterloo Rd	(0844) 8005129	Euro's Best Profiles, Ltd, 2B Bridge Close Romford	(01708) 756250
Electrical Repair, Co Ltd, 122 Collier Row Road Romford	(01708) 741222	Entertainer Toy Shop,The, Unit 23 The Mercury Mall Mercury Gardens Romford.....	(01708) 750635	Eurostainless, Freightmaster Est Ferry La Rainham	(01708) 559444
Elegance Beauty, Hair Salon, Unit N7 Laurie Walk Romford	(01708) 756065	ENVIRONMENT & PLANNING (DIRECTOR OF) - LONDON, Borough of Havering, Mercury House,Mercury Gardens,Romford Planning - See under Development Control		Eurotrama Europe, Ltd, Rainham Trdg Est New Rd Rainham	(01708) 557425
Elektron Components, Ltd, Admin Melville Ct Spilsby Rd Harold HI	(01708) 336300	EPC Radiators, Ltd, 139 Crow Lane Romford.....	(01708) 720500	Evans, K.J, Electrical Ltd, Elec Contrs, 174 Collier Rw Rd Romford.....	(01708) 727100
Melville Ct Spilsby Rd Harold HI	(01708) 343800	Epilight Essex Clinic, Ltd, Hair Removal, 85 Main Rd Romford	(07000) 560821	Everlys Chicken Hut, 70 Rainham Road Rainham	(01708) 361776
Elim Christian Centre, Christchurch Wheatsheaf Road Romford	(01708) 767029	Equifax, Plc, Personal - Commercial Credit Information & Sales Chapel St London NW1	(0844) 3350550	Everyday Loans, 68 North Street Romford	(0843) 5079850
Elisa & Fatma, Ltd, 626 Upper Brentwood Road Romford	(01708) 724784	Erdel, A, Nemo's Plaice, 24 Elm Parade Shops Elm Park Avenue Hornchurch.....	(01708) 450600	Everyday Loans, Loans-Personal Finance, 68 North St Romford	(01708) 736807
Elite Direct . Com, Ltd, FAX Unit A3 Suttons Bsns Pk New Rd Rainham	(01708) 556684	Erdogan, Shop, 176 Hornchurch Road Hornchurch.....	(01708) 397650	Everyday Party & Gift, Ltd, Byron Court 25-31 South Street Romford.....	(01708) 763693
Elite Direct Com, Ltd, Unit A3 Suttons Bsns Pk New Ro Ad Rainham.....	(01708) 525577	Ergonom, Ltd, Unit 24 Upminster Trading Pk Warley St Upminstr	(01708) 220676	Exact Moves, Charles House, 49-51 Brentwood Road Romford.....	(01708) 771290
Elite Recruitment, Ltd, Fax	(01277) 849658	Or	(01708) 259122	Excel Charters, Ltd, Hanger 17 Stapleford Aerodrome Stapleford Tawney.....	(01708) 688110
Ella Shoes, Ltd, Unit 6 Ashton Gate Ashton Road Romford	(01708) 376677	Eric J Heath & Son, 74 Warren Drive Hornchurch	(01708) 450614	Excel Plastering, Ltd, 1 Great Gardens Road Hornchurch.....	(0843) 5152847
Ellie Boutique, Ltd, 6 North St Hornchch.....	(01708) 440049	Errnick Motors, Ltd, Constitutional Hall Elm Park Av Hornchch	(01708) 474200	Excel Training Centre, Ltd, 4 St. Andrews Rd Romford	(01708) 720807
Elliott Dean Salon, 208 Main Road Romford	(01708) 564350	Eseme Ltd T/A Bows Chemist, Upminster Road North Rainham.....	(01708) 630417	Executive Car Repairs, Unit 8 Woodlands Farm Folkes Lane Upminster	(01277) 230288
Elm Cars, Taxis, 54 Station Rd Chadwell Hth	(020) 8593 2222	Esseg Chef, Takeaway, 28 Roneo Corner Hornchurch.....	(01708) 452323	Exel Contracts, Ltd, 207 South St Romford	(01708) 769140
Or	(020) 8593 0000	Or	(01708) 477080	Expert Dry Cleaners Romford, Ltd, 130 North Street Romford.....	(01708) 750202
Elm Park Baptist Church Playgroup, Baptist Church Play Group Ambleaside Avenue Hornchurch (Church & Play Group).....	(01708) 451567	Essex Auto Spares, 228 Hornchurch Rd Hornchch	(01708) 456978	Expert Mortgage Solutions, 111a Links House Main Road Romford	(01708) 760916
Elm Park Cobbler, 186 Elm Park Avenue Hornchurch	(01708) 471722	Essex Bathrooms, 19 Victoria Rd	(0800) 3899163	Explore Learning, Tutors & Tutoring, 1 The Brewery Romford	(01708) 767819
Elm Park Dental Surgery, 28 Rosewood Av Hornchurch.....	(01708) 451882	Essex Business Machines, 8 Blackwater Close Rainham	(01708) 523014	Explorers Elm Park, 33 The Broadway Hornchurch	(01708) 361958
Elm Park, (Hornchurch) Bowls Club, Bowls Club, Elm Park Bowls Club Upper Rainham Road Hornchurch	(01708) 458616	Essex Car Spares, Ltd, Unit A1 Newton Industrial Estate Eastern Avenue West Romford.....	(020) 3089 4717	Express By Holiday Inn, FAX	(0870) 0660245
Elm Park Minicabs, Ltd, The Broadway Hornchurch	(01708) 477777	Essex Dry Cleaners, 41 High St Romford	(01708) 745473	Express Group Construction, Ltd, 1 Lamson Road Rainham	(01708) 592536
Elm Park Post Office, (Royal Mail), Elm Park Post Office 208-12 Elm Park Avenue Hornchurch	(01708) 451021	Essex Electrical, Unit C-D Viking Business Centre Danes Road Romford.....	(01708) 708888	Express Route, (UK) Ltd, Minicab Servs, 86 Rainham Road Rainham	(01708) 500500
Elm Park Primary School, South End Road Hornchurch.....	(01708) 451463	Essex Emergency Services 2000, Ltd, Hainault Wks Hainault Rd Little Heath.....	(020) 8599 9841	Or	(01708) 555555
Elm Park Vehicle Engineers, 205 New Road Rainham,Essex.....	(01708) 551853	Essex Films, Wedding Video Production Co, 26 Station La Hornchurch	(07000) 560340	Extreme Nutrition Store, Ltd, Wholesale Retail, 26 Quadrant Arcade Romford	(01708) 733881
Elmsite Services, Ltd, Finance House Southend Arterial Road Hornchurch	(01708) 440026	Essex Fire Protection Services, Ltd, Suite 18 Essex House Station Road Upminster.....	(01708) 897566	Eyecandy Hair Design, Ltd, 138 Collier Row Lane Romford	(01708) 736676
Elucidate Contractor Services, Ltd, Thirza Ho Manor Rd Lambourne End.....	(020) 8500 0085	Essex Glass, Ltd, Glazing Contr, 1181 High Rd Romford	(020) 8597 0052	F A K International, Ltd, First Floor Rainham House Manor Way Rainham	(01708) 551564
Or	(020) 8501 6620	Essex Grill, Ltd, 195 Station La Hornchurch	(01708) 620117	F.I.M.S Spares, Ltd, 49 New Rd Rainham	(01708) 557444
Emanvick Limited, 5 Victoria Road Romford	(01708) 607800	Essex Hydro-Garden, Ltd, Unit 3a Tonbridge Works Tonbridge Road Romford.....	(01708) 377617	F1 Personnel, F1 Personnel Ltd, 10 Priors Pk Hornchurch	(01708) 444696
Embassy Scaffolding Services, Ltd, New Rd Wennington.....	(01708) 867609	Essex Medical Consortium, Medical, Westland Avenue Hornchurch	(01371) 829383	F4 Flooring, Faringdon Gro Faringdon Av Romford	(01708) 331737
Emerald Property Services, 11 South St Romford	(01708) 755376	Essex Mini Cab, Ltd, Taxi Optrn, 197 South St Romford	(01708) 766666	Fades & Blades London, Ltd, 90 North Street Romford	(01708) 361407
Emergency 24 Locksmiths, Locksmiths. 24 Hour Emergency, Auto Locksmiths, Granton Av Essex	(0844) 4117984	Essex Mini Cabs, Ltd, 222C South St Romford	(01708) 606060	Fairkytes Art Centre, 59A Billet Lane Hornchurch	(01708) 456308
Emerson Bhab, 118 North Street Hornchurch.....	(01708) 368157	Essex MOT, Unit 4 K9 Industrial Estate Ferry Lane Rainham	(01708) 559001	Fairlink Systems, Ltd, Unit C1 Suttons Business Park Suttons Business Park New Road Rainham	(01708) 522699
Emerson Park School, London Borough Of Havering Wych Elm Rd Hornchch ...	(01708) 475285	Essex Motorcars, Ltd, 9 Wangey Road Romford	(01708) 922187	Fairview Avenue Sub Post Office, 69 Fairview Avenue Rainham	(01708) 557947
Emerson Property Maintenance, Unit C7 Star Business Centre Marsh Way Rainham	(01708) 500611	Essex Packaging Supplies, Ltd, 9 Bryant Av Romford	(01708) 384949	Fairview Storage, Ltd, Fairview Indust Pk Marsh Wy Rainham.....	(01708) 522256
Emof International, Care, Unit 5 Mudlands Industrial Estate Manor Way Rainham	(01708) 522504	Essex Pitch, UK Ltd, 1 Blanket Cottages Dunning Lane Bulphan.....	(01375) 892248	Fairway Mortgage Solutions, Unit 3 Saxon House Upminster Trading Park Warley Street Upminster	(01708) 228355
Emphasize, Ladies 16 Plus, Liberty Centre The Liberty Romford.....	(01708) 755756	Essex Removal Service & Co, 139 Crow Lane Romford.....	(0843) 5152805	Fallow International, Unit 6 Redwing Court Business Centre Ashton Road Romford.....	(01708) 386203
Empire Kebab & Pizza, 208 High Street Hornchurch.....	(01708) 453975	Essex Removal Services, & Co, 139 Crow La Romford	(01708) 722277	Fallow International, Unit 2 Redwing Ct Ashton Rd Romford	(01708) 383450
Emre 68, Cafe, 7 Farnham Road Romford.....	(01708) 370616	Essex Stone Cleaning & Restoration, Unit 1A Fairview Industrial Park Barlow Way Rainham	(01708) 550050	Famevalley, Ltd, Unit 3 6-10 Ferry Lane Industrial Estate Lamson Road Rainham	(01708) 523824
Emu 24, Ltd, 13 Easter Industrial Park Ferry Lane Rainham.....	(01708) 555345	Essex Tree Surgeons, 9 Archibald Road Romford	(01708) 370015	Family Information Group, 90 Taunton Road Romford.....	(01708) 378141
Energy Cebtric, Stolt Nielsen House 1 Oldchurch Road Romford	(01708) 759960	Essex Wildlife Trust, Ltd, Hornchurch Country Park Squadrons Approach Hornchurch.....	(01708) 520364	Famous Fruit And Veg, Post Office 4-5 Tudor Parade High Road Romford.....	(020) 8599 5835
Engayne County School, FAX	(01708) 225820	Essex Yeoman,The, Pblc Ho, 70 Station Rd Upminstr	(01708) 229289	Farm Studios,The, Unit 4 Gerpins Fm Gerpins La Upminster	(01708) 640128
Engine Build, Ltd, 36 Bates Road Romford	(01708) 843693	Euclase Hair Beauty Salon, 162-166 South Street Romford.....	(01708) 757895	Farmer Insurance Agency, Ltd, 201 Rush Gn Rd Romford	(01708) 727117
Engineers The, Prototype Engs, Lambourne House New Road Lambourne End, Romford,Essex	(020) 8500 2102	Eunice Hair Salon, Hair Salon, 1102 High Rd Romford	(020) 8597 9034	Or	(01708) 745145
ENI Scaffolding, Ltd, Unit A4 Star Business Cntr Marsh Wy Rainham.....	(01708) 556740	Euro Fuels, Ltd, Site Office Ongar Road Abridge.....	(01708) 688679	Or	(01708) 745175
Enjay, Ltd, Hall Fm Nursery Church La N Ockendon	(01708) 854200	Eurocell Building Plastics, Unit 11 Falcon Bsns Cntr Ashton Rd Romford	(01708) 381873	Or	(01708) 753222
Enterprise Plants, Ltd, Halls Fm Church La N Ockendon	(01708) 855832			FAX	(01708) 753283
				Farming & Agricultural Finance, Ltd, P.O Box 4115 Hornchurch	(0800) 225567
				Farr Engineering Services, Ltd, 16 Tadworth Pde Hornchch	(01708) 471140
				Farra Kennard Gould,	

98 Hornchurch Rd Hornchch.....	(01708) 443842	38-40 Front Lane Upminster	(01708) 640043	B A C Ltd Faringdon Avenue Romford	(01708) 336670
Farra Kennard Gould,		Fleetway Cars, Taxis & Mini-Cabs,		Freight Movers International, Ltd,	
98 Hornchurch Rd Hornchch.....	(01708) 457941	54 Station Rd Chadwell Hth	(020) 8592 7777	154 Rainham Rd Rainham.....	(01708) 630448
Farsound Engineering, Ltd,		Fleetway Express,		Fresh And Exotic,	
1 Ashton Rd Harold Hill.....	(01708) 677800	54 Station Rd Chadwell Hth	(020) 8595 4444	96 High Road Romford	(020) 8109 4974
Fast Care, Dry Cing,		Fleur Couture,		Fresh Water Filter, Co Ltd, Water Filtration,	
186 Main Road Romford.....	(01708) 731461	153 High Street Hornchurch.....	(01708) 449787	FAX 895 High Rd Chadwell Hth Romford, Essex	(0870) 4423639
Fastback Motor Engrs,		FLG Services, Lifting Eqpt,		Freshco Foods, Ltd,	
1 Cherry Tree Lane Rainham	(01708) 552246	Unit D2-D3 Star Bsns Cntr, Marsh Wy Rainham	(01708) 524310	41 High Road Romford	(020) 8503 8040
Fastglobe Mastics, Ltd,		Or	(01708) 525578	Freshco Sweets, Ltd,	
Main Switchboard Unit 1h Barlow Way Rainham	(01708) 523921	Flipping Grill,		45 High Road Romford	(020) 4619 9320
Unit 1h Barlow Way Rainham	(01708) 524645	107 Victoria Road Romford	(01708) 728888	Freshfield Residential Homes,	
Fastlane Styling Europe, Ltd,		Or	(01708) 729111	265 Corbets Tey Road Upminster	(01708) 222015
895 High Rd Romford.....	(020) 8599 5558	Flooring Centre, The,		Freshfields Residential Home,	
Favorite Chicken & Ribs Collier Row,		59 Crow Lane Romford	(01708) 768675	265 Corbets Tey Road Upminster	(01708) 259743
104 Collier Row Road Romford.....	(01708) 731972	Floral Affairs,		Friends Co Op, Ltd,	
Favorite Chicken Village, Take Out,		15 Corbets Tey Road Upminster.....	(01708) 640267	6 High Street Romford.....	(01708) 847833
14 THE BROADWAY HORNCHURCH.....	(01708) 473699	Flower Girl, Florist,		Frontlight Flooring & Pumping, Ltd,	
Favourite Chicken And Ribs, Fast Food Takeaway,		176 Hildene Av Romford	(01708) 345743	59 Crow La Romford.....	(01708) 767178
91 Albert Road Romford	(01708) 733335	Flower, L.J, Ltd,		Frost, W.F, (Services) Jlt'd,	
Fdgdfg, Dfgdfg,		Bons Farm Stapleford Road Stapleford Tawney	(01708) 688247	FAX	(01708) 377149
236 Main Road Romford.....	(01708) 397290	Flowergirl, Flor,		FSI, (Fm Solutions) Ltd,	
Feldman, Drs, & Partners, Med Pract,		FAX	(01708) 345743	180 St. Marys La Upminstr	(01708) 251900
70 Petersfield Av Romford (Emergency)	(01708) 343113	Flowline, Mailing & Tech Servs,		Ft Foods Ltd Ta Kfc,	
70 Petersfield Av Romford (Appointments).....	(01708) 347105	Seedbed Centre Davidson Way Romford.....	(01708) 714288	1015 High Road Romford	(020) 7018 2996
Fellas Chicken,		Fmc Logistics, (Uk) Ltd,		Fts Recruitment Solutions, Ltd, Recrutmt,	
126 North Street Romford	(01708) 762204	Star Bsns Cntr Marsh Wy Rainham	(01708) 253880	145 Rainham Road Rainham.....	(01708) 564656
Fern Court & Oak House C/O Wildheart Man,		Focus Security Systems Limited,		Fts Recruitment Solutions, Ltd, Recrutmt,	
Lift Fern Court Cottons Approach Romford	(01708) 761892	151 Haynes Road Hornchurch.....	(01708) 446829	145 Rainham Road Rainham Road Rainham	(01708) 912593
Fernet Insurance Brokers, Ltd,		Or	(01708) 464674	Fu Wing Foods, Ltd,	
5 Victoria Rd Romford.....	(07000) 337638	Focus Security Systems, Ltd,		108 North Street Hornchurch	(01708) 443259
Few, Ltd,		Main Number 151 Haynes Road Hornchurch, Essex	(0800) 1832233	Fulcrum Business Solutions, Ltd,	
Building Installations or Electrical & Engineering Work,		Fonefix Point Rainham, Ltd,		15b Park La Hornchurch	(01708) 788400
Units 1-10, 478 Wingletye Lane		131 Mungo Park Road Rainham	(01708) 986773	Full Metal Jacket, Ltd,	
Hornchurch, Essex.....	(01708) 874715	Foneline, Tele Answering Machs,		Arnolds Fm Bsns Pk Ongar Rd Havering Atte Bower	(01708) 688272
F&F Distribution, Ltd,		30 High Rd Romford	(020) 8597 7302	Furniture Village, plc,	
14 South Street Romford	(01708) 368148	Food Trac, Ltd,		Romford Gallows Cnr Ingrebrn.....	(01708) 382180
Fibre Glass The Place Of Grp & Plaster Mouldings, Ltd,		27-29 Scottish Mutual House North Street		Fx Squared,	
Unit 1 Elms Farm Chrch Lane Bulphan Uominster.....	(01375) 893158	Hornchurch	(01708) 458824	99A Avon Road Upminster	(01708) 220429
Fibrecount, UK Ltd,		Foot Surgery, The, Chrpdst,		G.B Roofing, Ltd,	
Rainham Ho Manor Wy Rainham.....	(01708) 555705	A 11 Billet Lane Hornchurch.....	(01708) 621194	The Warren Fen Lane North Ockendon, Upminster	(01708) 220610
Fig Branch Cafe,		Foot Veares, & Co,		G E R Construction, Ltd,	
142 Station Lane Hornchurch	(01708) 477575	Abacus House 68a North Street Romford.....	(01708) 766944	Hunts HI Fm Aveley Rd Upminstr	(01708) 868932
Figure Shapers,		FAX	(01708) 733443	G I Barnett, & Son, Map Publishers,	
13 Tadworth Pde Hornchch	(01708) 621114	Footasylum, Ltd,		6 Tadworth Parade Hornchurch	(01708) 620446
Filati,		48-50 South Street Romford	(01708) 769194	G & M Building Contractors Essex, Ltd,	
Filati Upminster	(01708) 226369	Football World,		9 LITTLE MALGRAVES INDUSTRIAL ESTAT LOWER DUNTON ROAD	
Fillers, Sandwich Bar,		103 Douglas Rd Hornchurch	(01708) 734502	BULPHAN UPMINSTER.....	(01268) 545085
168 Heath Park Road Heath Park.....	(01708) 446438	Footsteps Care Homes, Ltd,		G & S Lifting Services, Ltd,	
Final Checks Makeup & Hair Academy,		170 Balgore Lane Romford	(01708) 458121	Broxhill Broxhill Rd Havering Atte Bower	(01708) 374843
1-5 High Street Romford	(01708) 459644	Forbidden Planet, (Scotland) Ltd,		G & S Waste Management, Ltd,	
Financial Aspects,		Unit E The Business Cntr Faringdo N Av Romford	(01708) 372727	Unit 7 Albright Indust Est F Erry La Rainham	(01708) 520464
29 Tyrells Close Upminster	(01708) 226655	Foreign & Commonwealth Office,		G W S Repairs, Ltd,	
FIRE,		Foreman Electrical Services,		Unit 8 Woodlands Farm Folkes Lane Upminster	(01277) 671308
In Emergency dial 999 and ask the operator for Fire		7 Blackwater Close Rainham.....	(01708) 555381	Ga Wah Rainham, Ltd,	
Fire Alarm Solutions, Ltd,		Forest Farm,		74 Rainham Road Rainham, Essex	(01708) 520401
Unit 2 Manor Wy Bsns Cntr Marsh Wy Rainham	(01708) 521181	Forest Farm Romford Road Romford	(01708) 721056	Gadget, Buy Sell & Trade,	
Fire Company, UK Ltd, The,		Forest Freight, Ltd, Hlge Containers,		61-63 South Street Romford Essex	(01708) 897170
22 Gadsden Clo Upminstr	(01708) 226977	Fairview Industrial Estate Barlow Way Rainham	(01708) 552222	Gadget Exchange,	
Fire Integrity, Ltd,		Forest Row Community Association,		9 Clockhouse Lane Romford.....	(01708) 767666
Unit E1 The Seedbed Centre Davidson Way Romford	(01708) 744799	Forest Lodge Community Centre Lodge Lane		Gadstore, Ltd,	
Fire Protec Sprinkler Systems, Ltd,		Romford	(01708) 766652	Gadget 102-104 High Road Romford.....	(020) 8597 3754
Unit B4A Seedbed Centre Davidson Way Romford	(01708) 594017	Formation Management, Ltd,		Gadstore, Ltd,	
Firman, F.A, (Harold Wood) Ltd,		155 Ardleigh G Rd Hornchch.....	(01708) 457781	Gadget 61-63 South Street Romford	(01708) 752786
Main Office		FAX	(01708) 447630	Gahshing Chinese Takeaway,	
19 Bates Rd Romford	(01708) 374534	Forrest Fresh Foods Ltd,		14 Upminster Road South Rainham.....	(01708) 557869
FAX	(01708) 340511	Pentowan Farm Church Road Noak Hill.....	(01708) 912843	Galaford, Ltd,	
First Call 247detectives, Private Investigations,		Forto Estate Agents Limited,		Unit 2a, The Seedbed Cntr Davidson Wy Romford	(01708) 768871
60 Victoria Road Romford.....	(0844) 7723795	118 Collier Row Road Romford	(01708) 960095	Or	(01708) 768869
First Call, Ltd, Plmbg,		Fountain Of Life Church INTL,		FAX	(01708) 768863
113 Belgrave Avenue Romford	(01708) 768001	248 Unit 1 London Road Romford	(020) 8594 0677	Gallows Corner Mots,	
First Choice Fencing, Ltd,		Four, Bros Ltd,		Rear Of 7-8 The Parade, Southend Arterial Road	
Unit 6 Mill Farm Whalebone Lane North Romford	(020) 8599 4289	52 Station Road Chadwell Heath	(020) 8597 8100	Harold Wood	(01708) 377522
First Choice Travel Shop,		Four Coffee & Lounge, Ltd,		Gallows Kebab Van,	
Chadwell Heath 37 High Rd Romford	(0844) 5615760	4 Moray Way Romford.....	(01708) 594056	The Plough Colchester Road Romford	(01708) 386666
Hornchurch 150 High St Hornchurch	(0844) 5615839	Fourth Generation Computer Group,		Games Workshop, Ltd, Toy Soldiers,	
Upminster 1 Bell Cnr Upminster	(0844) 5615965	Highbridge House 21 Victoria Road Romford	(01708) 756333	12 Quadrant Arcade Romford	(01708) 742140
First Line Fasteners,		Fourth Generation Computer Group, Ltd,		Gamestation, Ltd,	
Unit 77 Maldon Road Romford.....	(01708) 754874	21 Highbridge House Victoria Road Romford	(01708) 738333	Romford	
Firstford, Ltd,		Or	(01708) 739666	12 Stewards Walk	
Unit F King Estate Broadway Parade Hornchurch.....	(01708) 470351	FAX	(01708) 757979	Romford Calls cost up to 10 pence per minute plus network extras	
Fishy Business,		Fourth Generation Computer Services, Ltd,		(0871) 5940088	
109 Corbets Tey Road Upminster	(01708) 224556	21 Victoria Road Romford.....	(01708) 739333	Ganton Development, Ltd,	
Fit4life Group, Ltd,		Fox Tailoring,		Manor Wks Manor Rd Romford	(01708) 750312
Unit A 222 South Street Romford	(01708) 361954	187 Station La Hornchch	(01708) 438761	Garde & Security, Ltd,	
Fitch, J, Flooring Ltd,		Fragrance Shop, The,		Unit 6 Saxon Ho Upminster Trading Pk, Warley St	
Unit 1 Chesham Clo Romford	(01708) 763063	Unit 4 The Mercury Mall Mercury Gardens Romford	(01708) 754416	Upminstr	(01708) 223823
FAX	(01708) 767635	Frances Bardsley, School,		Garden Coffee Shop & Diner, The,	
Five Bros, & Co Ltd,		Brentwood Rd Hornchch (Upper Sch).....	(01708) 447368	Damyns Hall Aerodrome Aveley Road Upminster	(01708) 607717
68 Masefield Crescent Romford	(01708) 361960	Frank Valori, Ltd,		Garden Living, Ltd,	
Five Star Batteries,		9 Ridge Clo Romford	(01708) 743424	104 North Street Romford.....	(01708) 732277
87 New Road Rainham	(01708) 526888	Or	(01708) 764459	Garner Brothers,	
Flames Kebab & Pizza,		Frankie & Benny's,		128A Upminster Rd Hornchch.....	(01708) 442388
119 Upminster Road South Rainham	(01708) 552550	1 The Brewery Romford.....	(01708) 724102	Gary James,	
Flawless Beauty, Beauty Salon,		Frankies Car Sales,		Little Malgraves Industrial Lower Dunton Rd	
Blow Beauty UK 45 Corbets Tey Road Upminster	(01708) 222226	Hornchurch Cardrome Upper Rainham Rd Hornchch	(01708) 477512	Bulphan	(01268) 548025
Flaxten Cards,		Fred Michael, Accounting Services,		FAX	(01268) 544090
3 Corbets Tey Road Upminster	(01708) 220101	216 High Road Romford	(020) 8590 5055	Gas Boiler Services,	
Fleet Car Services,		Freight Movers International,		91 Wingletye La Hornchch	(01708) 472196

GATES, PARISH, & Co, Est Agts, Chrt'd Survysrs, 32 Station Rd Upminster.....	(01708) 250033	Rainham	(01708) 559504	Murthering Lane Navestock	(0843) 8164725
Gatwick Flyer, Ltd, Danes Rd Romford	(01708) 730555	Goddard Music Tuiton, 55 Princes Road Romford	(01708) 754554	Group Haulage, Ltd, Clementines Murthering Lane Navestock	(01277) 375715
Gaynes Park Dry Cleaners, 55 Gaynes Pk Rd Upminster.....	(01708) 640733	Goddard Veterinary Group, 144 Balgore Lane Romford	(01708) 747109	Group Haulage Sales, Ltd, Logistics, Murthering Lane Navestock	(0843) 8164724
GB Electricals, Ltd, Electrical contractors, 99 Parsonage Road Rainham	(03336) 667333	Goddards Golf Shop, Professional Shop Romford Golf Club Heath Drive Romford.....	(01708) 749393	Group Services, Ltd, 227 London Rd Romford.....	(01708) 380940
Or	(03336) 667334	Goddiva, Ltd, C G House 107B Chadwell Heath Lane Romford	(020) 8599 5544	Grove Garage, 84 Douglas Road Hornchurch	(01708) 726518
GB Underwriting, Ltd, Auction Sq Market Pl Abridge.....	(01992) 815140	Godfrey's, Unit 21 Liberty 2 The Mercury Mall Mercury Gardens Romford.....	(01708) 739159	Grove Primary School, School, Grove Prim School Chadwell Heath Lane Romford	(020) 8598 8006
Gbs Batteries, 315 Collier Row Lane Romford.....	(01708) 769222	Godfrey's Of Essex, Ltd, 118 Ardleigh Green Road Hornchurch	(01708) 455831	Grove Road Tyres, 5 Salmons Wy RM13	(01708) 526625
Gc Auto Tech, Unit 3 The Parade Southend Arterial Rd Harold Wood	(01708) 344200	Gold Star Cars, Gold Star Cars, 232 Rush Green Road Romford	(01708) 754240	Grovewood Property Development, Ltd, Hornchurch Rd Hornchch	(01708) 470001
GCN Flooring, Ltd, Teakcroft Centre Marsh Way Rainham	(01708) 554448	Golden Ivy Florist, 163 South St Romford	(01708) 757447	Growing Pains Playgroup, 1 RAINHAM ROAD RAINHAM	(01708) 522455
Gemini Direct, Pte Hire, 54 Station Rd Chadwell Hth	(020) 8517 9000	Goldtrowel, Ltd, Asheton Fm Tysea Hill Stapleford Abbots	(0843) 5157418	GSE Freight, (UK) Ltd, 127 Lodge Av Romford	(01708) 737771
General Express Services, Ltd, Logistics, Freight Master Estate Ferry Lane Rainham	(0843) 8164831	Good Intent, South End Road Hornchurch	(01708) 344700	GSF Car Parts (Chadwell), 230 High Rd Romford	(020) 8598 8800
Gentco Barbers, 102 North Street Hornchurch.....	(01708) 477963	Good Shepherd, The, Collier Row Lane Romford	(01708) 554644	Fax 230 High Road Romford	(020) 8503 8749
Geo Copsey, & Co Ltd, 178 Crow Lane Romford	(01708) 724213	Goodchild, Gillian, Unit 4, 3-11 Grenfell Avenue Hornchurch	(01708) 745626	GTEC Metal Fabrication, Manor Fm Noak HI Rd Romford	(01708) 331876
George Benson, Ltd, Suite 23 Billet Lane Hornchurch	(01708) 454535	Goodfella's, Barb Shop, 141 St. Marys Lane Upminster	(01708) 437333	Guard Force Security, Ltd, Granary Ct High Rd Chadwell Hth.....	(020) 8597 7149
Georgie Smedley, Ltd, 11 Stafford Indust Est, Hillman Clo Hornchch	(01708) 465900	Goodhands Commcare, Ltd, 198 Victoria Road Romford	(01708) 222555	Gulev, V, 37 Lessington Avenue Romford	(01708) 751494
Gerrard Insurance Brokers, Ltd, 139A High St Hornchch	(01708) 465810	Goodins Enterprises, Ltd, 111 Mungo Park Road Rainham.....	(01708) 755533	Gupta, Dr, N.K., 206 Mawney Road Romford	(01708) 739379
Ghani Food & Spices, Ltd, Unit 12 Fordview Industrial Estate New Road Rainham	(01708) 986384	Goossens & Odendaal, 140-142 North Street Hornchurch	(01708) 526144	Gutteridge, L, 10 Holden Wy Upminster	(01708) 227786
Ghr Southern Scaffolding, Unit 8 Greenacres Trading Estate Aveley Road Upminster	(01708) 228147	Gopinath, Dr, A, 4 Porchester Close Hornchurch	(01708) 459445	GVR Solutions, Queens Court Eastern Road Romford	(01708) 361650
Gibsons Chartered Surveyors, 151 St. Marys La Upminster	(01708) 221535	Gosnays Engineering, Co Ltd, Eng Reconditioners, Eastern Av Wst Romford	(01708) 464749	Gw Thompson Limited, 44 Felstead Road Romford	(01708) 767946
Gidea Motors, Ltd, 77 Balgore La Romford	(01708) 735089	Gosnays Engineering, Co Ltd, Eastern Avenue West Romford	(01708) 743331	H And N Ventures, 248 Main Road Romford	(01708) 607648
Or	(01708) 767300	Gotham Boba, 215 Pettits Lane North Romford.....	(01708) 748320	H & M Food, Ltd, 193 Upminster Road South Rainham	(01708) 559556
Gidea Park Bowling Club, Gidea Park Trs, Gidea Park Sports Ground Main Rd Romford	(01708) 746001	Gosnays Engineering, Co Ltd, Eastern Avenue West Romford	(01708) 740668	H.R Owen, Chrysler Parts 175 London Rd Romford.....	(01708) 759501
Gidea Park College, (Preparatory School), 2 Balgore La Romford	(01708) 740381	Gotham Boba, 215 Pettits Lane North Romford.....	(01708) 985467	H S A Floor And Carpet Limited, Romford Neighbourhood Office 17 Tadworth Parade Hornchurch	(01708) 927536
Gidea Park Dental Practice, 256 Main Rd Romford	(01708) 760889	Govan Chemist, 87 Front Lane Upminster.....	(01708) 224083	haart, Est Agts, Branches Gidea Park	(01708) 762384
Or	(01708) 766372	Govani, (Molend Ltd), Chemsts, 64 Station Road Upminster	(01708) 220044	87 Main Rd Gidea Park	(01708) 762384
Gidea Park Lawn Tennis Club, Gidea Clo Gidea Pk	(01708) 741012	GOVERNMENT OFFICE FOR THE EAST OF ENGLAND, Eastbrook Shaftesbury Rd Cambridge.....	(01223) 372500	Hornchurch 18A Station La Hornchch	(01708) 441717
Gidea Park Motoring Centre, 226-32 Main Road Romford.....	(01708) 737832	Gradans Hardware, Ltd, 105 Balgore Lane Romford	(01708) 458899	Romford 153 South St Romford	(01708) 730599
Gidea Park Motors, Ltd, 226-32 Main Road Romford	(01708) 744177	Grangewood Plastic Packaging, Ltd, Essex House Jutsums Lane Romford	(01708) 458899	Haart Estate Agents, 153 South St Romford	(01708) 765993
Gidea Park Newsagent, 2 Station Road Gidea Park.....	(01708) 444190	Granite Supply, UK Ltd, 3 Spilsby Road Harold Hill	(01708) 725911	Haart, Ltd, 49 Station Rd Harold Wd	(01708) 378578
Gill Eyecare, Ltd, 145 High St Hornchch	(01708) 475623	Granite Transformations, Ltd, 61 High Street Hornchurch	(01708) 374121	Habesha Market, Ltd, Industrial Estate 22 Danes Road Romford	(01708) 378578
145 High St Havering	(01708) 621003	Gravesend & North Kent Hospital, Bath St Gravesend	(01474) 360500	Habib And Sons, Ltd, Ahar Indian Takeaway 135 Wennington Road Rainham	(01708) 361660
Gilt Edge Plastics, Elms Indust Est Church Rd Harold Wd.....	(01708) 379005	Grayfield Solicitors, 224 High Rd Romford	(020) 8503 8424	Habibs, Indian Takeaway, 135 Wennington Road Rainham	(01708) 555350
Gilt Lye Cards, (Cards Finishing), 3 Whitmore Av Harold Wd.....	(01708) 384742	Grayfields Solicitors, Grayfield Solicitors 148 High Road Romford	(020) 8599 9356	Hacton Wine & Conv, 4 Hacton Parade Central Drive Hornchurch	(01708) 558505
Ginger Lounge, 123 Corbets Tey Rd Upminster.....	(01708) 259111	Grays Tyre Service, 20/28 London Road Romford.....	(01708) 9356	Haines & Warwick Stonemasons, Ltd, 175 Oldchurch Road Romford	(01708) 477541
123 Corbets Tey Rd Upminster.....	(01708) 259144	Great Wall Chinese Takeaway, 90 Station Road Gidea Park Romford.....	(01708) 752511	Haines & Warwick Safety Installations, Ltd, 127 Lodge Avenue Romford	(0845) 3676661
Ginger Spice, Cedar Court 395-05 Brentwood Road Romford.....	(01708) 477480	Greater Heights Learning Centre, Ltd, Upminster Library 26 Corbets Tey Road Upminster	(01708) 446126	Haines & Warwick Stonemasons, Ltd, 175 Oldchurch Rd Romford	(01708) 754444
Girls Allowed Essex, 1 Blenheim Court, Northolt Way Hornchurch.....	(01708) 606112	Green Fresh Fruit And Vegetable, Ltd, 9 High Road Romford	(01708) 222687	Hair Care, Hdrsr's, 1-3 The Arcade, Farnham Road Romford	(01708) 740530
GJB Trading, Ltd, Bryant Avenue Romford	(01708) 346547	Green River, 100 Collier Row Road Romford	(020) 8597 4600	Hair.com, 12 Carlton Rd Romford	(01708) 340464
Glendining Highways, Ltd, Patch Pk Fm Ongar Rd Abridge	(01708) 688616	Green Wholesale, (UK) Ltd, 98 Collier Rw Rd Romford	(01708) 766999	Hair.Com, Trade, 198 Elm Park Avenue Hornchurch	(01708) 735880
Glenisters Estate Agents, Ltd, St. Georges Ho 2 Eastern Rd Romford	(01708) 747470	Griffin Elevators, Ltd, Romford 14 Bridge Clo Romford	(01708) 733109	Hair Connections, 178 Hilldene Av Romford.....	(01708) 474686
Global Print Stategies, Ltd, Unit 3 Saxon Ho Upminster Trading Pk, Warley St Upminster	(01708) 228822	Grillish, 175 South Street Romford	(01708) 744700	Hair Design, Co, 2 Broadway Parade Hornchurch.....	(01708) 345602
FAX	(01708) 228833	Grind Romford, Ltd, Unit 25 Liberty 2 The Mercury Mall Mercury Gardens Romford.....	(01708) 730730	Hair Lounge 27, 27 Upminster Road Hornchurch	(01708) 470638
Glow Beauty Salon, Rozana Hykaj, 69 Front Lane Upminster	(01708) 228337	Grosvenor Investigation, Ltd, Private Investigation, 110 Chadwell Heath la Romford	(01708) 728356	Hair Sanctuary, 192 Hornchurch Road Hornchurch	(01708) 479988
Gls Games Distribution, UK Ltd, Seedbed Cntr Davidson Wy Romford	(01708) 725742	Grosvenor Lawn Tennis Club, Ltd, 23 Grosvenor Gardens Upminster.....	(07000) 447583	Haircut One, 438 Collier Row Road Romford	(01708) 456699
Glyn Hopkin (Fiat), Ltd, 288 High Rd Romford	(020) 8983 8588	Grosvenor Store, 74 HORNCHURCH ROAD HORNCHURCH	(01708) 228395	Hairs & Gracies, Ltd, 8 Marlborough Road Romford	(01708) 782426
Glyn Hopkin, (Nissan) Ltd, Romford (Gen Enqs) 279 London Rd Romford.....	(01708) 737999	Ground Fx, Ltd, Flat 2 Cedar Court 395-05 Brentwood Road Romford.....	(01708) 440453	Hales Contracting, 263 Rainham Road Rainham	(01708) 762879
(Service Dept) 279 London Rd Romford.....	(01708) 735678	Group 1 Automotive, Bates Industrial Estate Church Road Harold Wood Romford.....	(01708) 444884	Halfords Autocentre, 245 South St Romford	(01708) 505233
FAX	(01708) 735577	Group Haulage Info, Ltd, Logistics, Group Haulage Info, Ltd, Logistics, Chadwell Heath	(01708) 386829	Halfords, Ltd, Chadwell Heath	(01708) 729144
Glyns Lauderette, 2 Moray Wy Romford.....	(01708) 725009				
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Superstore 1015 High Rd Romford..... (020) 8590 2040 Romford High Street Store Gallow Cnr Colchester Rd Ingrebrn..... (01708) 347528	23 High St Hornchch..... (01708) 479717 Harvester Restaurants, Hornchurch Compasses, The 125 Abbs X La Hornchch..... (01708) 450240 Harwood, K.J, 125 Front La Cranham..... (01708) 223223 Hasan's Innovation, Ltd, 222 High Road Romford..... (020) 3345 5450 Hashim Halal Meat, Ltd, 8 South End Road Rainham..... (01708) 368384 Havard & Associates, Ltd, Floor Third Scottish Mutual Hous 27-29 North Street Hornchurch..... (01708) 441363 Havco, Ltd, FAX..... (01708) 744373 Haven House Foundation, 52 South Street Romford..... (01708) 731350 Havens Hospice Shop, Havens, Charity Shop, 132 High Street Hornchurch..... (01708) 473354 Haverling Accident Helpline, Ltd, 8/10 Eastern Rd Romford..... (0800) 1691711 Haverling Asian Social & Welfare Association, Greenfield Tennants Social Club Kilmartin Way Hornchurch..... (01708) 522789 Haverling Association For People With Disabilities, 1A Woodhall Clo Hornchch..... (01708) 476554 Haverling Beauty Academy, Ltd, 142 Hornchurch Rd Hornchch..... (01708) 472727 Haverling, Building Specialists Ltd, Contrs, 48 Brentwood Rd Romford..... (01708) 744574 Haverling Carriage, Co Ltd, 319A Hornchurch Rd Hornchch..... (01708) 707745 Haverling Citizens Advice, Hornchurch Branch Library North Street Hornchurch..... (01708) 474694 Haverling Citizens Advice Bureaux, Harold Hill Library 19A London Borough Of Havering Farnham Road..... (01708) 374080 Haverling College, Ardleigh Gn Rd Hornchch..... (01708) 455011 Or..... (01708) 455022 Or..... (01708) 462800 Haverling College, of Further & Higher Education, ALL CAMPUS' GEN ENQS..... (01708) 455011 Ardleigh Green Road Hornchch..... (01708) 455011 Hyland Wy Hornchch..... (01708) 455011 Haverling College, Of Further & Higher Education, ALL CAMPUS' INFORMATION & ADVICE CNTR..... (01708) 462827 Ardleigh Green Campus..... 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(01708) 443333 Haverling Victim Support Scheme, 74B Station La Hornchch..... (01708) 451000 Haverstock Property Services, 5 Faith Close Romford..... (01708) 454939 HAWES JAMES, (Manor Park & Romford) Ltd, Funrl Dirs, 222 North St Romford..... (01708) 740050 Or..... (01708) 742032 Hawkins Gidea Park, Btchr Shop, 164 Heath Park Rd Heath Park Romford..... (01708) 446398 Hawkins, P, 94 Dagenham Rd Romford..... (01708) 747190 Hazan, Ltd, 14a Roneo Corner Hornchurch..... (01708) 451727 HCF Contract Furniture, Ltd, Unit 2, Conqueror Ct Spilsby Rd Harold HI..... (020) 8500 5844 Spilsby Road Harold Hill..... (01708) 331757 HCL Great Britain, Ltd, 28-36 Eastern Road Romford..... (01708) 762306 Hcrg, (Allied Healthcare), Midland House Rear Of 109-113 Victoria Road Romford..... (01708) 754986 Heads Together, Hrdsg Sal, 180 Collier Row Lane Romford..... (01708) 743417 HEADS TOGETHER, Hrdsg Sal, 180 Collier Rv La Romford..... 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Hillson Graphics, Complete Prntg Servs, Fairview Indust Pk Barlow Wy Rainham	(01708) 555072	Horolar, Ltd, Takeaway, 97 Upminster Road Hornchurch.....	(01708) 452900	Image Hairdressing, Ltd, 75 Park La Hornchch	(01708) 742288
Hira Logistics, Ltd, B R Goods Depot Station Road Chadwell Heath	(020) 8586 1345	Hospitals, Gravesend & North Kent Hospital	(01474) 360500	Immanuel Church, Havering Gnge School Havering Rd Romford	(01708) 727078
Hire Access, Ltd, 29 Bates Road Romford	(01708) 361430	Newham University Hospital Glen Rd E13	(020) 7476 4000	Immediate Transportation, Co. Ltd, PO Box 4116 Hornchch	(01708) 443366
Hi-Stanford Scaffolding, 2 Tonbridge Road Harold Hill Romford.....	(01708) 594918	Hot Bargains, Ltd, Hot Bargains-Unit E1 Thamesview Business Centre Barlow Way		Imperial Carriages, Ltd, 927 High Rd Romford	(020) 8599 4662
HML Hawksworth, Ltd, 248 Main Road Romford	(01708) 727245	Fairview Industrial Park Rainham	(01708) 559091	63-71 Butts Gn Rd Hornchch	(01708) 449726
HMV, UK Ltd, Romford		Hot & Cold Installations, 1 Arlington Gardens Romford	(01708) 379527	63-71 Butts Green Road Hornchurch.....	(01708) 446000
7/9 Lockwood Wlk RM1	(0843) 2210306	Hot Shots Barber Shop, 31 Corbets Tey Rd Upminstr	(01708) 225775	63-65 Butts Green Road Hornchurch.....	(01708) 470220
H&n Ventures, Ltd, Hospitality, 248 Main Road Romford	(01708) 744552	Hot Tubs Of London, Ltd, Harbour House Coldharbour Lane Rainham	(01708) 521013	Imperial Windows, 1A Crowlands Av Romford	(01708) 766760
HobbyCraft, Brewery Shopping Centre Waterloo Rd Romford	(01708) 776880	Hotshots, 31 Corbets Tey Road Upminster	(01708) 224945	Imperials Autoworks Ltd, 49A New Road Rainham	(01708) 523045
FAX	(01708) 776881	House Of Commons, Westminster,SW1	(020) 7219 3000	Impress Solutions, Ltd, Holgates Ct Holgate Ct Western Rd Romford	(01708) 759760
Hodgson Automotive, Ltd, Unit 1b Bates Indust Est, Church Rd Harold Wood.....	(01708) 379666	Members of Parliament, Please refer to listing under Members of Parliament		Impression Embroidery, 205 North Street Romford	(01708) 727530
Hoffman Thornwood, Ltd, 8 Easter Industrial Park Ferry Lane Rainham.....	(01708) 552480	House Of Motors, Ltd, 183 South Street Romford.....	(01708) 753980	In & Out Auto Locksmiths, Locksmiths, 24 Hour, Emergency Auto Locksmith, Hillview Av Hornchurch	(0845) 1647468
Hogshead, Plbc Ho, 14-16 Station Lane Hornchurch.....	(01708) 620410	Housing 21, Court Managers		Inchcape Volkswagen, Colchester Rd Romford	(01708) 330540
Holford Motor Co, 128c Upminster Road Hornchurch	(01708) 397670	Peacock Close Platford Green, Hornchurch.....	(03701) 924590	Indepandant Community Support Limited, 460 Wingletye Lane Hornchurch	(01708) 361717
Holgate Insurance Group, Unit 1 Rippon House 35 Station Lane Hornchurch.....	(01708) 438300	Howdens Joinery Romford, Unit 2-3 King George Close Romford	(01708) 756603	Indian Ocean Essex, Ltd, Architecture, 146 Rush Green Road Romford	(01708) 739129
Rippon House 35 Station Lane Hornchurch	(01708) 438000	HR Amber Cars, Ltd, 2 Station Road Harold Wood.....	(01708) 343030	Indian Restaurant, 152 Upminster Road Upminster.....	(01708) 457836
Holland & B, Unit N The Liberty Shopping Centre Laurie Walk Romford	(01708) 721932	Or	(01708) 344100	Infinity World, Rear Of 1185 High Road Romford	(020) 3305 5384
Holland & Barrett, Ltd, Health Supplies, 150 High Street Hornchurch.....	(01708) 452705	Or	(01708) 347777	Ingrebourne Day Nursery, Ltd, INGREBOURNE DAY NURSERY ASHBOURNE ROAD ROMFORD... (01708)	379880
Holland & Barrett, Ltd, Health Prod, 150 High Street Hornchurch.....	(01708) 607912	Or	(01708) 374292	Ingrebourne Links Golf Course, New Rd Rainham.....	(01708) 552054
Hollands Style Council, 13 Quadrant Arcade Romford	(01708) 746666	Hr Go, 62A Station Rd Upminster	(01708) 220023	Or	(01708) 559175
Holly's Nails & Beauty, Ltd, 11 High Road Romford	(020) 8590 6823	HR Go, Plc, 62A Station Rd Upminstr.....	(01708) 250526	Injury Clinic, The, 4 Station Road Gidea Park	(01708) 470787
Hollywood Dogs, Grooming Studio, 27 Boxmoor Road Romford	(01708) 733923	HSH Solicitors, 98-102 North Street Romford	(01708) 773360	Inna Care, Home Care Provider, Queen Court 9-17 Eastern Road Romford	(01708) 751325
Holmes Care Group, Ltd,The, Cranham Court Nursing Home 435 St. Marys Lane Upminster	(01708) 220340	Hsl, 270 Hornchurch Road Hornchurch.....	(01708) 609284	Inner London Cleaning, Ltd, Holgates Ct Holgate Ct Western Rd Romford	(01708) 736999
Holmes Care Group,The, Ltd, 228 St. Marys Lane Upminster	(01708) 251227	HSS Hire Shops, Tool & Eqp't Hire, Romford	(01708) 725029	Inprints, Unit 30 Romford Shopping Hall 43 Market Place Romford.....	(01708) 751602
Home Decisions, Ltd, Unit C3 Star Business Centre Marsh Way Rainham	(01708) 505379	Huckins, J.A, Ltd, Showroom		Insight Construction Limited, Unit 12b Bates Industrial Estate Church Road Romford.....	(01708) 202702
Home Start Havering, Block B Melville Court Spilsby Road Harold Hill	(01708) 372087	126 Dagenham Rd Romford.....	(01708) 722605	Insight Construction, Ltd, Unit 128 Bates Industrial Est Church Road Harold Wood Romford	(01708) 981998
Home Superstore, Ltd, Market Place 56-72 Romford Essex.....	(020) 3093 9558	Or	(01708) 765507	Inspire Wholesale, Ltd, CG House 107B Chadwell Heath Lane Romford	(020) 3589 5199
Homestead Care Service, Ltd, Second Floor 11 Bryant Avenue Harold Wood.....	(01708) 343434	Hudson Conway, (east London) Ltd, Whsle Ret, 18 Roneo Corner Hornchurch.....	(01708) 473687	Institute Of Plumbing & Heating Engineering, 64 Station La Hornchch	(01708) 472791
Homestyle Direct, Ltd, Hainault Wks Hainault Rd Little Heath	(020) 8599 8080	Hungrydottid, 6 South End Road Rainham.....	(01708) 606766	Integra Finance, Ltd, 29 Station Rd Harold Wood	(01708) 330780
Unit 21 Hainault Works Hainault Road Little Heath	(020) 8599 7332	Hutchinson 3G, UK Ltd, Unit 5 The Mercury Mall Mercury Gardens Romford	(01708) 752582	Integral Design, Ltd, 67 Ardleigh Green Road Hornchurch.....	(01708) 986602
FAX	(020) 8599 7070	Huyen Lee Nails, 121 Rose Lane Romford	(020) 8590 5500	Integrity Fire Solutions, Ltd, IMS House Collier Row Road Romford	(01708) 787878
Honey Hair & Beauty, 187 Station Lane Hornchurch	(01708) 707721	Hybrid Electrical, Ltd, 99 Jarrow Road Romford.....	(020) 3621 8610	Interaction, Recrutmt, 14A South St Romford	(01708) 380270
Hoole, M, Contracting Ltd, Unit C2 Suttons Business Park New Road Rainham.....	(01708) 555467	Hylands Primary School, Granger Wy Romford	(01708) 730220	Interaction, 14A South Street Romford	(01708) 757757
Hoppy Hall Carpets, Wholesale Retail, 43 High Street Romford.....	(01708) 761122	Or	(01708) 743704	International Conferences, 2 Gridiron Pl Upminster	(01708) 641399
Hornchuch Fine Art, 7 High Street Hornchurch.....	(01708) 451080	Hyside Motorcycles, 251 London Rd Romford	(01708) 763360	International Legal Network, 2 The Elkins Romford	(01708) 776870
Hornchurch Athletic Sports Club, Hylands Park Osborne Road Hornchurch.....	(01708) 592977	I C M Computer Group, Plc, Sovereign House 16-22 Western Road Romford	(01708) 360000	Intertrans, Cargo Services Ltd, 2Nd Floor Rainham House Manor Way Rainham	(020) 8037 4653
Hornchurch Baptist Church, Flat 15 Seymour Place North Street Hornchurch	(01708) 456173	I Foster, & Sons Ltd, I Foster & Sons Spring Gardens Industrial Estate Romford.....	(01708) 725325	Intrada Chartering, Ltd, 75 Main Rd Romford	(01708) 739353
Hornchurch Cardrome Carwash, Hornchurch Cardrome Upper Rainham Road Hornchurch	(01708) 478456	I G S Services, Ltd, 2 Chadwell Heath La Chadwell Heath	(020) 8252 2930	FAX	(01708) 739252
Hornchurch Cycles, 192 High Street Hornchurch.....	(01708) 445521	IBZ Motorz, Ltd, 927 High Road Romford	(01708) 592027	Investigations And Tracing Services, Private Investigator, 28 The Broadway	(0844) 7724756
Hornchurch Dentalcare, 98 North St Hornchch.....	(01708) 620403	Ice Cream Couture, 100 Carter Drive Romford	(01708) 766622	Ios Kouzina, Bar & Restaurant, 22 Broadway.....	(0800) 2346450
Hornchurch District Scout Council, Scout Association Wood Lane Hornchurch	(01708) 553923	Ice Man Car Audio & Security, 210 Main Road Romford	(01708) 766727	Istanbul Barbers, 164 St. Marys Lane Essex,Upminster.....	(01708) 606590
Hornchurch Electrical Wholesalers, Ltd, 63-65 Station Lane Hornchurch.....	(01708) 458213	Iceland Foods, Ltd, Unit 2 Grove Farm Retail Park High Road Romford.....	(020) 8597 2984	It Helpdesk, H, 3 The Liberty Romford	(01708) 728650
Hornchurch & Essex Funeral Services, 188 Hornchurch Rd Hornchch	(01708) 457341	Icol Security Systems, 12 Meadowside Rd Upminstr	(01708) 226385	It Support Services Essex, It Support Services, 7E Suttons Lane Hornchurch	(01708) 458888
Hornchurch Football Club, (2005) Ltd, Hornchurch Stadium Bridge Ave Upminster	(01708) 220080	Icon Traders London, Ltd, 20-22 High Road Romford	(01708) 594027	Iteam Repairs, Ltd, 26 Front Lane Upminster	(01708) 250296
Hornchurch Health Care, 58B Billet La Hornchch	(01708) 440187	ID Interior Design, 143 Heath Park Road Romford.....	(01708) 458256	Ivy Discounts, Marketing, 70 Harrow Crescent Romford	(03305) 550025
Hornchurch Housing Trust, 33, Skeales Court Sunrise Avenue Hornchurch	(01708) 477799	Idal Store, 329 Upminster Road North Rainham.....	(01708) 910862	Ivy Discounts, Marketing, 70 Harrow Crescent Romford	(0800) 6444046
Hornchurch Methodist Church, 19 High Street Hornchurch.....	(01708) 440765	Ignite Business Communication, Ltd, Telecoms, 7 Purbeck Rd Hornchch	(01708) 444443	IYLE LIMITED, It Consultancy, 148 Overton Drive	(0844) 5005879
HORNCHURCH NURSING HOME,THE, 2A Suttons La Hornchch	(01708) 454422	Ilford & Dagenham Properties, 253 Brentwood Road Romford	(01708) 446411	J And J Tyres, Gar, 5 Faringdon Grove Faringdon Avenue Romford	(01708) 379110
FAX	(01708) 445456	Ilford Domestic Servicing, 73 Dagenham Road Romford	(01708) 745664	J And J Tyres Ltd, J & J Tyres Hornchurch	(01708) 471010
Hornchurch Stairs & Joinery, 177-181 Unit 3-4 Hornchurch Road Hornchurch.....	(01708) 471066	Ill It Solutions,			

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J.C Metal Recycling, 72 Marlborough Road Romford.....	(01708) 748398	Johal, & Co, 28 SUTTONS LA HORNCCH.....	(01708) 444214	Kenway, Ltd, Rising Damp Treatment - Timber Treatment & Condensation Control, 261 London Road Romford.....	(01708) 748258
J, & Co Hairdressers, 244 MAIN ROAD ROMFORD.....	(01708) 740836	John Bishop, & Son, 164 Main Road Romford.....	(01708) 733643	Or.....	(01708) 748658
J H Peters Optometrist, 192 High Road Romford.....	(020) 8143 7628	John Burke Associates, 117 Belgrave Av Romford.....	(01708) 770750	Kerr & Noble, Ltd, Manufacturers & Distrib Disposable Products, 130 North Street Hornchurch.....	(01708) 456213
J.I Partridge Opticians, Ltd, Ophthalmic Optcn, 1106 High Road Romford.....	(020) 8590 1762	John Copp Pebble Dashing, 18 Columbine Wy Romford.....	(01708) 740552	130 North St Hornchch.....	(01708) 438438
J & J Computer Services, Cmptr Rprs, 17 Upminster Road South Rainham.....	(01708) 525205	John Smailes, 52 Rockingham Avenue Hornchurch.....	(01708) 444910	Kervansaray, 66 Masefield Cres Romford.....	(01708) 344244
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J.P.H.F. (UK) Ltd, Guardian Business Centre Faringdon Avenue Harold Hill	(01708) 344008	John's Of Romford, Ltd, 46 London Rd Romford.....	(01708) 726048	Ketrax Contract Cleaning, Ltd, Design Ho Todd Clo Rainham.....	(01708) 554000
J P & L Exotics, Ltd, 11 Ernest Road Hornchurch.....	(01708) 472750	52 London Rd Romford.....	(01708) 746293	Keys & Lee, Est Agt, 1 Collier Row Road Romford.....	(01708) 766241
J & R Auto's, Unit C10 Suttons Business Park New Road Rainham.....	(01708) 525114	162 Rush Gn Rd Romford.....	(01708) 761047	Keystones Property, Keystones Property 13 Clockhouse Lane Romford.....	(01708) 724358
J & R Files, Ltd, Moreton Bay Wks Southend Arterial Rd Romford.....	(01708) 725632	46 London Rd Romford.....	(01708) 727069	Khan Motors, Ltd, Unit 6 Fordview Estate 71 New Road Rainham.....	(01708) 526820
Or.....	(01708) 756692	162 Rush Gn Rd Romford.....	(01708) 754775	Khipu, Ltd, 3 Pettits Lane Romford.....	(01708) 787390
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J Y G, Ltd, Discotheque Suppliers, Unit 10, Seebed Centre Davidson Way Romford.....	(01708) 714258	26 Grosvenor Gdns Upminstr.....	(01708) 226576	Kidz Corner, (UK) Ltd, Unit 4 6-10 Ferry Lane Industrial Estate Lamson Road Rainham.....	(01708) 525509
J Z Windows, Ltd, 5 Broadway Parade Hornchurch.....	(01708) 606710	Johnson C, & Son Ltd, 107 Corbets Tey Rd Upminstr.....	(01708) 224844	Kilnbridge Construction, Ltd, York Road Rainham.....	(01708) 521199
Jack Bunney, 23 Station Road Upminster.....	(01708) 226255	Johnson Interiors, Ltd, Unit 4 Tonbridge Works Tonbridge Road Romford.....	(01708) 370571	Kilo Cars, Ltd, Head Office 11 Station Rd Romford.....	(01708) 444576
Jack Lilley Romford, Ltd, 249 London Rd Romford.....	(01708) 752111	Johnsons Glazing Contractors, Ltd, 172 Collier Rw La Romford.....	(01708) 737113	11 Station Rd Romford.....	(01708) 444444
Jacks Tattoo Studio, High Street Romford.....	(01708) 766055	Johnsons Glazing Contractors, Ltd, 172 Collier Rw La Romford.....	(01708) 766531	Kimbolton Electronics, Ltd, 133 Osborne Road Hornchurch.....	(01708) 474796
Jackson Cafe, 47 High Street Romford.....	(01708) 723636	Johnstone's Decorating Centre, Romford.....		Kim's School of Motoring, Driving School, Amberly Oak Hill Road Stapleford Abbots, Essex.....	(0808) 1231950
James Development, Co Ltd, 123 Victoria Road Romford.....	(01708) 743796	Units A & B, The Business Cntr Faringdon Av, Harold HI Romford.....	(01708) 340894	King George V Fund For Actors & Actresses, 21 Repton Gardens Romford.....	(01708) 743616
James Read Opticians, Ltd, Optcns, 19A Station Rd Upminstr.....	(01708) 221086	Jon Sames Opticians, Ltd, 108 Hilldene Avenue Romford.....	(01708) 377777	King Home & Auto Locksmith, Locksmiths, 24 Hour, Emergency Auto Locksmith, Avon Rd Upminster.....	(0845) 1647470
James Rose Projects, Ltd, Old Brickworks Church Rd Harold Wld.....	(01708) 373717	JRS Accounts, Ltd, 77 London Road Abridge.....	(01992) 812445	Kings Upholstery Of Hornchurch, Ltd, Westbury Farm St. Marys Lane Upminster.....	(01708) 220600
Jan, U.K Ltd, 218 Main Road Romford.....	(01708) 985455	JSD Solutions 24/7, Ltd, 64 Church Road Harold Wood.....	(01708) 343548	Kingston Smith, Orbital Ho 20 Eastern Rd Romford.....	(01708) 732200
Janice's Electrolysis Clinic, 186 Brentwood Road Romford.....	(01708) 727239	Jump Evolution, Trampoline Park, 1-1A Spilsby Road Harold Hill.....	(01708) 340015	Kingz Peri Peri, Ltd, 28A Hornchurch.....	(01708) 897928
Japs Motorcycles, Sullens Fm Sunnings La Upminstr.....	(01708) 641787	Or.....	(01708) 340050	Kip McGrath Education Centre, 159 High Rd Romford.....	(020) 8599 8090
Jarons Enterprise, 24 Rushdon Close Romford.....	(020) 3343 1911	Or.....	(01708) 340070	Kip McGrath Romford, 16 Carlton Road Romford.....	(01708) 609493
Jarvis, & Co, Chrt'd Acctnts, 75 Main Rd Romford.....	(01708) 732665	Or.....	(01708) 340085	Kitchen & Bedroom Studio, The, Fitted Kitchens & Bedrooms, 216-218 Main Road Essex.....	(01708) 756996
FAX.....	(01708) 732406	Juniors, Childs Wear, Liberty II Mercury Gdns Romford.....	(01708) 746548	Kiyo Beauty, Salon, 6 South Street Romford.....	(01708) 572568
Jasmin Naher, 22 Chaplaincy Gardens Hornchurch.....	(01708) 912916	Just Think Dog Ltd, 2 Hacton Parade Central Drive Hornchurch.....	(01708) 938125	KMP Associates, UK Ltd, 191 High St Hornchch.....	(01708) 459761
Jasmine Indian Takeaway, Platform 4 Harold Wood Station Gubbins Lane Romford.....	(01708) 371414	K.E.T, Ltd, Portland Ldg Brentwood Rd Bulphan.....	(01375) 893659	193 High St Hornchch.....	(01708) 454720
Jawad, Dr, A.K, 380 Upminster Road North Rainham.....	(01708) 553120	K & L Windows, Concept Ho Billet La Hornchch.....	(01708) 463520	Knight, E.R, Agric Mach Maintce, SULLENS FARM SUNNINGS LANE UPMINSTER.....	(01708) 227577
Jd Gadgets, Ltd, UNIT 112 ROMFORD SHOPPING HALL 43 Market Place Romford.....	(01708) 749994	K W Taxi Repairs, Main Avenue Indust Est Southend Arterial Rd Harold Wld.....	(01708) 373786	Knight Watch Security, Privet Security Solutions, Suite 2 Victoria Mws 121 Victoria Rd Romford.....	(01708) 726954
Jeakins, D.J. (Cartons) Ltd, Unit 3 Mill Farm Whalebone Lane North Romford.....	(020) 8597 5819	K9 Hotels, Ltd, Three Horseshoes Farm Noak Hill Road Romford.....	(01708) 361695	Knights Catering, Ltd, 149 Whitchurch Road Romford.....	(01708) 384436
Jen Export Ltd, Unit 3 Ferry Lane Rainham.....	(01708) 960424	Kaba Door Systems, Unit 27 Bates Indust Est Church Rd Harold Wld.....	(01708) 383700	Knights Tandoori, 149 Whitchurch Road Romford Essex.....	(01708) 384438
Jen Self Storage, Ltd, Rainham.....	(01708) 556586	Kalijera Indian Restaurant, Indian Rstnt, 32 Corbets Tey Rd Upminstr.....	(01708) 222263	Knightbridge Financial Solutions, Ltd, Independent Financial Advisors and Mortgages, 20 Wallenger Ave, Gidea Park Romford, Essex.....	(0870) 7705028
Jenny Johnstone, 10 Colin Pond Court 21 Longhayes Avenue Romford.....	(020) 3538 6173	Kall Kwik Romford, 94 Victoria Rd Romford.....	(01708) 732261	Knowlson, Dr, H.A., 9 Glanville Drive Hornchurch.....	(01708) 442117
Jet Fire Extinguishers, Ltd, Hornchurch.....	(0800) 3893043	Kana, Salim & Fatimilehin, Dr, GP Surgery, 72-74 Chadwell Heath Lane Chadwell Heath.....	(0844) 4773733	Koi-Logic, Forest View St. Marys Lane North Ockendon.....	(01708) 226699
Jewel Lock & Locksmith, Locksmiths, 24 Hour, Emergency Auto Locksmith, Stanley Rd North Rainham.....	(0845) 1647469	Kataria, 11 Burntwood Avenue Hornchurch.....	(01708) 479444	Kolipara, P, Ltd, 36 Ernest Road Hornchurch.....	(01708) 621005
Jewellery Workshop, The, 10 Broadway Parade Hornchurch.....	(01708) 448617	Kaya Barber, 191 Ardleigh Green Road Hornchurch.....	(01268) 395781	Kolyoz, Ltd, 83 Balgore Lane Romford.....	(020) 3793 4326
Jewson, Ltd, Bldrs Mrcnts, Romford.....		Kaz Executive Travel, Portland Lodge Brentwood Road Bulphan.....	(01375) 471247	Korat Thai Cuisine, Ltd, 32 Corbets Tey Road Upminster.....	(01708) 251109
307 South St Romford.....	(01708) 722433	KC Hornchurch, Ltd, Takeaway, 85 Station Lane Hornchurch.....	(01708) 444271	Kosk London, Ltd, 9 Broadway Parade Hornchurch.....	(01708) 476449
Jhtp Duncan, Monumental Masns, Headstones Marble & Granite, 310 Upminster Road North Rainham.....	(01708) 925695	Keeble Paper Recycling, Ltd, New Building Ferry Lane Rainham.....	(01708) 528000	Kream, Kream, Unit 3 Fairview Industrial Park Barlow Way Rainham.....	(01708) 557000
Jiayi Food, Ltd, Wholesale Retail, 7 Station Parade Hornchurch.....	(01708) 438927	Keith Archers Tree Care Specialists, Ltd, Greenacres Trdg Est Aveley Rd Upminstr.....	(01708) 223332	KSL Thomas, & Co Ltd, 205 South St Romford.....	(01708) 753179
JJ Barry Conglomerate, Ltd, 19 Upminster Road South Rainham.....	(01708) 551105	Kelly New York Nail Design, 43 Collier Row Road Romford.....	(01708) 753124	Kuchhai & Saheecha, Drs, Surgery.....	
JK Barry, Ltd, Logistics, 71 Ernest Road Hornchurch.....	(0843) 8164767	Ken Rhodes, Ltd, Admin 191 St. Marys La Upminstr.....	(01708) 227777	General Enquiries 1 Heaton Av Romford.....	(01708) 343300
Joe & Jam, Ltd, 103 Balgore Lane Romford.....	(01708) 454260	Ken Rhodes, Ltd, Elecns, 191 St. Marys La Upminstr.....	(01708) 223976	Appointments 1 Heaton Av Romford.....	(01708) 386655
Joe Jennings, (1995) Ltd, 111 Corbet's Tey Rd Upminstr.....	(01708) 259753	Kendall, Dr, K, Maylands Health Centre 300 Upper Rainham Rd Hornchurch.....	(0870) 4173111	Kusoom Bugh Restaurant, 174 St. Marys La Upminstr.....	(01708) 220038
Joe's Market, Ltd,		Kenlee Auto Parts, Ltd, 106 North Street Romford.....	(01708) 724804	Or.....	(01708) 222606
		Kennett & Lindsell, Ltd, Crow La Romford.....	(01708) 749732	Kwik-Fit, Tyre, Exhaust & Brake, Hornchurch.....	
		Kenrhodes Groupe, 193 St. Marys Lane Upminster.....	(01708) 225034	Ardleigh Green Rd Hornchurch.....	(0870) 9997018

Hornchurch Ardleigh Green Rd Hornchch.....	(01708) 459024	Lets Recycle It, Ltd, 9-17 Queen Court, Eastern Road Romford.....	(020) 7062 9280	FAX	(01708) 688663
Romford		LG Insurance Services, Ltd, Unit C6 The Seedbed Cntr Davidson Wy Romford	(01708) 730830	London Leasing Solution, Ltd, 128 Frederick Rd Rainham.....	(01708) 556649
83 London Rd	(0870) 9997033	Liberata Life Pensions & Investments, Ltd, St. James Ho Eastern Rd Romford	(01708) 758000	London Lifting Services, Ltd, Crane Testing Rprs & Hire, Two Oaks Broxhill Rd Romford	(01708) 345408
Romford 83 London Rd Romford	(01708) 742217	Libertarian, Ltd,The, 210 South Street Romford.....	(01708) 757434	London Mint Office, Harmsworth House, 13-15 Bouverie Street London	(0800) 0374321
Upminster		Liberty Centre Limited, Beverley North Road Romford	(01708) 762735	London Mystery Walks, 96 Foxglove Road Rush Green	(020) 8526 7755
185 St Marys Lane Upminster	(0870) 9997290	Liberty Flowers Wholesale, Ltd, Nursery Lower Bedfords Road Romford	(01708) 753224	London Plastics & Building, Building Works, Seedbed Cntr Davidson Wy Romford	(01708) 714284
LB Laundry Services, 41 Collier Row Lane Romford	(01708) 734574	Liberty II Shopping Centre, Management Suite The Mercury Mall, Mercury Gdns Romford.....	(01708) 733620	London Power Washers, Ltd, Steam Cng, 2B Suttons La Hornchch.....	(01708) 463400
L G Crafts, Ltd, Unit 1E Bates Industrial Estate Church Road Harold Wood Romford	(01708) 330800	Libra Support Management, Ltd, Unit 32c Bates Industrial Estate Church Road Harold Wood	(01708) 345553	London & Quadrant, Wardens Flat St.Ethelburga Court Ethelburga Road Romford.....	(01708) 378445
L J B Security, Ltd, 183-85 Hornchurch Road Hornchurch	(01708) 455060	Lick Library.Com, Ltd, Unit A Chesham Close Romford	(01708) 757337	London & Quadrantc, St.Ethelburga Court Ethelburga Road Romford	(01708) 689838
L & S Joinery, Lower Bedfords Rd	(01708) 755966	Liddell, & Co, 20 Balgore Sq Romford FAX	(01708) 726675	London Quadrant Housing Trust, Wardens Flat Ethelburga Court Ethelburga Road Romford	(01708) 342867
La Belle Boutique, Ltd, 154 High Street Hornchurch.....	(01708) 459090	Lifeboats - RNLI, see RNLI In EMERGENCY dial 999 and ask for "COASTGUARD"		London & Quadrant Housing Trust, Dreywood Court S3 Squirrels Heath Lane Romford	(01708) 456339
La Dunarea Ltd, 5 Station Road Romford	(020) 3302 4987	Likewise Christian Ministries, 60 Birkbeck Road Romford.....	(01708) 733668	London Road Tyres, 269 London Road Romford.....	(01708) 735355
La Roche, (1949) Ltd, Unit 11-12 Danes Road Romford	(01708) 730488	Lilly Putt Stables, 272 Wingletye Lane Hornchurch.....	(01708) 448666	London Saw, Co Ltd,The, Unit 11-12 Fordview Estate 81 New Road Rainham.....	(01708) 555371
Or	(01708) 742470	Li-Lo Leisure - Watergate, Watergate Broxhill Road Havering-Atte-Bower.....	(01708) 344741	London Saw , The, Co Ltd, Unit 13-14 Fordview Estate 81 New Road Rainham.....	(01708) 552991
La Salette, R.C Primy Sch, 1 Rainham Rd Rainham	(01708) 555554	Lily Nails Essex, Nail Salons, 207 Ardleigh Green Road Hornchurch	(01708) 473499	London Shopfitters, Ltd, Unit 6 Fairview Indust Pk Marsh Wy Rainham	(01708) 552225
La Scala Restaurant, 19A High Rd Romford.....	(020) 8983 8818	Limoland, Enquiries	(0800) 3893450	FAX	(01708) 557567
Labbetts Electrical Services, Ltd, 29 Dorkins Way Upminster	(01708) 225100	Link Mastics, Ltd, Sealant Applicators, 197 London Rd Romford	(01708) 744216	London Stitches, Ltd, 28 The Broadway Hornchurch	(01708) 442160
LABOUR PARTY, THE, For Labour MPs See Entry Under "Members of Parliament"		Lipa Indian Takeaway, 140 Upminster Rd Hornchch	(01708) 477135	London Superbikes, 219 North St Romford	(01708) 761341
Lab-Tec, Beer Analysier, Unit 1B,Seedbed Cntr Davidson Wy Romford.....	(01708) 714227	Listrel, Ltd, Logistics, Unit 10 Salamons Way Rainham.....	(0843) 8164840	London Turbos, Unit 1 128 Crow Lane Romford	(01708) 725406
Ladies & Gentlemen, 37-39 Station Road Harold Wood Romford	(01708) 346677	Liteplan, Ltd, Apex Ho 5 Bryant Av Romford.....	(01708) 371345	London Turbos, Ltd, 128 Crow Lane Romford	(01708) 720733
Lakehouse Contracts, Ltd, 1 King George Clo Romford	(01708) 758800	Apex Ho Bryant Av Romford	(01708) 372223	Lottie Lew Bridal, Chief, A, 15 Suttons Lane Hornchurch	(01708) 607414
Lakeside Oils, Allbright Indust Est Ferry La Rainham	(01708) 524845	Little Cake Factory, Ltd,The, 49 White Hart Lane Romford	(01708) 753940	Lottie & Ollie, Ltd, 2 Willow Parade, Front Lane Upminster.....	(01708) 572338
Lambert, S, 107 Stanley Road Hornchurch.....	(01708) 592105	Little India, Takeaway, 140 Upminster Rd Hornchurch.....	(01708) 477134	Love Cleaning 4U, Ltd, Second Floor 1-3 Western Road Romford	(01708) 748344
Lambourne End Centre For Outdoor Learning, Manor Road Lambourne End.....	(020) 8500 3047	Little Pink, Co Ltd,The, 40 Corbets Tey Road Upminster	(01708) 223266	Love Laundry, Wholesale Retail, 143B Heath Park Road Romford.....	(01708) 445921
Land Computer Systems, Ltd, Computer Sales, 1045 High Rd Chadwell Hth	(020) 8590 8959	Little Rascals Pre School, Whybridge Inf School Ford Lane Rainham	(01708) 550075	Lovell, & Son (Butchers) Ltd, 111 Rainham Rd Rainham	(01708) 553921
Land Management, Ltd, 43 Market Pl Romford	(01708) 740492	Lloyds Pharmacy, Hornchurch 2 Tadworth Pde Hornchch	(01708) 451459	Lovisa Romford, Unit G115A Liberty Centre The Liberty Romford.....	(01708) 572501
Langdon Hills Golf Club, Ltd, Golf Club, Lower Dunton Rd Bulphan	(01268) 548444	Local Contract Hire & Leasing, Ltd, Romford	(01708) 754321	Low Cost Signs, Ltd, 250A Upminster Rd Nth Rainham	(01708) 500123
Langdon Hills Golf & Country Club, Ltd, Booking Office Langdon Hills Golf Clb Lower Dunton Rd Bulphan (01268) 544300		Local Gov Insights, Ltd, Professional & Financial, Suite 1 85 Western Road Romford	(01708) 733319	LSC Scaffolding, Ltd, 93 Wood Lane Hornchurch	(01708) 550800
Langley House, Elderly Resdtial Ho, 4 Oak Road Romford	(01708) 381302	Local Off Licence, 49 Collier Row Lane Romford	(01708) 725497	Lucas Alexander Mortgages, 97-101 Main Road Romford	(01708) 749580
Langtons Sandwich Shop, 7a Victoria Road Romford	(01708) 609536	Lock King, 126 Sackville Crescent Romford	(0843) 5079646	Luke Cutz, Ltd, Wholesale Retail, 170 Collier Row Road Romford.....	(01708) 743982
Langtons School, (Infants) Westland Av Hornchch	(01708) 447866	Lockie, J, Gls Ltd, Elms Indust Est Church Rd Harold Wd.....	(01708) 376570	Luscious Hair & Beauty, Ltd, 25 Upminster Rd Hornchch	(01708) 445488
Lara Upminster, Ltd, 154 Upminster Road Upminster	(01708) 847149	Locksafe, High Willows Murthinger La Stapleford Abbotts	(0800) 7839448	LUTON INTERNATIONAL AIRPORT, All Enquiries	(01582) 405100
Laroush Hair & Beauty Salon, 28 High Rd Romford	(020) 8590 9550	Locksafe Windows, Unit 1 Church Road Noak Hill	(01708) 373327	Luxury Leisure, 54 South Street Romford.....	(01708) 609182
Laser Essex, Ltd, 17 Falcon Business Centre Ashton Road Romford	(01708) 381469	Log Cabin Cafe, London Road 47 London Road Romford	(01992) 812550	Luxury Nails 100, 73 Wingletye Lane Hornchurch	(01708) 397586
Laser Mayhem Games, Ltd, Pryors Farm Ongar Road Abridge.....	(01708) 687314	Logan Bee, Ltd, Unit 16 The Liberty Shopping Centre The Liberty Romford.....	(01708) 732541	Lyreco, UK Ltd, 4 Lime Close Romford.....	(01708) 748074
Laser Surveys, Ltd, 142 Hillview Av Hornchch	(01708) 438408	Logistical Software, Ltd, 895 High Rd Romford	(020) 8590 4882	M And N Carpet And Flooring, 216 Hornchurch Road Hornchurch.....	(01708) 534698
FAX	(01708) 438405	Londis, Supmkt, 5 Rainham Road Rainham.....	(01708) 523823	M And S Commercial Essex, Ltd, Unit 7 Patch Park Farm 158 Ongar Road Abridge	(01708) 688183
Lawsons, Ltd, 164 Collier Rw Rd Romford	(01708) 767716	London and Essex insurance, Collier Row Road Romford	(0843) 5153049	M.E.L Health & Safety Consultants, Ltd, Rainham Second Floor Rainham House Manor Way Rainham	(01708) 555544
FAX	(01708) 746354	London Borough Of Havering, 38 High Street Romford	(01708) 746088	FAX	(01708) 558844
Lawton, M.P.C, B.Vet.Med,Cert.V.O.,M.R.C.V.S, Vet Surg, 12 Fitzilian Av Ingrebrm.....	(01708) 384444	London Borough Of Newham, 5Th Floor Mercury House Mercury Gardens Romford....	(01708) 737222	M & E Solutions, Ltd, Charles Ho Station Rd Harold Wd.....	(01708) 370668
LCS, (Skip Repair Self Store Sales) Ltd, 44 Denver Indust Est, Ferry La Rainham.....	(01708) 630888	London Car Solution, Ltd, Unit 5,Albion Trading Estate,18 Salamons Way Rainham	(01708) 521564	M & G, (UK) Scaffolding Ltd, Hunts Hl Fm Aveyel Rd Upminstr	(01708) 804862
Leada Acrow, Co. Ltd, Plant Hire, King George Clo Romford	(01708) 730206	London Early Years Foundation,The, 1A Farrance Road Romford	(020) 8599 1548	Hunts Hill Farm Aveyel Road Upminster	(020) 8518 6208
Learning Centre,The, Ltd, Learning, Block C Melville Court Spilsby Road Harold Hill	(01708) 345735	London Entertainment Tickets, Ltd, PO Box 4271 Hornchurch	(0871) 9781213	M.H Pryor Contracting, Ltd, Loft Hall Farm Navestock Heath Navestock.....	(01277) 373174
Legend Roofing & Building Supplies, Ltd, Unit 8 Bates Indust Est Church Rd Romford	(01708) 375999	London & Essex Insurance Services, Ltd, 170 Collier Rw Rd Romford	(01708) 723334	M Potter, Contracts, Commercial Curtain Mnfrs, Unit D2,Seedbed Cntr Davidson Wy Romford.....	(01708) 714223
Lema Jewellery, Mfg Jwlrs, Lema Jewellery 5 Ockendon Road Upminster	(01708) 228533	London Executive Aviation, Building 8 Stapleford Airfield Stapleford Aerodrome	(01708) 688410	M.Ps, See under Members Of Parliament	
Lemborn Joinery, Lemborn Joinery, Unit 2 Rear Of 158 Crow Lane Romford	(01708) 608043	London Executive Aviation, Ltd, Stapleford Aerodrome	(01708) 688420	M R B, Insurance Brokers Ltd, 321 High Rd Romford	(020) 8598 1111
Lemborn Joinery Ltd, Rear Of 158 Crow Lane Romford.....	(01708) 751999	Stapleford Tawney	(01708) 688663	Or	(020) 8598 8080
Lenfibreglass Molding Com, Ltd, Unit 1 Elms Farm Church Lane Rainham Upminster	(01708) 847257			M Wynter Shoe Repairs, 1211 High Road Romford	(020) 8597 1228
Leonard Brooks Successors Ltd, 27 Paint Works Oak Road Romford.....	(01708) 342560			M3 Evolve, 169 Moor Lane Upminster	(01708) 250748
Or	(01708) 377536			"MAC",	
Leopold Uk Shop Fronts, Unit 7-8 Ferry Lane Rainham	(01708) 912904				
Lester, John, 2 Elm park avenue Broadway Parade Hornchurch.....	(020) 7790 2278				
Lets Face It Together, Harbour House Coldharbour Lane Rainham.....	(01708) 526926				

m',Mc & Mac are to be treated as "Mac" & the next letter in the name determines position of the entry. Similarly , with names such as "Mace" & "Mack" the fourth letter determines the position.

McCarthy & Stone,
Millstone House 80 St. Marys Lane Upminster(01708) 228100
Warden Care Millstone House 80 St. Marys Lane
Upminster(01708) 259001
McCormick Flat Roofing, Ltd,
20 Freeman Way Hornchurch(01708) 469076
20 Freeman Wy Hornchch(01708) 469234
McDonalds Essex,
Straight Rd Romford(01708) 376823
McDonald's Restaurants, Ltd,
Restaurants
North Romford
Whalebone La Nth Romford(020) 8598 9078
Romford
125 South St Romford(01708) 740840
Bow & Arrow Straight Road Romford(01708) 345698
Unit 35 The Mercury Mall Mercury Gdns Romford(01708) 733022
McDonalds Romford,
Macdonalds Restaurants Ltd The Brewery Romford(01708) 727057
McGrath Kip Education Centre,
Electric Ho Suttons La Hornchch(01708) 471687
McGuinness, John, Ltd, Rfg Contrs,
Victoria Mews 121 Victoria Road Romford(01708) 735073
FAX(01708) 735106
McKelvey, P, & Co Ltd,
St. Laurence House 2 Gridiron Place Upminster(01708) 220548
McKesson,
Gubbins La Romford(01708) 371821
McKlunnys, Ltd,
185b High Street Hornchurch(01708) 449449
McQuade Polishing, Ltd,
4 Orwell Close Fairview Industrial Park Rainham(01708) 526999
Magben,
21 Upminster Road South Rainham(01708) 606446
Magic Lamp Entertainments & Events,
132 Footh Cray La Sidcup(0845) 6032817
Magic Mirrorz, Unisex Hdrsrs,
114 Petersfield Avenue Romford(01708) 343885
Magic Scissors,
19 Farnham Road Romford(01708) 371364
Magics Electrical Services, Ltd,
Unit 6b Albright Industrial Estate Ferry Lane
Rainham(01708) 550700
FAX(01708) 551700
Mahmood & Kuhan, Dr,
36-38 Collier Row La Romford(0844) 4778744
Mailboxers Etc,
176 South Street Romford(01708) 606535
Mailboxes,
173 Mawney Road Romford(01708) 606066
Majestic Wine Warehouses, Ltd,
107 Main Road Romford(01708) 755311
Major Money Matters, Ltd,
11 Dickens Wy Romford(01708) 730566
Makan Hair Studios,
2 Pepys Terrace Davenport Road Romford(01708) 347862
Malgraves Instruments, Surg Instmt Mfr,
Little Malgraves Industrial Estate Lower Dunton Road
Bulphan(01268) 411961
Mall Ltd Partnership,The,
Liberty 2 The Mercury Mall Mercury Gardens
Romford(01708) 733076
Mallard Pawnbrokers,
42 South Street Romford(01708) 397639
Mallard Pawnbrokers,
42 South Street Romford(01708) 609588
Mandarin Garden,
44 Corbets Tey Road Upminster(01708) 640777
Mangal Meze Restaurant,
100 South Street Romford(01708) 564167
Mango Solutions Recruitment, Ltd,
10 Atlanta Boul Romford(01708) 763200
Manly Victoria, Ltd,
173 Mawney Road Romford(01708) 380360
Manor Primary School,
Shaftesbury Road Romford(01708) 743276
Manor Shipping Services, Ltd,
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19 Fairview Industrial Park, Barlow Way
Rainham Fax(01708) 522425
Manor Supplies, Ltd,
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Manorfield, (UK) Ltd,
3 Monks Farm Cottages St. Marys Lane Upminster(01375) 379664
Man'S Garden,
Elm Parade Shop 23 Elm Park Avenue Hornchurch(01708) 455834
Mansfield Associates,
Hunts HI Cotts Aveyale Rd Upminstr(01708) 552100
Manuel Cristadoro Ltd,
12A Willow Parademoor Lane Upminster(01708) 781342
Maps Supermarket,
41-43 Tennyson Road Romford(01708) 375384
Maria's Hair Salon, Ladies Hair Sal,
88 Dagenham Road Romford(01708) 728222
Maria's Hair Salon,

123 Rose Lane Romford(020) 8598 1400
Mark, Andrew, Aluminium Shopfronts Ltd,
Langley Clo Romford(01708) 342222
Mark Ball, & Co, Acctnts,
Holgate Ct Western Rd Romford(01708) 764387
Mark Bowyer Estate Agents,
17 Corbets Tey Road Upminster(01708) 220077
Mark Bowyer Estate Agents, Ltd,
17 Corbets Tey Road Upminster(01708) 250022
Mark Norman, Ltd, Bldg Contrs,
67 Manor Rd Romford(01708) 768411
Marks, Dr, C.T.C.,
107 Brentwood Road Romford(01708) 740244
Marks Gate Cars,
1074 High Rd Romford(020) 8597 7879
MARKS & SPENCER, PLC,
Branches
Romford
Romford 39 South Street Romford(01708) 766424
Upminster
Upminster Station Rd Upminstr(01708) 250626
Marsh, Mrs, L,
59 Billet Lane Hornchurch(01708) 454040
Marshalls, Elec Retailers,
159 St. Mary's La Upminstr(01708) 225495
FAX(01708) 641511
Marshalls Park Academy,
Pettits Lane Romford(01708) 436200
Or(01708) 753553
Martine Heritage Gold Essex,
18 South Street Romford(01708) 766244
Martyn Elmes Upholstery,
Rear Of 178 Crow Lane Romford(01708) 533769
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Masala Grill,
159A St. Marys Lane Upminster(01708) 250260
Maslen Motors, Car Sales,
Workshop 154 High Rd Romford(020) 8597 8887
mason improvements Ltd, Ltd, Building,
6 Mygrove Close Rainham(01708) 202128
Mason Pearson, Ltd Bros,
7 Easter Industrial Park Ferry Lane Rainham(01708) 550528
Master Robes for Beautiful Bedrooms, Fitted Bedroom Furn,
Upminster,Showroom 7 Station Rd Upminster(01708) 222216
Mastercool Air Conditioning,
79 Main Rd(0808) 1003135
Mastercool Ho 220 Main Rd Romford(01708) 732825
Mastertec, Ltd,
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Romford(01708) 374222
Matagi, Ltd,
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Matalan, plc,
Romford
117 North St Romford(01708) 759780
Matchroom Sport, Ltd,
10 Admiral Lodge Western Road Romford(01708) 741063
Matlocks,
Billet Lane Hornchurch(0843) 5079486
Matralo,
140 Upminster Road South Rainham(01708) 759780
Matrimonial & Infidelity Services, Private Investigator,
143 London Road Romford(0871) 8760551
Matrix Motorcycles,
Palmer Court Flat 1 Rushdon Close Romford(01708) 454425
Mawney Medical Centre,
7 St. Edwards Way Romford(01708) 741096
Or(0844) 3878587
Mawney School,The,
Mawney School Mawney Rd Romford(01708) 741612
Mawney Service Station,
164 Mawney Road Romford(01708) 744842
Mawney Tv Service,
71 Mawney Road Romford(01708) 760874
Mawy Investments, Ltd,
99 North Street Romford(01708) 762341
Max Spielmann,
Tesco Stores Ltd Bridge Road Rainham(01708) 520726
Max Spielmann,
Bryant Avenue Romford(01708) 346295
Maxload, Ltd,
135 Albany Rd Hornchch(01708) 449907
May Residential Homes, Ltd,
265 Corbets Tey Road Upminster(01708) 226362
Maya Amber Restaurants, Ltd,
27 Laurie Walk Romford(01708) 606662
Maya Kitchen, Ltd,
119 Mungo Park Road Rainham(01708) 843022
Maybrick Property Maintenance,
9 Herbert Rd Hornchurch(01708) 620047
Mayflower Travel,
R/O Sungate Cafe 68 Collier Rw Rd Romford(01708) 722222
Mayflower Travel,
68 Collier Row Lane Romford(01708) 708708
Mayhem Paintball Games, Ltd,
Pryors Farm Ongar Road Abridge(01708) 688517
Maycads Golf Club,
Colchester Rd Romford(01708) 341777

Maylands Health Centre,
300 Upper Rainham Rd Hornchurch(0844) 4778796
Mb Mini Coaches, Ltd,
122 Eccleston Crescent Romford(020) 3620 5893
"Mc",
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L P W House Suttons Lane Hornchurch(015242) 42444
Fax L P W House Suttons Lane Hornchurch(015242) 42224
MD Transport,
Freightmaster Est Ferry La Rainham(01708) 556550
Mead Primary School,
Mead Infant School Amersham Road Romford(01708) 343616
Mead School, The,
Mead Primary School Amersham Road Romford(01708) 925293
Meadows & Moran, Solrs,
153 South St Romford(01708) 723312
Or(01708) 753400
MECCA SOCIAL CLUBS,
1086 High Rd Chadwell Hth(020) 8590 3292
31 High St Hornchch(01708) 442700
Liberty II Mercury Gdns Romford(01708) 729020
Medics Pro,
111-115 North Street Romford(01708) 730385
Mee, A.P,
FAX(01708) 640223
Megasun International,
153 Heath Park Road Romford(01708) 620060
Megasun International, Ltd,
153 Heath Park Road Romford(01708) 621000
Meldrum Mailing, Ltd,
Unit 16,Hainault Wks Hainault Rd Little Heath(020) 8597 3218
Mel's Cafe, Cafe,
Unit C8 Seedbed Centre Davidson Way Romford(01708) 726666
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Rosindell Andrew (Romford Constituency)
Romford Constituency
Margaret Thatcher House 85 Western Road Romford....(01708) 761583
Mendix Roofing, Co Ltd,
Collier Row Rd Romford(020) 8597 4718
Menkind,
The Mercury Mall Unit 15 Mercury Gardens
Romford(01708) 935701
Meokja, Ltd,
3 Mirfield Close Romford(01708) 342780
Mercedes Specialist,
2 Betterton Road Rainham(01708) 952054
Mercer, Carol,
41 Gillian Crescent Romford(01708) 607783
Mercury Service Station,
Romford
2 Fitzilian Av Romford(01708) 376450
Meru Services, Meru Services Ltd, Ltd,
Unit 12 Manor Wy Bsns Cntr Ma Rsh Wy Rainham(01708) 554632
Metfab, Archtl Metalwork,
Rainham
8 Salamon's Wy Rainham(01708) 550058
Metro Security, (GB) plc,
Unit 5, Trade City Ashton Rd Harold Hill FAX(01708) 379300
Metro Security, Ltd,
Trade City Ashton Rd Harold HI(01708) 377477
MFB Partners, Ltd,
Unit B4A Seedbed Center Davidson Way Romford(01708) 952007
MH Cafe, Ltd,
13 Corbets Tey Road Upminster(01708) 259018
Miah, Indian Rstnt,
152 Upminster Rd Upminster(01708) 449432
Miahs, Takeaway,
50 Corbets Tey Road Upminster(01708) 221166
Or(01708) 222277
Miba London, Ltd,
171 Rise Park Parade Eastern Avenue East
Romford(01708) 757042
Michael Broughton, Ltd, Eqpt Rentals,
Unit 10 Trade City Ashton Road Harold Hill(01708) 677730
Michael Posh Ltd,
3 Barberry Close Romford(01708) 928588
Or(01708) 928589
Michael Wilkinson, Wilkinson,
Moor House 166 Moor Lane Upminster(01708) 250866
Milano Pizza, Takeaway,
59 High Street Hornchurch(01708) 473399
Mill Inn,The, Property,
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Millenium Tyre Services, (Grays) Ltd,
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3 Lamson Rd Rainham(01708) 520843
Millions Group Of Companies, Ltd,
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Mim Pharmacy,
118 North Street Romford(01708) 743341
MIND, (National Association For Mental Health),
Local Associations
Havering
Harrow Lodge Hornchurch Rd Hornchch(01708) 457040
Harrow Lodge Hornchurch Rd Hornchch(01708) 457141
Or(01708) 457141
Minicabs, Ltd,
86 Rainham Rd Rainham(01708) 555123

Mirador Snooker, Ltd, Lucania Billiard Hall Arcade Place Romford (01708) 743168	MRB Insurance, Ltd, 321-323 High Rd Romford (0872) 4358740	Hornchurch 10 Station La (0800) 5540690
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Miserotti Limited, 17 The Glade Upminster (01708) 224699	FAX (01708) 372707	Romford 56 South St (0800) 5540202
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Mitchell's Barbers, 21 Billet La Hornchch (01708) 473238	MTD Facilities Management, Ltd, Stapleford Airfield Stapleford Aerodrome (01708) 688652	FAX (0845) 5860989
Mitchells Miracles, Lambourne House 7 Western Road Romford (01708) 751466	MTR Corporation, (Crossrail) Ltd, Gubbins Lane Romford (01708) 344594	Or visit us at www.nationwide.co.uk
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MKE Engineering Group, Unit B6-B8 Star Business Centre Marsh Way Fairview Industrial Park Rainham (01708) 520996	Mulberry Bush Nursery, 87-89 Chippenham Road Romford (01708) 930467	Church Road Romford (01708) 985746
Moat House Central Reservations, 9-17 Eastern Rd Romford (01708) 766677	Or (01708) 930468	NatWest, Branches
Mobile Fleetwash, UK Ltd, Interwood Ho Stafford Av Hornchch (01708) 469930	Mullis Afro Caribbean Food Store, 15 Upminster Road South Rainham (01708) 986031	Chadwell Heath Branch 27 High Rd (03457) 888444
Moby Dick, Pblc Ho, Whalebone La Nth Romford (020) 8590 9524	Mullis & Peake, Eastern House 8-10 Eastern Road Romford (01708) 725432	Elm Park Branch 9 Elm Pde (03457) 888444
Mod Look, Ltd, Unit 9 The Liberty Romford (01708) 742735	Multi Services Kent, Ltd, Thamesview Business Centre B4 Barlow Way Rainham (01708) 368177	Harold Hill Branch 192 Hilldene Av (03457) 888444
Moghul, 200 Chadwell Heath Lane Romford (020) 8598 4500	Multifinance Solutions, Ltd, Northwick House 191/3 Kenton Rd Harrow (0845) 6038567	Hornchurch Branch 120-122 High St (03457) 888444
Mojo Barriers, UK Ltd, Patchpark Fm Ongar Rd Abridge (01708) 687440	Multivend, Woodhayes House Stapleford Road Stapleford Abbots (01708) 688422	Romford Branches
Mollys Florist, Mrs, Christine, 15 Billet Lane Hornchurch (01708) 476340	Mumzys Buckpot, Caribbean Food, 172 Rush Green Road Romford (01708) 925066	17 Collier Row Rd (03457) 888444
Molly's Florist, Ltd, 15 Billet La Hornchch (01708) 445635	Munchin, Ltd, 105 Rose Lane Romford (01708) 594591	10 South St (03457) 888444
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Monks Of Bulphan, Ltd, Ye Olde Plough House Htl Brentwood Road Bulphan Upminster (01375) 891592	Murphy, A, 117 High Street Hornchurch (01708) 470289	Nazda Enterprises, Ltd, Upminster Trade Park Unit 8 Upminster Trade Park Upminster (01708) 986266
Monte Laguna 2, Monte Laguna 2 Limited, 286 Brentwood Road Romford (01708) 444422	Musa Kebabs, Takeaway, 368 Brentwood Road Romford (01708) 474621	NC Construction, 1A Northdown Road Hornchurch (01708) 454454
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Montessori Minds, Ltd, 62 Eastern Road Romford (01708) 935695	Music Village, Head Office & Educational Sales Romford Indust Est Chesham Clo Romford (01708) 771900	Neale House Management, Ltd, St. James House 27-43 Eastern Road Romford (01708) 753641
Montys Bar, Pblc Ho, 155a Billet Lane Hornchurch (01708) 608112	FAX (01708) 769565	NEL Britannia, St. James Ho Eastern Rd Romford (01708) 758000
Moonshine Entertainment, Ltd, 72-74 South Street Romford (01708) 760444	Romford Indust Est Romford (01708) 769565	NEL Britannia Systems, Ltd, St. James Ho Eastern Rd Romford (01708) 758000
Morgans Insurance, Ltd, 97 Main Rd Romford (01708) 760106	Service Dept Romford Indust Est Chesham Clo Romford (01708) 771902	NEL Pensions, St. James Ho Eastern Rd Romford (01708) 758000
Morphitis, Barbers, 117 Mungo Park Road Rainham (01708) 558251	Muslim Welfare House, Shop, 1221 High Road Romford (020) 8062 3486	Nelmes Pre School, Nelmes United Reformed Church Nelmes Road Hornchurch (01708) 479613
Moss & Coleman, Solrs, 170 High St Hornchch (01708) 446781	Mustard Rainham Ltd, High Street Hornchurch (01708) 474077	Nemrut Ltd, 47 Suttons Lane Hornchurch (01708) 960750
Most Holy Redeemer & St. Dominic Church, The Presbytery Petersfield Avenue Romford (01708) 343492	Muzo Kebab Ltd, 51 White Hart Lane Romford (01708) 755722	Neopost, Ltd, Neopost Ho South St Romford (01708) 746000
Motech Vehicle Services, Ltd, Unit 4 Hainault Wks Hainault Rd Little Heath (020) 8599 0102	MW Helicopters, Hanger 17 Stapleford Aerodrome Staplefd (01708) 688115	Net-Telco, Telecom Services, Romford All Enquiries (01708) 690001
Motex, Motex Ho Lyon Rd Romford (01708) 749963	My Little Angels Day Nursery, Nrsry, Gardeners Hall Aveley Road Upminster (01708) 222450	Romford FAX (0872) 0850158
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Motion Cars, Ltd, Taxi, 3 Victoria Rd Romford (01708) 747777	Myway Carpets, Unit C4, Seedbed Cntr Davidson Wy Romford (01708) 714266	Network Copiers & Fax, Photocopiers & Faxes, Seedbed Wy Davidson Wy Romford (01708) 714292
Motocare, 5A Tudor Court, Harold Court Road Romford (0843) 5079711	Mz & Tech, Ltd, Unit 22 The Liberty Romford (01708) 847840	Network Rail, Plc, Switchboard (020) 7557 8000
Motodan Automotives, Ltd, 113 Wennington Road Rainham (01708) 520945	N A I M G, Ltd, Suite 2 Concept House 23 Billett Lane Hornchurch (01708) 451228	Network ROI, Ltd, 81 Park Lane Hornchurch (01708) 752890
Motor Ace, Unit 9 Noak Industrial Estate New Road Wennington (01708) 869189	N Anderson Metal Recycling, Ltd, Scrap Mtl Mrcnts, 35 Albert Road Romford (01708) 763081	12 Willow Parade Moor Lane Upminster (01708) 259106
Motor Magic, Ltd Ltd, 278 High Road Romford (020) 8597 5875	Naidu, R.K & P.R, Dent Surgs, 132 Gubbins La Romford (01708) 346540	Network Utilities, Ltd, Chadwell Hth Indust Kemp Rd Dagenham (020) 8590 8653
Motor Mann, Hornchurch Cardrome Upper Rainham Road Hornchurch (01708) 474208	Nails In The Park, 146 Balgore La Romford (01708) 744746	New Angeli Enterprise, Ltd, 51 Suttons Lane Hornchurch (01708) 443007
Motor Parts Direct, 5 Falcon Business Cntr Ashton Rd Romford (01708) 370932	Name, Name, Midway Garage 91 London Road Abridge (01992) 813592	New Avenue Social Club, The, 231 Dagenham Road Romford (01708) 765711
Motorcycle Tyres, UK Ltd, 5C Tudor Ct, Harold Ct Rd Romford (01708) 386931	Nanda & Nanda, Ltd, 13A Bridge Close Romford (01708) 767850	New Beginnings Nursery, 50 Main Road Romford (01708) 748447
Motorpoint, (Vehicle Sales) Ltd, Parts 175 London Rd Romford (01708) 759501	Nande, Unisex Hair Salon, 36-38 Victoria Road Romford (01708) 736666	111 Wennington Road Rainham (01708) 553252
Moto-Tech, Ltd, 204 Southend Arterial Road Hornchurch (01708) 700572	Nando's Chickenland, Ltd, Stores Romford Unit 3 The Brewery Romford (01708) 733697	New Beijing Takeway, 46 Corbets Tey Road Upminster (01708) 229305
Mount Overseas, Ltd, 5 Cormorant Wlk Hornchurch (020) 7935 8694	Nash Security, 34 Greenfell Av Hornchurch (01708) 472580	New City Limits, Ltd, City Limits Collier Rv Rd Romford (020) 8598 9888
Movatrack Curtain Tracks, Blinds Curtain Tracks, Boundary Wks Moss La Romford (01708) 771178	Nashtel Doors & Windows, Ltd, Bates Business Centre Unite 12b Church Street Romford (01708) 594002	New Heights Fitness, Ltd, 91 Corbets Tey Road Upminster (01708) 592817
MPH Mechanical Services, Ltd, Boiler and Heating Service and Repair, 16 Moray Way Romford (0843) 2248323	Nason-Waters Centre The, 100 Avelon Road Rainham (01708) 522469	New Hot Wok 888, Ltd, The, 30 London Road Romford (01708) 732752
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	National ME Centre, Harold Wood Polyclinic Gubbins Lane Harold Wood (01708) 386399	New Life Church Emerson Park, EMERSON EVANGELICAL CHURCH BUTTS GREEN RD HORNCHURCH (01708) 454166
	National Trust, Rainham Hall Broadway Rainham (01708) 525579	New Plentiful, 65C Wingletye Lane Hornchurch (01708) 443913
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		New Season, Chinese Food, 86 Dagenham Road Romford (01708) 742830
		New State Mma, Ltd, 7-13 High Street Romford (01708) 730750
		Newham University Hospital, Glen Rd E13 (020) 7476 4000
		Newland Jones, Ltd,

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Newman Funeral Directors, Ltd, 166 Balgores La Romford	(01708) 447446	Oakhouse Food, (Essex), Bons Farm Stapleford Road Stapleford Tawney	(01708) 688644	Outdoor Karting, Pryors Fm Ongar Rd Abridge	(01708) 688424
1173 High Rd Romford	(020) 8590 0101	Oasis Dental Care, Ltd, Green Lawns Slewins La Hornchch	(01708) 443059	Outlook Care, Ltd, Romford	
Newman Funeral Directors, N, 1173 High Rd Romford	(020) 8590 0112	Obsession Lounge, Unit 131 Romford Shopping Hall, 43 Market Place Romford	(01708) 769100	4 Beauty Wy Romford	(01708) 756624
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Newton Science, Ltd, Unit 1 Swift Business Park Creek Way Rainham	(01708) 522701	Oceanwide Freight Services, Ltd, 12 Pease Close Hornchurch	(01708) 551345	20 Park End Rd Romford	(01708) 736439
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Next Generation Clubs, Ltd, Main Bldg Squirrels Hth La Hornchch	(01708) 463250	Office Blinds, Ltd, Patchpark Fm Ongar Rd Abridge	(01708) 687321	Over The Rainbow Day Nursery, Ltd, Healthcare Social Care, 7 Victoria Rd Romford	(01708) 756695
Next Retail, Ltd, Romford		Office Blinds, Ltd, Patchpark Fm Ongar Rd Abridge	(01708) 687322	Owl Security Systems, Burglar Alarms, 4 Balmoral Road Romford	(01708) 454043
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Or	(01708) 755688	Oglethorpe Junior Mixed & Infants, School, Ashvale Gdns Cranham	(01708) 225202	P.A.B Motor Repairs, Gerpins Fm Gerpins La	(07071) 202917
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Nidacan, Ltd, 123 Mungo Park Road Rainham	(01708) 253309	Old Station House Day Nursery, Ltd,The, 22 Collier Row Lane Romford	(01708) 755247	P G Ashton, & Sons Ltd, Survyr's Bldg, Suite S7,The Old Brickworks Church Road Romford	(01708) 346430
Nightingale House, Care Home, Main Rd Romford	(01708) 763124	Olive Tree Cafe, Olive Tree Cafe 265 Chase Cross Road Romford	(01708) 745300	P G R Timber, Ltd, Grenfell Ho Grenfell Av Hornchch	(01708) 450000
Nisa Local, 105 Mungo Park Road Rainham	(01708) 520984	Olympic Plumbing Services, St. Rothwell Risebridge Chase Romford	(01708) 740318	Or	(01708) 476679
Nisha Newsagents, 2 Writtle Wlk Rainham	(01708) 524418	Omar Halal Meats, Ltd, 61 Chippenham Road Romford	(01708) 592233	P & H General Engineering, Ltd, 17 Jersey Road Rainham	(01708) 552989
Nishan Tandoori, Takeaway, 106B North St Hornchch	(01708) 444885	Oms London, Limited, 29 Station Road Chadwell Heath, Romford	(020) 8590 2552	P.I.P Lift Service, Ltd, Stafford Av Hornchch	(01708) 460130
Or	(01708) 454778	On Time Locksmiths, Locksmiths. 24 Hour, Emergency Auto Locksmith, The Mount Noak Hill, Romford	(0845) 1647474	P & R Curtains, Curtain Manufactures, Unit D5,Seedbed Cntr Davidson wy Romford	(01708) 714252
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Or	(01708) 949774	One Cic, 22 Sunrise Avenue Hornchurch	(01708) 478563	Packaging, Co Ltd, Fairview Industrial Estate Barlow Way Rainham	(01708) 925192
No1 Limo Company,The, 2 Keighley Rd Romford	(0800) 5877144	One Love Caribbean, 196 High Road Romford	(020) 8599 9402	Padfield, A.G, & Son, Hainault Farm Hainault Road Little Heath	(020) 8590 1122
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Noakes Kebabs & Burgers, Unit 4 Noakes Cafe New Road Wennington Rainham	(01708) 868868	One Stop Plumbing & Electrical, Ltd, Wholesale Retail, 46-48 Collier Row Road Romford	(01708) 751607	Padfield, R, & Son, Little Tawney Hall Tawney Lane Stapleford Tawney	(01708) 688233
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82 Como St Romford	(01708) 732000	Or	(01708) 443560	Panacea Q Construction, Ltd, 19a High Road Romford	(01708) 985833
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North Ford Solicitors, 74 North Street Romford	(01708) 609180	Optimist Tavern, Hacton La Upminster	(01708) 641530	Panda, Budd & Hill Ltd 203 North Street Romford	(01708) 726000
North London Care, North London Care, 4 Candover Rd Hornchch	(01708) 471900	Optimist,The, Hacton La Upminstr	(01708) 259951	Panda Cars Mini Cabs, 1074 High Rd Chadwell Hth	(020) 8599 7721
North Street Carpet Sales, Ltd, Romford		Optimum Fine Arts, 193 Station Lane Hornchurch	(01708) 440761	Or	(020) 8599 7722
151 North St Romford	(01708) 746616	Opus Windows, 166 Collier Rw La Romford	(01708) 723131	Pandem Label Converters, Ltd, Unit 1088 Imperial Trading Estate Lambs Lane North Rainham	(01708) 525259
North Street Surgery, 274 North St Romford	(0844) 8151115	Orange Tree Public House, Orange Tree P H Orange Tree Hill Havering-Atte-Bower	(01708) 752739	Pantry,The, 3 Balgores La Romford	(01708) 756020
Northern Trust Company, Sovereign House 16-22 Western Road Romford	(01708) 747008	Orchard Bureau, Ltd, 82 Rainham Road Rainham	(01708) 524809	Papa Johns, (GB) Ltd, 97 North Street Romford	(01708) 736363
Northford Solicitors, Solrs, 74 North St Romford	(01708) 745609	Orchid Montessori Nursery School, St. Michaels Vicarage Main Road Romford	(01708) 722964	Paprika Indian Take Away, 66 High Rd Romford	(020) 8590 5695
Northwood Romford, Ltd, 11 Victoria Rd Romford	(01708) 747507	Organika Thai Spa, 146 Upminster Road Upminster	(01708) 535542	Or	(020) 8598 2666
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Novello, 182 South St Romford	(01708) 724885	Oriental Masterchef, 112 Ardleigh Green Road Hornchurch	(01708) 448754	Paradise Romford Limited, 42 London Road Romford	(01708) 921351
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NSA Pharma, Ltd, Unit D5 Seedbed Centre Davidson Way Romford	(01708) 361651	Origin Health & Fitness,The, Suttons Bsns Pk New Rd Rainham	(01708) 630987	Parker,Fogg & Pinsent, Solrs, 130 High St Hornchch	(01708) 444431
Nsp Engineering, Ltd, Unit B1 Brentwood Road Bulphan	(01375) 891077	Original Sizzling Chicken, 206 High Road Romford	(020) 3731 9560	Or	(01708) 448720
NSS Security Systems, Ltd, Unit 5 Conqueror Ct Spilbsy Rd Harold Hill	(01708) 372046	Osborne & Cave, Stables, The Old Forge Hubbards Close Hornchurch	(01708) 477411	Parkside School of Motoring, 3 Netherpark Drive Romford	(01708) 743483
Unit 5 Conqueror Ct Spilbsy Rd Harold Hl	(01708) 347899	Osku, Mir, B, 138 North Street Romford	(01708) 761666	Parkside-Romford Baptist Church Home For The Elderly, 65 Main Rd Romford	(01708) 743110
Or	(01708) 374024	Osteria Due Fratelli, Italian Rstnt, 13 Station La Hornchurch	(01708) 474054	Parmar Shoeare, Ltd, Palmer Shoes 67 South Street Romford	(01708) 766111
NST Trading, Ltd, Convenience Store, 3 Writtle Walk Rainham	(01708) 523156	Our Lady of La Salette Roman Catholic Church,		Parnell, Scott, Ltd, Unit 18 Asheton Fm Tyse Hl Stapleford Abbotts	(01708) 374322
NTS Mini Market, 94 Station Road Gidea Park	(01708) 703799			Parochial Church Council Of The Ecclesia, Ltd, Belben Ct Rose La Romford	(020) 8586 1477
Nu Lite Signs, 22 Ayloffs Wlk Hornchch	(01708) 442232			Parsonage Farm Primary School, Farm Road Rainham	(01708) 555186
Nuclear Decommissioning Authority (NDA), Herdus House, Westlakes Science And Technology Park Moor Row, Cumbria	(01925) 802001			Parts Hub, Unit 10 Fordview Estate New Road Rainham	(01708) 898232
Nupers Farm Fishery, Nupers Hatch Stapleford Abbotts	(01708) 386480			Party Plan & Fancy Dress, 76 Upminster Road South Rainham	(01708) 551100
O2 Store Romford,				Pasha Food Products, Ltd,	

Unit C1 Suttons Business Park Suttons Business Park New Road Rainham.....	(01708) 551581	2A Ardleigh Green Road Hornchurch.....	(01708) 474330	Power Drainage & Plumbing Services, 35 Riversdale Rd EH3.....	(01708) 760991
Passage to India, Indian Rstnt, 99 Upminster Rd Hornchch.....	(01708) 437533	Philip Paul, & Associates (Ins Servs), 1 Ockendon Rd Upminstr.....	(01708) 251133	Power Drainage & Plumbing Services, 171 Havering Road Romford.....	(01708) 765020
99 Upminster Road Hornchurch.....	(01708) 437585	Phoenix Compactor Services, 3 Cherry Tree La Rainham.....	(01708) 550672	Pps Fine Print, Llp, Unit A3 Newton Indust Est 1 Eastern Av Wst Romford.....	(020) 8590 3030
Passage To India, 99 Upminster Road Hornchurch.....	(01708) 444499	Or.....	(01708) 550641	PPS London, (Essex) Ltd, 146 Hornchurch Rd Hornchch.....	(01708) 478100
Passingham, Roy W, Plstr & Dry Lining, 364b Brentwood Rd Romford.....	(01708) 472275	Phoenix Copier Services, Ltd, 4 Queens Gdns Upminstr.....	(01708) 228022	Precision Lift Services, Ltd, Unit 10 Upminster Trdg Park Warley St Upminstr.....	(01708) 250800
Passion Tree Care Services, Ltd, Bates Business Centre Church Road Romford.....	(01708) 986996	Pier Metals, Allbright Indust Est,Ferry La Rainham.....	(01708) 522564	Premier Automotive Parts, Ltd, Parts.....	(01708) 776916
Patchett Forest Products, Ltd, 304 St. Marys Lane Upminster.....	(01708) 226736	Pin Up's, Hair & Beauty, 4 Balgore Square Romford.....	(01708) 721198	Service.....	(01708) 776916
Pathak & Partners, Dr, General Practioners, 261 Dagenham Rd Romford.....	(01708) 728261	Pinches Trust, Epsticks Lodge Warwick Lane Rainham.....	(01708) 526706	Premier Financial Planning, Suite 4 Park Mews 15B Park Lane Hornchurch.....	(01708) 721999
Pathak, Drs, S.K & M, Rush Gn Surgery 261 Dagenham Rd Romford.....	(01708) 728261	Pink Cleaning Maids, Co Ltd,The, 6 The Parade Colchester Road Romford.....	(01708) 371251	Premier Goldcare, 9 Bryant Avenue Romford.....	(01708) 342308
Patrick Nichol Transport, Ltd, Logistics, 10 Wedlake Close Hornchurch.....	(0843) 8164784	Pink Lilly, 5 Corbets Tey Road Upminster.....	(01708) 224623	Premier Lifts, Ltd, Premier House Station Road Harold Wood.....	(01708) 373332
Paul Martin, & Co, Solrs, Romford Fourth Floor 10 Western Road Romford.....	(01708) 380210	Pink Pointes, Ltd, 1A Suttons Lane Hornchurch.....	(01708) 438584	Premier Paper Group, Ltd, Highlands Apartments 59 Main Road Romford.....	(01708) 759222
Pauls Hairstyling For Men, 202 High Rd Chadwell Heath.....	(020) 8590 0664	Pinney Talfourd, 54 Station Rd Upminstr.....	(01708) 229444	FAX.....	(01708) 759259
Paws Hq Ltd, 288 Brentwood Road Romford.....	(01708) 534022	Pinney Talfourd, Lp, 54 Station Road Upminster.....	(01708) 228163	Premier Physiotherapy Centre, Physiotherapy Clinic, Riverside House 2 Chadwell Heath Lane Chadwell Heath.....	(07000) 782218
Payne, Bros (Romford) Ltd, Whsle Glass,China, Century Ho 69 Oldchurch Rd Romford.....	(01708) 766644	Pinset, W.G, Ltd, Unit B5,Fairview Indust Est Marsh Wy Rainham.....	(01708) 552943	Premier Travel Inn, Rainham.....	(0871) 5278921
69-71 Oldchurch Road Romford FAX.....	(01708) 733400	Or.....	(01708) 556939	Rainham fax.....	(0871) 5278921
Pdc Scaffolding Ltd, Red House Farm Billet Road Romford.....	(020) 8599 4253	Pip Lift Service Limited, Unit B Nexus House Melville Court Spilsby Road Harold Hill.....	(01708) 375000	Romford Central.....	(0871) 5278941
Peacock's Stores, Ltd, Fash Retlr, Hornchurch 160 Hornchurch Rd Hornchch.....	(01708) 443479	Pit Stop, Mtr Scooter Shop, 188a Crow Lane Romford.....	(01708) 750547	Central fax.....	(0871) 5278942
Pearl Dental Clinic, 219 Straight Rd Romford.....	(01708) 346212	Pizza Go Go, Upminster 175 St. Mary's Lane Upminstr.....	(01708) 225224	West.....	(0871) 5278943
Pearl Of The Orient, Unit 30 Romford Shopping Hal Market Pl Romford.....	(01708) 726230	17 Victoria Road Romford.....	(01708) 738889	West FAX.....	(0871) 5278943
Pearl's Florist, 232 Aldborough Rd Sth Ilford.....	(01708) 726620	Pizza Go Go, Ltd, Head Office Unit 6 Marsh Wy Rainham.....	(01708) 551414	Premier Work Support, 6-8 Western Road Romford.....	(01708) 744414
FAX.....	(01708) 726621	Pizza Hut, 104 Ardleigh Green Road Hornchurch.....	(01708) 477373	Premiere Valeting Auto Fair, 306 London Rd Romford.....	(01708) 706675
Peki, Takeaway, 101 North Street Romford.....	(01708) 750250	Pizza Hut, (UK) Ltd, Delivery Units Collier Row 3 Chase Cross Rd Collier Row.....	(01708) 761376	PREOU, A.C, Ltd, Htg & Ventilation, 12 Bridge Clo Romford.....	(01708) 755055
Peking House, 198 Upminster Road South Rainham.....	(01708) 524045	Rainham Upminster Rd Sth Rainham.....	(01708) 630220	Prestige Bathrooms, 7 Station Rd Upminstr.....	(01708) 224545
Pelling Chemist, 100 Ardleigh Gn Rd Hornchch.....	(01708) 442227	Upminster 185 St. Mary's La Upminster.....	(01708) 641118	PRG Builders Merchants, Unit A7 151-61 Newton Industrial Estate Eastern Avenue West Romford.....	(020) 8598 1313
Pembroke Property Developments, Enterprise House 149-51 High Road Chadwell Heath.....	(020) 8599 2682	Restaurants Romford Rom Valley Way Romford.....	(01708) 763763	Pride Of Hornchurch, Ltd, 56 Station Lane Hornchurch.....	(01708) 450153
Or.....	(020) 8599 6437	Pizza Top, 225 Hornchurch Road Hornchurch.....	(01708) 606896	Prima Pack, Ltd, Marketing Pr Advertising, Unit 16 Hainault Works Hainault Road Little Heath.....	(020) 8599 4652
Pena Martins, Ltd, Unit 2 Fordview Estate 73 New Road Rainham.....	(01708) 555592	Pizza Village, 14 The Broadway Essex.....	(01708) 452359	Print & Bind, Ltd, Pryors Fm Ongar Rd Abridge.....	(01708) 687568
Penatube, Ltd, Plstcs, Dover Cnr New Rd Rainham.....	(01708) 555595	PizzaExpress, plc, Restaurants Romford Unit FR1 The Brewery Romford.....	(01708) 725690	Print Express, 26 Redif House Station Lane Hornchurch.....	(01708) 446466
Peppermint Phoenix, Ltd, 3 Ashton Rd Harold HI.....	(01708) 331990	Upminster 131 St. Mary's La Upminstr.....	(01708) 224111	Prior Care, Ltd, Banks W H & Co 139 Hornchurch Road Hornchurch.....	(01708) 446690
Perch Locksmiths, Locksmiths. 24 Hour, Emergency Auto Locksmith, London Rd Abridge, Romford.....	(0845) 1647475	Plan Services, 28B Station Rd Upminster.....	(01708) 227135	Or.....	(01708) 448945
Perfect Bites, Perfect Bites, 411 Upminster Road North Rainham.....	(01708) 525404	Planet Perfume, Perfume & Aftershave, The Fragrance Boutique Ltd 8-9 Brewery Walk Romford.....	(01708) 747412	Priory Residential Home,The, 112 Priory Road Romford.....	(01708) 376535
Perfect Smile Spa, 132A High St Hornchurch.....	(01708) 442114	Planet Roofing, Ltd, 5 Rainham Road Rainham.....	(01708) 558899	Priory Unisex Hair Salon,The, 170 South End Road Rainham.....	(01708) 526252
Performance Direct, Insurance, 9 Station La Hornchch.....	(01708) 445588	Platinum Body Works, Uk Ltd, Unit C3, Suttons Business Pk New Rd Rainham.....	(01708) 552628	Professional Financial Solutions, 1 Willow Pde Front La Upminstr.....	(01708) 250782
Permclose Door Services, Ltd, Doors,Shutters & Security, Call Free.....	(0800) 289847	Platinum Bodyworks Uk, Ltd, Unit C3 Suttons Business Park New Road Rainham.....	(01708) 557789	FAX.....	(01708) 223510
Perpetual Motion, 1065 High Road Romford.....	(020) 8590 3000	Plumb Center, Plumbing & Heating Merchants Romford 4 Stafford Industrial Estate Hillman Close Hornchch FAX.....	(01708) 479333	Professional & Medical Financial Planning, Ltd, 97 HIGHFIELD ROAD ROMFORD.....	(01708) 757787
Peter Neal Electronic Services, (Service) Electronic Ho Suttons Lane Hornchurch.....	(01708) 453135	PML, Ltd, Patch Park Farm Ongar Road Abridge FAX.....	(01708) 688122	Prokit UK, Ltd, The Old Brickworks Church Road Romford.....	(0844) 8440665
Petersfield Dry Cleaners, 147 Avon Road Upminster.....	(01708) 229443	PMR Solutions, Ltd, 37 Wayside Av Hornchch.....	(01708) 452000	Property Surgeon, 75-77 Chadwell Heath Lane Romford.....	(020) 8599 1809
Petersfield Dry Cleaners, 126 Petersfield Avenue Romford.....	(01708) 348103	PO Build Construction, Ltd, 68 Great Cullings Romford.....	(01708) 986970	Prosperity Financial Services, Ltd, St. James Ho Eastern Rd Romford.....	(01708) 758000
Petersfield Screening, Health Screening, 70 Petersfield Av,Harold HI Romford.....	(0870) 2421203	POLICE, In Emergency dial 999 and ask the operator for Police Non Emergency Contact Number for all Enquiries, Please dial 101 Pop In Sandwich Bar, 1 Station Road Gidea Park Romford.....	(01708) 437365	Ps Building Supplies, Ltd, P M L Ltd Patch Park Farm Ongar Road Abridge.....	(01708) 688461
Petroconsult Energy, Co (Uk) Ltd, Former Ground Floor Holgate Court Western Road Romford.....	(01708) 755355	Popes Garage, Unit 5 Bates Indust Est Church Rd Harold Wood.....	(01708) 343009	Psylligent, Ltd, 1 Rosehip House Rubus Place Romford.....	(01708) 344498
Pets At Home, Ltd, Romford Unit 2 Rom Valley Wy Romford.....	(01708) 726405	Porsche Specialist Services, Porsche Car Servicing, West Park Lodge Broxhill Road Romford.....	(01708) 952812	PTS Plumbing Trade Supplies, Plumbers Merchants, Romford 1 Ashton Rd Harold Hill.....	(01708) 332880
Unit 2 Rom Valley Wy Retail Pk Rom Valley Wy.....	(0845) 6015188	Poseidons Fish Bar, 195 Ardleigh Green Road Hornchurch.....	(01708) 443448	FAX.....	(01708) 374909
Vet.....	(01708) 720920	Posh Pets, 45 Collier Row Lane Romford.....	(01708) 760999	Puddledock Cafe,The, Puddledock Farm St. Marys Lane Upminster.....	(01708) 229393
Pevelall Brothers, Ltd, Tonbridge Wks Tonbridge Rd Romford.....	(01708) 381525	Post Master, Ltd, 17 Hainault Road Romford.....	(01708) 750587	Pulhat, Ltd, 17 Tadworth Parade Hornchurch.....	(020) 3649 7969
Peveler Management Services, Ltd, Raydens Upminster Road South Rainham.....	(01708) 525261	Poth Hille, & Co Ltd, 18 Easter Industrial Park Ferry Lane Rainham.....	(01708) 526828	Pumpwise Dredging, Ltd, 6 Birkbeck Road Romford.....	(01708) 752000
PFC Flooring Supplies, Ltd, Tonbridge Warehouse Tonbridge Road Romford.....	(01708) 378801	Poundland, Vodat, 8a The Brewery Romford.....	(01708) 935346	Purified Air, Ltd, FAX.....	(01708) 721488
PGR Builders & Timber Merchants, Danes Rd Romford.....	(01708) 742079	POWER CUT, Helpline - Please Call 105 to report or get information about a power cut in your areas		Purple Communications, UK Ltd, 38 Broadhurst Walk Rainham.....	(01708) 550522
Pgs International, Ltd, Third Floor 2-4 Eastern Road Romford.....	(01708) 746008			Purple Results, Ltd, Unit A3 Newton Indust Est Eastern Av Wst Romford.....	(020) 8590 6800
Phantom Engine Works, Ltd, Unit 6 K9 Industrial Estate Ferry Lane Rainham.....	(01708) 556721			FAX.....	(020) 8590 6880
Pharmacare Chemists, 164 Hornchurch Road Hornchurch.....	(01708) 447703			Purvis's, 131 Albany Rd Hornchch.....	(01708) 450134
Phil Mack Country Show, Ltd,The,				P-Vaper, Ltd, Unit 23 Danes Rd Romford.....	(01708) 720806
				Pyrgo Priory School,	

Dagnam Pk Dv Romford	(01708) 342165	Hornchurch	(0870) 4173111	Parts Sales	(01708) 794020
QS Familywear, Clothing Retlr, Branches		Rapid Mechanical Services, Ltd, 2 Bryant Av Romford.....	(01708) 340168	Used Car Sales	(01708) 794020
Units H6-H8 Laurie Wk Romford	(0844) 3951761	Rapid Office Systems, Ltd, Rapid Office Systems Ltd 39 Victoria Road Romford	(01708) 730024	Rent Team Lettings Agency, 54 London Rd Romford	(01708) 760650
QSL London, Ltd, Unit D5, Star Bsns Cntr Marsh Wy Rainham.....	(01708) 554948	Rapid Office Systems, Ltd, Rapid Office Systems Ltd 39 Victoria Road Romford	(01708) 744546	Or	(01708) 764726
Quadra Quick, Convenience Store, Byron Court 25-31 South Street Romford.....	(01708) 752880	Rapid Office Systems, Ltd, Rapid Office Systems Ltd 39 Victoria Road Romford	(01708) 756794	Repton Cars, Ltd, Midway Gar 91 London Rd Abridge.....	(020) 8500 9999
Byron Court 25 31 South Street Romford	(01708) 742392	Ratnaras, Daniel, 17 Whalebone Avenue Romford	(020) 3638 6269	Res, Mrs, Res, 107 Havering Road Romford	(01708) 750788
Quality Furnishings, Gallmans End Fm Manor Rd Lambourne End	(020) 8501 1333	Rattan Garden Furniture, Ltd, 268-72 North Street Romford	(01708) 757555	Retford Dental Centre, 79 Retford Rd Romford	(01708) 343065
Quantum Cooling, 8 Easter Indust Pk Ferry La Rainham.....	(01708) 528240	Raven, R.J, Recovery, 91 London Road Abridge.....	(01992) 814468	Or	(01708) 342636
Queen Marys Hospital, Frogna! Av Sidcup	(020) 8302 2678	Ravensbourne School, Neave Cres Romford	(01708) 341800	Reva Trading, Ltd, Emerson News 61 Butts Green Road Hornchurch	(01708) 368299
Queens Moat Houses, UK Ltd, Hd Off, Queen Ct Eastern Rd Romford.....	(01708) 730522	Ravenscourt Nursing Home, X Ravenscourt Grove Hornchurch.....	(01708) 572356	Revabay, Ltd, Unit 3 Manor Wy Bsns Cntr Ma Rsh Wy Rainham	(01708) 524600
Queensline, 9-17 Eastern Rd Romford	(01708) 766677	Ravens Court Nursing Home, Ravenscourt Nursing Home Ravenscourt Gro Hornchch.....	(01708) 454715	Rewood Shipping, Ltd, 4 Granary Ct High Rd Chadwell Heath.....	(020) 8597 3382
Quest Auto Locksmith, Locksmiths. 24 Hour, Emergency Auto Locksmith, Whaledone Ln North Chadwell Heath, Romford.....	(0845) 1647476	Ravons Private, 178 Rush Green Road Romford.....	(01708) 725233	Reylnet Academy Training Centre, Seedbed Centre Unit B2 Davidson Way Romford	(01708) 606466
Quick Stop Autos, Ltd, High Road Romford	(020) 3417 3177	Raw Inc Training, Gym Training, 2a Vicarage Road Hornchurch.....	(01708) 609250	Rezet, & Son Ltd, UNIT 1 BROOKES TRADING ESTATE LYON ROAD ROMFORD.....	(01708) 361691
Quickfix Guttering Supplies, Ltd, Unit A3-A7 Eastern Avenue West Romford	(020) 8590 4319	Ray Moss Auto Services, 45W Suttons La Hornchch.....	(01708) 458427	Rh Cafe Ltd, 85 North Street Hornchurch.....	(01708) 532455
Quintessential Learning Llp, Electric House Suttons Lane Hornchurch	(01708) 960954	Raydens Dental Surgery, Raydens Upminster Road South Rainham.....	(01708) 552459	Rht London, Ltd, Star Bsns Cntr Marsh Wy Rainham	(01708) 550405
Qumuri, 259 London Road Romford.....	(01708) 748444	Rbl Collier Row, 120 Collier Row Lane Romford.....	(01708) 741698	Rich Fabrication Services, Ltd, Elms Farm Church Lane Bulphan.....	(01375) 892611
R & A Haulage Info, Ltd, Logistics, Unit K Fairview Industrial Park Rainham	(0843) 8164849	RD Motors, Ltd, Hornchurch Cardrome Upper Rainham Road Hornchurch	(01708) 451773	Richard House Childrens Hospice, Wholesale Retail, 55 Corbets Tey Road Upminster	(01708) 227688
R & A Haulage Sales, Ltd, Logistics, Unit K Fairview Industrial Park Rainham	(0843) 8164848	Reading Property Services, 12 Elm Pde Shops St Nicholas Av Hornchch.....	(01708) 444411	37 The Broadway Hornchurch.....	(01708) 451639
R.D.S Cartons, Ltd, Harbour House Coldharbour Lane Rainham	(01708) 523980	Readings Property Services, 14 Elm Pde Shops Elm Pk Av Hornchch.....	(01708) 437766	Richard Rouse, Unit 7 Centurion Works Betterton Road Rainham	(01708) 523789
R J Ball, Ltd, Boomes Indust Est New Rd Rainham	(01708) 631100	Ready To Move In, Cng & Remov, 65 Melville Rd Rainham	(01708) 525828	Richard Scott Motors, Vans & Commercial Mill Fm Whalebone La Nth Romford	(020) 8590 4963
R T A Autos, Gar Servs, Patch Park Ongar Road Abridge.....	(01708) 688555	Redbridge College, Little Heath.....	(020) 8548 7400	Richardson, Georgia, Ltd, 199 Ardleigh Green Road Hornchurch	(01708) 443978
R.T.A Transport, Ltd, Unit 10D Noakes Industrial Estate New Road Wennington	(01708) 898818	Romford The Arcade 6 Farnham Rd Ingrebrn	(01708) 371000	Richer Sounds, Plc, Hi-Fi, Home Cinema & Flat Screen TV Retlr, 73 Main Rd, Gidea Pk Romford, Essex	(03339) 000041
Radhuni, 206 Main Road Romford.....	(01708) 739292	Redbridge Radio Cars, Car Hire, Mini Cabs, Redden Court School, Redden Court School, Cotswold Road Romford	(01708) 342293	Richmond Fellowship, Unit 5 Stanton Gte 49 Mawney Rd Romford	(01708) 727726
Radhuni London, Ltd, 206 Main Road Romford.....	(01708) 739284	Redden News, Redden News 1 Elm Parade Shops St. Nicholas Avenue.....	(01708) 450893	Rickabin Rentals, Ltd, Logistics, Marsh View Industrial Estate Rainham	(0843) 8164830
Rage Clothing, 43 Market Pl Romford	(01708) 762613	REDHEAD FRENCH, & Co, Chrted Acctnts, 43 Butts Gn Rd Hornchch	(01708) 476667	Ridley Quiney, & Co.Ltd, 22 Lamson Rd Rainham.....	(01708) 524476
Railserv, (London) Ltd, 58 Collier Row Lane Romford	(01708) 722521	Redspot Transport, Ltd, Hainault Wks Hainault Rd Little Heath	(020) 8597 0200	Or	(01708) 558262
Or	(01708) 753872	Reece, Alan, York Ho 48-50 Western Rd Romford	(01708) 922059	Riennas, Ltd, Takeaway, 196 High Street Hornchurch.....	(01708) 469463
Railway Children Gidea Park Nursery, Ltd, The, 2 Station Square Romford.....	(01708) 742555	Re-Engineered Transmissions, Unit P2, Freightmaster Est Ferry La Rainham.....	(01708) 524206	Right Career Recruitment, Ltd, Unit 7b Elms Indust Est Church Rd Harold Wd	(01708) 377977
Railway Children Upminster 2, The, Ltd, 29 Station Road Upminster	(01277) 699008	Reeves Models, 60 Brentwood Road Romford	(01708) 740522	Right Choice Insurance Brokers, 180 Main Rd Romford	(01708) 380370
Railway Children Upminster Nursery, Ltd, The, 17 Station Road Upminster	(01708) 985751	Refine Bmc, Seedbed Centre Unit B5A Davidson Way Romford	(01708) 397785	Right Choice Insurance Brokers, Ltd, Unit 3 Redwing Ct Business Cntr Ashton Rd Romford	(01708) 336500
Rainbow Angels Nurseries & Learning Centres, Ltd, 4 Fairmont Road Rainham	(01708) 843054	Regent Electrical Distributors, Unit 6 Upminster Trdg Pk Warley St Upminstr.....	(01708) 227764	Rightturn School of Motoring, Rainham 3 Elder Way	(0800) 7835305
Rainbow Countrywide Financial Services, Ltd, Mortg Broks, Romford 132 South St Romford.....	(01708) 746308	Regent Shipping Agencies, Ltd, Harbour Ho Coldharbour La Rainham	(01708) 550345	Ring Locksmiths, Locksmiths. 24 Hour, Emergency Auto Locksmith, Kensington Rd Romford	(0845) 1647477
Rainham Cobbler, 12 Upminster Road South Rainham	(01708) 631277	Regents Contracting, Ltd, Elms House Church Road Harold Wood.....	(01708) 384884	Ringtail Investments, Ltd, 60 Station Lane Hornchurch.....	(01708) 594049
Rainham Eazystore, Ltd, 16 Salamons Way Rainham	(01708) 554059	Relate, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	Rise Park Food & Wine, Grcrs, 177 Rise Park Parade Romford	(01708) 741984
Rainham Fabrications, Ltd, 15 Ferry La Indust Est, Lamson Rd Rainham	(01708) 554494	Refluxology Clinic, The, Clinic, 204 High St Hornchch.....	(01708) 476677	Rise Park Pharmacy, 173 Eastern Avenue East Romford	(01708) 761407
Rainham Federation Cemetery, 416 Upminster Road North Rainham	(01708) 552825	Regent Electrical Distributors, Unit 6 Upminster Trdg Pk Warley St Upminstr.....	(01708) 227764	Rise Park School, (Junior)	(01708) 761935
Rainham Goldmine, Jwlr's, 8 Upminster Road South Rainham	(01708) 552640	Regina Development, Ltd, Old Brewery Market Place Abridge Romford Essex	(01708) 986381	Risebridge Golf, Ltd, Municiple Golf Course Risebridge Chase Romford	(01708) 741429
Rainham Methodist Church, Church Vestry Church Lane Wennington Road Wennington	(01708) 559053	Regents Contracting, Ltd, Elms House Church Road Harold Wood.....	(01708) 384884	River Island Clothing Company, Unit B Liberty Centre The Liberty Romford	(01708) 752595
Rainham Sheds, Ltd, Mfr, Rainham 158-162 New Rd Rainham.....	(01708) 557819	Relate, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	River Island, Romford, Clothing Store, Unit B The Liberty Romford.....	(03448) 472627
Rainham South, Ltd, 25-27 Upminster Road South Rainham	(01708) 558727	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	Rivett, Frank, & Sons, Funrl Serv, 180 High St Hornchch	(01708) 443024
Rainham Spice, 64 Upminster Road South Rainham	(01708) 960455	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	10 Willow Pde Moor La Upminstr.....	(01708) 259097
Or	(01708) 985426	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	4 South End Rd Rainham.....	(01708) 526354
Rainham, Steel Co. Ltd, Steel Stkholders, Head Office New Rd Rainham	(01708) 558211	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	176 St. Marys La Upminstr	(01708) 223511
Sales Kathryn Ho Manor Way Rainham	(01708) 522311	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	Riwaayat Catering Limited, 124 Collier Row Road Romford	(01708) 534729
Tubes Indust Est Ferry La Rainham	(01708) 522491	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	Rix, Mrs, The Bungalow, 89 London Road, Abridge Romford	(01992) 813555
Rainham Sub Post Office, 77-79 Wennington Road Rainham	(01708) 554230	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	RJM Services, Ltd, Second Floor Harbour House Coldharbour Lane Rainham	(01708) 555211
Rainham Village Primary School, Upminster Road South Rainham	(01708) 552482	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	Rjm Services, Ltd, Logistics, 30-31 Coldharbour Lane Rainham	(0843) 8164838
Rajja's Grill, Ltd, 5 Farnham Road Romford.....	(01708) 344388	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	RK Salon, 190 Collier Row Lane Romford.....	(01708) 745950
Ranc Care Homes, Ltd, The Grange Neave Crescent Romford.....	(01708) 370123	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	RNLI, In EMERGENCY dial 999 and ask for "COASTGUARD" Head Office & General Enquiries West Quay Rd Poole... ..	(0845) 1226999
Or	(01708) 379022	Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	Roadrock, (UK) Ltd, Freightmaster Est, Ferry La Rainham.....	(01708) 520188
Rao, Dr, N, Maylands Health Centre 300 Upper Rainham Rd		Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	Robbies Autos, High Ho Fm Ockendon Rd Upminstr	(01708) 223141
		Relevance, For Counselling in London Borough of- Barking, Dagenham & Havering	(01708) 441722	Robert Delaney Property Services, Ltd,	

29 Station Rd Harold Wd.....	(01708) 346161	Romford Thia Massage, 183 London Road Romford	(01708) 754040	Pentowan Fm Church Rd Noak Hl	(01708) 341280
Robert Milne, & Co, Financial Conslts, 7 Tadworth Pde Hornchch.....	(01708) 437544	Romford Tools, Hand & Power Tools, 46 Brentwood Road Romford	(01708) 765489	FAX	(01708) 347543
Robert Smith, & Son, 83 Station Lane Hornchurch.....	(01708) 441090	Romford Veterinary Surgery, 81 Park Lane Hornchurch.....	(01708) 752610	Russell Webster, 98 Kenilworth Gardens Hornchurch	(01708) 448543
Robertson Milroy, Coopers House 65a Wingletye Lane Hornchurch.....	(01708) 475220	Romford West Premier Inn, Moby Dick Whalebone La Nth Romford	(020) 8548 7270	Russian Shop, Ltd, Nwsagt/Food, 38 High St Romford.....	(01708) 767345
Robindra, Dr, K, Robins Surgery Gooshays Dv Harold Hill.....	(01708) 796960	Ronaldos, Cafe, 1094 High Road Romford	(020) 3730 9908	RWT Electrical, Ltd, 90 Ardleigh Gn Rd Hornchch	(01708) 478833
Robins & Day Romford, Ltd, Car Dealership, 134 London Road Romford	(01708) 755944	Roneo News, 20 Roneo Cnr Hornchch	(01708) 447719	S & A Imports, High House Farm Ockendon Road Upminster	(01708) 229746
Robins Surgery, Main number Gooshays Dv Harold hill	(01708) 796960	Roof Warehouse, Oakwood House Tonbridge Road Romford.....	(01708) 377666	S & A Pet Foods, 176 Rush Green Road Romford	(01708) 766572
Appointments Gooshays Dv Harold Hill.....	(01708) 796962	Room Lockdown, 40 North St Hornchch.....	(01708) 471710	S B Wholesale, Unit 4 Tonbridge Works Tonbridge Road Romford	(01708) 370853
Dr K Rabindra Gooshays Dv Harold Hill.....	(01708) 796960	Rose Cafe, 42 The Broadway Hornchurch.....	(01708) 475535	S C Skin Clinic, 122 North Street Hornchurch	(01708) 444846
Dr O Solanke Gooshays Dv Harold Hill.....	(01708) 796960	Roseland News, 184 Hilldene Avenue Romford	(01708) 345399	S.D Garner, & Co Ltd, Accountants and tax advisors, 92 Station Lane Hornchurch	(01708) 453131
Dr P Sharma Gooshays Dv Harold Hill.....	(01708) 796960	Rosemont Care, Units 2-3 Maldon Road Romford	(01708) 505511	S D Sealants, Ltd, Garage Unit, The Forge Ockendon Rd Upminster	(01708) 856717
Rock & Roe Fish Bar, 2 The Parade, Colchester Rd Romford.....	(01708) 383828	Rosewood Medical Centre, Doctors Surgery, 30 Astra Close Hornchurch	(01708) 523168	Or.....	(01708) 856743
Roding Armoury, Silver Street Abridge	(01992) 813570	Rosewood Medical Centre, Ltd, 30 Astra Close Hornchurch	(01708) 558937	S D W Motors, High House Garden Centre Ockendon Road Upminster.....	(01708) 222248
Rodwell Bayne, Ltd, Air Compressors, Spray Eqpt, 199 Hornchurch Rd Hornchch	(01708) 455941	Rosy New Era Healthcare, Health Social Care, 48 Chadwell Hth La Romford.....	(020) 8599 4454	S G Magnets, Ltd, Rainham	(01708) 554021
RODWELL ENGINEERING, Group Ltd, 199 Hornchurch Rd Hornchch	(01708) 448877	Rotunda-Hygeia, Ltd, 34 Nelwyn Avenue Hornchurch	(020) 3518 7135	S & J Self Drive Hire, Unit 6 Brooke Trading Est, Lyon Rd Romford	(01708) 733303
Rodwell, John, Ltd, Mach Toolmkrs Mrcnts, 199 Hornchurch Rd Hornchch	(01708) 448877	Rowallan House, 17 Little Hth Chadwell Hth	(020) 8597 4175	S.K.D Electrical Contractors, UK Ltd, 63 Station Lane Hornchurch	(01708) 479880
Rollerbowl, Entertainment Centre, City Limits Collier Row Road Romford	(020) 8924 4000	Royal, The Royals Youth Cntr Viking Wy Rainham	(01708) 525601	S.L Motors, Mot Bodymechanical Repairs, Rear Of 43-45 High Road Romford	(020) 8597 1029
Roman Supplies, 135 North Street Romford	(01708) 380260	Royal Bank of Scotland, PLC, Branches Romford Norwich Union Ho 3 Western Rd Romford	(01708) 755011	S.P Plastics, Ltd, Plastics, Head Office Unit 25 Old Brickworks, Bates Industrial Estate, Church Road Romford.....	(0870) 7770460
Romford 1st Call Detectives, Private Investigators, 28 The Broadway Hornchurch, Essex	(0844) 4176520	Royal British Legion Band Romford, The, Goodchild House 54 Western Road Romford	(01708) 734954	FAX	(0870) 7770461
Romford Auctions, 3-7 Angel Way Romford	(01708) 531535	Royal British Legion Branch Hornchurch,T, 205 High Street Hornchurch.....	(01708) 470730	Unit 25 Old Brickworks, Bates Industrial Estate, Church Road Romford.....	(0870) 7770461
Romford Baptist Church, (Office) Main Rd Romford.....	(01708) 743382	Royal British Legion Elm Park, 35a Maylands Avenue Hornchurch	(01708) 452074	ST. Mary Mother Of God, 213 Hornchurch Road Hornchurch	(01708) 447761
(Office) Parkside 65 Main Rd Romford.....	(01708) 743110	ROYAL BRITISH LEGION, THE, Hornchurch 205 High St Hornchch	(01708) 457840	ST V Building Services, Ltd, 3 Grenfell Av Hornchch	(01708) 457842
Romford Baptist Church, 10 Gilbert Road Romford	(01708) 768528	Royal Computer Services, 78 INGREBOURNE GARDENS UPMINSTER.....	(01708) 640180	S V Patel Associates, 17 Chase Cross Road Romford.....	(01708) 763167
Romford Bowls Club, Lodge Fm Park Carlton Road Romford	(01708) 749642	Royal Liberty School, Upper Brentwood Road Romford	(01708) 731367	Sackvilles, Solrs, Conveyancers, Commr for Oaths, Hornchurch 135 High St Hornchch	(01708) 446704
Romford Brewery, Foyer 63 Malt House Place Romford.....	(01708) 747316	Or	(01708) 733219	Rainham 12 Broadway Rainham	(01708) 552804
Romford Brewery RTM, Co Ltd, The Gatehouse High Street Romford	(01708) 755623	Or	(01708) 743038	Sacred Heart of Mary Girls School, Upminster 70 St. Marys La Upminstr	(01708) 222660
33 Malt House Place Romford	(01708) 721979	Or	(01708) 745985	Safedale, 82 Dagenham Road Romford	(01708) 741537
Romford Cakes, Ltd, Wholesale Retail, 16 South Street Romford	(01708) 747878	Royal Mail, Business Centre	(0845) 7950950	Safedale, Ltd, 82 Dagenham Road Romford	(01708) 756788
Romford China Town, 370 Brentwood Road Romford	(01708) 443600	Postcode Enquiries Premium Rate Mon-Fri 8am to 6pm (Calls Charged at 55p per Minute) (0845) 6000606		Safer Cell Systems, Plc, Westbury Fm St. Marys La Upminstr.....	(01708) 223311
Romford Conservative & Constitutional Club, Ltd, 67 Main Rd Romford.....	(01708) 740817	Textphone prefix 18001 text or 18002 voice	(0845) 6000606	Safety Assured, Ltd, Finger Protector Door Safety Systems, Hornchurch	(01708) 855777
Romford Constituency, Margaret Thatcher House 85 Western Road Romford....	(01708) 766700	Royal Nail And Beauty, 2 Park Lane Hornchurch	(01708) 754437	FAX	(01708) 855125
Romford Denture Laboratory, Ltd, The, 43 Romford Shopping Hall Market Place Romford	(01708) 723631	Royal Oak, Mini Cars, 12 Brooke Trdg Est Romford.....	(020) 8599 9955	North Ockendon Home Fm Fen La North Ockendon	(01708) 858159
Romford Drum & Trumpet Corp, The, 1 Irons Way Romford	(01708) 371250	Royal Oak, The, Plbc Ho, Oak Hill Road Stapleford Abbotts.....	(01708) 741861	Saffron Restaurant, Rstnt, 256 Rush Gn Rd Romford	(01708) 734560
Romford & Essex Funeral Directors, 175 Oldchurch Rd Romford.....	(01708) 732109	Roy's Pie & Mash, Ltd, Fast Food, Roys Pie & Mash Shop 100 High Street Hornchurch	(01708) 455360	Safied Distributions, Ltd, Unit 2 Conqueror Court Spilsby Road Harold Hill	(01708) 331698
Or	(01708) 732113	Rp Global Services, Unit C2 Wick Place Farm Brentwood Road Bulphan.....	(01375) 891674	Saga Technology, Ltd, Marketing Pr Advertising, 60 High Road Romford	(020) 8590 1722
Romford Fish Bar, 132 North Street Romford	(01708) 741482	RSF Bathroom Designs, Ltd, 9-11 Butts Green Road Hornchurch	(01708) 444355	Sainan, Ltd, 134 Swanbourne Drive Hornchurch	(01708) 474923
Romford Golf Club, Ltd, The Club Ho Heath Dv Gidea Pk.....	(01708) 740007	Rsk Tyres & Whhels, Ddd, 142 Collier Row Lane Romford	(01708) 751814	Sainsburys, J, plc, Stores Chadwell Heath 97-131 High Rd Chadwell Hth	(020) 8598 8945
Secretarys Office	(01708) 740986	Rspca - London, Vets, 139 St Marys Lane London	(0843) 8163778	Hornchurch 101 High St Hornchch	(01708) 475214
Romford Grill, Ret, 101 North Street Romford	(01708) 935484	Rta Car Body Repair, High Road 893 Chadwell Heath Romford.....	(020) 8599 3640	Romford Waterloo Rd Romford	(01708) 753651
Romford Halal Meat, Ltd, The Abattoir Folkes Lane Upminster	(01277) 213440	Rubi, UK Ltd, 16-17 Easter Industrial Park Ferry Lane Rainham.....	(01708) 524805	Saint, See also Saints listed after St.	
Romford Joinery, Unit 10 Danes Road Romford	(01708) 720728	Or	(01708) 553813	St. Albans Rc Primary School, St. Albans R C School Heron Flight Avenue Hornchurch.....	(01708) 555644
Romford Mazda, 299 Collier Rv La Romford FAX	(01708) 734466	Rubi, UK Ltd, Toll Manufacturers, 16 Easter Indust Pk Ferry La Rainham	(01708) 559609	St. Andrew's Church, (Hornchurch), 222 High St Hornchch (Vicar & Church Office).....	(01708) 441571
Romford Mini Cab Services, 89 Albert Road Romford	(01708) 733300	Ruch Green Medical Centre Dr Poolo's Surgery, 261 Dagenham Rd	(0844) 4773288	St. Chads Church, St. Chads Church St. Chads Road Romford	(020) 8597 8076
Romford Mini Market, Ltd, 84 South Street Romford	(01708) 564673	Runbles Fish Bar, Station Lane Hornchurch.....	(01708) 620112	St. Edward's Catholic Club, Romford	
Romford MOT Centre, Gar, Unit 1 Northgate Industrial Park Collier Row Road Romford	(020) 8598 9115	Rush Green Balti, General, Ltd, 166 Rush Green Road Romford	(01708) 721774	3 Park End Rd Romford.....	(01708) 745224
Romford Motoring Centre, Unit 1 Northgate Industrial Park Collier Row Road Romford	(020) 8590 2699	Rush Green Medical Centre, 261 Dagenham Road Romford.....	(01708) 724325	St. Edward's CE High School, Romford London Rd Romford	(01708) 730462
Romford Old Folks Club, Social Club, 21a Eastern Rd Romford	(01708) 755775	Rush Green Medical Centre Dr Poolo Surgery, 261 Dagenham Road Rush Green Romford	(01708) 722303	St. Edward's Church, Romford Church House Market Pl Romford (Parish Office)	(01708) 744973
Romford Securities, Locksmiths, 34 Victoria Road Romford.....	(01708) 727383	Rush Green Oasis, Ltd, 104 Dagenham Rd Romford.....	(01708) 748884	St. Francis' Hospice, Broxhill Rd Havering-Atte-Bower	(01708) 753319
Romford Security, Locksmiths, 34 Victoria Road Romford.....	(01708) 737461	Or	(01708) 764333	Shops Elm Park	
Romford Skips, Ltd, Oak Street Romford	(01708) 755955	Rush Hair Designers, Hairdressing, 44 South Street Romford, Essex	(01708) 200659	8 Station Parade Elm Pk.....	(01708) 437002
Romford Smile Dental Practice, Ltd, 167 North Street Romford	(01708) 740372	Ruskim Sea Foods, Ltd, 19 Easter Indust Pk, Ferry La Rainham	(01708) 631204	Harold Hill 114 Hilldene Ave Harold Hl	(01708) 377633
Romford Stadium, Ltd, Romford Greyhound Track London Rd Romford.....	(0843) 5152700	Russell, A, & Son (Farmers) Ltd,			
Romford Suzuki, 161 London Rd Romford	(01708) 761555				

Hornchurch 20 Station La Hornchch	(01708) 450680	Sapphire Property Solutions, (GB) Ltd, 47A Butts Gn Rd Hornchch	(01708) 472192	Servebrook Chemist, 1 Park Lane Hornchurch	(01708) 741469
Romford		Sapphire Wedding Group, Ltd, 1 Faringdon Grove Faringdon Avenue Romford	(01708) 373787	Serviam Solutions, Ltd, Unit 7-8 Former K9 Estate Ferry Lane Rainham	(01708) 550598
10 North St Romford	(01708) 744753	Sar Car Body Repair, Ltd, Unit 15a Little Malgraves Industrial Estate Lower Dunton Road Bulphan	(01268) 544005	Shada Motors, Shada Mtrs, 7 Cherry Tree Lane Rainham	(01708) 526268
119 South St Romford	(01708) 757817	Sarc London, Ltd, High Road Romford	(020) 7018 9410	Shadforth's The Chemist, Shop, 266 Brentwood Road Romford	(01708) 446462
Upminster		Satek, Ltd, 154 Upminster Road Upminster	(01708) 442396	Shamas Centre, Pound N Max 36-38 Collier Row Road Romford	(01708) 724491
145 St. Mary's La Upminster	(01708) 640784	Saul D Harrison, & Son Plc, Trio House Langley Close Romford	(01708) 377330	Shane Francis, Hrdrsrs, 11 Upminster Rd Sth Rainham	(01708) 556565
St. Francis Hospice, Unit 10 Ashton Gate Ashton Road Romford	(01708) 376269	Savewise Express, 262 Chadwell Heath Lane Romford	(01708) 361956	Shanks East London, Frog Island Ferry Lane Rainham	(01708) 634543
St. Helens Court, Upminster Road South Rainham	(01708) 606000	Saxon King, Saxon King Petersfield Avenue Romford	(01708) 345077	Shanks East London, London Borough Of Havering Gerpins Lane Upminster	(01708) 225723
St. James & St. John, St. John The Evangelist Chur The Green North Road Havering-Atte-Bower	(01708) 721310	Or	(01708) 536474	Shanks Waste Management, Ltd, Gerpins Lane Upminster	(01708) 222759
St. Johns Dental Practice, Ltd, 56 Western Road Romford	(01708) 749611	SBS Associates, Acctnts & Tax, 5 Victoria Rd Romford	(01708) 755555	Shanti Restaurant, Ltd, 66 Upminster Rd Sth Rainham	(01708) 551337
St. Johns Pre-School, 61 Manston Way Hornchurch	(01708) 707200	Scargill School, (Infants) Mungo Pk Rd Rainham	(01708) 555707	Share A Smile, Share A Smile, 63 Eastern Rd Romford	(01708) 727376
St. Johns Pre-School Nursery, South End Road Rainham	(01708) 559099	Scenery Fencing, Mount Pleasant Farm Southend Arterial Road Hornchurch	(01708) 377316	Share A Smile Orthodontics, 63 Eastern Road Essex	(01708) 572774
St. John & St. Matthews Parish Church, St. John & St. Matthews Vege South End Rd Rainham	(01708) 555260	Schools, London Borough of Redbridge Primary Chadwell High Rd Chadwell Heath	(020) 8590 1242	Share-A-Smile Implants Practice Orthodontists, 63 Eastern Rd Romford	(01708) 380244
St. Joseph R.C Primary School, 115 St. Marys Lane Upminster	(01708) 220277	Grove Chadwell Hth La Chadwell Hth	(020) 8590 3611	Share-A-Smile Orthodontic Practice, Orthodontists, 63 Eastern Rd Romford	(01708) 380240
St. Kitts & Nevis International Ship Registry, FAX	(01708) 380401	St. Bede's Catholic Canon Avenue Romford	(020) 8590 1376	Sharma, Dr, P, Robins Surgery Gooshays Dv Harold Hill	(01708) 796960
St. Luke's Church, St. Lukes Church Hall Front La Upminster	(01708) 222562	Special Little Heath Hainhault Rd Romford	(020) 8599 4864	Sharp Brothers, Unit 6 Albright Indust Est Ferry La Rainham	(01708) 555666
St. Mary's Hare Park School, (Trust,The), South Drive Romford	(01708) 761220	Scientifics, Ltd, Unit 20 Falcon Bsns Cntr Ashton Rd Harold Hill	(01708) 330760	Sharps Move Solutions, Ltd, Watergate Broxhill Road Havering-Atte-Bower	(01708) 375446
St. Matthews Finance, Ltd, 167A High St Hornchch	(01708) 479941	Scimitar House Limited, Lift1 Scimitar House 23 Eastern Road Romford	(01708) 727756	Shaz Hair & Beauty, 156 Hornchurch Road Hornchurch	(01708) 456077
St. Michael & All Angels, St. Michaels Church Main Road Romford	(01708) 748593	Scissor Krazy, Unisex Salon, 157 Billet Lane Hornchurch	(01708) 447218	SHE Compliance, Ltd, Cox House 1A Seymour Road Romford	(01708) 751222
St. Nicholas' Church, (Hornchurch), Woodcote Avenue Hornchurch	(01708) 454221	Scoffs, (Essex) Ltd, 83 Main Road Romford	(01708) 747803	Sheesh Kitchen, Ltd, 18 Market Place Abridge	(01992) 946704
St. Patrick's, R.C.Sch, St. Patricks School Lowshoe Lane Romford	(01708) 745655	Scotch Smoked Salmon, Co Ltd, Unit B14, 136 New Rd Rainham	(01708) 630620	Shell Shocked, Ltd, 52 Station Road Upminster	(01708) 228333
St. Ursula's RC School, Romford Straight Rd Romford (Infants)	(01708) 345200	Scotline, Ltd, 75 Main Road Romford	(01708) 736868	Shell, U.K. Ltd, Shell Service Stations Shell Abridge 91 London Rd Abridge	(01992) 815350
St. Ursula's RC School, Straight Rd Ingrebrn	(01708) 343170	Scott Irons t/a Belgrave Travel, Business Travel, 266 Main Road Romford	(0800) 9997474	Shell Rise Park Eastern Ave Romford	(01708) 739890
Saints, See also Saint listed before St.		Scout Association, Shackleton Hall Morden Road Romford	(020) 8597 3592	Shen Computer Solution, Ltd, 151 North St Romford	(01708) 763192
Salon 52, Sal, 52 Corbets Tey Road Upminster	(01708) 641392	Scout Association,The, Romford District Scout Association 24 Park Dv Romford	(01708) 722565	Shepherd & Dog, 91 Shepherds Hl Romford	(01708) 377717
Salon 257, 257 London Road Romford	(01708) 725727	Scruffs Dog Grooming, Scruffys Dog Grooming Romford	(020) 3489 4244	Shield Fire Safety & Security, Ltd, 2A Tonbridge Rd Harold Hill	(01708) 377731
Salon Services Hairdressing Supplies, Ltd, Unit E5 The Seedbed Centre Davidson Way Romford	(01708) 714251	SCS Environmental Services, Ltd, 8-9 Harbour House Coldharbour Lane Rainham	(01708) 526020	Ship Inn,The, 93 Main Road Romford	(01708) 741571
Salvation Army, Local Corps & Community Centres Harold Hill Society Harold Hill Petersfield Av Romford	(01708) 379458	Sea World, 8 Willow Pde Moor La Upminstr	(01708) 227433	Shish Legend, Takeaway, 142 Rush Green Road Romford	(01708) 745745
Romford Corps Officers Res	(020) 8592 8494	Seabrooks, 90 New Rd Rainham	(020) 8596 7500	Shoecare, Unit 19 Liberty 2 The Mercury Mall Mercury Gardens Romford	(01708) 735159
Salvation Army Romford,The, Salvation Army Citadel High Street Romford	(01708) 380280	Seagull Freight Services, Ltd, 216 High Rd Romford	(020) 8590 4321	Shop, Shop, 5 Grange Road Romford	(01708) 608145
Salvation Army,The, 7-13 High Street Romford	(01708) 747096	Securealarmsuk, Ltd, 16 Seymour Road Romford	(020) 8597 6999	Shop, Shop, 24 Station Lane Hornchurch	(01708) 925857
Salvatore Mastroianni, Ravenscourt Drive Hornchurch	(01708) 448134	Security Assignment, 1-3 South St Romford	(01708) 333100	Shree Sai Supermarket, Ltd, 1 Station Road Harold Wood	(01708) 898243
Sam 99 P, Ltd, Ret, 66 South Street Romford	(01708) 733403	Security Link Services, Ltd, 44 Orchard Av Rainham	(01708) 555341	Shreya, UK Ltd, Unit 1 Conqueror Court Spilsby Road Harold Hill	(01708) 386141
Sam99p - Romford, 66 South Street Romford	(01708) 724697	Security Projects, Ltd, Fairview Indust Pk Marsh Wy Rainham	(01708) 631194	Shroff Accountancy, 12 Grosvenor Gardens Upminster	(01708) 259688
Samantha Simmondsedge, Mardyke Works St. Marys Lane Upminster	(01708) 225599	Security Projects, UK Ltd, 3 Blackwater Close Rainham	(01708) 553666	Siam Massage, Massage Plr, 203 High Road Romford	(020) 8597 1145
Samanthas Flowers, Collier Row Road Romford	(01708) 735222	Security Shuttlers, Ltd, Brooklands Ho Brooklands App Romford	(01708) 722334	SIG Roofing, Danes Rd Romford	(01708) 754022
Sameday Express, Ltd, 4 Salamons Wy Rainham	(01708) 520052	Or	(01708) 762037	Unit 10 Salamons Wy Rainham	(01708) 555213
Sames, J.P, Opticians, 35 The Broadway Hornchch	(01708) 447012	Seebed Centre, The, The Seebed Centre Davidson Way Romford	(01708) 714233	Sign On Signs, 79 Clement Wy Upminstr	(01708) 459893
Or	(01708) 447881	Sehbac, Unit 1 Avenue Indust Est Southend Arterial Rd Harold Wd	(01708) 382200	Signature Interiors, 1067 High Road Romford	(020) 8590 6534
Samuel, H, Ltd, Wtchmkr & Jwlr, Romford 11 The Liberty Romford	(01708) 746807	Selco Trading Centres, Selco Builders Warehouse Unit 2 King George Close Romford	(01708) 385350	Signcraft, 244 High Rd Romford	(020) 8599 4747
Sanctuary Housing Association, 372 Chadwell Heath Lane Chadwell Heath	(020) 8597 9505	Select Lift Services, Ltd, 3 Eastbrook Dv	(020) 8517 9991	Signexcel, Ltd, 83E London Road Romford	(01708) 747072
Sanders, & Co, Solrs, Rainham 18 The Broadway Rainham	(01708) 522223	FAX	(020) 8517 9992	Silver Hall Social Club, 165 New Road Rainham	(01708) 500026
Sanders Draper School & Specialist Science College,The, Suttons La Hornchch	(01708) 443068	Select Motor Sales, 376 Brentwood Road Romford	(01708) 452594	Silver Lady Motor Engineering, Hainault Wks Hainault Rd Little Heath	(020) 8599 8558
Sanders Solicitors, 18-20 Broadway Rainham	(01708) 556250	Select Plumbing Essex, Ltd Ltd, 129 Abbs X La Hornchurch	(01708) 477247	Silver Scissors, Hair Salon, 1126 High Road Romford	(020) 8590 1300
Sandhurst Construction, Ltd, 119 Birch Cres Hornchch	(01708) 459599	Select Solar, Unit 11A Essex Upminster	(01708) 223733	Silver Sea Chinese, UK Ltd, Takeaway, 5 Chase Cross Road Romford	(01708) 723144
Santandar Car Club, 3 Willow Cottages New Road Rainham	(01708) 926612	Senior Hargreaves, Unit A1/A2 Fairview Industrial Park Marsh Way Rainham	(01708) 558158	Silver Spur, 226 Abbs X La Hornchch	(01708) 621040
Harold Hill 69 Farnham Rd Romford	(0800) 0304321	Senor Engineering, Co Ltd, 5 Bernard Road Romford	(01708) 763916	Silverhook, Ltd, 14 Bates Rd Romford	(01708) 340333
Hornchurch 114 High St	(0800) 0304321	Sense,The National Deaf-Blind & Rubella, Association, Charity Shops 46 Farnham Rd Romford	(01708) 342547	Bates Rd Romford	(01708) 330500
Romford 67 South St	(0800) 0304321			17 Bates Rd Romford	(01708) 373597
Romford 68 South St	(0800) 0304321			FAX	(01708) 330513
Upminster 21 Corbets Tey Rd	(0800) 0304321			Simia Farra,	
Santander, Sapphire Environments, Ltd, Furniture & Fabric Mnfctr, Sapphire Environments, Ltd, Furniture & Fabric Mnfctr, Seedbed Centre Davidson Way Romford	(01708) 714289				

10 Western Rd Romford.....	(01708) 777950	166 South End Rd Rainham.....	(01708) 555525	Upminster	
Simply Asia, Ltd,		Southern Co-Operative, Ltd, Convenience Store,		79 Corbets Tey Road Havering	(01708) 641781
Behind Royal Oak Pub North Rd		28 Station Road Upminster	(01708) 227114	FAX	(01708) 641792
Havering Atte Bower	(01708) 737891	Southern Co-Operative, Ltd Ltd, Convenience Store,		Stapleford Abbots County Primary School,	
Horseman side Tysea Hill Romford	(01708) 737898	28 Station Road Upminster	(01708) 226856	Stapleford Road Stapleford Abbots.....	(01708) 688207
Simply Flooring, Ltd,		Southern Countys,		Stapleford Abbots Golf Club,	
81 Station Lane Hornchurch.....	(01708) 440040	The Old Forge Hubbards Close Hornchurch	(01708) 475136	Horsemans Side Tysea HI Stapleford Abbots	(01708) 381108
Simply Glass,		Sovereign Auto Discount Spares,		Stapleford Airport,	
Unit 2,12 Bridge Clo Romford	(01708) 734674	74 Brentwood Rd Romford	(01708) 722082	Lea Aviation Stapleford Aerodrome	(01708) 687494
Simply Heavenly Foods, Ltd,		Or	(01708) 763015	Stapleford Flying Club, Ltd,	
Unit 1 156 Crow Lane Romford	(01708) 750006	SP Location Rental, Ltd,		Stapleford Aerodrome.....	(01708) 688557
Simply Insurance Services, Ltd, Ins Broks,		St Mary's Lane Upminster	(01708) 361644	Stapleford Aerodrome.....	(01708) 688557
Rainham Ho Manor Wy Rainham	(01708) 632000	Spacewise,		Or.....	(01708) 688557
Simply Insurance Services, Ltd, FAX,		Basepoint Business Cntr Marsh Wy Rainham	(0870) 6001181	FAX	(01708) 688607
Simply Plumbing,		Spar,		Star Aluminium, Ltd,	
2 Oakwood Chase Hornchch.....	(020) 8558 2231	Romford 125 BELGRAVE AVENUE ROMFORD	(01708) 743821	15A Bates Rd Romford	(01708) 373700
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161 High Street Hornchurch.....	(01708) 474710	FAX	(01708) 251183	Romford	
Site Operative Solutions, Ltd,		Spears Travel,		90 North St Romford	(01708) 722227
Folkes Fm Folkes La Upminster	(01277) 849289	75 Corbets Tey Road Upminster	(01708) 229777	Or.....	(01708) 737372
Site Specialist Services, Ltd,		Spec Motors,		Or.....	(01708) 757075
FAX	(01708) 522706	184a New Rd Rainham	(01708) 253421	Star Nails & Beauty,	
Sitech London,		Specialist Trade Courses, Spclst Trades Training,		165 High Street Hornchurch	(01708) 451965
Clay Tye Rd Upminstr	(01708) 229343	Unit 32a Church Road Harold Wood	(01708) 371855	Starbucks Coffee, Co (UK) Ltd,	
Skippy Grabs & Groundwork, Ltd,		Specialized Locksmiths, Locksmiths, 24 Hour,		Romford	
1 Oates Road Romford.....	(01708) 755449	Goring Close Collier Row, Romford	(0844) 4117318	Sainsbury's The Brewery Romford	(01708) 723328
Skysmart Calibration, Ltd,		Speccavers Opticians, Spectacles & Contact Lenses,		Stardust Linen, Co Ltd,	
188 Crow La Romford.....	(01708) 739900	Hornchurch Branch		71 South Street Romford.....	(01708) 925373
SLC Technologies, Ltd,		139 High St Hornchch	(01708) 460170	Station Cars Of Upminster,	
Unit D,Ashton Gte Ashton Rd Harold HI,Romford Accts Dept	(01708) 381599	Romford Branch		3 Station App Upminstr	(01708) 250000
Smart Glass Essex,		2-4 Eastern Road Romford	(01708) 724475	Station Parade Lounge,	
11 Acacia Gdns Upminstr	(01708) 251111	Speedy Traders, UK Ltd,		1 Station Parade Hornchurch.....	(01708) 531884
Smart Move,		35 New Rd Rainham.....	(01708) 555800	Status Design Associates,	
35 Upminster Rd Sth Rainham.....	(01708) 524844	Speedyhire Centres Ltd,		4 Holgate Court Western Road Romford	(01708) 745666
35-37 Upminster Road South Rainham	(01708) 554659	Romford		Status Oil, Ltd,	
SMD - Starter Motor Drives,		25 Victoria Rd Romford	(01708) 733669	4 Norfolk Road.....	(020) 7493 4788
Unit C2,Seedbed Cntr Davidson Wy Romford.....	(01708) 714228	FAX	(01708) 733683	Steadfast Trading London Ltd,	
Smiggle, Ltd,		Spencers Arms,		7 Brewery Walk Romford	(01708) 530558
Unit F, Liberty Cntr The Liberty Romford.....	(01708) 768083	124 Ardleigh Gn Rd Hornchch	(01708) 442550	Stealth Tracing Services, Private Detectives,	
Smith Bailey & Anderson,		Spice & Rice, Ltd,		65 London Road Romford.....	(0871) 2500469
2 Easter Industrial Park Ferry Lane Rainham.....	(01708) 253840	55 High Street Romford	(01708) 749400	Steam On,	
Smith, J,		Spice V, Restaurant,		265a Chase Cross Road Romford.....	(01708) 734455
Sundown Bournebridge Lane Stapleford Abbots	(01708) 687304	45 Station Road Harold Wood.....	(01708) 383839	Steel Building, Co Ltd,The,	
High St Branches (Nwsagts,Bksellers,Strns)		Spice Vault,		1d Stapleford Road Romford	(01245) 890230
Romford 8 The Liberty Romford	(01708) 762317	45 Station Road Harold Wood Romford.....	(01708) 606954	Steel Secure, Ltd,	
Smokescreen Ldn Limited Ta Nebul,		Spicer McColl,		190 Upminster Rd Sth Rainham	(01708) 554425
218 High Road Romford	(020) 8306 0749	153 South St Romford	(01708) 744729	Steelcase, Plc,	
SMS Fabricators, Ltd,		Spicer McColl, Ltd, Est Agt,		22 Easter Industrial Park Ferry Lane Rainham	(01708) 521417
Patch Park Ongar Road Lambourne Romford	(01708) 687389	Chadwell Heath		Steep Holmm Ltd,	
Soccerdoc, UK Ltd,		30 High Rd Chadwell Heath.....	(020) 8599 1122	Romford Golf Club Romford	(01708) 741823
37A, The Old Brickworks Church Rd Harold Wood	(0800) 0859033	Spicerhaart,		Stellafoam, Ltd,	
Soccerphysio,		13 North St Hornchch	(01708) 474520	Stellafoam Plastic & Rubber Ltd Manor Way	
37A, The Old Brickworks Church Rd Harold Wood	(0800) 0859055	Spirit Of Excellence Dental Practice,		Rainham	(01708) 522551
Social Link Recruitment, Social Work Recruitment,		269 Brentwood Road Romford	(01708) 471789	Stellison, Ltd,	
2 Eastern Rd Romford	(01708) 766722	Spirits Express, Ltd,		Hornchurch	
Sodexo Healthcare Services, Ltd,		22 Broadway Rainham Essex.....	(01708) 521277	317 Hornchurch Rd Hornchch	(01708) 452222
Queens Hospital Rom Valley Way Romford.....	(01708) 720813	Sports Direct, Ltd,		Steps Estate Agents,	
Solanke, Dr, O,		30-36 Market Place Romford	(01708) 754295	19 Collier Rw Rd Romford.....	(01708) 747811
Robins Surgery Gooshays Dv Harold Hill	(01708) 796960	Sports Rock N Roll & Haircuts Limited,		Sterling Insurance Group, Ltd,	
Solar Windows & Doors, Ltd,		21 The Liberty Romford	(01708) 760195	Sterling Insurance Group Ltd 22-26 Eastern Road	
Southend Arterial Rd Harold Wd	(0800) 7830060	Sports Tours, Ltd,		Romford.....	(01708) 753105
Soldiers, Sailors, Airmen & Families Association,		FAX	(01708) 344099	Sterling Motor Transport,	
See SSAFA Forces Help		Springfield Playgroup,		49 Hyland Clo Hornchch	(01708) 471600
Solmedia, Limited, Laboratory Suppliers,		Baptist Church Hall Springfield Gardens		Steve Allan Motor Factors,	
The Parade Colchester Road Romford, ESSEX.....	(0844) 8080900	Upminster.....	(01708) 223653	Romford	
Solmer, Ltd,		Spy Shop, Security Consultants,		5 Fitzilian Av Romford.....	(01708) 371859
Unit 2,128 Crow Lane Romford.....	(01708) 751172	Call Centre Western Rd Romford	(0871) 7810198	Or.....	(01708) 344551
Something Special,		Squirrels, Food & Drinks Whslr,		Or.....	(01708) 346905
168 Rush Green Road Romford.....	(01708) 765675	Harold Hill		Or.....	(01708) 346936
Sonny White Removals,		Unit 1 Harold Hill Indust Est, Spilsby Rd		Stevens,	
Unit 11 Northgate Industrial Park, Collier Row Road		Harold HI.....	(01708) 344666	59 Slewings Lane Hornchurch	(01708) 456677
Romford	(020) 8637 4139	Squirrel's Heath School,		Stiffell & Wilson, Ltd, Bldrs,	
Sony Centre,		Romford		319 High Rd Romford	(020) 8599 7839
Romford	(01708) 746837	(Infants) Salisbury Rd Romford.....	(01708) 446476	Stoneglow Candles,	
Sophie's Beauty Parlour, Beauty Salon,		(Juniors) Salisbury Rd Romford	(01708) 446472	Stone Glow 5 Lyon Road Romford	(01708) 912849
3 Collier Row Road Romford	(01708) 609116	SRB Property Management, Ltd, Letting Sales Mngmt,		Stop N Munch,	
Sorrento Restaurant,		27 Gobions Avenue Romford	(01708) 767799	19 19 Colchester Road Romford	(01708) 938397
13 Station Road Upminster	(01708) 224165	"St",		Or.....	(01708) 938398
Sortie Grill & Bar,		The abbreviation "St" is listed after "Saint"		Straight Road Surgery,	
42 Station Lane Hornchurch.....	(01708) 479400	St Helens Hall,		137 Straight Rd Romford	(01708) 343281
Soul City,		St. Helens Court Upminster Road South Rainham.....	(01708) 552752	Strandz-Tony Jon, Hair Desrns,	
Main Switchboard Lambourne Ho 7 Western Rd	(0870) 6071075	Stadium Bathroom Centre,		Romford	
Studio Lambourne Ho 7 Western Rd	(0870) 6001075	205 London Rd Romford	(01708) 756473	43 Collier Row Lane Romford	(01708) 742132
FAX	(01708) 730383	201 London Rd Romford	(01708) 721220	Or.....	(01708) 744499
News Desk		Stadium Express Drycleaners,		Strowmar, Ltd,	
Lambourne Ho 7 Western Rd Romford.....	(01708) 728463	275 London Road Romford	(01708) 733555	Scottish Mutual House 27-29 North Street	
South East Heating, Ltd,		Stadium Fish & Chips,		Hornchurch.....	(0843) 5385985
99 Argyle Gdns Upminstr	(01708) 221500	60 London Rd Romford	(01708) 740296	Structural Sealents,	
South East Underpin Ltd,		Stander, M.C, Dent Surg,		6 Falcon Business Cntr Ashton Rd Romford.....	(01708) 372314
9 New Farm Drive Romford	(01992) 813000	57A High Street Hornchurch.....	(01708) 442888	Stuart Ikeman Hair Design,	
South Park Removal Service, Ltd,		Stanford Design,		27 Corbets Tey Road Upminster	(01708) 222398
Rainham		119 Corbets Tey Road Upminster	(01708) 226642	Stubbers Adventure Centre,	
Manor Bsns Cntr Unit 1e Manor Way Rainham	(01708) 523421	Stanford Hydroponics, Hydroponics Online,		Upminster	
Unit 1 Manor Business Centre Manor Way Rainham	(01708) 526756	Unit 12 Little Malgraves Industrial Estate Lower Dunton Road		Ockendon Rd Upminstr	(01708) 228820
South East Saw Service,		Bulphan	(01268) 417171	Ockendon Road Upminster	(01708) 224753
Unit 12 Fordview Est New Rd Rainham	(01708) 522044	Stanley Black & Decker, Inc,		Studio 100, Ltd,	
Southend Road Dental Surgery,		Unit 5 Ashton Gte Ashton Rd Romford	(01708) 332000	Willow Pde Moor La Upminster	(01708) 475100
		Stanton & Doran, Solicitors,		Stunning Nails,	
				53 High St Hornchurch.....	(01708) 472370

Styles Glass & Glazing, Ltd, Electric House Suttons Lane Hornchurch	(01708) 477222	4 South End Road Rainham	(01708) 553029	Tedin, Ltd, lakeview Warren Drive Hornchuch	(01708) 452016
Stylex Party & Gift Shop Ltd, Unit 29 43, Romford Shopping Hall Market Place Romford	(01708) 742628	T Cribb Sons, T Cribb Sons, 10 Willow Parade Moor Lane Upminster	(01708) 225954	Tej Electricals, Ltd, Home Electricals, 128-34 High Street Hornchurch	(01708) 447752
Su Catering, Ltd, 122 Upminster Road Hornchurch	(01708) 456956	T D White, H.J, & Co, Shopftrs, Sungate House Collier Rw Rd Romford	(01708) 748300	Temperature Control, The Old Brickworks Church Road Romford	(01708) 346585
Subohmz, Ltd, 110 Petersfield Av Romford	(01708) 342434	T.E.B., (Builders) Ltd, 25 Suttons Lane Hornchurch	(01708) 592771	Temperature Control, Ltd, The Old Brickworks Church Road Romford	(01708) 373905
Subramaniam, Dr, S, 39 Mungo Pk Rd Rainham	(01708) 554797	T Gunning, Ltd, 4 Eastbrook Dv Romford	(020) 8593 8916	Teri McGuinness Hairdressing, 162 Collier Row Lane Romford	(01708) 927870
Sue Ryder, Ltd, Charity, 10 North Street Hornchurch	(01708) 476874	T & K Coffee, Ltd, 155 St. Marys Lane Upminster	(01708) 224583	Terry'S Barbers & Hairdressers, 61 Masefield Crescent Romford	(01708) 343981
Sugi Offlicence, 8 Great Cullings Romford	(020) 8595 2879	T P H Machine Tools, Machinery Suppliers, Fairview Indust Pk Manor Wy Rainham	(01708) 523916	Tesco ANPR, Bridge Road Rainham	(01708) 550605
Sumera Hair & Beauty, 100 High Road Romford	(020) 8616 0390	T. Sanderson, Bakery Shop, 100 Hilldene Av Harold Hl Romford	(01708) 377811	Tesco Stores, Express Butts Road 77 Butts Gn Rd Hornchurch	(03456) 102993
Summer PVC, (Essex) Ltd, PVC Fascia & Cladding, 2 Lyon Rd Romford	(01708) 722844	T. Sanderson, Bakery Shop, 106 Petersfield Av Romford	(01708) 340405	Chadwell Heath 38 High Rd	(03456) 757228
Summit House, 2A Lodge Lane Romford	(01708) 721051	T Upminster Ezazystore, Ltd, Baldwins Farm Dennises Lane Upminster	(01708) 259186	Cranham 77 Front La	(03450) 269227
Sun City Tanning, 18 Station Parade Hornchurch	(01708) 471000	TV Licensing, All Enquiries	(03007) 906135	Elm Park 19 Elm Pk Av	(03456) 746510
Sun Dial Blinds, Blinds, 12 Candover Road Hornchurch	(01708) 780705	T & Y Restaurant, Ltd, 49 High Street Hornchurch	(01708) 455794	Hornchurch 92 Ardleigh Gn Rd	(03450) 269390
Sunbathers Tanning Romford, Tanning Salon, 120 North Street Romford	(01708) 751600	Table Twenty Three, Ltd, 23 Corbets Tey Road Upminster	(01708) 847733	Rainham 119 Rainham Rd	(03456) 757270
Sunkissed Heaven, 212 High Street Hornchurch	(01708) 536333	Taf Heating & Plumbing Trading, 36 Collier Rv Rd Romford	(01708) 607188	Romford 405 Brentwood Rd	(03456) 102819
Sunny'S Minimarket, Ltd, 127 Mungo Park Road Rainham	(01708) 521028	Tag Design, Harbour Ho Coldharbour La Rainham	(01708) 554553	Romford Esso 21 Main Rd	(03456) 779580
Sunnys News, Convenience Store, 201 Ardleigh Green Road Hornchurch	(01708) 478481	Tag Florist, Florists And Flowers, Romford, Essex	(0845) 2998290	Romford 4 Fairview Pde	(03456) 102768
Sunrayz Tanning & Beauty, Blenheim Court 5 Northolt Way Hornchurch	(01708) 558886	Tag Flowers, Florists And Flowers, Romford, Essex	(0845) 2998291	Romford 76 South St	(03456) 719547
Sunshine And Smiles Day Nursery, Nrsry, 30 Dorian Road Hornchurch	(01708) 960627	Tag Hackney Cab, Travel & Transportation, Romford, Essex	(0845) 2998243	Extra Rainham Essex Bridge Rd	(03456) 779570
Sunshine Foods, Ltd, 220 Hornchurch Road Hornchurch	(01708) 572802	Tag Property Holdings, 155 Hornchurch Road Hornchurch	(01708) 470366	Romford Gallows Corner Bryant Av	(03456) 779589
Supagold Carpets, Unit 9 Northgate Indust Pk, Collier Rv Rd Romford	(020) 8597 8800	Tag Radio Taxis, Travel & Transportation, Romford, Essex	(0845) 2998241	Romford Goodmayes 822 High Rd Romford	(03456) 779298
Supercare Pharmacy, 200 High Road Romford	(020) 8590 1819	Tag Taxi, Travel & Transportation, Romford, Essex	(0845) 2998240	Romford 300 Hornchurch Rd	(03456) 779581
Or	(020) 8617 3143	Tailor Estates (Essex) Ltd, 162 Heath Park Road Heath Park	(01708) 475349	Metro Romford Collier Row 316 Collier Rv La Romford	(03456) 779172
Superdrug Stores, Plc, Branches Harold Hill 14 Farnham Rd Romford	(01708) 384498	Tailor Estates, (Essex) Ltd, 162 Heath Pk Rd Heath Park	(01708) 450433	Superstore Hornchurch Airfield Wy	(03456) 779360
Hornchurch 74 High St Hornchch	(01708) 446742	Tailor Made Music, Ltd, PO Box 2311 Romford	(01708) 714670	Thames, (Roofing & Building Supplies) Ltd, Unit 3 Orwell Close Fairview Industrial Estate Rainham	(01708) 552551
Upminster 6 Bell Cnr Corbets Tey Rd Upminstr	(01708) 220303	Taj Restaurant,The, 192 Elm Pk Av Hornchch	(01708) 442956	Thameslink Building Services, Elms Ho Church Rd Harold Wd	(01708) 349379
Superdry, Unit N20-N21 The Liberty Romford	(01708) 760588	Taking Care Of Business & Technology Supplies, Ltd, 1 North Weald Close Hornchurch	(01708) 594330	Or	(01708) 349380
Superior Food Products, (Essex) Ltd, 5 Bridge Close Romford	(01708) 738388	TALK TALK, Telecoms Supplier, Head Office 1 Portal Wy London	(0800) 0497664	Thatched House, St. Marys La Upminster	(01708) 641408
Suprema Flooring, Ltd, 161 St. Marys Lane Upminster	(01708) 222264	Tamba Day Nursery, Ltd, Amber Ct 995 High Rd Romford	(020) 8590 7840	That's Crafty, Unit 1E Bates Industrial Estate Church Road Harold Wood Romford	(01708) 344146
Sure Office Systems, 179 Shepherds Hl Romford	(01708) 331000	Tan, C.S, Orthodontics, 195 South St Romford	(01708) 744828	The, See also second word of name	
Sure Office Systems, Ltd, 179 Shepherds Hl Romford	(01708) 377773	Tandoori Hut, 127 Rose Lane Romford	(020) 8599 4936	The Chequers, 121 North Street Hornchurch	(01708) 930401
Sushi Station, Ltd, 88 Station Road Gidea Park	(01708) 475000	Tandoori Lounge, Ltd, 185 High Street Hornchurch	(020) 8597 9353	Or	(01708) 930402
Sutton Arms,The, 14-16 Station Lane Hornchurch	(01708) 478270	Tangles Free Hair & Beauty, Ltd, Hair & Beauty, 2 Chase Cross Road Romford	(01708) 564767	The Farmhouse Venue, The Farmhouse Venue Dagenham Road Romford	(020) 8593 6214
Suttons School, (Primary), Suttons Junior & Infant School Suttons Lane Hornchurch	(01708) 443393	Tanning Lounge 1, Ltd, The, 141 Avon Road Upminster	(01708) 754333	The Money Shop, Instant Cash Loans, Romford 144 North St RM1	(0843) 3094040
Swallow Coach, Co Ltd, Fairview Indust Pk Barlow Wy Rainham	(01708) 630555	Tapkiran, Ltd, 47 Suttons Lane Hornchurch	(01708) 251061	Romford 148 South St RM1	(0843) 3094176
Swan,The, 1110 High Road Romford	(020) 8599 6668	Tarbrook Design & Build, Ltd, Hainault House Billet Road Romford	(01708) 368060	The Rehab, Park Lane 71 Park Lane Hornchurch	(01708) 534760
Swan Upholstery, 5 George Street Romford	(01708) 740569	Tarpaulins, 121 Crow Lane Romford	(020) 8500 6606	The Tanning Co, 223 Pettits Lane North Romford	(01708) 500304
Swanky Hairdressers,The, Hairdressers Unisex Romford, 1 Balgores Lane Romford	(01708) 508723	Taste Of Bengal, 194 High St Hornchch	(01708) 741536	The Window Repair Company, 103 Brentwood Road Romford	(01708) 500304
Sweetbasil, 179 South Street Romford	(01708) 766611	Taste Of Mafrika, Unit 103 Romford Shopping Hall 43 Market Place Romford	(01708) 477850	Therapy Rooms,The, Hornchurch Sportcentre Harrow Lodge Park Hornchurch Road Hornchurch	(01708) 455559
Swift Logistics, Suttons Business Park Unit C8 New Road Rainham	(01708) 526491	Tasty Place Cafe, Station Pde Victoria Rd Romford	(01708) 477851	Thermal Coverings, Ltd, 57 Gaynes Park Road Upminster	(01708) 455559
Swift Logistics, Uk Ltd, Unit B11 Suttons Business Park New Road Rainham	(01708) 525817	Taurus Construction, (Uk) Ltd, Elms Indust Est Church Rd Harold Wd	(01708) 743874	Theydon Mount Kennels, Theydon Nursery Epping La Stapleford Tawney	(01708) 222373
Swinton, (Insurance), Branches Romford 322 Collier Row La Romford	(01708) 746060	Taxi Operations, 128a Upminster Road Hornchurch	(01708) 378824	Thomas Bates, & Son Ltd, The Old Brickworks Church Road Romford	(01992) 813617
Sysgroup Trading, Ltd, Goodmayes Retail Park 850-60 High Road Romford	(020) 8590 4508	Tcl Manufacturing, Unit 1 Gateway Xiii Industrial Estate Ferry Lane Rainham	(01708) 981401	Thomas Cook Retail, Ltd, Romford 13 Clockhouse La, Collier Rv FAX	(01708) 346777
Sytner Harold Wood, BMW Dir, Bates Ltd Colchester Road Romford	(01708) 371234	Tcl Manufacturing, Unit 1 Gateway Xiii Industrial Estate Ferry Lane Rainham	(01708) 524792	Thomas Cook Travel, Hornchurch Branches 138 High St	(0844) 3357607
T and T Labels Ltd, 101 Brentwood Road Romford	(01708) 926857	TE Shipping, Ltd, Lambourne Ho 7 Western Rd Romford	(01708) 524792	Bureau de Change 138 High St	(0844) 3357366
Or	(01708) 926857	Teapot Cafe, Romford Shopping Hall Market Place Romford	(01708) 743400	Romford Branch 13 Clockhouse La Collier Rv RM5	(0844) 3359366
T Cribb, 176A St. Marys La Upminstr	(01708) 224435	Techno Heaven, Ltd, 8 North St Romford	(01708) 733500	Unit 11 The Brewery Shopping Cntr	(0844) 3357606
Or	(01708) 225456	Techobi, Ltd, 16 Barberry Close Romford	(01708) 752800	Bureau de Change Unit 11 The Brewery FAX	(0844) 3359606
T Cribb, Funrl Dir, 24 The Broadway Hornchurch	(01708) 476881	Tecnico4u Limited, Old Print House 198 Victoria Road Romford	(01708) 594395	Thomas, K.S.L, & Co Ltd, Ins Broks, 205 South St Romford	(01708) 762950
T Cribb Sons, T Cribb Sons, 180 High Street Hornchurch	(01708) 456791			Thomas Sinden Construction, 137 Church Rd Romford	(01708) 335350
T Cribb Sons, T Cribb Sons,				FAX	(01708) 335351

147 High Street Hornchurch.....	(0845) 0713346	Tophire, Ltd, Unit 3b to 3c,Units Barlow Wy, Rainham Rainham.....	(01708) 557637	3 Oak Road Romford	(01708) 379526
Romford		Topps Tiles, 152 Southend Arterial Rd Harold Wd.....	(01708) 376577	Transaction Network Services, 124 Petersfield Avenue Romford	(01708) 374215
Liberty 2 Shopping Cntr Mercury Gdns RM1	(0845) 0713251	Tops Barbers, 12 The Arcade Farnham Road Romford	(01708) 345633	Transaction Network Services, Queens Hospital Rom Valley Way Romford	(01708) 766824
Thomson Travel Shops, Hornchurch 147 High St Hornchch	(01708) 452566	Topson, & Co, Accountants, Suite 24 Harbour House Coldharbour Lane Rainham	(01708) 525777	Transaction Network Services, 197 Rushgreen Road Romford.....	(01708) 740615
Romford Unit 1 Liberty 11 Romford.....	(01708) 768911	Toptech Business, Ltd, Wholesale Retail, Unit B Rear Of 222 South Street Romford	(01708) 751352	Transaction Network Services, 218 St Marys Lane Upminster	(01708) 259639
Thony Hairstylist, 105C Chadwell Heath Lane Romford	(020) 8597 9819	Total Assist Healthcare Group, Third Floor Blackburn House 22-26 Eastern Road Romford.....	(01708) 388000	Transaction Network Services, 28 Station Road Upminster	(01708) 223410
Thorn Lighting, Ltd, Regional Office FAX	(0870) 1610711	Total Assist Recruitment, 20 High Rd Romford	(020) 8252 7879	Transaction Network Services, 84 Station Road Romford	(01708) 457806
Threadnwx, Ltd, Professional & Financial, Kiosk 5 The Liberty Romford	(01708) 733585	Total Assist Recruitment, Ltd, 20 High Rd Romford	(020) 8262 5093	Transaction Network Services, 26 The Broadway Elm Park.....	(01708) 452456
Thurrock Car & Van Rental, Wick Pl Fm Brentwood Rd Bulphan	(01375) 892385	Or	(020) 8924 6464	Transaction Network Services, 77-79 Wennington Road Rainham	(01708) 554350
Tia's Cuisine Ltd, Elm Park Avenue Hornchurch	(01708) 446632	Total Beauty By Lauren, 210 High Street Hornchurch	(01708) 455200	Transfesa, UK Ltd, Rainham Ho Manor Wy Rainham	(01708) 529200
Tikka, 101 Corbets Tey Road Upminster.....	(01708) 221100	Total Care Solutions, Ltd, Stapleford Village Hall Stapleford Road Stapleford Abbots	(01708) 687689	TRAVEL CLUB, Ltd,The, Agts,Tour Oprs, 54 Station Rd (Head Off) Upminstr.....	(01708) 225000
Tilbury Contracts, Ltd, Tilbury House Barlow Way Rainham	(01708) 525381	Total Food Distribution, Ltd, 10 Easter Indust Pk, Ferry La Rainham	(01708) 559833	Travel Connections, Travel Agency, Seedbed Cntr Davidson Wy Romford	(01708) 714270
Tilda, Ltd, Unit 2 Gateway XIII Industrial Estate Ferry Lane Rainham	(01708) 557802	Total Site Construction, Ltd, 45 Squirrels Hth Rd Romford	(01708) 556116	Travel Shop,The, Trvl Agts, 86 Station Rd Gidea Park.....	(01708) 471831
Tile Giant, Tile Splrs, Construction Sealants Ltd Southend Arterial Rd Harold Wd	(01708) 372718	Towergate Holiday Homes Underwriting, Towergate Ho St. Edwards Ct London Rd Romford	(01708) 448811	Travelbugz, Ltd, Unit E3, Seedbed Cntr Davidson Wy Romford	(01708) 778710
Or	(01708) 378542	Towergate Strovers, Ltd, Towergate Ho St. Edwards Ct London Rd Romford	(01708) 777720	Travelodge, Romford Central St Edwards Wy Market Pl	(0871) 9846255
TIME,, (Accurist Timeline) Dial 123		Towergate Underwriting Group, Ltd, St. Edwards Ct London Rd Romford	(01708) 777710	Travis Perkins, Branches Rainham	
Time 2 Tan, Ltd, 1 Clockhouse La Romford.....	(01708) 721492	Towers Federation Junior School, Towers Infant School Osborne Road Hornchurch	(01708) 777400	Rainham Rd Rainham.....	(01708) 522441
Time 107.5 FM, Lambourne Ho 7 Western Rd Romford.....	(01708) 767591	Towers Infant School Osborne Road Hornchurch	(01708) 449872	Toolhire Rainham Rd Rainham	(01708) 525173
Time Engineers, Ltd, Mudlands Indust Est Manor Wy Rainham	(01708) 555464	Towers Infants School, Towers Infant School Osborne Road Hornchurch	(01708) 447407	FAX	(01708) 559638
Time Fm, Lambourne Ho Western Rd Romford	(01708) 731643	Towrite, Ltd, 308 St. Marys Lane Upminster	(01708) 223334	Treal Ltd, 20-22 North Street Hornchurch	(01708) 941552
Time Tees Cars, 11A Station Rd Upminstr	(01708) 250011	Towrite Trailers, Towing Eqpt, 308 St. Marys La Upminstr	(01708) 223316	Or	(01708) 941553
Timeline Auctions, Berry Ldg St. Marys La Upminstr.....	(01708) 222824	FAX	(01708) 223316	Or	(01708) 941554
Timeline Auctions, Berry Lodge St. Marys Lane Upminster.....	(01708) 228837	Toyota, Lookers Romford (Official Toyota Centre) Gallows Corner, A127 Southend Arterial Rd Romford.....	(01708) 386168	Or	(01708) 941555
Timpson, 300 Hornchurch Road Hornchurch.....	(01708) 743515	Trade Safety, 22 Grosvenor Dv Hornchurch	(0800) 7318327	Treble 22 Cars, Ltd, Brit Rail Elm Park Station The Broadway Hornchurch.....	(01708) 455444
Timpson, Ltd, Bryant Av Romford.....	(01708) 370833	Trade Vans, (Romford) Ltd, 164 Mawney Road Romford	(01708) 767574	Trendy Nails & Beauty, Nails & Beauty Shop, 199 St. Marys La Upminstr	(01708) 227220
822 High Rd Romford	(020) 8599 3517	Tradesman Recruitment, Ltd, Off, Electric Ho Suttons La Hornchch.....	(01708) 455558	Triangle Recruitment, Ltd, 123 South St Romford	(01708) 757502
300 Hornchurch Rd Hornchch	(01708) 769336	Tradesmann Recruitment, Ltd, Ret, Electric Ho Suttons La Hornchch.....	(01708) 477766	Trickett Autos, Two Oaks Broxhill Road Havering Atte Bower.....	(01708) 347288
Timpsons, 1 Laurie Walk Romford.....	(0843) 5155040	Traditional Builders, Ltd, Mardyke Wks St. Marys La North Ockendon	(01708) 259195	Trident Door Panels, Doors, Unit D4,Seedbed Cntr Davidson Wy Romford	(01708) 714250
Tina Ali, 28 Hall Lane Upminster	(01708) 227939	Traditional Windows, 321 Hornchurch Rd Hornchurch.....	(01708) 378325	Trifords, 10 Falcon Bsns Cntr Ashton Rd Romford	(01708) 330850
Tint 4 Cars, 43 High Road Romford	(020) 8597 0067	Training World, Skills Training Servs, Sales Line	(0800) 318835	10 Falcon Business Centre Ashton Road Romford.....	(01708) 342252
Tisbury Aquatics, Spice Pitts Fm Church Rd Noak Hill	(01708) 341376	Tramar Trading, Ltd, Unit B1,Thamesview Bsns Cntr Barlow Wy Rainham.....	(01708) 555899	Trim Tech Group, Ltd, 1 Southend Arterial Road Romford	(01708) 378269
Titan Logistics, Ltd, Unit E2 Fairview Industrial Park Barlow Way Rainham	(01708) 253703	Trans Global Trade Europe, Ltd, 1092 High Rd Romford	(020) 8597 5873	Trinit Group, Ltd, 49 Butts Green Road Hornchurch	(01708) 982974
Tjm Transport, K9 Industrial Estate Ferry Lane Rainham	(01708) 521152	Trans World Shipping, Ltd, Rainham	(01708) 631313	Trinity Methodist Church, Trinity Methodist Church Angel Way Romford	(01708) 747930
Tjm Transport, Ltd, Logistics, K9 Business Park Rainham	(0843) 8164839	Transaction Network Services, Home Bargains, Unit 3 1015-1021 High Road Chadwell Heath	(020) 8590 2136	Trinity Mortgages Ltd 2, 28 Spectrum House Suttons Lane Hornchurch.....	(01708) 536802
Tj's Southside Tattoo, Tattooing & Piercing, 200 Upminster Rd Sth Rainham	(01708) 526066	Transaction Network Services, 88 Brentwood Road Romford	(01708) 727865	Triple Offset Printing Services, Harbour Ho Coldharbour La Rainham	(01708) 522117
TK Maxx, 15 The Brewery Romford.....	(01708) 761978	Transaction Network Services, 378-392 Brentwood Road Romford	(01708) 477047	Triple Two Tattoos Ltd, 60 Station Lane Hornchurch	(01708) 533425
TKM Engineering, 32 Priory Road Romford	(01708) 377723	Transaction Network Services, Harold Park Service Station Colchester Road Romford.....	(01708) 344357	Trophyland, Ltd, Spts Trophies, 5 Suttons Lane Hornchurch	(01708) 474505
Tmo Traffic, Ltd, Elms Indust Est Church Rd Harold Wd.....	(01708) 344843	Transaction Network Services, 8 Farnham Road Romford	(01708) 375591	Tropical Dry Cleaners, Dry Clnrs, 174 Hornchurch Road Hornchurch	(01708) 447710
T-Mobile, (UK) Retail Ltd, Romford		Transaction Network Services, 65 Grove Road Romford	(020) 8597 7762	Tru-Foods, Bates Bsns Cntr Church Rd Romford.....	(01708) 373663
19 The Liberty Romford	(01708) 739063	Transaction Network Services, 3-7 Highfield Link Romford.....	(01708) 726504	Truly Scrumptious Early Years Nursery, 63 Pettits Lane Romford	(01708) 766802
Tnr Car & Van Care Centre, 9F Salamons Way Rainham.....	(01708) 550190	Transaction Network Services, 184 Hilldene Avenue Romford	(01708) 341584	TU4 Prescriptions, Ltd, 67 Park Lane Hornchurch	(01708) 747495
Toby Carvey Moby Dick, Pubs / Restaurants, Whalebone Lane North Chadwell Heath, Romford, Greater London	(0844) 5717954	Transaction Network Services, 57-63 London Road Romford	(01708) 750443	Tubbies Day Nursery, 35 Strood Avenue Romford	(01708) 723727
Toby Carvey Romford, Pubs / Restaurants, The Brewery Shopping Centre Waterloo Road Romford, Essex.....	(0844) 5717949	Transaction Network Services, 264 London Road Romford	(01708) 750243	Tucker Bros, Ltd, 32 Station La Hornchch	(01708) 443462
Todair, Ltd, 2 Collier Row Road Romford	(01708) 986949	Transaction Network Services, 97-101 Main Road Romford	(01708) 742313	Twilight Schoolware, Sch Uniforms, 183a Cherry Tree Lane Rainham	(01708) 557229
Toddle Inn Ltd, 105 Heath Park Road Romford.....	(01708) 456123	Transaction Network Services, Home Bargains, 31 Market Place Romford	(01708) 755659	Twins Wedding Shop, 67-69 Victoria Road Romford	(01708) 761727
Tokyo Sushi..Uk, Co, Japanese Cosinebar Rstnt, 3 Station Parade ,Victoria Road Romford.....	(01708) 721800	Transaction Network Services, Thron Ln Rainham	(0844) 4117671	Twoll World Limited, 42 Victoria Road Romford	(01708) 735737
Tollgate Tavern, High Rd Romford	(020) 8548 7841			Tyre Warehouse,The, Tyre Store, Ford Vw Indust Est New Rd Rainham	(01708) 555085
Tony & Lily Nails, Ltd, 166 Heath Park Road Heath Park Romford.....	(01708) 459696			U-dale Bridge, Blinds Curtain Tracks, Boundary Wks Moss La Romford	(01708) 771170
Toolbase Environmental, Ltd, Rail Plant, Railway Sidings Waterloo Rd Romford.....	(01708) 768766			UK Personnel, Ltd, Boomes Ind Est New Rd Rainham	(01708) 556619
Top Meadow Golf Club, Top Meadow Farm Fen Lane North Ockendon	(01708) 852239			UK Tax Pro, Accountants, 119 Rose Lane Romford.....	(020) 8599 0003
Club Shop Fen La N Ockendon	(01708) 859545			Ultimate Security, Ltd, Upminster Trading Park Warley St Upminstr.....	(01708) 227100

Underground, (Civil Engineering) Ltd, 9 Wingley Lane Hornchurch(01708) 985425	Valence Stores, 148 Main Road Romford(01708) 733838	Wagstaff, K, Upminster Bdge Stn Upminster Rd Hornchurch(01708) 474382
Unicom,The, Pblc Ho, 91 Main Rd Romford.....(01708) 738811	Valori London, Ltd, T3 Bates Business Centre Bates Industrial Estate Church Road Harold Wood.....(01708) 348328	Wagstaff, K G, & Sons, Central Htg Engs, Heating Spares Upminster Bdge Stn Upminster Rd Hornchch.....(01708) 447020
Unique Beauty 4 You, Ltd, The Mercury Mall Mercury Garde Mercury Gardens Romford(01708) 728833	Valuegrade, Ltd, 17 Oak Road Romford(01708) 341123	Installation & Service Upminster Bdge Stn Upminster Rd Hornchch (01708) 442173
Unique Environmental Services, Ltd, Unit D12 Seedbed Cntr Davidson Wy Romford(01708) 757996	Van - Dixon Electrical, Ltd, 1a Hyland Way Hornchurch Essex.....(01708) 459773	Installation & Service Or(01708) 442666
Uniserve Airfreight, Ltd, 133 Hall Lane Upminster.....(01708) 223059	Vanilla Room,The, 123-25 High Street Hornchurch.....(01708) 452245	Wah Ping, Chinese Restnt, 51-55 London Road Romford(01708) 761848
Unit 3 The Brewery, Romford.....(01708) 733476	Vanity's Beauty Salon, 290 Brentwood Road Romford(01708) 470022	Or(01708) 764123
Unit 5 Motos, Ltd, Pentowan Farm Church Road Noak Hill.....(01708) 372122	Vantis Business Recovery Services, 43 Butts Gn Rd Hornchch(01708) 458211	Wakefield & Co Self Adhesive, Ltd, 115 Hall Lane Upminster(020) 8591 1810
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United Sales, Ltd, 279 Pettits Lane North Romford(01708) 742394	Vapes And Mobiles Limited, 104 North Street Romford(01708) 782280	Walcabe Freight Forwarding, Ltd, Logistics, 157 High Street Hornchurch.....(0843) 8164786
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Universal Tyres, 153 Billet La Hornchch(01708) 448944	VEDI Aparthotel, 131 South Street Romford(01708) 751147	Walker, S.J, & Co, 79 Wingley Lane Hornchurch(01708) 452992
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FAX	(01708) 722772	Xtremeclean ECO Ltd, Limited Company, Cleaning, 2 Gobions Avenue Romford	(01708) 200679
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Wipers International, Bates Rd Romford	(01708) 330520	Glenwood Estate Agents Ltd 35 High Road Romford	(020) 8983 8384
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371 South End Rd Hornchurch.....	(01708) 553554	55 High Street Hornchurch	(01708) 479000
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ADEKEYE, K, 2 Kenway Close, Rainham.....	(01708) 594067	A, J, 32 Felstead Road, Romford.....	(01708) 763336	ASEBI/ANTWI, K, 27 Ravensbourne Crescent, Romford.....	(01708) 342380
ADEKUNLE, Mr, 48 Manser Road, Rainham.....	(01708) 960851	A, J, 46 Norwood Avenue, ROMFORD.....	(01708) 532643	ASHBY, G, 37 Hall Lane, Upminster.....	(01708) 250257
ADELOWO, O, 162 Farington Avenue, Romford.....	(01708) 606420	A, J, 19 Rodney Way, Romford.....	(01708) 754367	A, J, Flat 22 Petards Court Randall Drive, Hornchurch.....	(01708) 442731
ADEMRAN, O, Mobile, 6 Buckean Path, Romford, Essex.....	(07947) 349294	A, K, 16A Pentire Close, Upminster.....	(01708) 641065	ASHLEY, M, 16 Charles Road, Romford.....	(020) 8590 2926
ADERONMU, D, 10 Elm Park Avenue, Hornchurch.....	(01708) 928323	A, K.J, 197 Southend Arterial Road, Hornchurch.....	(01708) 342655	ASHMAN, Admiral B, 15 Babbington Road, Hornchurch.....	(01708) 843449
ADEWOLE, A, 7 Blossom Cottages Lowen Road, Rainham.....	(01708) 559555	A, Leigh, 56 Avon Road, Upminster.....	(01708) 640966	ASHTON, D, 2A Ingrebourne Gardens, Upminster.....	(01708) 701188
ADEWOYE, K, 7 Billiet Lane, Hornchurch.....	(01708) 532400	A, M, 17 Chadwell Avenue, Romford.....	(020) 8599 9893	ASHWORTH, P, 131 Haynes Road, Hornchurch.....	(01708) 451745
ADEWUJAI, Ade, 57-59 High Road, Romford.....	(01708) 715050	A, N, 137 Rush Green Gardens, Romford.....	(01708) 732626	ASIF, M, 49A High Road, Romford.....	(020) 8590 9314
A, Ade, 57-59 High Road, Romford.....	(01708) 715051	A, O, 8 St Nicholas Avenue, HORNCHURCH.....	(01708) 451332	ASIKI, E, 53 Kingshill Avenue, Romford.....	(01708) 505259
ADEYEMI, O, 39 Woodbridge Lane, Romford.....	(01708) 515691	A, P.J, 65 Argyle Gardens, Upminster.....	(01708) 225961	ASPINALL, P, 84 Moor Lane, Upminster.....	(01708) 509695
ADEYEMI, A, 66 Burns Avenue, Chadwell Heath, Romford.....	(020) 3643 8124	A, R, 30 Roger Reede Almshouses Church Lane, Romford.....	(01708) 397154	ASTBURYSMITH, S, 30 Park End Road, Romford.....	(01708) 742551
ADEYEMI-AL, A, 148 Elmhurst Drive, Hornchurch.....	(01708) 535133	A, S, 10 Park Drive, Romford.....	(01708) 751093	ASTLE, E.M, 20 Roxburgh Avenue, Upminster.....	(01708) 224959
ADHIKARI, C, 45 Drummond Road, Romford.....	(01708) 921855	ALLIE, F, 74 Stanley Road North, Rainham.....	(01708) 607426	ATAKE, A, Flat 12, Plover House Capstan Drive, Rainham.....	(01708) 912054
ADLAM, J, 6 Pine Court, Upminster.....	(01708) 703237	ALLMAN, F.J, 56 Aylsham Lane, Romford.....	(01708) 343980	ATKINS, D, 90 Harlow Road, RAINHAM.....	(01708) 522131
ADNAN, Mr Sofath, 57 Lessington Avenue, Romford.....	(01708) 606048	ALLSON, J, 167 High Street, Hornchurch.....	(01708) 609427	A, J, 23 Bourne End, Hornchurch.....	(01708) 453918
AEDY, Mr G Church Lane, Upminster.....	(01375) 891426	A, J, 142 St. Andrews Avenue, Hornchurch.....	(01708) 709777	A, J, 25 Kinfans Avenue, Hornchurch.....	(01708) 501883
AGATHANGELOU, K, 1 Avelon Road, Romford.....	(01708) 928741	ALMOND, D, 76 Chevington Way, Hornchurch.....	(01708) 458018	A, J.E, 36 Belgrave Avenue, Romford.....	(01708) 727403
AGBETUYI, O, 5 Gillingham House Lindfield Road, ROMFORD.....	(01708) 532665	ALQAZI, M, Flat 44, Arc Court Maxwell Road, Romford.....	(01708) 606424	A, L.E, 54 Crow Lane, Romford.....	(01708) 746655
AGBLEY, B, 104 Shepherds Close, ROMFORD.....	(020) 8598 1510	ALROP, M, 134 Hillcrest Road, Hornchurch.....	(01708) 456875	ATSEGWASI, E, 155 Davenport Road, Romford.....	(01708) 927903
AGER, K, 14 Forth Road, Upminster.....	(01708) 250809	ALTRINGHAM, K, 59 Birch Crescent, Hornchurch.....	(01708) 451252	ATTACK, A, 8 Lewis Road, Hornchurch.....	(01708) 451759
AGGREY, Miss 3 Quarles Close, Romford.....	(01708) 730215	ALVES BALBINO, C, 164A High Street Hornchurch, Essex.....	(01708) 456739	A, A.C, 44 Globe Rd, Hornchh.....	(01708) 742566
AGENIEM, J, 16 Royle Close, Romford.....	(01708) 473410	ALWIS, G, 40 Cowdry Way, HORNCHURCH.....	(01708) 535346	ATTREE, J, 11A Westmoreland Av, Hornchurch.....	(07956) 920399
AHEARNE, S, 94 Lawns Way, Romford.....	(01708) 754592	AMAA, S, 35a Betterton Road, Rainham, Essex.....	(01708) 606321	AUJLA, A, 26 Woodlands Road, Romford.....	(01708) 927178
AHERNE, D, 8 Holden Way, Upminster.....	(01708) 221616	AMACHREE, H, 113 Cowper Road, Rainham.....	(01708) 949191	AUKETT, L, 19 Birch Close, Romford.....	(01708) 762006
A, K, 68 Crossways, Romford.....	(01708) 704916	AMAMZNI, C, 2 Redbridge Apartments Buried Mews, Rainham.....	(01708) 531568	AUKSORIUTE, Miss 73 Eric Road, Romford.....	(020) 3784 0048
A, T, 1 Gloucester Rd, Romford.....	(01708) 723387	AMATO, Mr G, 127 Briscoe Road, Rainham.....	(01708) 556001	AULT, M, Flat 3 Pell Court 165 Hornchurch Road, Hornchurch.....	(01708) 533961
AHMADI, I, 103 Cambridge Avenue, Romford.....	(01708) 728393	A, G, The Old Post Office Ockendon Road, Upminster.....	(01708) 397009	AUSTEN, Tracey, 37 Hillfoot Avenue, Romford.....	(01708) 740612
A, M, 129 Balgones Lane, Romford.....	(01708) 474665	A, J, The Old Post Box Ockendon Road, Upminster.....	(01708) 857867	AUSTIN, Christina, 101 Albany Road, Hornchurch.....	(01708) 440899
A, R, 2A Seymour Road, Romford.....	(01708) 721447	AMBROSE, WT, 30 Hoe Lane, Abridge.....	(01992) 812868	A, Mr D, London Road Cottages 132 London Road, Romford.....	(01992) 813563
A, Dr S, 32 Westmoreland Avenue, Hornchurch.....	(01708) 443812	AMBRQZIK, Da, 29 Bagleys Springs, Romford.....	(020) 8597 9504	A, G, Brampton Court 4 7 Union Road, Romford.....	(01708) 941962
AHMADI, E, 1 Takeley Close, Romford.....	(01708) 232603	AMBUCLANCE		A, K, 15 Gresham Drive, Romford.....	(020) 3732 1629
AHMED CHOWDHURY, M, 25 Mendip Road, Hornchurch.....	(01708) 536696	In Emergency dial 999 and ask the operator for Ambulance		A, M, 45 Ayllofs Walk, Hornchurch.....	(01708) 453402
AHMED, J, 2 Craven Court Mill Lane, Romford.....	(020) 3731 8960	See business section for full list of entries		A, S, 43 Grange Road, Romford.....	(01708) 348900
A, R, 35 Huntsmans Drive, Upminster.....	(01708) 224910	AMIN, G, 207 Station Lane, Hornchurch.....	(01708) 450794	A, T, 36 Laurel Crescent, Romford.....	(01708) 535435
A, R, Faizan E Farooq E Azam, 148 Somerville Road, Romford.....	(020) 3092 2035	A, V, 35 Geneva Gardens, Romford.....	(020) 8270 9893	A, W.S.J, 17 Hornbeam Avenue, Upminster.....	(01708) 641859
A, S, 59 Glandford Way, CHADWELL HEATH, ROMFORD.....	(020) 3654 7628	AMIS, J, 10 The Fairway, Upminster.....	(01708) 223296	AUSTRIE, J, Mobile, 24 Woodfield Drive, Romford.....	(07903) 138734
A, S, 34A High Road, Romford.....	(020) 3685 0257	AMPOF, W, 36 Riverside Road, Romford.....	(01708) 704619	AVARD, P, 1 Redruth Walk, Romford.....	(01708) 379791
A, S, Flat 12 Oriol House 121-35 London Road, Romford.....	(01708) 751435	AMPOFO TWUMASI, K, 203 Padnal Road, Romford.....	(020) 3612 4230	AVEY, L.K, 61 George St, Romford.....	(01708) 741809
A, S, 102 Parkstone Av, Hornchurch.....	(01708) 441897	AMPRAKO, M, 25 Penrith Road, Romford.....	(01708) 341585	AVIS, L, 4 Cooke Court 2 Union Road, Romford.....	(01708) 750562
A, S, 40 Primrose Glen, Hornchurch.....	(01708) 937282	ANATOLE, D, 49 Brook Wy, Rainham.....	(07956) 535671	A, Mr Robert, 30 Springfield Gardens, Upminster.....	(01708) 222022
AHMET, C, 38 Wakerfield Close, Hornchurch.....	(01708) 437888	ANDERSON, B, 11 Courtenay Gardens, Upminster.....	(01708) 229350	AVIZIUS, A, 56 Chaplaincy Gardens, Hornchurch.....	(01708) 478973
AHSAN, M, 11A High Street, Hornchurch.....	(01708) 913953	A, B, 101 Lyndhurst Drive, Hornchurch.....	(01708) 473455	AWOMOLO, O, 22 Morgan Way, Rainham.....	(01708) 609795
A, M, 120 Axiam Apartments Mercury Gardens, Romford.....	(01708) 747654	A, C, 250 Carlton Road, Romford.....	(01708) 723813	AWULOR, M, 22 Woodrush Way Romford, RM6.....	(020) 8590 4153
AIKEN, C, 11A Compton Avenue, Romford.....	(01708) 745158	A, Helen, 17 Jasmine Road, Rush Green.....	(020) 8595 5516	AXINTE, D, 19 Millbrook Gardens, Gidea Park, Romford.....	(01708) 935549
AILEY, M, 443 Rush Green Road, Romford.....	(01708) 230082	A, M, 26 Archibald Road, Romford.....	(01708) 345738	AYE, K, Flat 8, Malachite House Compass Way, Romford.....	(01708) 231520
AINGER, J, 73 London Road, Romford.....	(01992) 265226	A, M, 6 Hornbeam Avenue, Upminster.....	(01708) 226835	AZENI, O, 29 Bancroft Chase, Hornchurch.....	(01708) 910473
AINSWORTH, D.A, 18 Angmering House Barnstaple Road, Romford.....	(01708) 377382	A, P, 25 Acacia Drive, Upminster.....	(01708) 505967	AYERS, R, 16 Rayburn Road, Hornchurch.....	(01708) 455248
A, L, 158 Main Road, Romford.....	(01708) 743045	A, R, 15 Truro Walk, Romford.....	(01708) 347848	AYLIFE, T, 2 Palmerston Road, Rainham.....	(01708) 783360
A, M, 38 Blanford Close, Romford.....	(01708) 762372	ANDREI, F, 104 Bevan Way, Hornchurch.....	(01708) 960436	AYRES, K, 136B Church Road, Harold Wood.....	(01708) 399100
AITKEN, Alan G, 215 Osborne Road, Hornchurch.....	(01708) 446051	A, S, 2, Phoenix Cottages, 52 Hawthorn Avenue, Rainham.....	(01708) 534251	A, S, 21 Gaynes Court, Upminster.....	(01708) 220424
AKALOO, M, 184 Chadwell Heath Lane, Romford.....	(020) 8262 2601	ANDREW, P, 9 Elmdene Avenue, Hornchurch.....	(01708) 450229	A, V, 11A Crow Lane Romford, Romford.....	(01708) 768124
AKHTAR, M, 261 Hornchurch Rd, Hornchurch.....	(01708) 444656	ANDREWARTHA, J, 49 Drummond Road, Romford.....	(01708) 701436	AZIZ, A, 185 Whitchurch Road, ROMFORD.....	(01708) 926763
A, R, 154 Hillrise Road, Romford.....	(01708) 921364	ANDREWS, C, 36 Palm Road, ROMFORD.....	(01708) 724462	BABBINGTON, K, 86 Camforth Gardens, Hornchurch.....	(01708) 442506
AKINSHOUN, O, 8 Beansland Grove, Romford.....	(020) 3759 5287	A, G.E, 62 Ravenscourt Drive, Hornchurch.....	(01708) 443822	BABBS, K, 37 West Malling Way, Hornchurch.....	(01708) 550625
AKINSOLA, D, 47A St. Marys Lane, Upminster.....	(01708) 228461	A, J, 62 Roslyn Gardens, Romford.....	(01708) 765004	BABOL, M, 53 Jasmine Road, Romford.....	(020) 3685 8459
AKOMOLAFE, V, 13 towbridge road, romford.....	(01708) 344577	A, P, 40 Junction Road, Romford.....	(01708) 732645	BACANTIN, V, 56 Ellis Avenue, Rainham.....	(01708) 559083
AKPE, F, 4 Beltinge Road, Romford.....	(01708) 926714	A, Rev Robert, 8 St. Edwards Way, Romford.....	(01708) 741257	BACHYNSKYI, A, Flat 40 Image Court Maxwell Road, Romford.....	(01708) 533721
AKPEY, E, 32 Ramsden Drive, Romford.....	(01708) 501479	ANGEL, B, Apartment 36 Tythe Court 141 White Hart Lane, Romford.....	(01708) 754042	BACKANE, D, 33 Halesworth Road, ROMFORD.....	(01708) 606481
AKPOMOH, M, 5 Park Lane, Hornchurch.....	(01708) 910144	A, J, 192 Severn Drive, Upminster.....	(01708) 226633	BACKHOUSE, R.C, 139 Dagnam Park Drive, Romford.....	(01708) 345881
AKTAR, N, 17B Longhays Avenue, Romford.....	(020) 3675 5112	ANGEST, D, 40 Acacia Gardens, Upminster.....	(01708) 222816	BACON, Miss Lorraine, 38 Hillcrest Road, Hornchurch.....	(01708) 472730
AKTER, Miss Rubina, Kingsmead Mansions Kingsmead Avenue, Romford.....	(01708) 397254	ANGUS, A, Mobile, 3 Crucible Close, Romford, Essex.....	(07904) 779206	B, L, 6 Rise Park Boulevard, Romford.....	(01708) 765680
AKTHER, Z, 56 Malvern Road, Hornchurch.....	(01708) 530986	ANGYLOVAA, E, 3, Elvin Ct Main Rd, Romford.....	(01708) 237299	B, M, 17 Bideford Close, ROMFORD.....	(01708) 937139
AKWABOAH, B.A, 22 Eastbrook Drive, Rush Gn, Romford.....	(07956) 533171	ANIOLAJA, Victoria, Brooke House Kingsmead Avenue, Romford.....	(01708) 935564	BADEA, M, 71 Upper Rainham Road, Hornchurch.....	(01708) 474510
A, F, 22 Eastbrook Drive, Romford.....	(020) 8593 1738	ANNE LAWRENCE, L, 18 Merlin Gardens, Romford.....	(01708) 767234	BADGER, N, 29 Clitheroe Rd, Romford.....	(01708) 7

BAJRA, E, 293 Lodge Lane, Romford.....	(01708) 780290	BARTOLOMASI, Terry, 30 Birchdale Gdns, Romford.....	(020) 8590 6956	BERNARD, W, 12 Montpelier Gardens, Romford.....	(020) 8586 1916
BAJSKOLLI, A, 11 Longhays Court, Romford.....	(020) 8597 5343	BARTON, D, 74 Marshalls Drive, ROMFORD.....	(01708) 728068	BERNET, S.L, 56 Shaftesbury Road, Romford.....	(01708) 725318
BAKAR, K, 23 Prospect Place, Romford.....	(01708) 530475	B, L, 35 Great Gardens Road, Hornchurch.....	(01708) 473895	BERRIDGE, G, 21 Brookdale Avenue, Upminster.....	(01708) 229839
BAKER, B, 49 Belgrave Avenue, Romford.....	(01708) 701448	B, R.C, 24 Brookmans Close, Upminster.....	(01708) 229110	BERRY, J, 17 Brook Road, Romford.....	(020) 8591 0993
B, C, New Testament Church Of God 24 Briar Rd, Romford	(01708) 381243	BARTRAM, T.R, Howletts Hall Farm Mill Lane, Navestock.....	(01708) 688307	B, J, 9 Brookway, Rainham.....	(01708) 557135
B, D, 82 Avon Road, Upminster.....	(01708) 226711	BARULIS, P.J, 22 Connaught Road, Hornchurch.....	(01708) 453900	B, Pauline, 97 Hamilton Drive, Romford.....	(01708) 342387
B, D, 44 Kilmarlin Way, Hornchurch.....	(01708) 554926	BARUWA, F, 252 Upminster Road North, Rainham.....	(01708) 960103	B, S, 4 Swan Avenue, Upminster.....	(01708) 221285
B, K.J, 57 Canterbury Avenue, Upminster.....	(01708) 228844	BARZEY-BROWNE, K, 21 Glandford Way, Romford.....	(020) 8141 8025	BESANT, S, 42 Church Lane, Upminster.....	(01375) 891671
B, Laura, 16 Lambourne Gardens, Hornchurch.....	(01708) 479031	BASKARAN, V, 25 Marshalls Road, Romford.....	(01708) 915611	BESSENT, Mr 2 Hunters Grove, Romford.....	(01708) 741788
B, Lisa, 112 Northumberland Avenue, Hornchurch.....	(01708) 445982	BASS, J, 2 Davenport Gardens, Romford.....	(01708) 913190	B, P.R, 76 Sunnyside Gdns, Upminster.....	(01708) 224702
B, M, 55 Deyncourt Gardens, Upminster.....	(01708) 226836	B, M, P, 11 Walden Way, Hornchurch.....	(01708) 443949	BESSER, C, 25a Bexley Gardens, Chadwell Heath.....	(020) 8598 8314
B, M, 12 Highlands Apartments, 59 Main Road, ROMFORD.....	(01708) 740361	BASSEN, H, 26 Capstan Close, Romford.....	(020) 3592 3005	BESSESEN, C, 42 Amery Gardens, Romford.....	(01708) 753310
B, P, 136 Gorseway, Romford.....	(01708) 720978	BASSETT, M, Flat 1 Kiln House 13a Chase Cross Road, Romford.....	(01708) 751954	BEST, J, 22 New Place Gardens, Upminster.....	(01708) 251039
B, R, 147 Straight Road, Romford.....	(01708) 787861	BASSI, M, Bassi Grange Clockhouse Lane, ROMFORD.....	(01708) 762017	BETTELL, I, 16 Somerset Gardens, Hornchurch.....	(01708) 450115
B, S, 19 Denbigh Close, Hornchurch.....	(01708) 446566	BASTICK, R, 212 Severn Drive, Upminster.....	(01708) 228236	BETTLES, P, 43 The Ridgeway, Harold Wood Romford.....	(01708) 341283
B, Z, 28 River Drive, Upminster.....	(01708) 510203	BATCHELOR, J, 68 Slewins Lane, Hornchurch.....	(01708) 450529	BEVERIDGE, Janice, 40 Danbury Road, Rainham.....	(01708) 520044
BAKREEN, K, 12 Trowbridge Road, Romford.....	(01708) 341459	B, M, 45 Vine Street, Romford.....	(01708) 788598	BEWERS, J.V, 2 Manor Farm Cottages Ockendon Road, Upminster.....	(01708) 220938
BALA, Mr Raja, 177 Esten Avenue East, Romford.....	(01708) 749745	BATEMAN, D.J, 40 Stanley Avenue, Romford.....	(01708) 743237	BEZANT, T, 20 Worcester Avenue, Upminster.....	(01708) 226815
BALCH, Patricia, 52 Glenwood Dv, Romford.....	(01708) 724006	B, N, 9 Fairholme Gardens, Upminster.....	(01708) 251297	BHAMRA, A, 10 Melbourne Gardens, Romford.....	(020) 8590 1523
BALCOMBE, P, Albys Lodge Albys Lane, Stapleford Tawney.....	(01708) 688398	B, R.A, 14 Reynolds Avenue, Romford.....	(020) 8590 2581	B, J, 30 Eccleston Crescent, Romford.....	(020) 8597 9055
BALDWIN, K, 120 Cummings Hall Lane, Noak Hill.....	(01708) 346688	B, Z, 35 Chelmsford Av, Romford.....	(01708) 725292	BHARADWAJ, A, 29 Abercorn Gardens, Romford.....	(020) 8924 4562
B, K, 11 Mayfair Avenue, Romford.....	(020) 8597 7818	BATES, J, 4 Kenway Walk, Rainham.....	(01708) 556007	BHARI, C, 200 Billel Rd, Romford.....	(020) 8598 8026
B, L, 2 Oak Hill Rd, Stapleford Abbotts.....	(01708) 755608	B, J, 8 Laburnum Walk, Hornchurch.....	(01708) 476229	BHATIA, A, 45 Lansbury Avenue, Romford.....	(020) 8590 9142
BALEA, D, 50 Swindon Lane, Romford.....	(01708) 930280	B, J, 56 Lakeside, Rainham.....	(01708) 552779	BHIMAVARAPU, G, 18 Askwith Road, Rainham.....	(01708) 780584
BALIONYTE, D, 146 Highfield Road, Romford.....	(01708) 743915	B, M, 243 Chase Cross Road, Romford.....	(01708) 751758	BHODAY, N, 31 Grenfell Avenue, Hornchurch.....	(01708) 964729
BALKHAN, S, 84 Lincoln Avenue, Romford.....	(01708) 703000	B, S, 14 Derham Gardens, Upminster.....	(01708) 226222	BIB, A, 91 Rush Green Road, Romford.....	(01708) 843038
BALL, A, 24 Palm Road, ROMFORD.....	(01708) 753820	B, S, 45 Hornodon Road, Romford.....	(01708) 704980	BIBBY, M, 31 Dymoke Road, Hornchurch.....	(01708) 726559
B, B.P, 41 Cromer Road, Hornchurch.....	(01708) 458654	BAIT, D, 139 Latimer Drive, Hornchurch.....	(01708) 473093	B, P, 21 Bernice Close, Rainham.....	(01708) 553781
B, Terrance, 44 Edmund Rd, Rainham.....	(01708) 520228	BATTERSHALL, J, 8 Berwick Road, Rainham.....	(01708) 630289	BICKELL, S, 78 Trowbridge Road, Romford.....	(01708) 915234
BALLARD, W, 9 Frazer Close, Romford.....	(01708) 949530	BAUGH, J, 78 Chase X Rd, Romford.....	(01708) 762880	BICKLEY, G, 13 Redcar Road, Romford.....	(01708) 348575
BALLINGER, Mrs Jean, 14 Upminster Road South, Rainham.....	(01708) 522801	BAWA, A, Flat 2 191-193 North Street, Romford.....	(01708) 534686	BICKNELL, M, 20 Abraham Court 2-4 St. Marys Lane, Upminster.....	(01708) 700808
BALMER, Kerry, 3 Kerry Drive, Upminster.....	(01708) 220045	BAXTER, B, 168 Southend Arterial Road, Hornchurch.....	(01708) 704990	220921	
BALOGUN, D, 27 Woodlands Avenue, Hornchurch.....	(01708) 705062	B, S, 60 Kingston Road, Romford.....	(01708) 727957	BIDDLES, J, 169 Church Road, Harold Wood.....	(01708) 379353
BAMBROOK, C, 7 The Coppins Chadwell Avenue, Romford.....	(020) 8599 9768	BAYLIS, G, 28 Cranston Park Avenue, Upminster.....	(01708) 226287	BIDECANT, E.G, 131 Devonshire Road, Hornchurch.....	(01708) 440077
BAMGBOSE, Adeniji, 21 Ullswater Way, Hornchurch.....	(01708) 449774	BAYNHAM, G, 33 Copperfields Way, Romford.....	(01708) 501149	BIDMEAD, V, 28 Chigwell View, Romford.....	(01708) 720832
BANGURA, M, 8 Langport House Leyburn Road, Romford.....	(01708) 346701	BAYS, A.T, 110 Severn Drive, Upminster.....	(01708) 226658	BIGBY, T.J, 10 Oakwood Chase, Hornchurch.....	(01708) 621220
BANICA, P, 121 Abbs Cross Lane, Hornchurch.....	(01708) 533090	BEADLE, A.J, 47 Parkstone Avenue, Hornchurch.....	(01708) 440188	BIGGS, E.L, 78 Clyde Crescent, Upminster.....	(01708) 250661
BANUOKO, K, 27 Keats Avenue, Romford.....	(01708) 372730	BEAL, C.J, 79 Briarlea Gardens, Upminster.....	(01708) 220009	B, J, 14 Hornbeam Avenue, Upminster.....	(01708) 228894
BANKOLE, A.A, 18 Abberton Walk, Rainham.....	(01708) 572616	BEALE, E, 23 Lichfield Terrace, UPMINSTER.....	(01708) 226379	BIGMORE, M.D, 26 Hamilton Avenue, Romford.....	(01708) 728309
BANKS, A, 158 Ardleigh Green Road, Hornchurch.....	(01708) 452550	BEALE, T, 10 Lyndon Close, Romford.....	(01708) 740060	BIJELIC, Rada, 22 Canfield Road, Rainham.....	(01708) 559201
B, D, 15 South Hill Drive, RAINHAM.....	(01708) 910553	BEAMANT, D, 7A Warwick Road, Rainham.....	(01708) 556119	BIJU, S, 5 Elstree Close, Hornchurch.....	(01708) 964826
B, M, 19 Crownmead Way, Romford.....	(01708) 235392	BEAMISH, T.R, 9 Eastbrook Drive, Romford.....	(020) 8593 1757	BILBROUGH, D, 1 Lodge Avenue, Romford.....	(01708) 720859
B, N, 1 Pimpernel Way, Romford.....	(01708) 371791	BEAN, D, 74 Farnes Drive, Romford.....	(01708) 765628	BIJENE, J, 131 Daventry Road, Romford.....	(01708) 340054
B, T.H, 5 Sunnydene Close, Romford.....	(01708) 384530	B, Mr David, 1 Rutland Approach, Hornchurch.....	(01708) 912763	BILL, Mrs Violet, 10 Langham Drive, Romford.....	(020) 8599 4717
BANNING, F.W, 26 Stanley Close, Romford.....	(01708) 748480	BEARD, S, 47 Avelon Road, Romford.....	(01708) 768760	BILLET, Maureen, 12 Betula Walk, Rainham.....	(01708) 554580
BANNISTER, B, 12 Reynolds Avenue, ROMFORD.....	(020) 8590 1826	BEARMAN, J, 114 Rush Green Gardens, Romford.....	(01708) 534481	BILLINGHAM, I, 31 Roslyn Gardens, Romford.....	(01708) 782262
BANOTRA, Sahil, School House Church Road, Noak Hill.....	(01708) 347628	BEARWISH, G, 93 Grosvenor Drive, Hornchurch.....	(01708) 454028	BILLINGS, C.C, 27 Heather Way, Romford.....	(01708) 749670
BANTIN, G, 5 Windsor Road, Hornchurch.....	(01708) 448136	BEASLEY, B, 109 Springfield Gardens, Upminster.....	(01708) 641012	BILLINGTON, B, Arnolds Farm Ongar Road, Havering-Atte-Bower.....	(01708) 688330
BAPTIST, A, 91 Arlington Gardens, Romford.....	(01708) 376262	B, M, 16 Lawns Way, Romford.....	(01708) 745569	B, D, Arnolds Farm Ongar Road, Havering-Atte-Bower.....	(01708) 688486
BARAZETTI, N, Mill Cottage The Dell High Street, Hornchurch.....	(01708) 448325	BEATON, J, 3 Longfield Avenue, Hornchurch.....	(01708) 752903	BILLIS, K, 45 Clyde Way, Romford.....	(01708) 768231
BARBER, J.E, 3 Debben Walk, Hornchurch.....	(01708) 509631	B, Y, 112 Front Lane, Upminster.....	(01708) 220301	B, M, 16 Tavistock Close, Romford.....	(01708) 344612
BARBER, J, 197 Alma Avenue, Hornchurch.....	(01708) 452193	BEAVIS, D.L, 111 Lancaster Drive, Hornchurch.....	(01708) 442287	BILLS, M, 10 Homeway, Romford.....	(01708) 346281
B, T, 34 Ingrebourne Road, Rainham.....	(01708) 508853	BECKETT, H, 4 LIBERTY COTTAGES North Road, Havering-Atte-Bower.....	(01708) 735746	BILTON, S, 7 Elm Walk, Romford.....	(01708) 720661
BARBOSA, Herminia, Flat 5 Victoria House Victoria Road, Romford.....	(01708) 752065	BECKLES, D, 14 Farrance Road, Romford.....	(020) 8598 8562	B, S.J, 7 Lake Rise, Romford.....	(01708) 733000
BARBOUR, J, 181 Northumberland Avenue, Hornchurch.....	(01708) 453524	BEDDING, D, 6 Melksham Drive, Romford.....	(01708) 340020	BIN ABDUL RAHMAN, M, 27 Braithwaite Avenue, Romford.....	(01708) 737586
BARCLAY, J, 3 Peregrine Walk, Hornchurch.....	(01708) 504500	B, T, 34 St. Georges Avenue, Hornchurch.....	(01708) 471525	BINDING, Mr Thomas, 29 Elmer Gardens, Rainham.....	(01708) 556765
BARDEN, J, 61 Cricklade Avenue, Romford.....	(01708) 371628	BEDDINGHAM, R, 4 Worcester Avenue, Upminster.....	(01708) 221365	BINKS, D, 42 Ingreway, Romford.....	(01708) 374108
BARFOOT, D, 46 Ilfracombe Gardens, Romford.....	(020) 8599 5396	BEDDINGFIELD, Peter, 31 Vine Street, Romford.....	(01708) 726687	BINNING, M, 42 Nellyn Avenue, Hornchurch.....	(01708) 949964
BARI, F, Clark House Flat 22 1023, High Road, Romford.....	(020) 3737 0339	BEE, S, 62 Westmoreland Avenue, Hornchurch.....	(01708) 705004	BINNINGTON, B, 8 Frinton Road, Romford.....	(01708) 767992
BARKE, G, Flat A 41 Collier Row Lane, Romford.....	(01708) 765912	BEECH, A, 48 Glebe Way, Hornchurch.....	(01708) 553169	BINOY, S, Flat 3 Arias Court 27b High Street, Hornchurch.....	(01708) 479111
BARKER, B, 53 Portnoi Close, Romford.....	(01708) 744329	BEECHAM, A, 128 Dartfields, ROMFORD.....	(01708) 378186	BINT, P.G, (Mobile), 22 Danbury Clo, Romford, Essex.....	(07985) 549315
B, C, 4 ROGER REEDE ALMSHOUSES Church Lane, Romford.....	(01708) 720301	BEECHER, A, 14 Birch Crescent, Hornchurch.....	(01708) 935462	BIRCA, A, 28 Foxglove Road, Romford.....	(020) 3737 1963
B, J, 55 Abridge Park London Road, Abridge.....	(01992) 814488	BEGUM, A, 9 Hyde Close, Romford.....	(01708) 746917	BIRCH, M, 16 Whitworth Avenue, Noak Hill, ROMFORD.....	(01708) 928728
B, J, 89 Lambs Lane South, Rainham.....	(01708) 559964	B, F, 103 Harrow Drive, Hornchurch.....	(01708) 457323	BIRCHALL, P, 363 South End Road, Hornchurch.....	(01708) 557085
B, M, 24 Mowbrays Road, Romford.....	(01708) 755544	B, G, Warren Ter Eastern Av Wst, Romford.....	(020) 8590 6043	BIRD, Mr Arthur, 27 Newbury Gardens, Romford.....	(01708) 372845
B, P, 141 Rainham Road, Rainham.....	(01708) 523457	B, H, 34 Masefield Crescent, Romford.....	(01708) 937351	B, J, Flat 10 Greylfairs House 54 Butts Green Road, Hornchurch.....	(01708) 470376
B, P.H, 189 Wennington Road, Rainham.....	(01708) 523174	B, K, 299 Crow Lane, Romford.....	(01708) 606809	BIRKS, A, 113 Bell Avenue, Romford.....	(01708) 707012
B, R, 62 Albany Road, Hornchurch.....	(01708) 705856	B, Miss 14 Beaumont Crescent, Rainham.....	(01708) 935986	BIRLSON, P, 22 Humber Drive, Upminster.....	(01708) 222279
B, R, 97 Birch Crescent, Hornchurch.....	(01708) 701993	B, N, 130 Dagenham Road, Rainham.....	(01708) 397144	BIRO, E, FLAT 21 RIVERWOOD COURT 101 Stafford Avenue, Hornchurch.....	(01708) 471571
B, R, 9 Heron Way, Upminster.....	(01708) 227405	B, R, 431 Mawney Road, Romford.....	(01708) 531550	BISCOE, R, 33 Wallenger Avenue, Romford.....	(01708) 763023
B, Sandra, 16 LATIMER DRIVE, HORNCHURCH.....	(01708) 476329	B, R, 5 Norfolk Road, ROMFORD.....	(01708) 927956	BISHOP, A, 47 Hamilton Avenue, Romford.....	(01708) 760805
B, T.E, 8 Hacton Drive, Hornchurch.....	(01708) 445389	B, S, Flat 3 Allender Court, Riverside Close, Romford.....	(01708) 764639	B, B, 67 Mashiters Walk, Romford.....	(01708) 788252
B, V, 33 Kent Drive, Hornchurch.....	(01708) 470313	B, S, 31 Bennett Road, Romford.....	(020) 3720 7781	B, B.G.J, 67 Mashiters Walk, Romford.....	(01708) 743211
BARKHAM, L.B, 3 Meadowlands, Hornchurch.....	(01708) 453498	B, S, 40 New Zealand Way, Rainham.....	(01708) 559779	B, D, 98 Lake Rise, Romford.....	(01708) 753895
B, L, Oak Hill View Oak Hill Road, Stapleford Abbotts.....	(01708) 742170	B, S, 14 Wadeville Avenue, Romford.....	(020) 3620 4206	B, K, 117 Lambs Lane South, RAINHAM.....	(01708) 525190
BARKWITH, M, 27 Sycamore Avenue, Upminster.....	(01708) 227599	B, T, 17 Hempstead Gardens, Romford.....	(020) 3648 7310	B, M, 39 Highfield Road, Romford.....	(01708) 507574
BARLOW, A, 14 Portland Close, Romford.....	(020) 8599 2002	BEJA, N, 103 Jarrow Road, Romford.....	(020) 8597 0368	B, R.D, 40 North Hill Drive, Romford.....	(01708) 373546
B, M, 23 Guadian Close, Hornchurch.....	(01708) 459503	BEKIR, Mehmed, 5 Foxhall Rd, Upminster.....	(01708) 221141	B, S, 103 Hillview Avenue, Hornchurch.....	(01708) 447538
B, P, 28 Greenway, Romford.....	(01708) 384695	BEKHER, M, 50 Roseberry Gardens, Upminster.....	(01708) 251493	BISMACK, V, 33 Campton Close, Romford.....	(020) 3592 8754
BARNARD, Mrs Cass & Ra, 14 Mildmay Road, Romford.....	(01708) 737984	BELVEDRANDRAN, Rev B, 240 Alma Avenue, Hornchurch.....	(01708) 507020	BISSEON, J, 17 Amersham Road, ROMFORD.....	(01708) 531781
B, D, 101 Vignoles Road, Romford.....	(01708) 731632	BELL, B, 6 Vevele Way, Hornchurch.....	(01708) 470669	BIXBY, J, 31 Claremont Gardens, Upminster.....	(01708) 226873
BARNBY, J, 22 Hornminster Glen, Hornchurch.....	(01708) 443206	B, D, 3 Oakdene Gubbins La, Harold Wd.....	(01708) 376647	B, R, The Outlook Oak Hill Road, Stapleford Abbotts.....	(01708) 769264
BARNES, A.W, 143 Bettebton Road, Rainham.....	(01708) 559000	B, J, 24 Quilter Way, Romford.....	(01708) 375203	BLACK, B, 30 Kingsmead Avenue, Romford.....	(01708) 742532
B, E, 15 Elthor Crescent, Romford.....	(01708) 231289	B, M, 111 Benhurst Avenue, Hornchurch.....	(01708) 451145	BLACKAMIN, P, 28 Sowrey Avenue, Rainham.....	(01708) 554164
B, J.A, 19 Clitheroe Road, Romford.....	(01708) 746745	B, M, 191 Elm Park Avenue, Hornchurch.....	(01708) 442009	BLACKBURN, Mr Ian, Fernain Peartree Lane Bulphan, Upminster.....	(01375) 891522
B, M.G, 9 Drummond Road, Romford.....	(01708) 723082	B, S, 90 Beaulay Way, Romford.....	(01708) 746196	BLACKHOLLY, J, 18 Eastbury Road, Romford.....	(01708) 747897
B, P, Flat 9 Ford Lodge 42A Medora Road, Romford.....	(01708) 746603	B, W, 8 Taburns Way, Upminster.....	(01708) 251161	BLACKMAN, Gwen, 28 Cranham Gardens, Upminster.....	(01708) 641661
BARNETT, B, Flat 26 Rosewood Court Chadwell Heath Lane, Romford.....	(020) 8590 0697	BELLAMY, P, PATERNOSTER HOUSE IVY LODGE FARM Nags Head Lane, Upminster.....	(01708) 372768	BLACKSHAW, J, 29 Clyde Way, Romford.....	(01708) 765845
B, D, 1 Cotswold Bournebridge La, Stapleford Abbotts.....	(01708) 688088	BELLO, Ms C, 54 Gordon Rd, Romford.....	(020) 3132 6486	BLACKWELL, D, 116 Daventry Road, Romford.....	(01708) 706556
B, S, 49 Kirby Close, Romford.....	(01708) 375882	B, N, 37 Stewart Avenue, Upminster.....	(01708) 535146	BLACKWOOD, P, 39 Howard Road, East Ham.....	(01708) 226671
BARNEY, C, 27 Launceston Close, Romford.....	(01708) 381704	B, R, Flat 17 Malachite House, Compass Way, Romford.....	(01708) 231174	BLAGOGEE, T, 375 Upminster Road North, Rainham.....	(01708) 784953
BARR, J, 26 Tavistock Close, Romford.....	(01708) 702229	BENBROOK, Mrs N, 1 Esk Way, Romford.....	(01708) 744981	BLAKE, Ms C, 25 Glandford Way, Romford.....	(020) 3132 7580
B, L, Easterling 30 London Road, Abridge.....	(01992) 812036	BENHAM, E, 19 Eldred Gardens, Upminster.....	(01708) 223261	B, F, 54 Kingston Road, Romford.....	(01708) 748010
B, Mr Poultry Farm New Road, Lambourne End, Romford.....	(020) 8591 4515	BENJAFIELD, C, Flat 2 15a Chadwell Heath Lane, Romford.....	(020) 3509 9373	B, Mr John, 16 Petworth Way, Hornchurch.....	(01708) 445773
BARRATT, D, 19 Gresham Drive, Romford.....	(020) 8599 5334	BENJAMIN, J, 23 Juliette Mews, Romford.....	(01708) 733857	B, J.M, 16 North Road, Chadwell Heath.....	(020) 8597 7210
BARRETT, E.R, 22 Hornbeam Avenue, Upminster.....	(01708) 224709	BENN, J, 24 Wallace Way, Romford.....	(01708) 530790	B, S, 337 Havering Rd, Romford.....	(01708) 760754
B, J, 49 Links Avenue, Romford.....	(01708) 732536	BENNETT, A, 12 Coronation Drive, Hornchurch.....	(01708) 449923	B, T, 91 Norman Road, HORNCHURCH.....	(01708) 609542
B, J, 49 Links Avenue, Romford.....	(01708) 741087	B, C, 4 Crow Lane, Romford.....	(01708) 722950	BLAKLEY, L, 59b Allen Road, Rainham.....	(01708) 559338
B, M, 8 Ferguson Court, Romford.....	(01708) 915773	B, D, 131 Essex Road, Romford.....	(01708) 734695	BLANKING, A, 19 Corbets Avenue, Upminster.....	(01708) 224616
B, N, 16 Clayton Avenue, Upminster.....	(01708) 509285	B, F, 131 Stanley Road, Hornchurch.....	(01708) 451003	BLAZEYB, B, Flat 16 Abraham Court 2-4 St. Marys Lane, Upminster.....	(01708) 221218
B, R, 34 Durham Avenue, ROMFORD.....	(01708) 451138	B, G, 40 Farrance Rd, Romford.....	(020) 8590 2579	B, N, 30a Edmund Road, Rainham.....	(01708) 522924
B, S, 65 Alma Avenue, HORNCHURCH.....	(01708) 471424	B, H.T.I, 60 Lancaster Dv, Elm Pk.....	(01708) 449225	BLEAU, J, 47 Philip Avenue, Romford.....	(01708) 723799
B, S, 77 Bettebton Road, RAINHAM.....	(01708) 558617	B, M, 20 Duxford Close, Hornchurch.....	(01708) 551130	BLOMFIELD,	

BODDY, I.M, 60 Redriff Road, Romford	(01708) 756224	BRIDGE, C, 13 Birkbeck Road, Romford	(01708) 703913	BUCKLEY, W, 22 Carters Drive, Romford	(01708) 733812
BODEN, A, 56 Southdown Road, Hornchurch	(01708) 457405	B, D, 31 Leonard Avenue, Romford	(01708) 780150	BUCKNOR, A, 76 Hitchin Close, Romford	(01708) 910831
BODILL, P, Flat 4 Jane Court Victoria Road, Romford	(01708) 768288	B, J.A, 129 Hamilton Drive, Romford	(01708) 349596	BUDD, D, 26 Chipperfield Close, Upminster	(01708) 228587
BODGAL, Marcin, Flat 42 Wild Rose House 3 Firwood Lane, Romford	(01708) 372096	BRIDGES, A, 56 Melville Road, Rainham	(01708) 508067	B, F, 325 Wingley Lane, Hornchurch	(01708) 454371
BOISSON, J, 63 Abridge Park London Road, Abridge	(01992) 814314	B, J, 150 Hornchurch Road, Hornchurch	(01708) 531500	BUOBY, A, 51 Lingfield Avenue, Upminster	(01708) 445522
BOIVIN, Mrs Jeanette, 1 Albany Road, Hornchurch	(01708) 458193	BRIDLE, C, Millier Cottage Mill Lane, Navestock	(01708) 687454	BUENSUCESO, Mrs Elena, 41 Wolsley Road, Romford	(01708) 704157
BOLTER, P.E, 42 Seymour Road, Romford	(01708) 752338	BRIEN, P, 68 Lancaster Drive, Hornchurch	(01708) 446980	BUGEJA, L, 24 Fuchsia Close, Romford	(020) 8593 8041
BOLTON, P, Centre Barn Rose Hall Shonks Mill Road, Navestock	(01277) 372263	BRIGDEN, D, 39 Kempton Avenue, Hornchurch	(01708) 444520	BUGG, T.H.S, 6 Orchard Avenue, Rainham	(01708) 630159
B, S, 11 Ferndale Road, Romford	(01708) 762076	BRIGGS, J, 23 Wiltshire Avenue, Hornchurch	(01708) 457286	BULLARD, P, 99 Kenilworth Gardens, Hornchurch	(01708) 454672
BOLTWOOD, D, 26 Surridge Close, Rainham	(01708) 920230	B, P, 46 Burnway, Hornchurch Essex	(01708) 453787	BULLOCK, C, 71 Whybridge Close, RAINHAM	(01708) 522578
BOND, G, 22 Seymour Road, Romford	(01708) 764894	B, Mrs Susan, 63 Minster Way, Hornchurch	(01708) 707064	B, F, 32 Ferguson Avenue, Romford	(01708) 741113
B, I.M, 75 Christchurch Avenue, Rainham	(01708) 559539	BRIGHT, J, 11 Lynton Avenue, Romford	(01708) 754388	B, L, 32 Parkway, Romford	(01708) 741249
B, N, 7 Manston Way, Hornchurch	(01708) 524038	BRIGHTON, R.J, 47 Barton Avenue, Romford	(020) 8599 1736	BULMER, W, 35 Standen Avenue, Hornchurch	(01708) 443056
BONE, J, 4 Tern Gardens, Upminster	(01708) 228777	BRIGHTMORE, K, 33 Geneva Gardens, Romford	(01708) 762065	BUNAKU, N, Flat 11 Uphaving House Parkhill Close, Hornchurch	(01708) 450916
BONES, E, 8 Kernow Close, Hornchurch	(01708) 621189	BRIMBRIDGE, R, 36 Laburnum Walk, Hornchurch	(01708) 451522	BUNN, H, 26 Eastbury Road, Romford	(01708) 766189
BONNER, J, 22 London Road, Abridge	(01992) 812448	BRIND, D, 50 Claremont Gardens, Upminster	(01708) 509895	BUNNEY, C, 70 Brentwood Road, Romford	(01708) 731789
BOONE, K, 1A Hillfoot Road, Romford	(01708) 761067	BRINE, J, 30 Ferguson Avenue, Romford	(01708) 912300	BURCHFELD, J.E, 4 Tawny Avenue, Upminster	(01708) 224155
BOOTY, L, 13 St. Andrews Avenue, Hornchurch	(01708) 454752	BRINHAM, L, 11 Kerry Drive, Upminster	(01708) 228157	BURDON, P, Flat 6 Fernleigh Court 95 Mawney Road, Romford	(01708) 734230
BORAWSKI, Kenneth, 69 Frinton Road, Romford	(01708) 726639	BRINKUS, Mr N, 17 Gregory Road, Romford	(020) 8177 8143	BURGESS, K, 52 Forest Road, Romford	(01708) 764140
BORDEANU, D, 129 Primrose Avenue, Romford	(020) 8597 0501	BRINTON, V, 2 Keith Way, Hornchurch	(01708) 449389	B, K.P, 14 Brookmans Close, Upminster	(01708) 250204
BOREHAM, B, 319 London Road, ROMFORD	(01708) 760655	BRISTOW, C, Fm Chalet Ockendon Road, Upminster	(01708) 251282	B, P, 18 Clyde Way, Romford	(01708) 720376
BORRELLI, D, Flat 97 Pulse Court Maxwell Road, Romford	(01708) 743116	B, Mr L, 82 Laburnum Avenue, Hornchurch	(01708) 237534	B, S, 35 Hillrise Road, Romford	(01708) 920106
BOSTON, P, 12 Shakespere Road, Romford	(01708) 738838	BRITO, T, 77 Garry Way, Romford	(01708) 921531	BURGIN, J.A, 137 Corbets Tey Road, Upminster	(01708) 228032
BOSUNIA, F, 35 Quarles Park Road, Romford	(020) 8014 3134	BROAD, K, 39 Palmerston Road, Rainham	(01708) 517913	B, M, 118 Corbets Tey Road, Upminster	(01708) 222800
BOSWELL, N, 35 The Ridgeway, Harold Wood Romford	(01708) 708739	BROADWAY, D, 55 Ravenscourt Grove, Hornchurch	(01708) 449003	BURKE, J, Flat 8 254, Kerry Court Upminster Road North, Rainham	(01708) 531498
BOTZATU, Mrs Elena, 72 Avenue Road, Chadwell Heath, Romford	(020) 3601 2457	BROBBEY, F, 166 Marlborough Road, Romford	(01708) 609077	B, P, 50 Orchard Avenue, Rainham	(01708) 509210
BOTLEY, Martin, 24 Wood Lane, Hornchurch	(01708) 709236	BROCKBANK, J, 2 Inskip Drive, Hornchurch	(01708) 442828	B, P, 59 Suttons Avenue, Hornchurch	(01708) 446765
BOTTA, Gaynor, 35 35 Heron Wy, Upminster	(01708) 226622	BROCKLEBANK, J, 3 Tyrells Close, Upminster	(01708) 828424	B, S, 28 Abbs Cross Lane, Hornchurch	(01708) 458363
BOTTONE, S, 75 Glebe Way, Hornchurch	(01708) 446414	BROCKMAN, J, Flat 33 St. Kathrins Place Deyncourt Gardens, Upminster	(01708) 229987	B, T, 39 Birch Road, Romford	(01708) 709837
BOTTRILL, J, 15 Chafford Way, Romford	(020) 8590 9911	BRODIE-MENDS, J.Z, 5 Edenhall Close, Romford	(01708) 372636	B, T, 72 Lake Avenue, Rainham	(01708) 525669
BOU, Mr George, 3 Grove Park Road, Rainham	(01708) 910806	BROMFIELD, A.F, 54 Hilldene Avenue, Romford	(01708) 343481	BURKIN, E, 62 Cowper Road, Rainham	(01708) 552384
BOUCHARD, T, 106 Marlborough Gardens, Upminster	(01708) 509981	BRONZIET, M, 110 Colne Drive, Romford	(01708) 347275	B, I.J, 39 Geneva Gardens, Romford	(020) 8590 9223
BOUCHER, A, 25 Lakelields Close, Rainham	(01708) 558902	BROOK, P, 2 Parkland Avenue, Upminster	(01708) 221087	BURLAND, P, 57 Lowshoe Lane, Romford	(01708) 706889
B, P, 8 Castle Avenue, RAINHAM	(01708) 557748	B, Mr W, 1075 High Road, Romford	(020) 8590 3853	B, R, 14 Melville Road, Romford	(01708) 769865
BOUGHEN, D, 8 Berry Close, Hornchurch	(01708) 526586	BROOKER, Chloe, 4 Howell Close, Romford	(01708) 8503 8462	BURLEY, S, 43 Coniston Avenue, Upminster	(01708) 641162
B, M, 8 Bader Way, Rainham	(01708) 558345	BROOKES, J.B, 126 Pettis Lane, Romford	(01708) 721267	BURLING, S, 41 Northpark Drive, ROMFORD	(01708) 733509
BOUKHOUFANE, S, 6 Great Charter Close, Hornchurch	(01708) 450513	BROOKS, A, 3 Hornbeam Avenue, Upminster	(01708) 227003	BURMAN, S, 28A Homeway, Romford	(01708) 949674
BOULTON, J, 139 Albany Road, Hornchurch	(01708) 620558	B, A, 5 Park Drive, Upminster	(01708) 220545	BURNELL, R, 17 Worcester Avenue, Upminster	(01708) 229763
BOUNOUA, F, 8 Merlin Gardens, Romford	(01708) 535989	B, A.H, 16 Hoylake Gardens, Romford	(01708) 340874	B, W.J, 97 Windermere Avenue, Hornchurch	(01708) 451926
BOURKE, G, 20A Roger Reede Almshouses Church Lane, Romford	(01708) 530082	B, D, 117 Lake Avenue, Rainham	(01708) 526391	BURNET, C.F, 131 Ingrebourne Gardens, Upminster	(01708) 229490
BOURNE, R, 242 Corbets Tey Road, Upminster	(01708) 227826	B, D.J, 357 Chestow Avenue, Hornchurch	(01708) 449974	BURNS, C, 23 Galleywood Crescent, ROMFORD	(01708) 921156
B, S, 112 Norwood Avenue, Romford	(01708) 594856	B, D.W, 20 Mansfield Gardens, Hornchurch	(01708) 471475	B, J, 3 Hill Grove, Romford	(01708) 765672
BOWDEN, G, 66 Stanley Road North, Rainham	(01708) 558420	B, J, 1 Cedric Avenue, Romford	(01708) 744905	B, L, 81 Avenue Road, Harold Wood	(01708) 370549
B, P, 2 Roedean Drive, Romford	(01708) 534788	B, Monica, 115 Lake Avenue, Rainham	(01708) 522575	BUROBEY, E, Mobile, 61 Freshwell Avenue, Romford, Essex	(07961) 213174
BOWEN, D, 44 Abbs Cross Lane, Hornchurch	(01708) 935214	B, R, 6 Swanbourne Drive, HORNCHURCH	(01708) 509327	BURR, J.C, Bells Fm Stapleford Tawney	(01708) 688541
B, D, 11 Irons Way, Romford	(01708) 742892	B, Mrs Sylvia, 100 Highfield Road, Romford	(01708) 750159	BURRELL, Mrs Beryl, 84 Hillcrest Road, Hornchurch	(01708) 452858
B, J, 1 Gelsthorpe Road, Romford	(01708) 743677	BROOME, P, 87 Stanley Avenue, Romford	(01708) 761335	BURRIDGE, B, 9 Ashleigh Gardens, Upminster	(01708) 223450
BOWERS, P, 19 Epping Close, Romford	(01708) 760171	BROPHY, D, Springfield Gardens 21 Springfield Court, Upminster	(01708) 251186	BURROWS, Mr Victor, 45 Malan Square, Rainham	(01708) 520859
BOWES, M, 30 Keswick Avenue, Hornchurch	(01708) 442920	BROSANAN, H, 20A Heath Park Road, Romford	(01708) 455884	BURTON, B.A, 66 Pemberton Gardens, Romford	(020) 8599 2135
BOWHAY, P.G, 92 Severn Drive, Upminster	(01708) 227415	BROSTER, M, Silver Birches Bournebridge Lane, Stapleford Abbots	(01708) 688482	B, D, 2 Surridge Close, RAINHAM	(01708) 553769
BOWLER, T, 1 High Elms, Upminster	(01708) 220578	BROTHERS, J, 64 St. Johns Road, Romford	(01708) 750840	B, E, Balblair Warley Road, Upminster	(01708) 347702
BOWLES, L, 7 Calmore Close, Hornchurch	(01708) 445861	BROTHERSTON, M, 125 Amersham Road, Romford	(01708) 378091	B, F.M, 13 Cromer Road, Chadwell Heath	(020) 8590 5574
BOWLS, A, 6 Victory Way, Romford	(01708) 753307	BROWN, A, 33 Grenfell Avenue, Hornchurch	(01708) 475728	B, P, 119 Severn Drive, Upminster	(01708) 225489
BOWMAN, D, 3 Willow Walk, Upminster	(01708) 224603	B, Alan, 57-59 High Road, Romford	(01473) 336180	BURTRAND, R, 8 Cowley Road, Romford	(01708) 373873
B, G, 37 Rectory Gardens, Upminster	(01708) 221741	B, A, 23 Stephen Avenue, Rainham	(01708) 554136	BUSARI, O, 5 Reynolds Court, Romford	(020) 8793 3701
B, K, 24 The Fairway, Upminster	(01708) 640133	B, B.J, 16 Newbury Gardens, Upminster	(01708) 442697	BUSBY, V, 7 Risings Terrace, Hornchurch	(01708) 783674
B, L, 11 Burnham Road, ROMFORD	(01708) 550447	B, C, 6 Cromwells Mere, Romford	(01708) 749230	BUTCHER, A.A, 34 Deyncourt Gardens, Upminster	(01708) 223283
BOWMER, C, 41 Kingston Road, Romford	(01708) 769482	B, C, 51 Warwick Road, Rainham	(01708) 397815	B, C.P, 12 Jersey Road, Rainham	(01708) 522863
BOXALL, B.E.A, 33 Langdale Gardens, Hornchurch	(01708) 452318	B, D, 62 Carlton Road, Romford	(01708) 745591	B, D, 33 Beverley Gardens, Hornchurch	(01708) 454443
BOXER, L, 2 Dagnam Park Drive, Romford	(01708) 346157	B, D, 60 Pemberton Gardens, Romford	(020) 8599 8057	B, G, 7 Grosvenor Drive, Hornchurch	(01708) 455962
BOYA, S, 10 Burns Avenue, Chadwell Heath	(020) 3496 0777	B, E, Flat 20, Havestock Place, 66-70 Heath Park Road, Romford	(01708) 285153	B, J, 13 Leonard Avenue, Romford	(01708) 964660
BOYADZIEVA, Mrs Stefka, 1a Park Mews, Rainham	(01708) 935443	B, E.J, 20 Park Crescent, Hornchurch	(01708) 763967	B, S.L, 20 Birkbeck Road, Romford	(01708) 742739
BOYCE, D, 7 Highfield Road, Hornchurch	(01708) 440174	B, F, 17a George St, Romford	(01708) 728538	BUTLER, C, 57 David Drive, Romford	(01708) 343330
B, P.A, 55 Tindall Close, Romford	(01708) 733598	B, G, Flat 13 64 Harold Court Road, Romford	(01708) 533201	B, D, 6 Gussyfield Drive, RAINHAM	(01708) 557930
BOYTON, E, 47 Spenser Crescent, Upminster	(01708) 224859	B, G.L, 22 Lower Marykve Avenue, Rainham	(01708) 557866	B, Mary, 95 Norwood Av, Romford	(01708) 742456
BOZKAYA, E, 33 Cowdray Way, Hornchurch	(01708) 532883	B, J, 36 Chydesdale Road, Hornchurch	(01708) 767978	B, N, 105A Cranston Park Avenue, Upminster	(01708) 225025
BRACE, C, 38 Stapleton Crescent, Rainham	(01708) 552526	B, J, 37 Dawes Avenue, Hornchurch	(01708) 446508	B, P, 23 Parkstone Avenue, Hornchurch	(01708) 705890
B, L, 51 Brights Avenue, Rainham	(01708) 553575	B, J, 12 Rothbury Avenue, Rainham	(01708) 552118	B, Miss Samantha, 153 Harwood Avenue, Hornchurch	(01708) 987941
BRADBURY, P, 48 Woodlands Road, Romford	(01708) 847456	B, J, 37 Tangmere Crescent, Hornchurch	(01708) 556809	B, S.H, 14 Philip Road, Rainham	(01708) 523301
BRADDD, D.F, 21 Spey Way, Romford	(01708) 760324	B, J.M, 3 Hall Park Road, Upminster	(01708) 222023	BUTLERKITE, L, Flat 60 Greenways Court Butts Green Road, Hornchurch	(01708) 477956
BRADFORD, A, 11 Devonshire Road, HORNCHURCH	(01708) 476002	B, K, 11 Buttercup Close, Romford	(01708) 347139	BUTT, Mr Ammar, 82 Briscoe Road, Rainham	(01708) 935534
B, J, 49 George Street, Romford	(01708) 765749	B, K, 6 Laburnum Avenue, Hornchurch	(01708) 447760	B, M, 96 Rosewood Avenue, Hornchurch	(01708) 478664
B, J, 1 Oxford Avenue, Hornchurch	(01708) 702083	B, K, 8 Virginia Close, ROMFORD	(01708) 752232	B, P, 13 Abercorn Gardens, Romford	(020) 8220 9698
B, V, 9 Woburn Avenue, Hornchurch	(01708) 451705	B, K.A.A, 49 Bruce Avenue, Hornchurch	(01708) 448223	BUTTON, C, 32 Andromeda Court Myrtle Road, Romford	(01708) 346217
BRADLEY, D, 7 Ashleigh Gardens, Upminster	(01708) 220462	B, L, 20 The Avenue, Hornchurch	(01708) 457107	B, J, 38 Plumpton Avenue, Hornchurch	(01708) 232484
B, L, 27 Eyhurst Av, Hornchch	(01708) 479891	B, M, 3 Candover Road, Hornchurch	(01708) 453303	B, L, 122 Northwood Avenue, Hornchurch	(01708) 703603
B, P, 92 Heron Way, Upminster	(01708) 226875	B, M, Church Farm Church Lane, Stapleford Abbots	(01708) 687589	B, L, 74 Grove Road, Romford	(020) 8924 2893
BRADY, S, 552 South End Road, Hornchurch	(01708) 706902	B, M, 136A Davenport Road, Romford	(01708) 534466	BWALYA, T, Wilson Court 29 Union Rd, Romford	(01708) 742285
B, T, 12 Edward Road, Romford	(020) 8252 6365	B, M, 21 Ewan Road, Harold Wood	(01708) 733976	BYATT, F, 2 Stanhope Road, Rainham	(01708) 558626
BRAGG, D.J, 66 Ay Way, Romford	(01708) 765616	B, M, 243 Upper Rainham Road, Hornchurch	(01708) 702542	BYRNE, J.P, 12 Bennett Road, Romford	(020) 8599 7354
BRAGGER, M, 64 Philip Road, Rainham	(01708) 505668	B, P, 103 Birch Crescent, Hornchurch	(01708) 450901	B, T, 2 Bishops Avenue, Romford	(020) 8252 3539
BRAIDWOOD, A, 74 Roseberry Gardens, Upminster	(01708) 500665	B, P, 32 Keswick Avenue, Hornchurch	(01708) 450619	BYRON, A, 92 Lincoln Av, Romford	(01708) 761296
BRAITHWAITE, P, 13 Tiptree Close, Hornchurch	(01708) 455318	B, P, 33 Melstock Avenue, Upminster	(01708) 220817	CADAR, G, 18 Glenwood Avenue, Rainham	(01708) 232750
BRAME, J, 38 Meadow Road, Romford	(01708) 706503	B, Mr Philip, 170 Northumberland Avenue, Hornchurch	(01708) 478170	CAHILL, S, 36 Ilac Gardens, Romford	(01708) 533004
BRAMHAM, K, 132 Park Drive, Upminster	(01708) 228925	B, P, 38 Parkstone Avenue, Hornchurch	(01708) 442042	CAIRNS, S, 3 Kiln Wood Lane, Havering-Atte-Bower	(01708) 769196
B, M, 3 Fields Park Crescent, Romford	(020) 8590 0908	B, Mrs Rosalind, 11 Ashdown Walk, Romford	(01708) 744584	CALCUTT, M, 171 Rush Green Road, Romford	(01708) 753513
BRANCH, F, Flat 15, Neale Court Upminster Road, HORNCHURCH	(01708) 532751	B, R, 34 Beech Avenue, Upminster	(01708) 228614	CALLAGHAN, Mr Bush Elms Road, Hornchurch	(01708) 444909
B, P.J, 90 Lancaster Drive, Hornchurch	(01708) 452117	B, R, 18 Karen Close, Rainham	(01708) 630647	C, S, 47 Chalforde Gardens, Romford	(01708) 397158
BRANCHFLOWER, J, 51 Preston Road, Romford	(01708) 370704	B, Mrs Sheila, 20 Lichfield Terrace, Upminster	(01708) 703871	C, T.E, 26 Heaton Close, Romford	(01708) 347750
BRAND, J.A, 82 Sunnings Lane, Upminster	(01708) 700549	B, S, Flat 10 Natasha Court Mimosa Close, Romford	(01708) 378832	CALLAN, P, 13 Dawes Avenue, HORNCHURCH	(01708) 451833
B, R, 18 Rockchase Gardens, Hornchurch	(01708) 455148	B, V.G, 24 Langham Drive, Romford	(020) 8599 9534	CALLEGARI, B, 30 Harebell Way, Romford	(01708) 349808
BRANT, K, 13 Seabour Close, Rainham	(01708) 557745	BROWNE, J, 14 Lowshoe Lane, Romford	(01708) 761085	CALLEHER, T, 50 Rosslyn Avenue, Romford	(01708) 347034
BRATHWAITE, E, 30 Havering Gardens, Romford	(020) 8924 1165	B, M, 11 Morecambe Close, Hornchurch	(01708) 442464	CALLISON, M, 19 Courtenay Gardens, UPMINSTER	(01708) 223168
BRAVERY, S, 2 Fry Close, Romford	(01708) 727557	BROWNING, N, 8 Philip Road, RAINHAM	(01708) 921692	CALLOW, J, 7 Burchwall Close, Romford	(01708) 725490
BRADZIER, Miss Beryl, 105 Norman Road, Hornchurch	(01708) 456722	BRUCE, C, 20 Melville Road, Romford	(01708) 920464	CALORAN, V, 20 Brierley Close, Hornchurch	(01708) 915596
B, P.G, 29 Seymour Road, Romford	(01708) 724183	B, F, 1 Meadow Brook, Stapleford Abbots	(01708) 985817	CAMARGO, Mr Ramil, 354 Rush Green Road, Romford	(01708) 780138
B, S, 11 Elizabeth Close, Romford	(01708) 702851	B, H, 10 Gobions Avenue, Romford	(01708) 750569	CAMBELL, D, 26 Huntsmans Drive, Upminster	(01708) 227673
BREDEN, M, 66 Brookside, HORNCHURCH	(01708) 472545	B, I, 4 Hill Grove, ROMFORD	(01708) 766563	CAMBRIDGE, G, 27 Albany Road, Hornchurch	(01708) 455534
BREEN, D, 68 The Drive, Collier Row, ROMFORD	(01708) 736043	BRUMAGE, E, 8 Upland Court Road, Romford	(01708) 709381	CAMERON, C, 29 Roslyn Gardens, Romford	(01708) 732128
BREMPOANG-ANKU, E, 4 Paines Brook Rd, Romford	(01708) 532432	BRUNIGES, A, 29 Devonshire Road, Hornchurch	(01708) 456432	CAMFIELD, A, 12 Gresham Drive, Romford	(020) 8597 6801
BREND, P, 6 Melton Gardens, Romford	(01708) 723036	B, S.M, 43 Sowrey Avenue, Rainham	(01708) 553187	CAMP, L, 181 Collier Row Lane, Romford	(01708) 749259
BRENDLING, T, 132 Abbs Cross Gardens, Hornchurch	(01708) 452114	BRYAN, B, 20 Hacton Lane, Hornchurch	(01708) 448734	CAMPBELL, D, 186 Bridg	

CANNON, D, 200 South End Road, Rainham	(01708) 533994	CHATRADJ, S, Upward Court Flat 8 Junction Road, Romford	(01708) 534803	C, Rc, 229 Warren Drive, Hornchurch	(01708) 458207
C, Mrs Pearl, 31 Chaplaincy Gardens, Hornchurch	(01708) 457049	CHAUHAN, K, 9 Kestrel Close, HORNCHURCH	(01708) 533234	C, R.F, 12 Crossways, Romford	(01708) 761767
CANTWELL, R, 243 Carter Drive, Romford	(01708) 769166	CHAWHAN, H, 116 Rush Green Road, Essex	(01708) 530589	C, T, 14 Dulverton Road, Romford	(01708) 371394
CAPON, B, 2 Anglesy Drive, Rainham	(01708) 551543	CHEASLEY, Martin, 9 Rosedale Road, Romford	(01708) 722289	CLEMO, D, 54 Camborne Avenue, Romford	(01708) 787635
C, D, 53 Brights Av, Rainham	(01708) 553509	CHEESEMAN, G, 69 Lynton Avenue, Romford	(01708) 760465	CLEVER, S, 194 Carlton Road, Romford	(01708) 753534
C, J, 45 Allen Road, Rainham	(01708) 520080	CHEESEWRIGHT, M, 35 Hyland Way, Hornchurch	(01708) 448897	CLEVERDON, M, 98 Ravenscourt Drive, Hornchurch	(01708) 606378
C, L, 9a Waldegrave Court, Upminster	(01708) 641352	CHEETHAM, J, 55 Ethelburga Road, Romford	(01708) 344619	CLEVERLEY, A, 29 Heaton Close, Romford	(01708) 371874
CAPRARI, D, Flat 2 North Park Court 1a Parkside Avenue, Romford	(01708) 745774	C, L, 16 Willow Tree Close, Abridge	(01708) 828697	CLIFF, J, 67 Warren Drive, Hornchurch	(01708) 452369
CARDOSO, C, 7 Wilnet Court High Road, Romford	(020) 3652 8629	CHELOTTI, A, 29 Barbary Close, Romford	(01708) 371094	CLIFFORD, I.E, 195 Corbets Tey Road, Upminster	(01708) 222695
CARDY, D, 21 Salcombe Drive, Romford	(020) 8220 4146	CHENERY, M, Flat 11 Goldsmere Court Fentiman Way, Hornchurch	(01708) 443791	C, J.P, 33 Eddy Close, Romford	(01708) 721700
CAREY, L, 14 Tiverton Grove, Romford	(01708) 345414	CHENNELLS, L, 120 Upminster Road South, Rainham	(01708) 555901	C, M, 6 Marlborough Gardens, Upminster	(01708) 226881
CARLUCCI, C, 201 Carlton Road, Romford	(01708) 721294	CHERITON, M, 7 Carbury Close, Hornchurch	(01708) 500492	CLIFTON, G, 47 Chestnut Glen, Hornchurch	(01708) 459862
CARNABY, L, 15 Thorogood Way, Rainham	(01708) 552695	CHERON, Mrs Margaret, 105 Clockhouse Lane, Romford	(01708) 702235	C, M, 113 Roseberry Gardens, Upminster	(01708) 251482
CARNERA, P, 91 Squirrels Heath Road, Romford	(01708) 344915	CHESHIRE, S.A, 42 Hillcrest Road, Hornchurch	(01708) 451087	C, R.G, 13 Coronation Drive, Hornchurch	(01708) 457520
CARNIE, P, 8 Mill Lane, Romford	(020) 8590 5957	CHESTER, C, 35 Helmsdale Road, Romford	(01708) 704928	C, W, 35 Church Lane, Bulphan	(01375) 891521
CARP, G, 22 Brookway, Rainham	(01708) 531405	C, Mrs Iris, 13 Laburnum Close, Upminster	(01708) 250696	CLINE, J.R, 41 Great Cullings, Romford	(020) 8593 9369
CARPENTER, D.A, 26 Norwood Av, Romford	(01708) 726116	C, J, 108 Hillrise Road, Romford	(01708) 722097	CLOVER, R, 26 Mashites Walk, Romford	(01708) 725481
C, G, 22A Walden Road, Hornchurch	(01708) 530322	C, T, 10 Leonard Avenue, Romford	(01708) 750751	CLUTTON, S, 49 Newtons Close, Rainham	(01708) 523410
C, S, 74 Swanbourne Drive, Hornchurch	(01708) 455394	CHESTERTON, B.J, 57 Swanbourne Drive, Hornchurch	(01708) 459872	COASTGUARD H.M	
C, T, 61 Sheffield Drive, Romford	(01708) 370440	CHETTY, V, 100 Chadwell Heath Lane, ROMFORD	(020) 8597 3084	In Emergency dial 999 and ask the operator for Coastguard	
CARR, D.C, 73 Briscoe Rd, Rainham	(01708) 522962	CHEUNG, T, 26 Victoria House Durham Avenue, Romford	(01708) 479476	COATES, J, 14 Crow Lane, Romford	(01708) 732699
C, J, Fern Court Flat 21 Cottons Approach, Romford	(01708) 921878	CHIDDICKS, C, 15 Stirling Close, Rainham	(01708) 843650	C, Sheila, 20 Arundel Rd, Romford	(01708) 340377
C, J, 72 Laburnum Avenue, Hornchurch	(01708) 472728	CHILCOTT, J.B, 14 Ravenscourt Drive, Hornchurch	(01708) 443125	COBB, J, 4 Wenderow Way, Hornchurch	(01708) 502894
C, M, 106 Southview Drive, Upminster	(01708) 226463	CHILDS, Mrs Jacqueline, 40 Rosewood Avenue, Hornchurch	(01708) 450746	COBBINA, D, 139 Suttons Avenue, Hornchurch	(01708) 535143
C, R, 40 Keswick Avenue, Hornchurch	(01708) 508413	C, J.T, 24 Kempton Avenue, Hornchurch	(01708) 448678	COBILL, D, 137 Hall Lane, Upminster	(01708) 220785
C, T, 33 Boundary Road, Upminster	(01708) 641680	C, P.E, 28 Haynes Road, Hornchurch	(01708) 451324	COCHRANE-ANDREW, M, Brookside Stapleford Road, Stapleford Abbots	(01708) 688587
CARRINGTON, D, 15 Hacton Lane, Hornchurch	(01708) 450559	C, S, 65 Avenue Road, Chadwell Heath	(020) 8590 0794	COCKERIN, J, 4 Waverley Rd, Rainham	(01708) 559315
CARROLL, D, 5 Spenser Crescent, Upminster	(01708) 222281	CHIMBETETE, Mr W, 12 Gelsthorpe Rd, Romford	(01708) 731209	COCKRAM, S, 15 Court Avenue, Romford	(01708) 346647
C, J.W, 103 Avon Road, Upminster	(01708) 221255	CHIN, F, 25 Collingwood Road, Rainham	(01708) 551920	COE, L, 37 Palm Road, Romford	(01708) 769604
CARTER, A, 37 Penzance Road, Romford	(01708) 347540	C, S, 130 Clockhouse Lane, Romford	(01708) 502819	C, Stephen, 33 Hall Road, Chadwell Heath	(020) 8599 2261
C, A, 23 Surridge Close, Rainham	(01708) 559209	CHINERY, Miss Z, Miss 8 Lovell Walk, Rainham	(01708) 552637	C, S.R, 49 Eastbrook Drive, Romford	(020) 8592 5137
C, L.B, 58 Aylsham La, Harold Hill, Romford	(07961) 959843	CHING, Kwong, Cho Farm Southend Arterial Road, Upminster Essex	(01708) 381800	C, V, 36 Rectory Gardens, Upminster	(01708) 225313
C, J, 2 Priors Park, Hornchurch	(01708) 476606	CHIPPERFIELD, R, 3 Clayton Avenue, Upminster	(01708) 224974	COGLEY, W, 22 Clarissa Road, Romford	(020) 8599 9493
C, J, 4 Cardiff Close Romford, R.M5	(01708) 746632	CHITTIK, R, 93 Chestnut Avenue, Hornchurch	(01708) 450960	COHEN, S, Flat 2 Birch House 2 Le Noke Avenue, Romford	(01708) 379335
C, M, 24 Manser Road, Rainham	(01708) 553349	CHITTOCK, H, 57 Primrose Glen, Hornchurch	(01708) 703811	COKER, G, Nornead Bournebridge Lane, Stapleford Abbots	(01708) 688589
C, M.M, 35 The Mount, Romford	(01708) 344957	CHOPRA, S, 2 Tall Trees Close, Hornchurch	(01708) 502555	COLE, Mr Alan, 31 Willowherb Walk, Romford	(01708) 373685
C, M.M, 54 Fleet Avenue, Upminster	(01708) 226674	CHORLEY, R.J, 34 Corbets Avenue, Upminster	(01708) 224241	C, C, 57 Copperfields Way, Romford	(01708) 343912
C, P, 140 Grosvenor Drive, Hornchurch	(01708) 478393	CHOWDHURY, G, 2 Madeleine Close, Romford	(020) 8597 6592	C, D.G, 21 David Drive, Romford	(01708) 374258
C, P, 19 Tulip Co, Harold Hill, Romford	(07956) 305800	C, Dr H, 76 Donald Drive, Romford	(020) 8586 1901	C, G, 106 Havering Road, Romford	(01708) 744717
C, R.E, 4 Brockley Crescent, Romford	(01708) 743354	CHOWDHURY, A, 10 Glandford Way, CHADWELL HEATH	(020) 8586 1196	C, J.F, 57 Victoria Avenue, Romford	(01708) 726464
C, T, Hill Farm Church Road, Noak Hill	(01708) 371719	C, B, 4 Durham Avenue, Romford	(01708) 928106	C, K, 16 Fry Close, Romford	(01708) 754738
C, T, 1 JUTSUMS COURT Jutsums Lane, Romford	(01708) 743604	C, S, 8 Brent Court Compton Avenue, Romford	(01708) 910859	C, Mr P, 46 Birch Rd, London	(01708) 230028
C, T.J.R, 179 Rosebank Av, Elm Pk	(01708) 451830	C, S, 154 Marlborough Road, Romford	(01708) 535598	C, P, 23 Chestnut Glen, HORNCHURCH	(01708) 443515
C, W, 23 Warwick Road, Rainham	(01708) 559889	C, T, 68 Gorseway, Romford	(01708) 608422	C, Sandra, 11A Roger Reede Almshouses Church Lane, Romford	(01708) 731346
CARTLEDGE, Brian, 35 Fairfield Avenue, Upminster	(01708) 224023	CHOWDRY, K, Mobile, Rectory The Church Lane, North Ockendon	(07768) 449191	C, S, Flat 11 Overstrand House Sunrise Avenue, Hornchurch	(01708) 475389
CARTWRIGHT, M, 90 Pettits Lane, Romford	(01708) 742049	CHOWN, I.R, 28 Halidon Rise, Romford	(01708) 347239	C, Mrs Ubavka, 19 Rectory Gardens, Upminster	(01708) 228586
CARVALHO, G, FLAT 11 THE METRO 50-56 Victoria Road, Romford	(01708) 751727	CHRISTENSEA, M, 28 Monkwood Clo, Romford	(01708) 754459	COLEMAN, J, 76 East Road, Chadwell Heath	(020) 8599 2155
CARVOSSO, G, 15A Southview Drive, Upminster	(01708) 229374	CHU, David, 21 Eversleigh Gardens, Upminster	(01708) 229897	C, J, 36 Oates Road, ROMFORD	(01708) 745888
CASEY, Mrs Elizabeth, 22 Pentire Close, Upminster	(01708) 251490	CHUDASAMA, K, 3 Coombewood Drive, ROMFORD	(020) 8597 6012	C, R.D, 6 Forth Road, Upminster	(01708) 224229
CASH, Margaret, 63 Lower Marydke Avenue, Rainham	(01708) 554064	CHUDLEY, G, 135 Marlborough Road, Romford	(01708) 784973	COLES, G.J, 27 The Drive, Harold Wood	(01708) 348325
C, S, 2 Heath Close, Romford	(01708) 741427	C, K, 401 St. Marys Lane, UPMINSTER	(01708) 224527	C, J, 25 Holdbrook Way, Romford	(01708) 345501
CASSAR, D, 89 Victor Close, Hornchurch	(01708) 445792	CHUMBLEY, L.H, 6 Singleton Close, Hornchurch	(01708) 444725	C, J.M, 9 Burnway, Hornchurch	(01708) 445852
CASSEL, C, 125A New Road, rainham	(01708) 532356	CHUMLEY, Mrs C, Mrs 7 Wallace Way, Romford	(01708) 754384	C, T, 27 Macdonald Avenue, RAINHAM	(01708) 553198
CASTLE, M, 175 Lancaster Drive, Hornchurch	(01708) 440967	CHUNG, D, 8 Ward Gardens, Harold Wood	(01708) 343087	COLEY, W, 25 Meadowside Road, Upminster	(01708) 501504
CATER, A, 16 The Mount, ROMFORD	(01708) 928006	CHURCH, A, 63 Heron Flight Avenue, Hornchurch	(01708) 520651	COLLARD, K, 134 Collier Row Road, Romford	(01708) 722672
C, Mr 18 Melton Gardens, Romford	(01708) 760762	C, Geoffrey, 25 Ingrebourne Gardens, Upminster	(01708) 226744	COLLETT, A, 92 Springfield Gardens, Upminster	(01708) 222166
CATES, C, 129 St. Andrews Avenue, Hornchurch	(01708) 475109	C, J, 21 Hugo Gardens, Rainham	(01708) 500776	C, N, 16 Sunnyside Gardens, Upminster	(01708) 500836
C, 393 Havering Road, Romford	(01708) 767727	C, W.J.R, 1 Heather Avenue, Romford	(01708) 749723	C, S, 52 Harwood Avenue, Hornchurch	(01708) 474226
CATTIEL, N, 10 Park Drive, Upminster	(01708) 705167	CHURCHER, D, 10 Ongar Road, Essex	(01992) 814168	COLLEY, K, 34 Heaton Way, Romford	(01708) 345807
CATTLE, K, 21 St. Andrews Avenue, HORNCHURCH	(01708) 457267	CHURCHILL, G, 35 Frazer Close, Romford	(01708) 768873	COLLIE, R, Flat 24 Tallis Court Kidman Close Gidea Park, Romford	(01708) 343530
CAULFIELD, J, 83 Woodhall Crescent, Hornchurch	(01708) 445018	CILIA, K, 21 Burwood Gardens, Rainham	(01708) 536610	COLLIER, F, 24 Stansted Close, Hornchurch	(01708) 557754
CAUSEY, R, 10 Clyde Way, Romford	(01708) 755179	CIOBOATA, R, 26 Kenneth Road, Romford	(020) 8590 2488	C, N, 71 Cecil Avenue, Hornchurch	(01708) 445587
CAUSLEY, D, 355 Upper Rainham Road, Hornchurch	(01708) 703325	CICUANU, D, 41 Saville Road, Romford	(020) 8711 1802	COLLIER ROW NEWS AGENT, 106 Collier Row Road, Romford	(01708) 742929
CAUSTON, C.W, 23 Coleridge Road, Romford	(01708) 345648	CLACK, G, 64 Rosebank Avenue, Hornchurch	(01708) 453842	COLLING, R, 8 Dymoke Road, Hornchurch	(01708) 746177
C, Susan, 34 Hacton Drive, Hornchurch	(01708) 479433	C, V, 11 Briarlea Gardens, Upminster	(01708) 229805	COLLINGS, L, 83 Rush Green Gardens, Romford	(01708) 732959
CAUVAIN, Lesley, 2 Morant Gardens, Romford	(01708) 738565	CLANCY, L, 6 Fairlawns Close, Hornchurch	(01708) 471263	C, P, 24 Melville Road, Rainham	(01708) 508284
CAYWARD, B, 109 Stanley Avenue, Romford	(01708) 938247	CLAPP, J.A, 11 Berwick Road, Rainham	(01708) 523422	COLLINS, A, 19 Greenock Way, Romford	(01708) 720005
CAYZER, P, 6 Cummings Hall Lane, Noak Hill	(01708) 381178	CLARE, K, 5 Alexandra Road, Romford	(01708) 756298	C, B.A, 55 Laburnum Avenue, Hornchurch	(01708) 449162
CELASCHI, Marion, 24 Cornell Way, Romford	(01708) 765276	CLARIDGE, D, 12 Gaynes Court Gaynes Court, Upminster	(01708) 226185	C, E, 52 Beltinge Road, Romford	(01708) 340876
CELEBIOGLU, Ms S, 24 Malt House Pl, Romford	(01708) 230017	CLARK, A, 47 Dewsbury Road, Romford	(01708) 342603	C, E.A, 14 Squirrels Heath Avenue, Romford	(01708) 765143
CENALIA, K, 208 Crow Lane, Romford	(01708) 960842	C, A, 20 Northwood Avenue, Hornchurch	(01708) 441124	C, F, 95 Upper Rainham Road, Hornchurch	(01708) 458162
CERNENKO, E, 19 Naunton Way, Hornchurch	(01708) 471649	C, C, 86 Park Drive, Upminster	(01708) 221769	C, P, 11 Diban Avenue, HORNCHURCH	(01708) 620578
CESNAITE, V, 26 Trowbridge Road, Romford	(01708) 372128	C, C, 35 Sylvan Avenue, Hornchurch	(01708) 459895	C, P, 155 Mungo Park Road, Rainham	(01708) 552874
CESONIS, Z, 3 Dairy Mews Back La, Romford	(020) 8503 8060	C, D, 20 Little Gaynes Lane, Upminster	(01708) 229818	C, S, 18 Columbine Way, Romford	(01708) 926553
CHADA, B, 11A Cecil Road, Romford	(020) 8220 2948	C, G, 5 Balgore Square, Romford	(01708) 787339	COLLISON, Mrs Ioan, 13 Kempton Avenue, Hornchurch	(01708) 441314
CHADNEY, P, 94 Collier Row Road, Romford	(01708) 721820	C, J, 37 Abbotts Close, Romford	(01708) 767526	COLLYER, S, 39 Westmoreland Avenue, HORNCHURCH	(01708) 469030
CHADWICK, N, 7 Fanshawe Crescent, Hornchurch	(01708) 477689	C, J, 8 Fir Tree Close, Romford	(01708) 720688	COLTMAN, D, 9 Guildford Road, Romford	(01708) 344521
CHAFKI, Mrs D, 56 Haynes Park Rd, Hornchurch	(01708) 230045	C, J, 7 Peerage Way, Hornchurch	(01708) 473035	COLVIN, V, 24 Riversdale Road, Romford	(020) 8262 9188
CHAGGER, S.S, 52 Cotleigh Road, Romford	(01708) 720203	C, Mr M, 13 Norfolk Road, Upminster	(01708) 472322	COMMER, S, 2 Kingsbridge Road, Romford	(01708) 376274
CHAKKO, P, 41 Holden Way, Upminster	(01708) 251157	C, P, 74 Albany Road, Hornchurch	(01708) 472193	COMPTON, P, 2 Middle Boy, Abridge	(01992) 815660
CHALLICE, R.J, 12 Widcombe Close, Romford	(01708) 730206	C, P, 11 Davies Close, Rainham	(01708) 532056	C, P.E, 18 Highfield Close, Romford	(01708) 760269
CHALLIS, M, 27 Ashvale Gardens, Upminster	(01708) 228138	C, P, 9 Silverdale Drive, Hornchurch	(01708) 472307	C, R, 16 Longwood Close, Upminster	(01708) 507999
C, M.J, 16 Hyland Close, Hornchurch	(01708) 472430	C, R, 20 Farm Way, Hornchurch	(01708) 912661	CONLEY, D, The Dip North Road, ROMFORD	(01708) 723810
CHALMERS, Evelyn, 6 Widecombe Clo, Harold Hill Romford	(01708) 373870	C, S, 31 Redruth Road, Romford	(01708) 757827	CONNELL, B, 52 Park Drive, Upminster	(01708) 222550
C, I, 191 Bell Avenue, Romford	(01708) 937920	C, T, 38 Tawny Avenue, Upminster	(01708) 500713	CONNOLLY, C, 13 Park Drive, Romford	(01708) 935886
CHAM, Monero, 15 Victoria Road, Romford	(01708) 756122	C, V.A, Maggie Cott Murthering La, Stapleford Abbots	(01708) 344630	C, P, FLAT 3 EMERSON HOUSE Butts Green Road, Hornchurch	(01708) 443205
CHAMBERLAIN, I, 67 Albany Road, Romford	(020) 8597 9496	CLARKE, C, 6 Creekside, Rainham	(01708) 550578	C, P, 13 Hyde Close, ROMFORD	(01708) 532962
C, K, Lindene Mendoza Close, Hornchurch	(01708) 451453	C, D.W, 66 Dee Way, Romford	(01708) 740766	C, P, 38 Oates Road, Romford	(01708) 704481
CHAMBERLIN, F.D, 1056 High Road, Romford	(020) 8590 8181	C, F, 13 Connaught Road, Hornchurch	(01708) 475847	C, T, 43 Argyle Gardens, Upminster	(01708) 225364
CHAMBERS, W.R, 21 Courtenay Gdns, Upminstr	(01708) 250187	C, F, 10 Montrose Avenue, Romford	(01708) 746276	CONNOR, R, 15 Pasture Drive, Harold Wood	(01708) 386161
CHAMPMAN, Reginald, Amanda Jutsums La, Romford	(01708) 762397	C, G, 181 Severn Drive, Upminster	(01708) 229916	CONNORS, S, 172 Collier Row Road, Romford	(01708) 731758
CHANA, Admiral S, 87 Westland Avenue, Hornchurch	(01708) 368520	C, I.B, 122 Squirrels Heath Road, Romford	(01708) 342047	CONROY, Eric G, 13 Manor Road, Chadwell Heath	(020) 8590 9656
CHANCE, D, 6 Gordon Avenue, HORNCHURCH	(01708) 478080	C, J, 92 Harrow Crescent, ROMFORD	(01708) 927972	C, J, 185 Carter Drive, Romford	(01708) 941850
CHANDLER, L.P, 36 Canon Av, Chadwell Heath Rd, Romford	(07956) 524389	C, Michael, 120 Corbets Tey Road, Upminster	(01708) 224279	CONVEY, L, 5 Peartree Gardens, Romford	(01708) 724008
C, R, 37 Malvern Road, Hornchurch	(01708) 744763	C, P, 259 Havering Road, Romford	(01708) 760384	CONWAY, A, 24 Dorrington Gardens, HORNCHURCH	(01708) 915501
CHANDLEY, A, 10 Durham Avenue, Romford	(01708) 455963	C, Mrs S, 24 Ferguson Avenue, Romford	(01708) 742727	C, A, Greenways Court Flat 67 Butts Green Road, Hornchurch	(01708) 531087
CHANDRAN, A, Flat 180 Haynes Park Court Slewins Close, Hornchurch	(01708) 780284	C, S, 24 Fleet Close, Upminster	(01708) 251007	C, D.P, 19 Boscombe Avenue, Hornchurch	(01708) 453917
C, R, 59 Gordon Road, Romford	(020) 3742 0842	C, T, 3 Pantile Cottages Bird Lane, Upminster	(01708) 229209	COOK, A, 22 Gaynes Park Road, Upminster	(01708) 225636
CHANDRASEKHARAN, N, 5 Bonington Road, Hornchurch	(01708) 471242	C, W, 81 Northumberland Avenue, Hornchurch	(01708) 442648	C, A, 103 Pancroft, ABRIDGE	(01992) 814142
CHAPLIN, R, 71 Reford Road, Romford	(01708) 341083	C, Y, 23A Chadwell Heath Lane, Romford	(020) 8590 9374	C, D.E, 9 Chelmsford Avenue, Romford	(01708) 737241
CHAPMAN, I.M, 15 Trent Avenue, Upminster	(01708) 227651	CLARY, H, 52 Charlotte Gardens, Romford	(01708) 931244	C, E, Mobile, 70 Dartfields, Romford, Essex	(0

C, S.G, 51 Kingsbridge Road, Romford	(01708) 372914	CROSBY, E, 32 Osborne Road, Hornchurch	(01708) 447427	DAWNEY, L, 49 The Grove, Upminster	(01708) 225862
COOKE, A, 7 West Road, Rush Green	(01708) 720363	CROSS, Mr B, 174 Cross Road, Romford	(01708) 230088	DAWSON, C, 35 Malan Square, Rainham	(01708) 928609
C, E.G, 81 Mashiters Walk, Romford	(01708) 766741	C, Mrs Ivey, 41 Lyndhurst Drive, Hornchurch	(01708) 451074	D, J, 142 Hillcrest Road, Hornchurch	(01708) 458939
C, L, Flat 28 St. Kathrins Place Deyncourt Gardens, Upminster	(01708) 641933	C, Joanne, 131 Heron Way, Upminster	(01708) 220870	DAY, A, 9 Kerry Close, Upminster	(01708) 227759
COOKSEY, E, 36 Havering Road, ROMFORD	(01708) 928881	C, L, 77 Ferguson Avenue, Romford	(01708) 766225	D, C, 18 Fairford Way, Romford	(01708) 572720
COOKSON, L, 87 Kenneth Road, Romford	(020) 8599 5543	C, L.G, 139 Turpin Av, Collier Rv	(01708) 769521	D, C, 106 Hitchin Close, Romford	(01708) 386036
COOMBE, A, 22 Brookside, Hornchurch	(01708) 447612	CROSSLEY, B, 23 Rowan Walk, Hornchurch	(01708) 449078	D, C, 108 Springfield Gardens, Upminster	(01708) 224274
COOMBER, D, 126 Bader Way, Rainham	(01708) 526504	C, C, 21 Burland Road, Romford	(01708) 752987	D, D, 7 Aveley Road, Upminster	(01708) 220683
COOMBS, J, 8 Elm Close, Romford	(01708) 828706	CROUCH, K, 3 Manor Road, Chadwell Heath	(020) 8599 8125	D, J, 44 The Mount, Romford	(01708) 386806
COOMBS, E, 35 Thatches Grove, Romford	(020) 8599 5348	CROW, T, 49 Swan Avenue, Upminster	(01708) 228222	D, J, 48 Hunters Grove, Romford	(01708) 760219
COOMER, B, 44 Parkstone Avenue, Hornchurch	(01708) 448603	CROWIE, J, 28 Squirrels Heath Avenue, Romford	(01708) 762705	D, J.M, 10 Griffin Avenue, Upminster	(01708) 229427
COONEY, M.J, 4 Heather Avenue, Romford	(01708) 747219	CROWLEY, M, 6 Victor Gardens, Hornchurch	(01708) 474731	D, K, 48 Collingwood Road Rainham, Essex	(01708) 552917
COOPER, A, 199 Lodge Lane, Romford	(01708) 767166	CROWTHER, K, 19 Benhurst Avenue, Hornchurch	(01708) 703160	D, M.C, 77 Sycamore Avenue, Upminster	(01708) 227550
C, A, Flat 24 Neale Court Upminster Road, Hornchurch	(01708) 452742	CRUDDINGTON, R, 18 Mill Park Avenue, Hornchurch	(01708) 457207	D, P, 22 Beehive Court Arundel Road, Romford	(01708) 371229
C, J, 3 Alexandra Road, Rainham	(01708) 521670	CRUSE, R, 8 Park Drive, Upminster	(01708) 223651	D, R, BT 88 Suttons Avenue, Hornchurch	(01708) 445580
C, J, 50 Harwood Avenue, Hornchurch	(01708) 701798	CRUST, L, 38 Beech Avenue, Upminster	(01708) 225249	D, T.G, 46 Copperfields Way, Romford	(01708) 375423
C, J, 38 Woodhall Crescent, Hornchurch	(01708) 702823	CRUTCHFIELD, K, 21 Cornell Way, Romford	(01708) 720831	DAVAL, D, 17 Manor Road, Romford	(020) 3624 9300
C, J, 14 Abbey Wood La, Rainham	(07961) 967753	CUDLIPP, K, 2 Hawthorn Av, Rainham	(01708) 523093	DE BRITO SOARES, A, Flat 26 Sudbury Court Glandford Way, Chadwell Heath	(020) 3731 4383
C, R, 14 Abbey Wood Lane, Rainham	(01708) 501551	CULL, M, 95 Marlborough Road, Romford	(01708) 721498	DE FREITAS, R, Flat 13 Pemberley Apartments 9 Gillian Crescent, Romford	(01708) 594498
C, R, 20 Oak Glen, Hornchurch	(01708) 532238	CULLEN, I, 71 Weald Way, Romford	(01708) 702385	DE LA CRUZ, P, 3 Dorking Road, Romford	(01708) 345746
C, R, 352 Wingletye Lane, Hornchurch	(01708) 448654	C, J, 35 Whitworth Avenue, Romford	(01708) 930804	DEADMAN, P, 53 Cranham Gardens, Upminster	(01708) 250784
C, T, 4 Abbots Close, Rainham	(01708) 500508	CULLEY, A.W, 1 Dunster Crescent, Hornchurch	(01708) 442303	DEAL, P, 82 Minster Way, Hornchurch	(01708) 446994
COPELSTON, V, 15 Queens Gardens, Rainham	(01708) 557321	CULLIFORD, G, 6 Acacia Gardens, Upminster	(01708) 224032	DEAN, Andrew, 79 Cedar Road, Romford	(01708) 748974
CORD, T, C/O OAK FARM 96 ONGER ROAD, ABRIDGE	(01992) 814981	CULLOTY, M, 2 Robinson Close, Hornchurch	(01708) 520944	D, J, 10 Fagus Avenue, Rainham	(01708) 559697
CORDELL, G, 417 Brentwood Road, ROMFORD	(01708) 920939	CUMBERS, M, 96 Albany Road, Hornchurch	(01708) 702348	D, J, 30 Laburnum Walk, HORNCHURCH	(01708) 926652
CORDER, B, 41 Orchard Close, Abridge	(01992) 814043	CUMMING, P, Tawneys 66 London Road, Stapleford Tawney	(01708) 688547	D, J.C, 114 Amery Gdns, Romford	(01708) 730194
CORDERY, D, 321 Brentwood Road, ROMFORD	(01708) 446412	CUNDICK, T, 33 Heron Way, Upminster	(01708) 250003	D, L, 22 Fairlop Close, Hornchurch	(01708) 607764
C, J, 42 Hubert Road, Rainham	(01708) 550972	CUNNINGHAM, L, 56 Tawny Avenue, Upminster	(01708) 227418	D, Mrs 45 Briar Road, Romford	(01708) 343796
C, J, 15 Marshalls Drive, Romford	(01708) 746380	C, L, 26 The Mall, Hornchurch	(01708) 438322	D, R, 7 Topaz Court Ferro Road, Rainham	(01708) 230181
CORIK, C, 19 Meadow, Romford	(01708) 733274	C, S, 11 Conway Close, Rainham	(01708) 558676	DEANE, F, 43 Nelmess Way, HORNCHURCH	(01708) 470049
CORMACK, Mrs Mabel, 102 Abbs Cross Gardens, Hornchurch	(01708) 446276	CURCHIN, A, Flat 8, Suffolk Court Hevingham Drive, Romford	(020) 3659 0028	DEANS, S, 2 Cophorne Gardens, Hornchurch	(01708) 454241
CORNELL, G, 16 Hood Road, Rainham	(01708) 522432	CURE, B, 52a Tudor Drive, Romford	(01708) 741591	DEBOO, J, 111 Pettits Lane, Romford	(01708) 720600
CORNETT, E, 43 Eversleigh Gardens, Upminster	(01708) 251075	CURLEY, Mrs Barbara, 62 Stanley Road, Hornchurch	(01708) 459366	DEDMAN, D, 172 Highfield Road, Romford	(01708) 230408
CORNEY, P, 48 Crystal Avenue, Hornchurch	(01708) 444610	C, F.M, 34 Norfolk Road, Romford	(01708) 760800	D, E.M, 84 Macon Way, Upminster	(01708) 641218
CORNISH, M, 95 Woodhall Crescent, Hornchurch	(01708) 545620	CURLING, A.J, 17 Nelmess Way, Hornchurch	(01708) 443735	DEE, M, 154 Upminster Rd, Rainham	(01708) 550349
C, R, 156 Northumberland Avenue, Hornchurch	(01708) 444626	CURRAN, G, 1 Barley Court Lowen Road, Rainham	(01708) 941285	DEEBLE, J, 12 Cophorne Gardens, Hornchurch	(01708) 453412
CORNWALL, J, 30 Walton Road, Romford	(01708) 749346	C, J, 16 Howard Road, Upminster	(01708) 507417	DEFROAND, B, 36 Hazel Rise, Hornchurch	(01708) 509943
CORNWELL, D.A.J, 1 Wallenger Avenue, Romford	(01708) 741693	C, M, 194 Bader Way, Rainham	(01708) 531912	DEGENT, J, 8 Swansea Close, Collier Row	(01708) 730301
C, D.J, 44 Aylsham Lane, Romford	(01708) 348453	C, P, 6 Bellevue Road, Hornchurch	(01708) 507258	DEIONE, J.A, 353 Brentwood Road, Romford	(01708) 473547
C, L, 22 Wantz Lane, RAINHAM	(01708) 253382	CURTIN, K, 30 Grangewood Avenue, Rainham	(01708) 521060	DELANEY, E.W, 59 Stanley Avenue, Romford	(01708) 274214
CORREIA, J, 250 Havering Road, Romford	(01708) 740561	C, M, Flat 54 Tallis Court Kidman Close, Gidea Park	(01708) 381511	DELAMERE, I, 29 Stratton Road, Romford	(01708) 378332
C, M, 345 South End Road, Hornchurch	(01708) 937035	CURTIS, G, 74 Argyle Gardens, Upminster	(01708) 251305	DELAUNEY, E, 29 Stratton Road, Romford	(01708) 378332
CORRIGAN, M, 23A Station Road, Chadwell Heath	(020) 8590 1592	C, J, 31 Princes Park, Rainham	(01708) 559455	DELAUNEY, G, 9 Nursery Close, Romford	(020) 8599 8737
C, P, 106 Grosvenor Drive, Hornchurch	(01708) 440130	C, R, 27 Eaton Drive, Romford	(01708) 727317	DELEA, E, 11 Church Road, Navestock	(01277) 373875
COSHELL, G, 14 Jenny Path, Romford	(01708) 373470	C, R, 2 Lee Avenue, Romford	(020) 8590 9005	D, M.E, 15 Cowper Road, Rainham	(01708) 555838
COSTEA, S, 407 Upminster Road North Rainham, Essex	(01708) 555782	CURTOIS, B, 45 Lake Rise, Romford	(01708) 743600	D, P, 36 Findon Gardens, Rainham	(01708) 550630
COSTER, B, 38 Eversleigh Gardens, Upminster	(01708) 229106	CUTBUSH, M, 5 Ewan Road, Harold Wood	(01708) 397059	DELEOIO, Daniel, Unit 1 Kings Estate Broadway Parade, Hornchurch	(01708) 479159
COSTI, R, 23 Woodcote Avenue, Hornchurch	(01708) 701741	CUTMORE, D, 112 Lake Avenue, Rainham	(01708) 555000	DELFA, A, 9 Egbert Close, Hornchurch	(01708) 470532
COTGROVE, R.J, 104 Hainault Road, Chadwell Heath	(020) 8599 0237	C, R, 7 Robin Close, Romford	(01708) 783085	DELL, K, 14 Rothbury Avenue, Rainham	(01708) 557599
COTT, P, 93 Springfield Gardens, Upminster	(01708) 722495	CUTTER, M, 76 Harold Court Road, Romford	(01708) 341898	DEMIRCI, A, 7 Mashiters Hill Romford, Romford	(01708) 730526
COTTAM, R, 7 Margaret Road, Romford	(01708) 782347	CZELNY, J, 15 Berkeley Close, Hornchurch	(01708) 440715	DENAPOLI, A, 47 Mashiters Walk, Romford	(01708) 723079
COTTENHAM, A, 25 Calmore Clo, Hornch	(01708) 621270	DA GLORIA, Miss Katarina, Highfield Towers 51 Hillrise Road, Hillrise	(01708) 756429	DENCH, S, 53 Ramsden Drive, Romford	(01708) 733384
COTTINGTON, A, Nabbit Oak Hill Rd, Stapleford Abbots	(01708) 372919	DA MATA FERNANDES, C, FLAT 43 FRAMLINGHAM COURT, NORWICH		DENHAM, C, 72 Brookdale Avenue, Upminster	(01708) 226274
COTTE, G, 3 Goodwin Way, Romford	(01708) 928306	ROMFORD	(020) 8598 8613	D, G, 91 Keats Avenue, Romford	(01708) 374419
COTTON, Janette, 27 Cardinal Way, Rainham	(01708) 554386	DA SILVA, Mr M, 16 Wadeville Av, Romford	(020) 3132 4809	DENISON, J.H, 310 Straight Road, Romford	(01708) 730767
C, M, 46 Roxey Avenue, Romford	(020) 8597 2140	DABY, P, 95 Primrose Avenue, ROMFORD	(020) 3172 2860	DENNE, Mr R, 76 Front Lane, Upminster	(01708) 222030
COTTRELL, M, 114 Alma Avenue, Hornchurch	(01708) 477988	DACI, S, 119 Burns Avenue, Chadwell Heath, Romford	(020) 8598 8764	DENNIS, A, 15A Tudor Drive, Romford	(01708) 748156
COUCH, J, 11 Venette Close, Rainham	(01708) 524218	DACK, J, 17 Roseacre Clo, Hornch	(01708) 741450	D, C, 116 White Hart Lane, Romford	(01708) 746239
COURTIER, M, Flat 17 Abraham Court, 2-4 St. Marys Lane, Upminster	(01708) 500063	DAINES, P, 25 Pettits Boulevard, Romford	(01708) 763382	D, D, 42 Cranham Gardens, Upminster	(01708) 251091
COURTNEY, H, 55 Great Gardens Road, Hornchurch	(01708) 455991	DALAL, P, 7 Lita Mews, Romford	(01708) 231113	D, E, 256 St. Andrews Avenue, Hornchurch	(01708) 452215
C, Mr R, 54 Lexden Drive, Romford	(020) 8141 1826	DALBY, S.M, 3 Ashbury Gardens, Romford	(020) 8590 5547	D, G, 69 Dunster Crescent, Hornchurch	(01708) 459492
COUTNEY, J, 23-27 High Street, Hornchurch	(01708) 457973	DALÉ, D, 25 Heathfield Park Drive, Chadwell Heath	(020) 8503 8601	D, M, 163 Chippenham Road, Romford	(01708) 347389
COUTTS, L, 86 Bridge Avenue, Upminster	(01708) 564341	D, R, 56 Farnham Road, Romford	(01708) 535359	D, M, 84 Percy Road, Romford	(01708) 744887
COWAN, Dawn, 8 Frederick Rd, Rainham	(01708) 523805	D, Mr Thomas, 28 Taunton Road, Romford	(01708) 732147	D, P, 17 Heather Glen, Romford	(01708) 726534
COWCHER, J, 22 Silver Fern Court Greenstone Walk, Rainham	(01708) 938229	DALLEY, A, 9 Grassmere Road, Hornchurch	(01708) 454905	DENNY, J, Flat 17 London Court 35 Junction Road, Romford	(01708) 763183
COWELL, D.E, 4 Maynards, Hornchurch	(01708) 453176	D, A, 95 Jarrow Road, Romford	(020) 8599 7889	DENT, L, 2 Broadstone Road, Hornchurch	(01708) 702658
COWHIG, D, 63 Avenue Road, Chadwell Heath	(020) 8983 8894	DALLOWAY, A, 6 Rainham Road, Rainham	(01708) 521581	D, Mrs Margaret, 11 Merritt House Frazer Close, Romford	(01708) 731443
COWIE, L, 38 Copperfields Way, Romford	(01708) 375921	DANCE, S, 2 Brookway, Rainham	(01708) 552594	DERBY, R, 1 Alderwood Drive, Abridge	(01992) 812598
C, S, 7 Hayes Drive, Rainham	(01708) 557062	DANGERFIELD, S.A, 42 Chatteris Avenue, Romford	(01708) 343802	DERRICK, D, 23 Little Gaynes Gardens, UPMINSTER	(01708) 220498
COWLER, P, 21 Melbourne Gardens, Romford	(020) 8597 7761	DANIEL, Conan, 107 Cherry Tree Lane, Rainham	(01708) 551621	D, Mrs M, 1 Claremont Gardens, Upminster	(01708) 222391
C, P, 74 Osborne Road, Hornchurch	(01708) 440246	D, Mr D, 50, William Pike Ho Waterloo Gdns, Romford	(01708) 230924	DESMEDY, J, 9 Severn Avenue, Romford	(01708) 762030
COX, C, 41 Wingletye Lane, Hornchurch	(01708) 442625	D, J, 13 Newbury Close, Romford	(01708) 345089	DEVEREUX, S.J, 12 Osborne Road, Hornchurch	(01708) 457657
C, F, 29 Barnstaple Road, ROMFORD	(01708) 928992	DANIELS, E, 411 Upminster Road North, Rainham	(01708) 556955	DEVET, C, 95 Station Lane, Hornchurch	(020) 8141 6344
C, Graham, 34 Fleet Av, Upminster	(01708) 251232	D, S, 10 Alma Avenue, Hornchurch	(01708) 448820	DEWAT, C, 95 Station Lane, Hornchurch	(01708) 448129
C, J, 36 The Chase, Romford	(01708) 744962	DARA, Aristir, Flat D4 The Squirrels 2a Douglas Avenue, Romford	(01708) 340694	DEWSON, Mike, 21 Abraham Court 2-4 St Marys La, Upminster	(01708) 224749
C, K, 4 St Marys Lane, Upminster	(01708) 222664	DARBY, T, 1d Courtenay Gardens, Upminster	(01708) 228279	DEY, B, 510 South End Road, Hornchurch	(01708) 533016
C, Mr Leonard, 83 Lancaster Drive, Hornchurch	(01708) 474742	DARCY, Miss Michelle, St. Ives Meadows Road, Upminster	(01708) 702031	DEYNEHA, Mr Oleks & R, 43 Hawthorn Avenue, Rainham	(01708) 609326
C, M, 4 Compton Avenue, Romford	(01708) 728221	D, R, 125 Redden Court Road, Romford	(01708) 349014	DHINE KWAMBIKA, E, Flat 21 Portman House 16-20 Victoria Road, Romford	(01708) 928560
C, P, 14 Belmont Avenue, Upminster	(01708) 442116	DARE, D, 14 South End Road, Rainham	(01708) 502030	DI LORENZO, G, 218 Faringdon Avenue, Romford	(01708) 386472
C, R, 10 Hood Road, Rainham	(01708) 558535	DARGLE, S, 62 Springfield Gardens, Upminster	(01708) 251415	DI PALMA, A, 14 Gaynes Road, Upminster	(01708) 224017
C, V, 41 Dunedin Road, Rainham	(01708) 536032	DARLEY, J, 12 Glenon Way, Romford	(01708) 764828	DIBATEZA, B, 64 Roles Gro, Romford	(020) 8590 5709
COYNE, J, 115 Benhurst Avenue, Hornchurch	(01708) 452633	DARLING, L, 40 Rosslyn Avenue, Romford	(01708) 343246	DIBBA, L, 116 Axiom Apartments Mercury Gardens, Romford	(01708) 534831
COZINSCH, Gherman, 22 Hawkinge Way, Hornchurch	(01708) 521215	DAUDA, I, 31A The Broadway, HORNCHURCH	(01708) 921746	DIBBLE, S, 84 Nelson Road, Rainham	(01708) 554385
CRABBS, P, 5 Garry Close, Romford	(01708) 725606	DAVENPORT, E.E.C, 27 Spencer Road, Rainham	(01708) 520272	DICKERSON, D, 11 Hayes Drive, Rainham	(01708) 558165
C, Robt J, 1 Plover Gdns, Upminster	(01708) 221732	DAVEY, A, 37 Freshwell Avenue, Romford	(020) 8599 1950	DICKSON, Simon, 31 Chestnut Avenue, Hornchurch	(01708) 455137
CRACKNELL, Laraine, 482 Mawney Road, Romford	(01708) 753739	D, A, 9 Chestow House Leamington Road, Romford	(01708) 928044	DICKSON, J, 13 Hamlet Road, Romford	(01708) 733917
CRAFT, S, 461A Upminster Road North, Rainham	(01708) 526367	D, D, 154 Faringdon Avenue, ROMFORD	(01708) 927642	DICKS, J, 28 Gelsthorpe Road, Romford	(01708) 737187
CRAFTER, D, Wennington Marsh Farm Wennington Road, Wennington	(01708) 523757	D, D, 40 Suttons Avenue, Hornchurch	(01708) 509020	DICKSON, R, Flat 39 Haynes Park Court Slewins Close, Hornchurch	(01708) 437167
CRAFTS, T, 17 Park Crescent, Hornchurch	(01708) 764655	DAVID, M, J, 43 Leston Clo, Rainham	(01708) 525814	D, W, 65 Galleywood Crescent, Romford	(01708) 535593
CRAMPTON, Mr Leonard, 67 Highfield Crescent, Hornchurch	(01708) 450552	D, V, 8 Clayton Avenue, Upminster	(01708) 224099	DIEBELIUS, A.S, 46 Kingston Road, Romford	(01708) 743243
C, R.C, 56 Halesworth Road, Romford	(01708) 374085	DAVIDS, M, 7 Brindles, Hornchurch	(01708) 442785	DIETT, J, 55 Pennerley Road, Rainham	(01708) 553510
CRANDON, T, 2 Gillian Crescent, ROMFORD	(01708) 532995	D, M, 64 Pretoria Road, ROMFORD	(01708) 751790	DIGBY, T, 95 Ingrebourne Road, Rainham	(01708) 523983
CRANE, P, Mobile, 45 Oakley Drive, Romford	(07931) 215680	DAVIDSON, J, Flat 7 Richard Blackburn House 76 Carnation Close, Rush Green	(020) 8595 1324	DIGGIN, P.J, 52 Percival Gardens, Romford	(020) 8598 2219
C, R.A, 45 Rosedale Road, Romford	(01708) 766216	D, S, 2 Cane Hill, Harold Wood, Romford	(01708) 377702	DILLON, D.J, 48 Havering Drive, Romford	(01708) 764525
CRAWFORD, V, 238 Hornchurch Road, Hornchurch	(01708) 703334	D, S, 80 Lancaster Drive, Hornchurch	(01708) 440149	DIMEENNO, R, Cranleigh 11 Rowan Walk, Hornchurch	(01708) 453945
CRAWLEY, K, 91 Abbs Cross Lane, Hornchurch	(01708) 477858	DAVIES, C.C, 51 Ainsley Av, Romford, Essex	(07947) 755394	DIN, S.P, 101 Kingshill Avenue, Romford	(01708) 742053
C, K, 45 Church Road, Bulphan, Upminster	(01375) 891645	D, Hannah, 142 Carlton Road, Romford	(01708) 727656	DINE, C.R, 32 Winchester Avenue, Upminster	(01708) 224744
C, M, 29 Beechfield Gardens, ROMFORD	(01708) 915871	D, K, 23 Norbury Gardens, Romford	(020) 8590 0398	DINGLEIN, Karen, 42 Gainsborough Road, Rainham	(01708) 526141
CREARY, C, 108 Kingshill Avenue, Romford	(01708) 964825	D, Leond, 39 Bennett Road, Romford	(020) 8599 7616	DINGLEY, K, 19 Fair Oak Gardens, Romford	(01708) 767685
CREASEY, A.W, 9 Roles Grove, Romford	(020) 8599 7843	D, L, 8 Sylvan Avenue, Romford	(020) 8599 0444	DINU, V, Flat 74, Charrington Court Atlanta Boulevard, Romford	(01708) 608406
C, J, 71 Avelon Road, Rainham	(01708) 551123	D, R, 56 Lincoln Avenue, ROMFORD	(01708) 532968	DIPROSE, J, 11 Russets, Hornchurch	(01708) 495960
C, W.E, 125 Osborne Road, Hornchurch	(01708) 440160	D, S, 58 Brookdale Avenue, Upminster	(01708) 224870	DIRIARI, W, 27 Woodlands Avenue, Romford	(020) 3665 9356
CREBER, R.A, 17 St. Georges Avenue, Hornchurch	(01708) 747305	D, S, 3 South Drive, Romford	(01708) 531170	DIVALL, P, 76 Dartfields, Romford	(01708) 344169
CREEDON, P, 36 Christchurch Avenue, Rainham	(01708) 508478	D, Tony, 92 Turpin Avenue, Romford	(01708) 704129	DIVER, A, 11 Sorrel Walk, Romford	(01708) 740909
GREGAN, M, ROSEMARY St.					

D, S, 1 Harwood Avenue, Hornchurch.....	(01708) 701711	DUNSDON, G, 53 Holden Way, Upminster.....	(01708) 226502	Navestock	(01277) 372166
DIXSON, S, 12 Neale Court Upminster Road, Hornchurch.....	(01708) 471540	DURBRIDGE, D, 2 Boulter Gardens, Rainham	(01708) 441778	EMERIBE, O, 36 Jordans Way, Rainham	(01708) 559839
DOBIE, R, 39 Randall Drive, Hornchurch.....	(01708) 703226	DURHAM, Sybil, 26 Ravenscourt Drive, Hornchurch	(01708) 452192	EMERY, L, 19 Bouchier Walk, Rainham	(01708) 525991
DOBNEY, A, 23 Shenstone Gdns, Romford	(01708) 370838	DURRANT, D, 7 Stanley Road South, Rainham	(01708) 501800	E, S, 43 Tawny Avenue, Upminster	(01708) 224245
DOBRIN, Mr Alex & Ru, 40 Leston Close, Rainham	(01708) 608209	D, J, 32 Cecil Avenue, Hornchurch	(01708) 479046	EMMERY, D, 45 Highview Ho Hatch Gro, Romford	(020) 8503 8579
DOBSON, A, 114 Devonshire Road, Hornchurch	(01708) 449332	D, R, 107b Upminster Road, Hornchurch.....	(01708) 479902	E, Maureen, 65 Laurel Crescent, Romford	(01708) 769070
D, M, 89 Highfield Road, Romford.....	(01708) 782009	DURU, J, 34 Maygreen Crescent, Hornchurch	(01708) 960584	EMMETT, R, 50 Bellevue Road, Romford	(01708) 750176
DOCHERTY, C, 212A High Street, Hornchurch	(01708) 920562	DUST, J, 34 Acadia Drive, Upminster.....	(01708) 222939	EMMS, B, 10 Windermere Avenue, Hornchurch	(01708) 452073
DODD, I, 130 Warren Drive, Hornchurch.....	(01708) 446677	DUTTON, J.M, 7 Hornminster Glen, Hornchurch	(01708) 448397	EMPSON, W, 14 Primrose Avenue, Romford	(020) 8599 3604
D, Mrs Pamela, 181 Mungo Park Road, Rainham	(01708) 550711	DYER, J, 120 Clockhouse Lane, Romford	(01708) 726697	EMSDEN, E, 2 Findon Gardens, Rainham.....	(01708) 509220
D, P.D, 19 Lytton Road, Romford.....	(01708) 458498	DYERSON, H.A, 6 Kenway Close, Rainham.....	(01708) 553643	EMSON, J, 8 Maple Avenue, Upminster	(01708) 220506
D, R.P, 50 Garry Way, Romford	(01708) 742804	D, J, 41 Thorn Lane, Rainham.....	(01708) 523113	ENDEAN, S, 111 Cross Road, Romford	(01708) 743674
DODDS, M, Flat 18 Dreywood Court 53 Squirrels Heath Lane, Romford.....	(01708) 471322	DYKES, C, 52 Abbs Cross Gardens, Hornchurch	(01708) 442494	ENE, F, 409D Whalebone Lane North, Romford	(020) 3561 5114
DODSON, V, 219 Collier Row Lane, Romford.....	(01708) 705940	DZINGAI, F, 48 Queens Gardens, Rainham.....	(01708) 564661	ENGEL, David, 72 George Street, Romford	(01708) 754345
DOE, J, 234 Corbets Tey Road, Upminster.....	(01708) 229979	EADE, P, 74 Hillcrest Road, Hornchurch	(01708) 455900	ENGLEFIELD, R, Maricots Equestrian Centre Benskins Lane, Romford.....	(01708) 344697
D, M, 17 Little Gaynes Lane, Upminster	(01708) 250357	EAGER, H, 30 Rochford Avenue, Romford	(020) 8590 6643	ENGLISH, C.C, 23 Chipperfield Close, Upminster	(01708) 226028
DOHERTY, M, 107 Rush Green Road, Romford	(01708) 750784	E, J, BOWER Farm Bower Farm Road, Havering-Atte-Bower	(01708) 746873	ENGOMBE, D, 58 Avenue Rd, Chadwell Hth.....	(020) 8598 2621
DOLBY, C, Flat 4 2a Widecombe Close, ROMFORD	(01708) 531383	EAGLING, Brain, 20 Tindall Close, Romford.....	(01708) 373027	ENOGERU, I, 11 Crouch Valley, UPMINSTER	(01708) 921394
DOLLEWATTE, N, 36 Connaught Road, Hornchurch	(01708) 949122	EARL, D, 21 Highview Gardens, Upminster	(01708) 223069	ENTWISTLE, O, 32 Aldborough Road, Upminster	(01708) 535278
DOLYAK, C, 506 South End Road, Hornchurch	(01708) 446913	E, V, 177 Severn Drive, Upminster	(01708) 226861	ERDOGAN, R, 171 South Street, Romford	(01708) 721145
DOMAN, L, 99 Shepherds Hill, Romford	(01708) 375416	EASOM, D, 18 Wells Gardens, Rainham	(01708) 521297	EREIRA, S, 37 Esk Way, Romford	(01708) 746936
DOMENEY, L.A, 5 Newbury Road, Romford	(01708) 344644	EASTMAN, J, Amberley Oak Hill Road, Stapleford Abbots	(01708) 744679	ERSKINE, Mrs June, 111a Mungo Park Road, Rainham	(01708) 523493
DOMINGOS, E, 4 Crabtree Avenue, Romford	(020) 3624 7313	E, R, 20 Cranborne Gardens, UPMINSTER	(01708) 640152	E, M.E, 156 Moor Lane, Upminster	(01708) 227994
DONNE, M.R, 49 Cross Rd, Mawneys	(01708) 740734	EATON, E, 76 Kenilworth Gardens, Hornchurch	(01708) 473955	ERUKULLA, M, Flat 12 Downey House 13 Ashflower Drive, Romford.....	(01708) 937538
DONNELLAN, A, 7 Neptune Close, Rainham	(01708) 523121	E, J, 51 Eddy Close, Romford	(01708) 788367	ESFAHANI, S, 21 Blacksmiths Close, Romford	(020) 3686 1556
DONNELLY, J, 108 Alma Avenue, Hornchurch.....	(01708) 620171	EBHOMIEN, P, 9E Mawney Court Havering Road, Romford.....	(01708) 910307	ESKANDARI, L, 3 Cheviot Road, Hornchurch.....	(01708) 479752
D, K, 19 Prospect Place, Romford	(01708) 721458	EBORN, R, 35 Curtis Road, Hornchurch.....	(01708) 508585	ESONO, J, Pelham House Flat 16 124, High Street, Hornchurch	(01708) 531976
D, S, 49 Walton Road, Romford	(01708) 760441	EBSWORTH, M, 52 Limerick Gardens, Upminster	(01708) 501577	ESTHER ADELEYE, P, 87 South End Road, Rainham	(01708) 926122
DONOHUE, M, 345 Goodwood Avenue, Hornchurch	(01708) 470464	EDE, I.A, 1 Freeman Way, Hornchurch	(01708) 442200	ETHERTON, J, 47 Blacksmiths Lane, Rainham	(01708) 536324
DONOVAN, C, 71 Coniston Avenue, Upminster.....	(01708) 224183	E, V, Flat 2 Taybridge House Upminster Road, Hornchurch	(01708) 473254	EUESDEN, W, 7 Sawyers Chase, Abridge	(01992) 814595
D, J.M, 19 Burlington Avenue, Romford	(01708) 760192	EDGAL, O, 53 Padnal Rd, Romford	(07956) 592462	EVANS, A, 6 Cole Court Dorking Road, Romford	(01708) 564599
D, K, 22 Heron Way, UPMINSTER	(01708) 224077	EDGAR, D.G, 57 Philip Avenue, Romford.....	(01708) 742761	E, A, 71 Valentines Way, Romford	(020) 8252 0303
D, M, 13 Astor Avenue, Romford	(01708) 788083	EDGE, A, 147 Carter Drive, Romford	(01708) 767374	E, A, 79 Woodhall Crescent, Hornchurch	(01708) 448299
D, R.J, 42 Sunnyside Gardens, Upminster	(01708) 225484	EDHOUSE, Susan, 87 Avon Road, Upminster.....	(01708) 228033	E, C, 185A Church Rd, Romford	(01708) 373369
D, S, 15 Knights Walk, Abridge	(01992) 814032	EDKINS, A, 58 Avon Road, Upminster	(01708) 228332	E, D, 21 Kingshill Avenue, Romford	(01708) 728116
DOOLAN, M, 123 Collier Row Lane, Romford	(01708) 705542	EDMAN, S.P, 111 Heron Way, Upminster	(01708) 228328	E, Mrs Doris, 9 Strood Avenue, Romford	(01708) 732926
DORE, R, 117 Benets Road, HORNCHURCH	(01708) 444516	EDMONDS, B, 40 Wakerfield Close, Hornchurch	(01708) 456561	E, E.A, 110 Lake Avenue, Rainham	(01708) 551477
DORKEN, R, 10 Yale Way, Hornchurch	(01708) 470918	E, M, (Mobile), Why Worry Nok Hill Rd, RM3.....	(07956) 644878	E, G, 14 Ashdown Walk, Romford	(01708) 926918
DORMER, K, 6 Tyrells Close, Upminster	(01708) 250609	EDMONDSON, E, 45 Navarre Gardens, Romford	(01708) 767805	E, J, 39b High Street, Romford	(01708) 768609
DORNESCU, B, 42 Rose Glen, Romford	(01708) 741266	EDMUNDS, Janet, 29 Theydin Gardens, Rainham	(01708) 551238	E, J, 34 Jasmine Road, Rush Green	(020) 8984 9599
DOROS, I, 15 Frinton Road, Romford	(01708) 232084	E, L, 81 Keats Avenue, Romford	(01708) 787511	E, J, Flat 11 Ash Court Jutsums Lane, Romford	(01708) 531439
DORRELL, P, 67 Elm Park Avenue, Hornchurch	(01708) 445864	EDMUNDSON, M.E, 116 Roseberry Gardens, Upminster	(01708) 224578	E, J, 41 Malt House Place, Romford	(01708) 763079
D, S, 86 White Hart Lane, Romford.....	(01708) 764179	EDWARDS, A, 27 Elmhurst Drive, Hornchurch	(01708) 442023	E, M, 50 Craigdale Road, Hornchurch	(01708) 564244
DORVILS, W, 8 Parkway, Rainham	(01708) 592485	E, A.C, 135 Lodge Avenue, Romford.....	(01708) 742668	E, P, 237 Pettits Lane North, Romford	(01708) 766383
DOSSEY, S, 38 Fields Park Crescent, Romford	(020) 8597 7633	E, B, 2 Canterbury Avenue, Upminster	(01708) 221226	E, P, 6 Woodhall Crescent, Hornchurch	(01708) 702668
DOUCH, C.M, 26 Meadow Way, Upminster	(01708) 640681	E, B, 65 Lancaster Drive, Hornchurch	(01708) 470672	E, R, 56 Chevington Way, Hornchurch	(01708) 938503
DOUCY, L, 26 Newhall Drive, Romford	(01708) 343324	E, C, 127 Ingrebourne Gardens, Upminster	(01708) 223839	E, S, 17 Tern Gardens, Upminster	(01708) 229807
DOUGALL, J, 27 Essex Gardens Hornchurch, Essex	(01708) 450231	E, C, 32 Spenser Crescent, Upminster	(01708) 640335	EVANSON, M, 47 Fleet Avenue, Upminster	(01708) 229143
DOUGLAS, D, 60 South End Road, Rainham	(01708) 509878	E, D, 2 Whybridge Close, Rainham	(01708) 552334	EVE, R.A, 40 Ravenscourt Grove, Hornchurch	(01708) 443585
D, Susan, Rm5 3E1 53 Mowbrays Road, Collier Row, Romford	(01708) 738725	E, I, 59 Severn Close, Romford	(01708) 345489	EVEREST, B, 10 Keith Way, Hornchurch	(01708) 443286
DOUKANARIS, A, 120 Ardleigh Green Road, Hornchurch	(01708) 471334	E, J, 14 Willow Street, Romford	(01708) 754698	EVERETT, C, 24 Recreation Avenue, Romford	(01708) 508720
DOUMBIA, M, 24 Osborne Road, Hornchurch	(01708) 454651	E, K.J, 37 Holt Road, Romford	(01708) 376334	E, L, 179 Wingley Lane Hornchurch, Essex	(01708) 447430
DOVE, B, 15 Pincroft, Gidea Park Romford	(01708) 478779	E, Mrs L, Mrs 312 South Street, Romford.....	(01708) 727438	EVERITT, I, 14 Garrick House 98 Adelphi Crescent, Hornchurch.....	(01708) 620429
D, C, 35 Orchard Avenue, Rainham	(01708) 551603	E, P, 10 Gull Walk, Hornchurch	(01708) 557322	E, Sandy, 16 Widecombe Close, Romford	(01708) 345485
DOWDELL, M, 24 Lowshoe Lane, Romford	(01708) 740919	E, R, 21 Dorian Road, Hornchurch	(01708) 448533	EVERSEY, J.W, 45 Stoke Road, Rainham	(01708) 552671
DOWDIE, M, 36 Gillian Crescent, Romford	(01708) 763895	E, R.A, 15 Morecambe Close, Hornchurch	(01708) 456748	EVERSON, D, 6 New Farm Drive, Romford	(01992) 841994
DOWERS, M, 53 The Avenue, Hornchurch	(01708) 620058	E, Mr Stephen, 5 Hilldene Ave Romford, Essex	(01708) 731524	EVERY, A.E, 4 Ashleigh Gardens, Upminster	(01708) 224429
DOWGIEL, Mrs Elzbieta, 57 Gordon Road, Romford	(020) 8599 9302	E, S, 98 Lincoln Avenue, Romford	(01708) 747904	EVES, Michl J, 18 Cranston Park Avenue, Upminster	(01708) 221673
DOWIE, J, 11 Havering Gardens, Romford	(020) 8220 0616	EE, G, 107 Valentines Way, Romford	(01708) 231154	EWEN, S.J, 16 Sylvan Avenue, Hornchurch	(01708) 442356
DOWLING, K, 53 Ingrebourne Gardens, Upminster	(01708) 223390	EFDE, H, 17 Warren Drive, Hornchurch	(01708) 475731	EWENSON, M, 385 Havering Road, Romford	(01708) 348311
DOWNARD, Mrs Irene, 89 Parkside Avenue, Romford	(01708) 749604	EGAN, A, 8 Appleby Drive, Romford	(01708) 377111	EWIN, P, 6 Horace Avenue, Romford	(01708) 913146
DOWNES, A, 33 Halcyon Way, Hornchurch	(01708) 847757	E, F, 74 Frederick Road, Rainham	(01708) 525607	E, T, 88 Park Drive, UPMINSTER	(01708) 640022
D, L, 280 Brentwood Road, ROMFORD	(01708) 449120	EGLETON, K, 22 Paighton Close, Romford	(01708) 376008	EWING, J.E, 108 Seymour Rd, Romford	(01708) 769051
D, S.J, 21 Candover Road, Hornchurch	(01708) 471121	EHREN, P, 99 Squirrels Heath Road, Romford	(01708) 347853	EXLEY, M, 29 Warriner Avenue, Hornchurch	(01708) 508019
DOWNS, A.A, 3 Warwick Gardens, Romford	(01708) 742721	EKE, P, 9 Grosvenor Drive, Hornchurch	(01708) 701207	EYRE, Christopher, 93 Harrow Drive, Hornchurch.....	(01708) 472884
D, 1, 132 Devonshire Rd, Hornchurch.....	(07956) 517109	EKONOMOU, Mr Alex & Er, 4 Lytton Road, Romford	(01708) 443257	E, C, 464 Mawney Rd, Romford	(07956) 576474
DOWSETT, B, 20 Heather Way, Romford	(01708) 765250	ELBOURNE, P, 29 Station Lane, Hornchurch	(01708) 454332	E, C, 464 Mawney Rd, Romford	(07958) 922138
D, D, The Drive Stapleford Road, Stapleford Abbots	(01708) 688481	ELECTRICITY		FABIYI, M, 1 Nash Road, Romford	(020) 3605 6092
D, Admiral D, The Drive Stapleford Road, Stapleford Abbots	(01708) 982753	Please see listings in Business & Services Section		FACKLER, D.A.J, 18 Deyncourt Gardens, Upminster	(01708) 250761
D, P, 32 Charlbury Crescent, Romford.....	(01708) 373272	ELEY, M, 22 Newbury Gardens, Romford	(01708) 346139	FADJOJITIMI, O, 14 Duntun Road, Romford	(01708) 926055
DOWSING, F, 10 Douglas Avenue, Romford	(01708) 348085	ELIAS, P, 21 Lodge Avenue, Romford	(01708) 742255	FAGBENRO, A, 18 Wingley Lane, Hornchurch	(01708) 910671
DOYLAND, T, 133 Chatteris Avenue, Romford	(01708) 344565	ELLAM, M.A, 31 Flamingo Wlk, Hornchh	(01708) 558236	FAGBOHUNLU, C, 180A Petersfield Avenue, Romford.....	(01708) 231412
DOYLE, B, 5 Pitcan Close, Romford	(01708) 747002	ELLEDGE, K, 56 Salsbury Road, Romford	(01708) 451338	FAGE, Mrs Helen, 7 Mawney Close, Romford	(01708) 723790
D, Ms E, 39 Diban Ct Diban Av, Hornchurch	(01708) 457562	ELLERBECK, M, 367 Upminster Road North, RAINHAM	(01708) 630981	FAHEY, E.E, 15 Argyle Gardens, Upminster	(01708) 641695
D, J, 32 Carlisle Road, Romford	(01708) 741226	ELLIOT, C, Flat 218 Flat 218 Haynes Park Court Slewins Close, HORNCHURCH	(01708) 535262	FAHY, R, 33 Liliac Gardens, Romford	(01708) 751006
DRAIN, Mr L, 17 Cromer Road, Romford	(01708) 237507	ELLIOTT, D, 95 Stanley Road North, Rainham.....	(01708) 556253	FAIR, J, 89 Sackville Crescent, Romford	(01708) 375798
DRAPER, D, 10 Springbank Avenue, HORNCHURCH	(01708) 454368	E, G, 23 Clayton Avenue, Upminster	(01708) 222762	F, K, 5 Gosport Drive, Hornchurch	(01708) 500317
D, Mr R, 19 Hunters Grove, Romford	(01702) 640269	E, J, 10 Chestnut Avenue, Hornchurch	(01708) 455693	FAIRBANK, L, 5 Mawney Close, Romford.....	(01708) 927454
D, S, 622 Upper Brentwood Road, Romford	(01708) 768558	E, P.R, 32 Davies Close, Rainham, Essex	(07956) 812045	FAIRS, Mrs 56 Heathfield Park Drive, Romford	(020) 8599 6007
DREW, M, 9 Caxton Way, Romford	(01708) 754023	ELLIOTT, Mr 22 Dartfields, Romford	(01708) 397957	FAIRWEATHER, B.E, 50 Redden Court Road, Romford.....	(01708) 371602
DREWETT, A, 83 Westmoreland Avenue, Hornchurch	(01708) 701116	ELLIS, A, 48 Lyndhurst Drive, Hornchurch	(01708) 459003	F, R, 14 Coniston Avenue, Upminster	(01708) 226271
D, W, 22 Arlington Gardens, Romford	(01708) 347651	E, A, 33 Walmer Close, Romford	(01708) 749923	FAITHFULL, J.E, 6 Matthews Close, Romford	(01708) 340104
DRINKWATER, C, 13 Nimes Road, Hornchurch	(01708) 502294	E, Arthr W, 7 Bartlow Gardens, Romford	(01708) 761453	FALDO, D, 78 Ingrebourne Gardens, Upminster	(01708) 507248
DRISCOLL, P, 2 Nelson Close, Romford	(01708) 783688	E, D, 1a Bell Avenue, Romford	(01708) 340411	F, M.P, 258 St. Andrews Avenue, Hornchurch	(01708) 470482
DRISCOLL, D, 36 Merlin Road, Romford	(01708) 721798	E, D, 18 Edy Close, Romford	(01708) 765676	F, V, 113 Benhurst Avenue, Hornchurch	(01708) 456158
D, Damian, 96 Queens Rd, Brentwood	(01277) 221014	E, J, 5 The Drive, Collier Row	(01708) 531163	FALLON, D, 3 Purbeck Road, Hornchurch	(01708) 703186
D, J, 40 Essex Gardens, Hornchurch	(01708) 455306	E, J.C, 3 Gordons Cottages Stapleford Road, Stapleford Abbots	(01708) 688295	F, T, 123 Bridgewater Road, Romford	(01708) 343939
DRIVER, C, 40 Hathaway Gardens, Romford	(020) 8590 4587	E, K, 4 Glanville Drive, Hornchurch	(01708) 502578	FALLOWS, C, 15 Ferguson Avenue, Romford	(01708) 731183
D, C, 1788 Petersfield Avenue, Romford	(01708) 373894	E, L.E, 59 Rainsford Way, Hornchurch	(01708) 470929	FALVEY-BROWNE, E, 3 Devonshire Road, Hornchurch.....	(01708) 448095
DRURY, S, 34 Isis Dv, Upminster	(01708) 229747	E, R, 20 Tudor Avenue, Romford	(01708) 744721	FANNING, K, 10 Cedric Avenue, Romford	(01708) 910124
DRYNAN, M, 18 West Road, Chadwell Heath	(020) 8597 7658	E, S, Flat 17 Weave Court 2 Loom Grove, Romford	(01708) 941079	FANTHAM, I, 19 West Malling Way, Hornchurch	(01708) 707131
D'SOUZA, B, 35 Park End Road, Romford	(01708) 741438	E, S, 25 Bellflower Path, Romford	(01708) 374741	FARAM, L.E, 28 Grove Park Road, Rainham.....	(01708) 555932
DUCKETT, S, 28 Maybank Avenue, Hornchurch	(01708) 447320	E, S, 15 Chiltern Gardens, Hornchurch	(01708) 620771	FARDELL, P, 27 Kingdom Hall Trowbridge Rd, RM3.....	(01708) 230329
DUDINGTON, P, 13 Longtown Close, Romford	(01708) 343592	E, S, 68 Linley Crescent, Romford	(01708) 780062	FARLOW, P, 46 Lodge Court High Street, Hornchurch	(01708) 477207
DUDNEY, B, 70 Beaulay Way, Romford	(01708) 761956	E, T, 2 Straight Road, Romford	(01708) 782974	FARMER, E, 26 Kent Drive, Hornchurch	(01708) 442661
DUFF, T, 148 Charlbury Crescent, Romford	(01708) 501019	ELLSMORE, R, 40 Farnes Drive, Romford	(01708) 748907	FARNELL, M, 11 Court Avenue, Romford	(01708) 781366
DUFFY, W, 60 Craigdale Road, HORNCHURCH	(01708) 738516	E, R, 97 Squirrels Heath Road, Romford	(01708) 707356	FARR, D, (Mobile), 156 Amery Gdns, Romford	(07956) 407877
DULIEU, C, 18 Billiet Road, ROMFORD	(020) 8597 7767	ELLMWOOD, S, 27 The Avenue, Hornchurch	(01708) 451431	FARRANT, Mrs Heidi, 9 Halesworth Close, Romford	(01708) 607158
D, Linda, 17 Fanshawe Crescent, Hornchurch	(01708) 447415	ELMER, B, 36 Ford Lane, Rainham	(01708) 552968	F, L, 14 Sunnyside Gardens, Upminster	(01708) 222626
DULY, Colin, 17 Castellian Av, Romford	(01708) 741503	ELSDON, E, 13 Burnham Road, Romford	(01708) 788049	FARRELL, J, 53 Boundary Road, Upminster	(01708) 227761
D, J.E, 3 Renown Close, Romford	(01708) 768407	E, P, 282 Havering Road, Romford	(01708) 706790	F, R, 14 Belgrave Avenue, Romford	(01708) 781275
DUNBAR, L, 102 Birch Crescent, Hornchurch	(01708) 782336	ELSLEY, R, 34 Maylands Avenue, Hornchurch.....	(01708) 709940	FARRE	

Residential Listings

7

FELINE, B, 32 Stanley Avenue, Romford	(01708) 748782	F, M, 126 Rosebank Avenue, Hornchurch.....	(01708) 500617	G, Taryn, 23 St Lawrence Rd, Upminster	(01708) 226117
FELLOWES, Mr J, 5 Guyfield Drive, Rainham.....	(01708) 5522715	F, Pauline, 28 Huskards Waldegrave Gardens, Upminster.....	(01708) 222287	GAS	
FELLS, P, 93 Eyhurst Avenue, Hornchurch.....	(01708) 450919	F, S.A., 103 Osborne Rd, Hornchch	(01708) 454344	Please see listings in Business & Services Section	
FELTON, Jane, Flat 9 Amberley House 1 Passive Close, Rainham.....	(01708) 526862	FWLLER, B, 17 Roslyn Gardens, Romford	(01708) 608804		
FENDER, Bobbie, 107 Cranston Park Avenue, Upminster	(01708) 228118	F, D, 40 Belmont Road, Hornchurch.....	(01708) 508184	GATT, T, 26 Boscombe Av, Hornchch.....	(01708) 443836
FENN, LL, 248 Edmund Road, Rainham	(01708) 523627	F, D, 12 Davies Close, Rainham	(01708) 522293	GAWITH, G, 24 Upand Court Road, Romford	(01708) 709729
F, L, 7 Ravenscourt Dv, Hornchurch.....	(07956) 903781	FOWLES, E.G., 10 Ardleigh Green Road, Hornchurch.....	(01708) 440473	GAWLER, E, 129 Rosebank Avenue, Hornchurch	(01708) 457710
FENNEL, R, 14 Bellings Road, ROMFORD.....	(01708) 341375	FOWLEY, B, 77 Gaynes Park Road, Upminster.....	(01708) 228172	G, K, 48 Eastbury Road, Romford	(01708) 727586
FENNESSY, A, 21 Maple Avenue, Upminster.....	(01708) 910270	FOX, D, 7 Fleet Close, Upminster.....	(01708) 228354	G, M.P., 33 Blacksmiths Lane, Rainham	(01708) 559845
FENNINGS, D, The Forge Chequers Road, Romford.....	(01708) 377833	F, J, 23 MacLennan Avenue, Rainham	(01708) 558391	GAXHA, F, 40 Dagenham Road, Romford	(01708) 754142
FENTIMAN, J, 26 Heron Way, Upminster.....	(01708) 223728	F, J, 13 Passive Close, Rainham	(01708) 531173	GAY, S, 452 Wingletye La, Hornchurch.....	(07956) 505067
FENTON, L, 136 AVON COURT Avon Road, Upminster	(01708) 220648	F, M, 11 Woodcote Avenue, Hornchurch.....	(01708) 474887	GAZE, R, 20 Ravenscourt Drive, Hornchurch	(01708) 440743
FERDERICKS, C, 72 Cherry Tree Lane, Rainham	(01708) 941771	F, R, 204 Osborne Road, Hornchurch.....	(01708) 452632	GEARING, Bertie, 57 Percy Rd, Romford	(01708) 740134
FERGUSON, E, 13 Holt Road, Romford	(01708) 340929	F, R.W., 103 Heron Way, Upminster.....	(01708) 225375	G, L, 3 Bridgefields Close, Hornchurch	(01708) 938088
F, M, 18 Penrith Crescent, Rainham	(01708) 445775	FOXALL, Mr Vincent, 12 Athelstan Close, Romford.....	(01708) 376438	GEARY, J, 16 Dorset Avenue, Romford.....	(01708) 769024
F, S.J., 19 Brookdale Close, Upminster	(01708) 223062	FOXEN, B, 26 Ferguson Court, Romford	(01708) 765267	GEDALOVITCH, R, 66 Milton Avenue, Hornchurch	(01708) 782881
FERNANDES, Mrs Sarah, 53 Athelstan Road, Romford.....	(01708) 344415	FRANCIS, D, 1 Squirrels Heath Avenue, Romford.....	(01708) 749928	GEE, Margaret, 48 Squirrels Heath Lane, Hornchurch	(01708) 446240
FERNANDEZ, A, 53 Athelstan Road, Romford	(01708) 843458	F, Ms J, 19 Queen St, Romford	(01708) 733347	GELUMBAUSKAITIS, S, 15 Elm Grove, Hornchurch	(01708) 471518
FERRIS, A, 3 Barrett Close, Romford	(01708) 340289	F, L, St. Francis Tysea Hill, Stapleford Abbots	(01708) 371525	GENCHI, V, 60 Lake Rise, ROMFORD	(01708) 730230
FERRY, J.H., 48 Alma Avenue, Hornchurch	(01708) 472556	F, R, 16 Arlington Gardens, Romford	(01708) 340223	GENTLE, R, 81 Ascension Road, Romford	(01708) 768922
FEY, J, 11 Abouray Way, Hornchurch.....	(01708) 471456	F, T, 6 Kendal Croft, Hornchurch.....	(01708) 443156	GENTRY, D, 22 Rodney Way, Romford	(01708) 760564
FIADOR, E, 13 Andromeda Court Myrtle Road, Romford.....	(01708) 379366	FRANK, D, 65 Warren Drive, Hornchurch.....	(01708) 703276	GEOTZLER, J, 29 Archway, Romford.....	(01708) 345007
FIANDER, A, Tayberry Court 4 35, Briar Road, Romford	(01708) 913039	FRANKLIN, C, 39 Waldegrave Gardens, Upminster.....	(01708) 531156	GEORGALIDES, S, 15 Vercy Crescent, Hornchurch	(01708) 450561
FIELD, E, 42 Elgin Avenue, Romford	(01708) 705263	F, J, 9 Cranston Park Avenue, Upminster	(01708) 250365	GEORGE, Mrs D, 11 Rochford Avenue, Romford	(020) 8590 0203
FIGES, R, 62 Donald Drive, Romford	(020) 8252 4047	FRANKLIN, M.N., 22 Rainham Rd, Rainham, Essex	(07949) 457589	G, Edward K, 93 Nelson Rd, Rainham	(01708) 558027
FIKRI, R, 1988 Straight Road, Romford	(01708) 910487	FRARY, G, 17 Orchid Close, Romford	(01708) 231100	G, G, 260 Main Road, Romford	(01708) 744875
FILANI, B, 23 Tring Gardens, Romford	(01708) 926469	FRASER, G, 66 Northdown Road, Hornchurch.....	(01708) 471175	G, J, 311 Upminster Road North, Rainham	(01708) 557285
FILBY, F, 16 Knights Walk, Abridge.....	(01992) 812405	FREEDMAN, L, Penwarden North Road, Romford	(01708) 938758	G, K, 183 Wernington Road, Rainham	(01708) 521481
FINCH, J, 64 Herbert Road, Hornchurch	(01708) 925481	FREEMAN, L, 46 The Avenue, Hornchurch.....	(01708) 783939	GEVAUX, D, 61 Barton Avenue, Romford	(01708) 723326
F, J.C., 342 Crow Lane, Romford	(020) 8595 3956	F, M, 48 Kingsley Gardens, Hornchurch.....	(01708) 470338	GHAJ, K, 68 Harrow Drive, HORNCHURCH	(01708) 730622
F, J.W., 39 Windermere Av, Hornchh	(01708) 453440	F, Mr P, 349 South End Road, Hornchurch.....	(01708) 524510	G, P, 28 Sylvan Avenue, Hornchurch	(01708) 472886
F, K, 30 Champion Road, Upminster.....	(01708) 224396	F, S, 12 Wittering Walk, Hornchurch.....	(01708) 500191	GHINDA, M, 7 Jasmine Road, Romford	(020) 3652 0483
F, Mr M, 53 Malt House Pl, Romford	(01708) 230047	FREENEY, K, 10 Melville Road, Romford.....	(01708) 749241	GHONIEM, A, 35 Lodge Avenue, Romford	(01708) 915912
FINKEN, D, 212 Hillrise Road, Romford	(01708) 700205	FREY, W, 13, Barley Court Lower Mardyke Avenue, Rainham.....	(01708) 606545	GHUMAN, J, 12A Herbert Road, Hornchurch	(01708) 707773
FINE, M, 24/13 Ashflower Dv, Romford	(01708) 344955	FRENCH, A.J., 6 Longwood Close, Upminster	(01708) 229391	GHUZNAVI, Z, 33 St. Helens Court, Rainham	(01708) 527075
FINGLESON, J, 262 Havering Road, Romford.....	(01708) 368381	F, B, 162 Cherry Tree Lane, Rainham	(01708) 558797	GIBBINS, D.B., 79 Hillrise Road, Romford	(01708) 764996
FINGAN, M, 43 Gaynes Park Road, UPMINSTER	(01708) 224794	F, C, 89 Parkstone Av, Hornchh	(01708) 452656	GIBBONS, D, 76 Woodhall Crescent, Hornchurch	(01708) 437085
FINLAYSON, F, 16 Eldred Gardens, UPMINSTER	(01708) 501578	F, H.C., 46 Grey Towers Avenue, Hornchurch	(01708) 455570	G, H.C., 38 Mansfield Gardens, Hornchurch	(01708) 456144
F, L, 82 North Street, Hornchurch.....	(01708) 502597	F, E.C., 15 Hulse Avenue, Romford.....	(01708) 744459	GIBBS, M, 7 Slewins La, Hornchurch.....	(07956) 304556
FINN, B, 23 King Edward Avenue, Rainham	(01708) 555966	F, J, 21 Rom Crescent, Romford.....	(01708) 725446	GIBSON, B, 21 Craigdale Rd, Hornchh.....	(01708) 722298
F, R, 17 Highfield Road, Hornchurch.....	(01708) 473550	FRESHMAN, J, 19 Maybank Avenue, Hornchurch	(01708) 709337	G, C, HOLLY TREE COTTAGE Noak Hill Road, Romford.....	(01708) 376171
FINNIS, S.J., 2 Sunnyside Gardens, Upminster.....	(01708) 641213	FRIEL, V, 8 Condon Walk, Hornchurch.....	(01708) 520666	G, K, 20 Ingrebourne Road, Rainham	(01708) 559789
FIRE		FROMOW, T.P., 26 Robin Close, Romford.....	(01708) 725686	G, M, 65 Cecil Avenue, HORNCHURCH	(01708) 536636
In Emergency dial 999 and ask the operator for Fire		FROST, C, 10 Keswick Avenue, Hornchurch.....	(01708) 474289	G, M, 127 Straight Road, ROMFORD	(01708) 370144
See business section for full list of entries.		F, H, Dormy Bournebridge Lane, Stapleford Abbots	(01708) 688300	G, R, 181a Church Road, Harold Wood	(01708) 341155
FISAYO, P, Mobile, 47 Eddy Close,	(07947) 302144	F, M, 20 Gorseyway, Romford	(01708) 728949	G, R, 16 Essex Gardens, Hornchurch	(01708) 451022
FISH, G, 121 Rush Green Gardens, ROMFORD	(01708) 533587	FROSTICK, V.J., 4 Elms Ho Church Rd, Harold Wd	(01708) 374033	G, T, 12 Aldwych Close, Hornchurch.....	(01708) 536296
FISHBURN, M.E., 59 Kenilworth Gardens, Hornchurch	(01708) 469272	FRY, K, 7 Claremont Road, Hornchurch.....	(01708) 780221	GIBSON-STARK, H, 11 Grimstone Close, Romford	(01708) 756390
FISHER, A, 35 Birch Close, Romford	(01708) 769755	FRYER, J.R., 16 Helford Way, Upminster.....	(01708) 229365	GIDLEY, Keith, 7 Dart Close, Upminster	(01708) 229301
F, B, 192 Hall Lane, Upminster.....	(01708) 222883	FULLARTON, E., 61 Somerville Road, Romford	(020) 8590 8450	GIGREY, C, 11 Chiltern Gardens, Hornchurch	(01708) 509543
F, D, 22 Blake Close, Rainham	(01708) 551699	FULLAWAY, S, 150 Amery Gardens, Romford	(01708) 756426	GILBERT, E, 37 Link Way, Hornchurch	(01708) 466288
F, E, 95 Glebe Way, Hornchurch.....	(01708) 447455	FULLER, Mr Charles, 38 Highfield Road, Romford.....	(01708) 780496	G, H, 49 Pettis Lane, Romford	(01708) 767546
F, E.M., 1 Brendans Close, Hornchurch	(01708) 457720	F, K, 13 Kingston Close, Romford	(020) 3015 7381	G, P, FLAT 4 WESTMINSTER COURT 5 Hyde Close, Romford	(01708) 756337
F, Ms A Pretoria Road, Romford	(01708) 564925	F, P, 101 Harwood Avenue, Hornchurch.....	(01708) 443866	G, S, Harvey House 4 Crabtree Avenue, Romford	(020) 3172 9321
F, S, 90 Gubbins Lane, Romford.....	(01708) 343266	FULLMAN, K, 56 Brooklands Road, Romford	(01708) 747839	GILBEY, Mr S, Inverclyde Gardens, Romford	(020) 8598 8927
F, W, 142 White Hart Lane, Romford	(01708) 502789	FULTON, J, Flat 2, 453 Rush Green Road, Romford	(020) 8924 2327	GILBY, Mr Leslie, 117 Moor Lane, Upminster	(01708) 221059
FISK, G, 131 Gubbins Lane, Romford	(01708) 702131	FURBANK, Mr Roger, 20 Brookmans Close, Upminster	(01708) 228799	GILDERSLERVE, E, 20 Sycamore Avenue, Upminster	(01708) 222354
FITZGERALD, E, 9 Elizabeth House Durham Avenue, Romford.....	(01708) 454737	FURNELL, R, 25 Havering Gardens, Romford	(020) 8599 3866	GILES, P, 65 Fairholme Avenue, Romford	(01708) 448718
F, J, 75 Elm Park Avenue, Hornchurch	(01708) 450352	FURZER, J, 74 Derham Gardens, Upminster	(01708) 221645	G, R, 6 Limerick Gardens, Upminster	(01708) 228130
F, S, 74 Fyfield Road, Rainham	(01708) 557544	FYFFE, D, 74 Moray Way, Romford.....	(01708) 742667	G, S, 31 Waycross Road, Upminster	(01708) 231473
FITZGIBBONS, Mrs A, 15 Sa Laburnum Gardens, Upminster	(01708) 930351	GABRIEL, H, 103 Hillrise Road, Romford	(01708) 607708	GILL, B, 60 Cavendish Crescent, Hornchurch	(01708) 520867
FITZPATRICK, A, 12 Tarnworth Road, Romford	(01708) 374745	GADSDEN, D, 10 Branfill Road, Upminster.....	(01708) 222707	G, K, 44 St. Leonards Way, Hornchurch	(01708) 476996
F, G, 103 Fourth Avenue, ROMFORD	(01708) 738955	GAINES, P, Harvey House 7 Crabtree Avenue, Romford	(020) 3720 6084	GILLAM, G, 15 Dury Falls Close, Hornchurch	(01708) 453533
F, L, 34 Grosvenor Road, Romford	(01708) 702733	GAITEY, A, 60 Laburnum Walk, Hornchurch	(01708) 783054	GILLAM, J, 124 Park Drive, Upminster	(01708) 223321
FITZSIMMONS, Anthony, 158 Mawney Rd, Romford	(01708) 728870	GAJEWSKI, A, 123 Carlton Road, Romford	(01708) 741822	GILLARD, J.H., 8 Blanchard Mews, Harold Wood	(01708) 342881
FITZWALTM, M, 72 Woodbridge Lane, Romford	(01708) 347415	GALE, C, Bossington Fullers Lane, Romford	(01708) 704140	GILLER, Mr A, N0014638, 1 Willow Walk, Upminster	(01708) 220992
FITZWATER, A.J., 20 Risebridge Road, Romford	(01708) 768433	G, G, 43 Lake Rise, Romford.....	(01708) 763682	G, G.J., 137 Severn Drive, Upminster	(01708) 228665
FLACK, Mr S, Flat 4 Chartwell Place Junction Rd, Romford	(01708) 237445	GALEZOWSKI, P, 161 Marks Road, Romford, Essex	(01708) 828522	GILLET, J.D., 43 Osborne Road, Hornchurch.....	(01708) 474966
F, V, 51 Derham Gardens, Upminster	(01708) 551277	GALLAGHER, D.L., 12 Fleet Avenue, Upminster	(01708) 228829	GILLICK, David, 59 Newtons Clo, Rainham	(01708) 552336
FLANNERY, L, 16 Venette Close, Rainham	(01708) 558940	G, Y, Flat 3 Pope Court 120 Cherry Tree Lane, Rainham	(01708) 552839	GILLIGAN, Mr 7 Gridiron Place, Upminster	(01708) 222316
FLEMING, K, 18 Lynwood Drive, Romford	(01708) 766680	GALLO, P, 59 Somerset Gardens, Hornchurch.....	(01708) 501952	GILLINGHAM, J, 27 Thurso Close, Romford	(01708) 346916
F, R.W., 9 Ravenscourt Close, Hornchurch.....	(01708) 473610	GALLOP, T.H., 15 The Ridgeway, Gidea Park	(01708) 761489	GILLINGS, D, 25 Parkstone Avenue, Hornchurch	(01708) 438648
FLETCHER, Iris, 3A Upand Court Road, Romford	(01708) 376820	GALLOWAY, A, 27 Park Lane Elm Park, Hornchurch	(01708) 559008	G, S, 17 The Ridgeway, Harold Wood Romford	(01708) 709548
F, P, 18 South Hall Drive, Rainham	(01708) 557493	GALPIN, B, 4 Wickford Drive, Romford	(01708) 374962	GILLON, D, 4 Dorset Avenue, Romford	(01708) 749973
F, R, 63 Brooklands Road, Romford.....	(01708) 533661	GALSWORTHY, C, 223 Gorseyway, Romford	(01708) 732614	GILLOOLY, P, 26 Lessington Avenue, Romford	(01708) 728271
F, S, 96 Howard Road, Upminster	(01708) 250066	GALVIN, R, 3 Barton Road, Hornchurch.....	(01708) 448003	GILMORE, V, 35 Carlton Road, Romford	(01708) 769130
FLICKER, J, 129 Lyndhurst Drive, Hornchurch	(01708) 474956	G, R, 5 Rockchase Gardens, Hornchurch.....	(01708) 455080	GING, J, 108 Stanley Road, Hornchurch.....	(01708) 508053
FLIGHT, A, 123 Chatteris Avenue, Romford	(01708) 375177	GAMBLETON, T, 44 Meadow Road, Romford	(01708) 756081	GINGH, Mr G, 167a High Road, Romford	(020) 8177 1025
FLOAT, P.A., 22 Beresford Gardens, Romford	(020) 8597 4016	GAMMANS, Mrs Lynne, 11 Northdown Road, Hornchurch	(01708) 454969	GINOLFI, B, Flat 6, 1, Roding Hall Ongar Road, Romford	(01992) 846203
FLOOD, W, 4 Acacia Gardens, Upminster	(01708) 227704	GANATRA, A, 4 Landseer Close, Hornchurch	(01708) 509663	GIPP, Mrs Joan, 68 Heath Drive, Romford	(01708) 764312
FLOWER, F, Bons Farm Stapleford Road, Stapleford Tawney	(01708) 688516	GANDEE, J, 26 Granton Avenue, Upminster	(01708) 458947	GIPPS, G, 250 St. Marys Lane, Upminster	(01708) 221416
F, L, Bons Farm Stapleford Road, Stapleford Tawney	(01708) 688516	GANE, M.L.M., 50 Sunnyside Gardens, Upminster	(01708) 220704	GIRDWOOD, S, 44 Parkside Avenue, Romford	(01708) 749576
F, M, 90 Little Gaynes Lane, Upminster	(01708) 220862	GANIYU, F, 172 Mashiters Walk, Romford	(01708) 928435	GITTINGS, J, 127 Oldchurch Road, Romford	(01708) 760075
FLOWERS, S, 56 Elmer Gardens, Rainham	(01708) 557986	GANLEY, D, 35 Globe Road, Hornchurch.....	(01708) 725651	G, S, 33 Woburn Avenue, Hornchurch	(01708) 478332
FLOYD, D, 1 Falkirk Close, Hornchurch.....	(01708) 450199	GANN, S, 13 Sydenham Close, Romford	(01708) 725329	GIORGIANMAN, D, 20 Stirling Close, Rainham	(01708) 550414
FOAKES, P, 5 Walden Way, Hornchurch.....	(01708) 458836	GANNON, D, 62 Petersfield Avenue, Romford.....	(01708) 372003	GIJINI, A, Flat 6,Primula Court Safflower Lane, Romford	(01708) 232641
FOLEY, E, 30 Gillian Crescent, Romford	(01708) 763851	GARABA, P, 23 Albert Road, Romford.....	(01708) 733939	GLACE, Ms J, 230a North Street, Romford	(01708) 756245
F, J, 2 Douglas Avenue, Romford	(01708) 342536	GARBETT, S, 9 Arandora Crescent, Romford	(020) 8590 3705	GLADMAN, C, Flat 83 Tolbot Court Lennox Close, Romford	(01708) 751511
F, J, 2 Douglas Avenue, Romford	(01708) 706005	GARCIA CASTILLO, M, Flat 3 Yoxford Court Glandford Way, Romford	(020) 8597 7410	G, T, 39 Fairview Avenue, Rainham	(01708) 551629
FOLORUNSO, D, 154d Ardleigh Green Road, Hornchurch	(01708) 912577	GARD, J, 100 Squirrels Heath Road, Romford	(01708) 780300	GLAVIN, M, Flat 42 Astra Court West Astra Close, Hornchurch.....	(01708) 592427
FOOK, M, 48 Barton Avenue, Romford	(01708) 700139	GARDENER, G.R., 88 Chatteris Avenue, Romford	(01708) 349886	G, M.C, 61 Jubilee Avenue, Romford	(01708) 725567
FOOKS, T, 20 Sunflower Court Lower Mardyke Avenue, Rainham	(01708) 559765	GARDINER, A.H., 11 Tennyson Way, Hornchurch	(01708) 449651	GLEESONS DRY CLEANERS LTD, G, 128 Upminster Road, Hornchurch	(01708) 448444
FORBES, M, 144 Main Road, Romford	(01708) 721518	G, Miss Janet, 13, Holsworthy House 99 13, Holsworthy House 99, Romford	(01708) 384983	GLENCROSS, Phillip, Flat 12 Dell Court Ravenscourt Grove, Hornchurch	(01708) 458575
FORD, A, 17 Maylands Avenue, Hornchurch	(01708) 455895	GARDNER, Beatrice, 1 11 Leonfield Wlk, Hornchurch.....	(01708) 521014	GLEISTER, D, 11 Lonsdale Avenue, Romford.....	(01708) 727801
F, B, 4 Christchurch Avenue, Rainham	(01708) 556961	G, C, 12 Fernend Way, Romford	(01708) 727868	GLOVER, Mr D, 21 Trustrons Gdns, Hornchurch	(01708) 457355
F, I, 97 Oldchurch Road, Romford	(01708) 754783	G, D, 175 Havering Road, Romford	(01708) 707061	G, G, 62 Hitchin Close, Romford	(01708) 342510
F, J, 31 Victoria House Durham Avenue, Romford	(01708) 454258	G, J, 37 Junction Road, Romford	(01708) 741187	G, K, 111 Cranham Gdns, Upminstr	(01708) 640833
FORDHAM, A, 108 Retford Rd, Romford	(07956) 580368	G, J, 10 Salomons Way, Rainham	(01708) 606317	G, K, 47 Portnoi Close, Romford	(01708) 737501
F, Mrs D, 176 Turpin Avenue, Romford	(01708) 769534	G, Michael, 73 Philip Road, Rainham	(01708) 523958	G, P, 111 Cranham Gdns, Upminstr	(01708) 250067
FORELAND, L, 250 Abbs Cross Lane, Hornchurch	(01708) 457581	G, M, 290 St. Marys Lane, Upminster.....	(01708) 229645	GLOWACKI, T, 17 Calbourne Av, Hornchh	(01708) 447532
FOREMAN, Mr Dean, 114 Chadville Gardens, Romford.....	(020) 8590 3017	G, N, 49 Arlington Gardens, ROMFORD	(01708) 344118	GLOZIER, P, 30 Severn Drive, Upminster.....	(01708) 225513
F, K, 20 Keswick Avenue, Hornchurch.....	(01708) 444102	GARFORTH, C, 92 Somerville Road, Romford	(020) 8590 3230	GLYDE, R, 295 Crow Lane, Romford	(01708) 728523
FORGEN, C, 30 Martin Drive, Rainham</					

GODWIN, D, 68 Ethelburga Road, Romford	(01708) 349697	Stapleford Tawney	(01708) 688556	HAMPTON, C.A, 25 Clifton Road, Hornchurch	(01708) 746921
GOFF, Mrs 3 Penistone Walk, Romford	(01708) 343734	GREENHALGH, B, 4 Bader Way, Rainham	(01708) 521712	H, J, 81 Nelves Crescent, Hornchurch	(01708) 456753
GOGGIN, R, 55 Elm Park Avenue, Hornchurch	(01708) 438658	GREENHILL, Mrs May, 36 Overton Drive, Romford	(020) 8590 8802	H, P, 73 Pancroft, Abridge	(01992) 812765
GOKENEL, C, mobile, Flat 35 Wellington House Kidman Close, Romford, Essex	(07944) 958691	G, T, 28 Chatteris Avenue, Romford	(01708) 348201	HAMZI, S, 70 Malvern Road, Hornchurch	(01708) 921195
GOLD, F, 57A Hubbards Chase, Hornchurch	(01708) 703027	GREENLEAF, D, 46 Coniston Way, Hornchurch	(01708) 564765	HAN, C.L, 14 Angel Wy, Romford	(01708) 723084
GOLDER, B.C, 118 Cranston Park Avenue, Upminster	(01708) 229278	GREENSLADE, E, 8 Ravensbourne Crescent, Romford	(01708) 376348	HANAFIN, M, 120 Straight Road, Romford	(01708) 372812
GOLDFINCH, J, 95 Lawns Way, Romford	(01708) 530175	G, T, 18 Highview Gardens, Upminster	(01708) 220677	HANCHARD, K, 20 Kingsmead Avenue, Romford	(01708) 765460
GOLDING, C.H, 80 Hornchurch Road, Hornchurch	(01708) 441861	GREENSTEIN, S, 23 Padnal Road, Romford	(020) 8983 8886	HANCOCK, P.J, 85 Willow Street, Romford	(01708) 721137
GOLDSMITH, D, 19 Lilac Gdns, Romford	(01708) 781011	GREENWOOD, C, 293 Crow Lane, Romford	(01708) 720419	HANDLEY, E, 61 Eddy Close, Romford	(01708) 765725
G, Mr D Epping Close, Romford	(01708) 769143	G, P.J, 60 Forsters Close, Romford	(020) 8599 1098	H, L, 10 Stanley Close, Romford	(01708) 765194
G, P, 51A Carlisle Road, Romford	(01708) 921200	GREGORY, J, 29 Heather Glen, ROMFORD	(01708) 530882	HANDS, K, 49 Tees Drive, Romford	(01708) 381135
GOLDSTEIN, A, 17 Havering Gardens, Romford	(020) 8252 2955	G, J.E, 3 Park Boulevard, Romford	(01708) 744189	HANIF, MD, 159 Grove Road, Romford	(020) 8598 8476
G, Gloria, Flat 19 Rosewood Court Chadwell Heath Lane, Romford	(020) 8590 5063	G, M, 53 London Road, Abridge	(01992) 813990	HANKIN, C.C, 69 Upminster Road, Hornchurch	(01708) 452149
GOLDSTONE, J, 111 The Avenue, Hornchurch	(01708) 453341	G, Mrs 2 Fambridge Court Marks Road, Romford	(01708) 606195	HANKS, N, 2 Mawbery Grove, ROMFORD	(01708) 533191
GOMER, V, 110 Maybank Avenue, HORNCHURCH	(01708) 700025	G, Patricia, 31 Kingston Road, Romford	(01708) 732216	HANMER, A, 1 Grantham Gardens, Romford	(020) 8599 9182
GONDALIA, K, 2 Tweed Way, Romford	(01708) 915702	G, P, 37 Sheffield Drive, Romford	(01708) 344391	HANMORE, B, 1 Stirling Close, Rainham	(01708) 526119
GONUL, Pinar, 11 Havering Road, Romford	(01708) 730971	G, Ms S, Ms Flat 7, Platinum Court Silver Way, Romford	(01708) 960031	H, J, 4 Thames Close, Rainham	(01708) 558657
GOOCH, A.R, 129 Gubbins Lane, Romford	(01708) 349027	GREIG, M, 16 Fleet Avenue, Upminster	(01708) 224486	HANN, R, 120 Sackville Crescent, Romford	(01708) 531698
G, 16 Juniper Way, Romford	(01708) 386071	G, S, 17 Heather Gardens, Romford	(01708) 748602	H, Terrace, 33 Pettits Lane, Romford	(01708) 726984
GOODAY, B, 46 Hornminster Glen, Hornchurch	(01708) 452676	GREY, C, 8 Laburnum Close, Upminster	(01708) 229159	HANNAFORD, B, 67 Albert Road, Romford	(01708) 938708
GOODCHILD, T.A.F, Flat A Millfield House Champion Road, Upminster	(01708) 223443	GRiffin, C, Garlesters Hall Brentwood Road, Bulphan	(01375) 891995	HANNAN, Mr D, 1 Garrick House 98 Adelphi Crescent, Hornchurch	(01708) 478256
GOODE, B, Flat 1 Violet Court Larch Place, Romford	(01708) 377711	G, L, 3 Glanville Drive, Hornchurch	(01708) 501478	H, Mr D, 1 Holsworth House 99 Neave Crescent, Romford	(01708) 375666
GOODEY, Mr Christopher, 8 Copthorne Gardens, Hornchurch	(01708) 607523	G, L, 51 Hilldene Avenue, Romford	(01708) 371307	H, Mr D, 2 Cockbourne Court Archibald Road, Romford	(01708) 349760
G, H, 32 Gaynes Park Road, Upminster	(01708) 225482	GRiffiths, A, 75 Woodhall Crescent, Hornchurch	(01708) 446697	H, Mr D, 1 Beehive Court Arundel Road, Romford	(01708) 378579
GOODHILL, D.R, 69 Parkland Avenue, Upminster	(01708) 226139	G, M, 5 Beech Avenue, Upminster	(01708) 221780	H, D, 1 Brunswick Court, Upminster	(01708) 259159
GOODING, A.P, 43 Elm Avenue, Upminster	(01708) 225846	G, M, 218 Carlton Road, Romford	(01708) 505413	H, Mr D, 40 Charlbury Crescent, Romford	(01708) 331871
GOODLEY, A.A, 55 Fernbank Avenue, Hornchurch	(01708) 457176	G, P, 8 Bellevue Road, Hornchurch	(01708) 405533	H, Mr D, 1 Cole Court Dorking Road, Romford	(01708) 346952
GOODMAN, F, 53 Fleet Avenue, Upminster	(01708) 228919	G, P.M, 91 Dagenham Road, Romford	(01708) 760490	H, Mr D, Flat 1 William Tansley Smith House 90 Hacton Lane, Hornchurch	(01708) 476968
G, Mr 175a Wingley Lane, Hornchurch	(01708) 450742	G, S, 39 Station Rd, Gidea Park	(01708) 452159	H, Mr D, 1 Bards Court Heaton Avenue, Romford	(01708) 373925
G, Mr Ronald, 1 Dunmow Close, Romford	(020) 8599 0390	GRIGG, A, 53 Berwick Road, Rainham	(01708) 509213	H, Mr D, 1 Farnbridge Court Marks Road, Romford	(01708) 755289
GOODWIN, E, 2 Winifred Avenue Winifred Avenue, Hornchurch 949266	(01708) 760200	GRIGGS, D, 65 Birch Road, Romford	(01708) 500926	H, Mr D, Dell Court Flat 1 Ravenscourt Grove, Hornchurch	(01708) 475948
G, J, 44 Lodge Avenue, Romford	(01708) 762337	GRIMES, G, 17 Trent Avenue, Upminster	(01708) 226498	HANRAHAN, M, 148 Abbs Cross Lane, Hornchurch	(01708) 505099
G, M, 508 Upper Brentwood Road, Romford	(01708) 752052	G, M, 64 Devonshire Road, Hornchurch	(01708) 747526	HANSHAW, G, 97 Harrow Drive, Hornchurch	(01708) 477109
GOOSTREE, M, 2 Charlbury Crescent, Romford	(01708) 787779	GRIMWOOD, E.T, 1 Elizabeth Close, Romford	(01708) 740784	HANSON, K, 24 Kings Gardens, Upminster	(01708) 221993
GOPALAKRISHNAN, S, 7 Erroll Road, Romford	(01708) 760533	GROOM, Mr R, 28 The Grove, Upminster	(01708) 229919	HAQUE, Misbah, 19 Hainault Road, Chadwell Heath	(020) 8590 3491
GOPPAUL, Mrs M, Mrs 120b Marks Road, Romford	(01708) 750330	GROTE, G, 57 Brockley Crescent, Romford	(01708) 705756	HARBER, B, 8 St. Iviens Drive, Romford	(01708) 763162
GOPINATH, D, A, 4 Porchester Close, Hornchurch	(01708) 464749	G, J, 10 Marlborough Gardens, Upminster	(01708) 227399	HARDING, A, 34 Pancroft, Abridge	(01992) 812204
GORDON, G, 20 Pembroke Close, Hornchurch	(01708) 470403	G, P, C/O 139 Hall Lane Upminster, Essex	(07930) 924394	H, D, 14 Manston Way, HORNCHURCH	(01708) 556636
G, John, 16 Hayden Way, Romford	(01708) 768147	GROURK, K, 11 Roxburgh Avenue, Upminster	(01708) 227404	H, D, Abbotts Vale Oak Hill Road, Stapleford Abbots	(01708) 688226
G, R, 8 Hall Road, Romford	(01708) 743044	GROVE, C, 18 Mount Pleasant Road, Romford	(01708) 764942	H, E, 13 Woodrush Way, Romford, Essex	(020) 8227 9855
GORDON-PICKING, B, 21 Front Lane, Upminster	(01708) 229961	GROVER, C, Collier Row Garden Centre Collier Row Road, Romford	(020) 8590 6489	H, J, 25 Harold Court Road, Romford	(01708) 347964
GORING, J.W, 26 Morden Road, Romford	(020) 8597 1502	G, P, 15 Kinkfanes Avenue, Hornchurch	(01708) 456834	H, J, 31 Stewart Avenue, Upminster	(01708) 223902
GOROSPE, Mr Louie, Centurion Court, 2 Seymour Road, Romford 760613	(01708) 760613	GROVES, J, 69 Elmhurst Drive, Hornchurch	(01708) 592467	H, J, 1 Meadow Road, Romford	(01708) 733514
GORSUCH, G, 21A Curtis Road, Hornchurch	(01708) 440529	GROWNS, L, 68 Lucerne Way, Romford	(01708) 342462	H, N, 61 Charlbury Crescent, Romford	(01708) 706457
GORYZNSKA-HART, D, 16 Devonshire Road, Hornchurch	(01708) 747055	GRUNWELL, S, 145 North Hill Drive, ROMFORD	(01708) 531315	H, P, 9 Beaufort Close, Romford	(01708) 720777
GOSLING, B, 75 Ernest Road, Hornchurch	(01708) 444373	GRUPPETTA, J, 55 Kent Drive, Hornchurch	(01708) 475363	H, S, 43 Bridgewater Road, Romford	(01708) 921104
G, C, Flat 4 Trafford House Siskin Close, Hornchurch	(01708) 592622	GUBBINGS, P, 33 Sackville Crescent, ROMFORD	(01708) 345877	HARDMAN, B, 149 Hillrise Road, ROMFORD	(01708) 531477
G, C.A, 15 Guildford Road, Romford	(01708) 341664	GUEYE, F, 53A Taunton Road, Romford	(01708) 526787	HARDS, F.J, 8 Standen Avenue, Hornchurch	(01708) 441158
G, E, 30 Karen Close, Rainham	(01708) 552351	GULEAC, P, 1 Elmer Gardens, Rainham	(01708) 594572	HARDWICK, J, 6 Berkeley Avenue, Romford	(01708) 720073
GOSS, M, 1 Lower Mardyke Avenue, Rainham	(01708) 552489	GULVIN, D, Sunnysolme Peartree Lane, Upminster	(01375) 892917	H, N, 9 Roxburgh Avenue, Upminster	(01708) 226053
GOTOBED, M, 37 Rose Glen, Romford	(01708) 761708	GUMBS, A, 7 Woodlands Avenue, Romford	(020) 8599 3565	HARDWIDGE, L, 1 Constable Mews, Upminster	(01708) 220513
GOTT, Dr D, 38 Chaplaincy Gardens, Hornchurch	(01708) 458578	GUNN, G, 82 Fairholme Avenue, Romford	(01708) 788624	HARDY, A, 62 Primrose Avenue, Romford	(020) 8590 0904
G, P, 386 South End Road, Hornchurch	(01708) 521086	GUNNING, A, 46 Malvern Road, Hornchurch	(01708) 981797	H, A.H, 14 Parsonage Road, Rainham	(01708) 555854
GOUDGE, B, 28 Jubilee Avenue, Romford	(01708) 741876	GUNTON, T, 35 Thurso Close, Romford	(01708) 373106	H, R, 31 Upper Rainham Road, Hornchurch	(01708) 703239
GOUGE, G, 23 Highfield Crescent, HORNCHURCH	(01708) 443155	GUPTA, G, 257 Straight Road Romford, Essex	(01708) 607346	H, S, 6 Knights Walk, Abridge, ROMFORD	(01992) 815560
GOUGH, R, 20 Hilldene Avenue, Romford	(01708) 342607	GURRAJ, O, Flat 69 FRIARS COURT 3 Crown Drive, Romford	(01708) 728629	H, T, 20 Peartree Gardens, Romford	(01708) 721696
GOULD, E, 17 Crowlands Avenue, Romford	(01708) 723202	GUTU, S, Flat 4elmwood Cottage 90a North Hill Drive, ROMFORD	(01708) 531083	HARDYMAN, V.G, 49 Rosebank Avenue, Hornchurch	(01708) 447432
G, J, 5 Gilling Way, Rainham	(01708) 550975	GUY, J, 5 Briery Close, Hornchurch	(01708) 453189	HARE, D.A, 15 Lime Avenue, Upminster	(01708) 225844
G, P, 61 Harwood Avenue, Hornchurch	(01708) 459962	GUYVER, J.I, 60 Shepherds Hill, Romford	(01708) 733311	H, Joan, 63 Mawney Road, Romford	(01708) 723874
GOULD, Mr 14 North Street, Hornchurch	(01708) 572403	GVINAN, Mark, 4 Richmond Road, Romford	(01708) 746475	HARKINS, J, 268 Station Parade, Hornchurch	(01708) 532155
GOVEY, R, 29 Gaynes Court, Upminster	(01708) 224690	GWINN, P, THE MOORINGS North Road, Havering-Atte-Bower	(01708) 746660	HARLEY, D, 42 Sarre Avenue, Hornchurch	(01708) 555876
GOW, R, 15 Orchis Way, Romford	(01708) 371797	GWYNN, C, 32 Lodge Cottages Tawney Lane, Stapleford Tawney	(01708) 688572	H, J.A, 16 Galsworthy Avenue, Romford	(020) 8599 9836
GOWDIE, E, 28 Kensington Road, Romford	(01708) 368040	GAAAMAH, M, 14 Berkeley Avenue, Romford	(01708) 503694	HARLOW, J, 66 Paines Brook Way, Romford	(01708) 345316
GOWER, V, 91 Beaulf Way, Romford	(01708) 748265	HACKETT, Mrs Am & A, 37 Clifton Road, Hornchurch	(01708) 609465	H, R, 6 New Place Gardens, Upminster	(01708) 229285
GRACE, L, 15 Erroll Road, Romford	(01708) 781579	H, V.A, St. Jude Clay Tye Road, Upminster	(01708) 228189	HARMAN, A, 12 Gilroy Close, Rainham	(01708) 558803
G, M, 87 Roseberry Gardens, Upminster	(01708) 250801	HADDON, T.H, 20 Percy Road, Romford	(01708) 747541	H, J.P, 11 Willow Walk, Upminster	(01708) 221784
G, P, 52 Stafford Avenue, Hornchurch	(01708) 609338	HADLEY, W, 12 Tanton Grove, Romford	(020) 8924 8475	H, L, 52 Egbert Close, Hornchurch	(01708) 535523
GRADLEY, R, 17 Rosedale Road, Romford	(01708) 705337	H, W.C, 12 Tanton Grove, Chadwell Hth, Romford	(07956) 247682	H, S, 31 Station Road, Romford	(01708) 458862
GRADY, J, 7 Harrier Close, Hornchurch	(01708) 556781	HAGE SLEIMAN, H, 7 Constable Mews, Upminster	(01708) 930653	HARPER, E, 19 Walden Avenue, Rainham	(01708) 521872
GRAHAM, C, 88 Harwood Avenue, Hornchurch	(01708) 471214	HAGERMAN, R, 38 Victoria House Durham Avenue, Romford	(01708) 928164	H, J, 27 Gaynes Court, Upminster	(01708) 223117
G, J, 11A Crossways, Romford	(01708) 507813	HAGERTY, L, 14a Maywin Drive, Hornchurch, Essex	(01708) 473778	H, P, 2 Granger Way, Romford	(01708) 768105
G, M, 35 Midnosh Road, Romford	(01708) 722981	HAGON, D, 38 Hilldene Avenue, Romford	(01708) 347341	H, S, 7 Kernow Close, Hornchurch	(01708) 475846
G, P, 32 Church Road, Harold Wood Romford	(01708) 703890	HAI, Mrs N, 61 Heathfield Park Drive, Romford	(020) 8177 8139	HARRIES, D, 3, Martins Court 2A Northdown Road, Hornchurch	(01708) 606344
G, P, 32 Maple Avenue, Upminster	(01708) 251382	HAIGH, G, 38 Joydon Drive, Romford	(020) 8503 8354	H, G.F, 17 The Meads, Upminster	(01708) 227635
G, R, 133 Howard Avenue, Upminster	(01708) 222688	HAINES, T, 7 South Drive, Romford	(01708) 743191	HARRINGTON, A, 60 Glenwood Drive, Romford	(01708) 738986
G, S, 34 Greenway, Romford	(01708) 340841	HAIJIVANDI, A, 87 Heath Pk Rd, Romford	(01708) 437277	H, Corinne, 182 Moor La, Upminster	(01708) 225500
GRAINGER, J, 23 Ernest Road, Hornchurch	(01708) 457099	HAKANSOY, E, 147 Drummond Road, Romford, Essex	(07956) 855625	H, M, 11 Bridge Avenue, Upminster	(01708) 534385
GRANDISON, C, 37 Westmoreland Avenue, Hornchurch	(01708) 441302	HAKE, M.P, 2 Avelay Road, Romford	(01708) 761547	H, Mary, 78 Horace Av, Rush Green Romford	(01708) 723863
GRANT, Ashley, Flat 48 Parkview House Sunrise Avenue, Hornchurch	(01708) 455970	HALAWI, H, 86 Pancroft, Romford	(01992) 733199	HARRIS, A, 4 Grangewood Avenue, Rainham	(01708) 555013
G, B, 12A Mount Pleasant Road, Romford	(01708) 505311	HALCRO, A, 1 King Alfred Road, Romford	(01708) 344025	H, C, 5 Amersham Drive, Romford	(01708) 348152
G, D.E, 42 Argyle Gardens, Upminster	(01708) 223011	HALE, J, 133 Cranham Gardens, Upminster	(01708) 226483	H, C, 13 Chiltern Gardens, Hornchurch	(01708) 780555
G, J, 11 Fir Trees, Romford	(01992) 846439	H, J, 91 Haynes Road, Hornchurch	(01708) 457210	H, C, 12 Karen Close, Rainham	(01708) 505988
G, J, 211 Carlton Road, Romford	(01708) 763723	HALES, P, 178 Crown Lane, Romford	(01708) 725013	H, D, 36 Lambourne Gardens, Hornchurch	(01708) 443342
G, W, 157 Chippenham Road, ROMFORD	(01708) 930361	H, Ron, 83 Norwood Avenue, Romford	(01708) 762661	H, Miss Danielle, 265a South Street, Romford	(01708) 925210
G, W.R, 82 Navarre Gardens, Romford	(01708) 769805	HALEY, H, Milverton Lower Bedfords Road, Romford	(01708) 749565	H, Eric, 59A Elmer Gardens, Rainham	(01708) 534264
GRAVES, Mr Geoffrey, 329 Straight Road, Romford	(01708) 374953	H, J, 25 Lucerne Way, Romford	(01708) 343485	H, E, 21 24a Colin Pond Court Longhayes Avenue, ROMFORD	(020) 3724 2339
G, T, 107 White Hart Lane, Romford	(01708) 724840	H, S, 38 Stephen Avenue, Rainham	(01708) 556263	H, E.A, 49 Chestnut Glen, Hornchurch	(01708) 447778
GRAY, A, 64 Glenton Way, Romford	(01708) 766079	HALL, B.A, 9 Trent Avenue, Upminster	(01708) 221991	H, G, 7 Pettis Close, Romford	(01708) 787180
G, A, 6 Hailsham Gardens, Romford	(01708) 935045	H, G, 257 Wingley Lane, Hornchurch	(01708) 507207	H, I.S, 317 Rainham Road, Rainham	(01708) 553633
G, J, 90 Dorking Road, Romford	(01708) 347044	H, J, 1 Burchett Way, Romford	(020) 8590 4456	H, J, 2 Cotswold Road, Romford	(01708) 341323
G, M, 48 Carnation Close, Romford	(020) 8593 8616	H, J, 14 Shenstone Gardens, ROMFORD	(01708) 532476	H, J, 25 Mungo Park Road, Rainham	(01708) 555946
G, R, 21 Ashvale Gardens, Upminster	(01708) 223533	H, J.E, 80 Lyndon Drive, Romford	(01708) 769766	H, K, 4 Findon Gardens, Rainham	(01708) 500170
G, Z, 13 Abbotton Walk, Rainham	(01708) 553415	H, K, 44 Suttons Lane, Hornchurch	(01708) 450716	H, K, 49 Honiton Road, ROMFORD	(01708) 521573
GRAYBURN, F, 21 The Glen, Rainham	(01708) 554434	H, L, 41 Shaftesbury Road, Romford	(01708) 742672	H, K.G, The Cottage Spring Gardens Industrial Estate, Romford	(01708) 752034
GREAGSBY, Mrs Teresa, 106 Devonshire Road, Hornchurch	(01708) 471225	H, M.A, 61 Penrith Road, Romford	(01708) 346137	H, L, 84 Bridge Avenue, Upminster	(01708) 225036
GREEN, E, 26 Gibbfield Close, Romford	(020) 3536 8424	H, P, The Elms Brentwood Road, Bulphan	(01375) 891721	H, L.A, 66 Pancroft, Abridge	(01992) 812336
GREEN, A, 83 Newbury Gardens, Upminster	(01708) 446878	H, R, 38 Cranham Road, Hornchurch	(01708) 782075	H, M, 39 Larchwood Avenue, Romford	(01708) 765691
G, A, 50 The Ridgeway, Harold Wood Romford	(01708) 920798	H, S.N, 121 Albany Road, Hornchurch	(01708) 472868	H, Miss Olive, 12 Cranston Park Avenue, Upminster	(01708) 220953
G, Bentley Court Flat 35 Finlay Gardens, Hornchurch	(01708) 535080	HALLER, A.J, 44 Horace Avenue, Romford	(01708) 722957	H, P, 44 Aldwych Close, Hornchurch	(01708) 621203
G, C, 67 Wennington Road, Rainham	(01708) 522738	HALLETT, M, 12 Lyndhurst Drive, Hornchurch	(01708) 443407	H, P, 51 Ongar Way, Rainham	(01708) 556063
G, J, 51 Elmer Gardens, Rainham	(01708) 551631	H, R, 25 Marlborough Close, UPMINSTER	(01708) 221617	H, R, 76 Malvern Rd, Hornchch	(01708) 725602
G, J, 57 Suttons Avenue, Hornchurch	(01708) 910482	HALLIDAY, B, 17 Wilnet Ct Chadwell Av, Romford	(020) 8597 8098	H, R.J, 56 Clyde Crescent, Upminster	(01708) 227181
G, K, 255 Front Lane, Upminster	(				

H, B, 72 Veronica Close, Romford, Essex	(01708) 607945	H, P, 31 Fairfield Avenue, UPMINSTER	(01708) 220308
H, F.R, 7 Wyck Elm Close, Hornchurch	(01708) 445091	H, P.W, 53 Fernbank Avenue, Hornchurch	(01708) 457497
H, G, 93 Sherringham Avenue, Romford	(01708) 788128	H, S, 5 Convent Close, Upminster	(01708) 226618
H, L.N, 8 Warriner Avenue, Hornchurch	(01708) 453567	HOLLANDS, P, 21 Station Road, Gidea Park	(01708) 448125
H, J, 23 Epsom Way, Hornchurch	(01708) 594085	HOLLICK, Mr David, 116 Elmhurst Drive, Hornchurch	(01708) 443388
H, J.M, 32 Gregory Road, Romford	(020) 8597 7053	H, T, 4 Burlington Gardens, Romford	(020) 8597 2999
H, M, 50 Gelsthorpe Road, Romford	(01708) 740076	HOLLIDAY, M, 29 Skeales Court Sunrise Avenue, Hornchurch	(01708) 478176
H, P, 25 Athelstan Road, ROMFORD	(01708) 926766	HOLLIER, R, 18 Leyburn Crescent, Romford	(01708) 375875
H, S, 6 Rosehip House, harrold wood	(01708) 531459	HOLLINRAKE, Mrs Elizabeth, 40 Lake Rise, Romford	(01708) 760607
H, S, Flat 4 Cornhill House Spring Gardens, Romford	(01708) 530498	HOLLIWELL, S, 24 St. Johns Rd, Romford	(01708) 724503
HARTIE, J, 10 Kenley Gardens, Hornchurch	(01708) 447731	HOLLOWAY, P, 62 Stephen Avenue, Rainham	(01708) 554203
HARTLES, S, Collina Church Road, Bulphan	(01375) 891028	HOLMAN, V, 100 Wennington Road, Rainham	(01708) 508665
HARTLEY, A, 37 Melville Road, Rainham	(01708) 508915	HOLMES, C, 19 Purbeck Road, Hornchurch	(01708) 474409
H, B, 65 Westmoreland Avenue, HORNCHURCH	(01708) 534927	H, Jennifer, 287 Elm Park Avenue, Hornchurch	(01708) 451261
HARTO, L, 37 Gerard Gdns, Rainham	(01708) 558973	H, K, 37 Havering Road, Romford	(01708) 768447
HARTOWHITE, J, 22 Egbert Close, Hornchurch	(01708) 231109	H, P, 92 Hillfoot Road, Romford	(01708) 752464
HARTWELL, K, 12 Catherine Rd, Romford	(01708) 704716	HOLROYDE, Geraldine, 17 Wolsley Road, Romford	(01708) 766481
HARVEST, N, 59 Reynolds Court, Romford	(020) 3536 3982	HOLT, J, 1 Ferguson Court, Romford	(01708) 734026
HARVEY, A, 29 Fairfield Avenue, Upminster	(01708) 223204	H, R, 140 Slevins Lane, Hornchurch	(01708) 452964
H, A.A, 15 The Elkins, Romford	(01708) 743484	HOLTON, Mr Robert, 16 Wilshire Avenue, Hornchurch	(01708) 448856
H, D, 85 Newbury Gardens, Upminster	(01708) 473013	HOLYOAK, J, 28 Melbourne Gardens, Romford	(020) 8597 0672
H, J, 11 Ashvale Gardens, Romford	(01708) 760550	HOMANS, V, 97 Great Cullings, Romford	(020) 8592 0505
H, J, 14 Maybush Road, Hornchurch	(01708) 474792	HOMER, Mr Roger, The Rotunda Flat 25 The Rotunda Flat 25, Romford	(01708) 747594
H, P, 37 Eastbrook Drive, Romford	(020) 8595 5003	HOMERSHAM, P, 29 Coleridge Road, Romford	(01708) 345073
H, Mrs Rosina, 151 Grosvenor Drive, Hornchurch	(01708) 453486	HOMES, K.F, 26 Thorncroft, Hornchurch	(01708) 453248
H, R, 3 Trafalgar Road, Rainham	(01708) 523320	H, K.S, 2 Tansey Close, Romford	(01708) 371474
H, S, 10 Abbots Close, Romford	(01708) 757181	H, R.J, 22 Stanley Close, Romford	(01708) 748739
HARWOOD, B.W, 120 Main Road, Romford	(01708) 744886	HONE, D.N, 38 Farrance Road, Romford	(020) 8597 0127
HARYETT, V, 91 Main Road, Romford	(01708) 530804	H, R.J, 83 New Zealand Way, Rainham	(01708) 523452
HASAN, K, 3 Baryards, Hornchurch	(01708) 285246	HONEYMAN, B, 8 Surrey House White Hart Lane, Romford	(01708) 531524
HASHEMI, J, 1 Cowper Road, Rainham	(01708) 928545	HOOD, M, 66 Mildmay Road, Romford	(01708) 748952
H, Z, 8 Cavendish Avenue, Hornchurch	(01708) 232979	HOOKER, Mrs Eunice, 37 Chigwell View, Romford	(01708) 723692
HASHIMI, Mrs Framlingham Court Glandford Way, Chadwell Heath, Romford	(020) 3490 0126	HOOKS, A.J, 4 Appledore Close, Romford	(01708) 344442
HASKEW, R, 13 Hoyalake Gardens, Romford	(01708) 381589	HOOPER, A, 26 Chevington Way, Hornchurch	(01708) 474352
HASKINS, D, 16 Eaton Drive, Romford	(01708) 763686	H, A, 81 Doncaster Way, Upminster	(01708) 456354
HASSAN, Mrs Mehcur, 40 Ravenscourt Drive, Hornchurch	(01708) 456964	H, J, 1A Nemes Way, Hornchurch	(01708) 442757
H, S, 37 Heath Drive, Romford	(01708) 764195	H, Wayne, 28 Kinfauns Avenue, Hornchurch	(01708) 474471
HASTIE, E, 42 Craigdale Road, Hornchurch	(01708) 725675	HOPE, N, 195 Highfield Road, Romford	(01708) 735615
HASTLER, D, 45 Milton Avenue, Hornchurch	(01708) 783281	HOPKINS, Mr 1 ALBERMARLE HOUSE FLAT 11 BERNWELLE AVENUE, ROMFORD	(01708) 208751
HATCH, A, 209 Bell Avenue, Romford	(01708) 533051	H, T, 9 Kings Road, ROMFORD	(01708) 700573
H, G, 132 Havering Road, Romford	(01708) 761439	HOPLEY, S, 5 Clifton Road, Hornchurch	(01708) 755070
HATHORN, M.A, Ground Floor Flat 104 Saville Road, Romford	(020) 8597 4007	HOPSON, J, 5 Duxford Close, Hornchurch	(01708) 500366
HATTERSLEY, J, 3 St. Neots Road, Romford	(01708) 342782	HOQUE, M, 51 Cherry Tree Lane, Rainham	(01708) 915002
HAUGHTON, N, 4 Chadwell Heath Lane Chadwell Heath, Romford	(020) 8590 6480	HORAN, J, 24 Kenley Gardens, Hornchurch	(01708) 457147
HAWES, M.J, 187 Rush Green Road, Romford	(01708) 767415	HOREY, J.E, 52 Overton Drive, Romford	(020) 8598 8487
H, T, 73 Meadow Road, Romford	(01708) 915309	HORGAN, Mr 18 Grantham Court Grantham Gardens, Romford	(020) 8597 0995
HAWKES, D, 30 Gordon Avenue, Hornchurch	(01708) 452736	H, P, 32 Fir Trees, Romford	(01992) 814133
HAWKSFORD, Y, 9 Highfield Link, Romford	(01708) 769688	HORIGAN, E, 54 Coniston Avenue, Upminster	(01708) 222925
HAWORTH, P, 6 Hillcrest Road, Hornchurch	(01708) 448624	HORN, Mrs V, 18 Mowbrays Rd, Romford	(01708) 720101
HAWTHORN, Fred H, 34 Cedar Gardens, Upminster	(01708) 225451	HORNCASTLE, F, 65 Eastbrook Drive, Romford	(020) 8252 0664
H, K, 38 Canfield Road, Rainham	(01708) 722315	HORNCHURCH AND UPMINSTER SEA CADETS, The Paddocks Wood Lane, Hornchurch	(01708) 555184
H, W, 77 Eyhurst Avenue, Hornchurch	(01708) 708791	HORNCHURCH SPEC, Mobile, 139 High Street, Hornchurch, Essex	(07957) 122204
HAYCOX, J.E, 24 Abbots Close, Rainham	(01708) 554643	HORNE, D, 39 Ingrebourne Gardens, Upminster	(01708) 221662
HAYDEN, A, 26 Marlborough Gardens, Upminster	(01708) 228486	H, S, 51 Derby Avenue, Upminster	(01708) 459905
H, M, 19 Brunswick Court, Upminster	(01708) 7535171	HORNETT, O, 13 The Elkins, Romford	(01708) 725176
H, P.J, 169 Lynton Avenue, Romford	(01708) 723433	HORSEY, S, 42 The Ridgeway, Harold Wood	(01708) 342534
HAYES, B, 29 Trafalgar Road, Rainham	(01708) 551882	HORSEY, V, 30 Burlington Avenue, Romford	(01708) 781566
H, D, Bracebridge Oak Hill Road, Stapleford Abbots	(01708) 762894	HORSFALL, K, 12 Holly Court Dolphin Approach, ROMFORD	(01708) 535936
H, E, 55 Petersfield Av, Harold HI, Romford	(07956) 503449	HORSLEY, S, 14 Holden Way, Upminster	(01708) 937092
H, M, 54 Woodcote Avenue, Hornchurch	(01708) 477018	HORSMAN, J, 53 Redden Court Road, Romford	(01708) 373500
H, R, 71 Willow Street, Romford	(01708) 721291	HORST, V, 59 Springfield Gardens, Upminster	(01708) 220799
H, R.A, 26 Skeales Court Sunrise Avenue, Hornchurch	(01708) 459557	HORTI, E, 48 River Drive, Upminster	(01708) 227578
HAYLETT, J.J, 1 Don Way, Romford	(01708) 763873	HOSDON, J, 157 Severn Drive, Upminster	(01708) 220314
H, L, 6 Noak Hill Road, Romford	(01708) 379838	HOSKINS, V, 2 Mansfield Gardens, Hornchurch	(01708) 446182
HAYNES, E, 130 Grove Road, Romford	(020) 8590 2266	HOSKYN, J, Terence Villa 72 Southend Arterial Road, Romford	(01708) 761721
H, H, 42 Keswick Avenue, Hornchurch	(01708) 444159	HOSTLER, G, 152 Warren Drive, Hornchurch	(01708) 743652
HAYS, N, 8 Lake Rise, Romford	(01708) 703765	HOTEA, A, 18 Playfield Avenue, Romford	(01708) 725579
HAYWARD, R.E, 39 Stratton Road, Romford	(01708) 348423	HOULIHAN, J, 6 Dove Walk, Hornchurch	(01708) 507850
HAYWOOD, R, 25 Swanbourne Drive, Hornchurch	(01708) 475060	HOULTON, Rose, 63 Stanley Road North, Rainham	(01708) 524575
HAZARD, A, 30 Valentines Way, Romford	(020) 8592 6822	HOUDEEN, L, 40 Southview Drive, Upminster	(01708) 222721
HAZZELL, K, 12 Boxmoor Road, Romford	(01708) 507718	HOUSE, M.M, 1 Waldegrave Gardens, Upminster	(01708) 227741
H, J, 105 North Hill Drive, Romford	(01708) 535124	HOUSEAGO, C, 203 Gorseway, Romford	(01708) 727580
HAZELTINE, M, 26 Rose Glen, Romford	(01708) 751620	HOVEY, A, 25 Oaklands Avenue, Romford	(01708) 721097
HAZIRI, S, 43A Edenhall Road, ROMFORD	(01708) 341075	HOWARD, C, 116 Chippenham Road, Romford	(01708) 727609
HEAD, B, 20 Sevensoaks Close, Romford	(01708) 787645	H, D, 44 Blandford Close, Romford	(01708) 285397
HEALD, J, 36 Isis Drive, Upminster	(01708) 507437	H, George, High Willows Murdering Land, North Rompford	(01708) 340578
HEALY, Mr D, 260 London Rd, Romford	(01708) 762207	H, J, 285 Hilldene Avenue, Romford	(01708) 379362
H, R, 5 Deyncourt Gardens, Upminster	(01708) 250717	H, L, 147 Parkside Avenue, Romford	(01708) 764976
H, Rebecca, Flat 7 Woodgate Court 98 Stafford Avenue, Hornchurch	(01708) 471912	H, Mr M, Mobile, 45 Southern Way, Romford, Essex	(07931) 365516
HEAP, Roderick, 44 Sycamore Avenue, Upminster	(01708) 225408	H, R, 1 Ridgeman North Road, Havering-Atte-Bower	(01708) 727260
HEATH, A.M, Viva Villa Bournebridge Lane, Stapleford Abbots	(01708) 688633	H, R, 1 Paceheath Close, Romford	(01708) 723653
H, Admiral C, 32 Waterfield Close, Hornchurch	(01708) 368203	H, R, 3 Rosebank Avenue, HORNCHURCH	(01708) 438871
H, D, 21 Buckbean Path, Romford	(01708) 737506	H, T, 15 Gorseway, Romford	(01708) 743608
H, D, 14 Repton Gardens, Romford	(01708) 594835	H, V, 402 Brentwood Road, Romford	(01708) 473338
H, L, 10 Eyhurst Avenue, Hornchurch	(01708) 451345	HOWARTH, R, 25 Tendring Way, Romford	(020) 8590 8282
H, O, 1b Manor Crescent, Hornchurch	(01708) 456856	HOWE, B, 1 Eaton Drive, Romford	(01708) 734766
HECTOR, Mark, 3 Tring Close, Romford	(01708) 379809	H, Miss Linda, 57 Tring Gardens, Romford	(01708) 340274
HEDEN, C.E, 122 Gubbins Lane, Romford	(01708) 733322	HOWELL, I, 32 Jordans Way, Rainham	(01708) 556514
HEDGECOCK, L, 2 Brooks Way, Romford	(01708) 928327	H, S, 1 Arbour Way, Hornchurch	(01708) 474874
HEDGES, C, 5 Lavender Close, Romford	(01708) 346561	HOWES, B.A, 23 Thurso Close, Romford	(01708) 343149
H, L, 64 Northwood Avenue, Hornchurch	(01708) 459443	HOWLETT, Mrs Catherine, 36 Philip Road, Rainham	(01708) 559322
HEDLEY, K, 68 Ascension Road, Romford	(01708) 728194	H, D, 33 Chester Avenue, Upminster	(01708) 226882
HEER, D, 66 Parkstone Avenue, Hornchurch	(01708) 701587	H, S, 25 Latimer Drive, Hornchurch	(01708) 285613
HEFFERNAN, T, 44 Woodhall Crescent, HORNCHURCH	(01708) 441756	HOWSEN, R, 17 Rochford Avenue, Romford	(020) 3152 9509
H, W, 467 South End Road, Hornchurch, Essex	(01708) 471895	HOWSON, T, 49 Mashiters Walk, Romford	(01708) 733341
HEFFERNON, W, Flat 2 107, Flat 2, Exchange House Butts Green Road, Hornchurch	(01708) 530158	HUBBARD, P, 55A Suttons Lane, Hornchurch	(01708) 781027
H, W, Flat 2, Exchange House, 107 Butts Green Road, Hornchurch	(01708) 937376	H, P, Flat 22 Harold Wood Hall Widcombe Close, Romford	(01708) 344379
HELBIN, J, 120 Elm Park Avenue, Hornchurch	(01708) 475563	HUCKFIELD, S, 118 Park Drive, UPMINSTER	(01708) 224924
HEMMING, G, 104 Abbs Cross Gardens, Hornchurch	(01708) 441806	HUCKLE, M, 5 Turpin Avenue, ROMFORD	(01708) 704479
HEMPSTEAD, I.M, 1 Cranham Gardens, Upminster	(01708) 224705	HUDSON, Mr Alan, 30a Rosedale Road, Romford	(01708) 720099
HEMSWORTH, J, 5 Gillian Crescent, Romford	(01708) 745017	H, Mr Michael, 17 Upland Court Road, Romford	(01708) 342376
HENDERSON, A, 5 Berkeley Avenue, Romford	(01708) 709874	H, S, 117 Cranston Park Avenue, Upminster	(01708) 226072
H, M.A, 44 Lilac Gardens, Romford	(01708) 769823	HUET, Anthony, 14 THOMAS SIMS COURT WOOD LANE, HORNCHURCH	(01708) 556002
HENDEY, Ms Doris, 18 Adelphi Crescent, Hornchurch	(01708) 472261	H, J, 15 Gordon Avenue, HORNCHURCH	(01708) 457901
HENDRY, J, 22 Cranborne Gardens, Upminster	(01708) 225813	HUGE, T, 48 Rosedale Road, Romford	(01708) 729125
HENDY, E, 3 Hall Rd, Chadwell Hth	(020) 8599 2844	HUGGETT, R, 331 Front Lane, Upminster	(01708) 509953
HENERY, Mr B, 59 Winchester Av, Upminster	(01708) 222682	HUGHES, B, 152 Collier Row Lane, Romford	(01708) 501524
HENNEY, Wendy, 180 Mungo Park Road, Rainham	(01708) 525802	H, Mr B, 23 Victor Approach, Hornchurch	(01708) 437110
HENRIQUES, Mrs E, 38, Mountbatten Ho Elvet Av, Romford	(01708) 230050	H, G, 62 Dee Way, Romford	(01708) 749519
HENRY, A, 5 Dorking Way, Romford	(01708) 356626	H, G, Mobile, 85 Sheffield Drive, Romford, Essex	(07960) 408531
H, J, 117 Haynes Road, Hornchurch	(01708) 930427	H, James, 65 Edmund Rd, Rainham	(01708) 556382
H, M, 74 Cranham Gardens, UPMINSTER	(01708) 641881	H, K.W, 44 Woburn Avenue, Hornchurch	(01708) 458570
HENSHAW, M, 18 Broadhurst Walk, Rainham	(01708) 913293		

H, Michael, 37 Ashvale Gardens, Upminster.....	(01708) 225351	J, D, Mobile, 50 Brights Ave, Rainham, Essex.....	(07956) 496035	J, P, 56 Navarre Gardens, Romford.....	(01708) 724288
H, M, 19 Dunton Road, Romford.....	(01708) 985752	J, D, 24 Spring Gardens, Hornchurch.....	(01708) 447252	J, P, 67 Whitchurch Road, Romford.....	(01708) 378446
H, M, 65 Newmarket Way, Hornchurch.....	(01708) 706660	J, G, 30 Rush Green Road, Romford.....	(01708) 535232	J, R.E, 16 Merlin Gardens, Romford.....	(01708) 745763
H, M, 105 Rus Green Road, Romford.....	(01708) 724494	J, J, 12 Elms Farm Road, Hornchurch.....	(01708) 502870	JOHNSTON, B, 1 Elm Dale Cottages Brentwood Road, Upminster.....	(01708) 285763
H, N, 15 Derby Avenue, Romford.....	(01708) 751217	J, L, 49 Fernbank Avenue, HORNCHURCH.....	(01708) 532433		
HULBERT, Mr Alan, 19 Tolworth Gardens, Romford.....	(020) 8590 2631	J, M, 16 Dee Way, Romford.....	(01708) 843446	J, E, 6 Chestnut House Leamington Road, Romford.....	(01708) 344222
HULKEYVCH, Q, Unit 11-13 22 Danes Road, Essex.....	(01708) 726958	J, N.F, 6 Edwin Close, Rainham.....	(01708) 550769	J, P, 17 Chelmsford Drive, Upminster.....	(01708) 458299
HULL, G, Mobile, Pinnacles The 156-162, High Road, Romford.....	(07961) 966688	J, Mrs Pat, 54 Moray Way, Romford.....	(01708) 751290	J, R, 25 Halcyn Way, Hornchurch.....	(01277) 214666
H, M, 28 Berkshire Way, Hornchurch.....	(01708) 458566	J, S, Pineglyn Orange Tree Hill, Havering-Atte-Bower.....	(01708) 752661	JOLLEY, T, Flat 17 Gidea Lodge 220a Main Road, Romford.....	(01708) 847378
HULME, C, 73 Mowbrays Road, ROMFORD.....	(01708) 530353	JACOB, H, 37 Tending Way, Romford.....	(020) 8597 6457	JOLLY, T, 13 Reford Close, Romford.....	(01708) 370689
HULSE, S, 22 Chandlers Way, Romford.....	(01708) 725058	J, J, 21 Tyle Green, Hornchurch.....	(01708) 928618	JONA, B, Christine Court Flat 3 44, Wennington Road, Rainham.....	(01708) 938869
HUMMELL, A, 146 Grosvenor Drive, Hornchurch.....	(01708) 474195	J, O, 36 Lynwood Drive, Romford.....	(01708) 915231		
HUMPHREY, N.C, Boon Front Lane, Upminster.....	(01708) 223300	JACOB, A, 28 Wittering Walk, Hornchurch.....	(01708) 556458	JONES, B, Flat 25 Blackthorn House 55 St. Clements Avenue, Romford.....	(01708) 370809
HUMPHREY, K, 1 Noak Hill Road, Romford.....	(01708) 375166	J, C, 2 Albany Road, Hornchurch.....	(01708) 470374	J, C, Tayberry Court 2 35, Briar Road, Romford.....	(01708) 910843
H, K, 36, 82, Moreton Bay Apartments Southend Arterial Road, Romford.....	(01708) 530851	J, J, 7 Taylor Gardens, Noak Hill.....	(01708) 345008	J, C, 23 Little Gaynes Lane, Upminster.....	(01708) 223108
H, K.G, 24 Mount Pleasant Road, Romford.....	(01708) 760055	J, M, 2 Buckingham Close, Hornchurch.....	(01708) 472005	J, C, 102 The Avenue, Hornchurch.....	(01708) 458590
H, S, 79 Heron Way, Upminster.....	(01708) 507907	J, M, 3 Percival Road, Hornchurch.....	(01708) 509820	J, C.E, 268 Mawney Road, Romford.....	(01708) 745303
H, T, Flat 59 Bell Flower Lodge 63 Gubbins Lane, Harold Wood.....	(01708) 986770	J, O, 2 Syracuse Avenue, Rainham.....	(01708) 521431	J, D, 31 Ascot Gardens, HORNCHURCH.....	(01708) 444634
HUMPHREYS, W, 230 Billet Road, Romford.....	(020) 8599 5457	J, S, 18 Willow Tree Close, Abridge.....	(01992) 815256	J, D, 16 Brosley Road, Romford.....	(01708) 507471
HUMPHRIES, M, 5 Bear Block Cottages Harwood Hall Lane, Upminster.....	(01708) 225014	JACOBSON, G, 82 Suttons Avenue, Hornchurch.....	(01708) 471505	J, D, 10 Rochford Avenue, Romford.....	(020) 8590 8452
H, P, 41 Crow Lane, ROMFORD.....	(01708) 763108	JADEIA, K, 6 Cunningham Close, Romford.....	(020) 3737 0393	J, D.A, 4 Kent Drive, Hornchurch.....	(01708) 450737
HUNT, C, Flat 16 Queens Moat House 22 St. Edwards Way, Romford.....	(01708) 762099	JAFFA, J, 85 Carter Drive, Romford.....	(01708) 730136	J, E, 74 George Street, Romford.....	(01708) 740630
H, Mr David, 50 Fairview Avenue, Rainham.....	(01708) 557499	JAKIMA, K, 97 Camborne Avenue, Romford.....	(01708) 920885	J, E.E, 2b Fanshawe Crescent, Hornchurch.....	(01708) 457621
H, D, 19 Lynton Avenue, Romford.....	(01708) 705852	JAMES, A, 91 Benets Road, Hornchurch.....	(01708) 449909	J, E.J, 212 Faringdon Avenue, Romford.....	(01708) 345628
H, D.J, 2 Nyrsey Close, Romford.....	(020) 8983 8466	J, A, 2 Emerson Drive, Hornchurch.....	(01708) 456397	J, F, 11 Links Avenue, Romford.....	(01708) 741430
H, E.R, 184 Squirrels Heath Road, Romford.....	(01708) 375647	J, C, 16 Monkwood Close, Romford.....	(01708) 231149	J, F.R, 6 Hoylake Gardens, Romford.....	(01708) 348395
H, G, 80 Crowlands Avenue, Romford.....	(01708) 763512	J, G, 4 Park Drive, Upminster.....	(01708) 223364	J, I.E, 42 Bell Avenue, Romford.....	(01708) 376275
H, G.S, 178 Turpin Avenue, Romford.....	(01708) 721757	J, J, 278 Collier Row Lane, Romford.....	(01708) 761159	J, J.B, 96 Bellhouse Rd, Romford.....	(07958) 465258
H, Mrs Iris, 39 Lexington Way, Upminster.....	(01708) 225169	J, M, 39 Goldsmere Court Fentiman Way, Hornchurch.....	(01708) 471165	J, M, 4 Lawn Farm Grove, Romford.....	(020) 8924 7066
H, J, 44 Swanbourne Drive, Hornchurch.....	(01708) 472374	J, M, 61 Waldegrave Gardens, Upminster.....	(01708) 221703	J, M, 8 Mavis Grove, Hornchurch.....	(01708) 440699
H, J, 76 Nelves Crescent, Hornchurch.....	(01708) 453048	J, N, 13 Penrith Road, Romford.....	(01708) 376854	J, M, 105 Rainham Road, Rainham.....	(01708) 522165
HUNTER, D, 119 Warren Drive, Hornchurch.....	(01708) 444851	J, P, 32 Heaton Way, Romford.....	(01708) 344251	J, M, 191 Rush Green Road, Romford.....	(01708) 762834
H, 32 Lichfield Terrace, Upminster.....	(01708) 226925	J, T, 56 Eversleigh Gardens, Upminster.....	(01708) 223015	J, N, 3 Gaynes Park Road, Upminster.....	(01708) 222798
H, M, 4 Cromer Road, Romford.....	(01708) 722773	JANDA, E, 457 Upminster Road North, Rainham.....	(01708) 559866	J, P, 120 Haynes Road, Hornchurch.....	(01708) 471149
H, W.C, 90 Riverside Road, Romford.....	(01708) 765351	JANDOO, T.S, 12 Lenden Drive, Romford.....	(020) 8599 4022	J, P, 52 Hog Hill Road, Romford.....	(01708) 720199
HUNTINGFORD, M, 1 Amberley Way, Romford.....	(01708) 700637	JANES, J, 352 Rush Green Road, ROMFORD.....	(01708) 398282	J, P, 7 Tindall Close, Romford.....	(01708) 348384
HURLEY, A, 26 Cowdry Way, Hornchurch.....	(01708) 457413	JANGANANT, M, 4 Kilmarin Way, Hornchurch.....	(01708) 558702	J, P.M, 435 Upminster Road North, Rainham.....	(01708) 557791
H, A, 8 Worcester Avenue, Upminster.....	(01708) 225814	JANOWSKI, J, 140 Mashiters Walk, Romford.....	(01708) 749529	J, R, 57 Northdown Road, Hornchurch.....	(01708) 473943
H, D, 52 Beaulay Way, Romford.....	(01708) 747124	JANZEN, G, 183A Church Road, Harold Wood.....	(01708) 734498	J, R, 360 Wingletye Lane, Hornchurch.....	(01708) 782397
H, Mr K, 7 New Place Gardens, Upminster.....	(01708) 222516	JARQUES, P, 28 Lake Avenue, Rainham.....	(01708) 532091	J, S, 59 Ganton Avenue, Upminster.....	(01708) 507372
HURRELL, S, 44 Hubert Road, Rainham.....	(01708) 551706	JARWALA, P, 7 Brick House, 1a Faringdon Avenue, Romford.....	(01708) 938310	J, S, 26 Moor Lane, Upminster.....	(01708) 250341
HURST, D.R, 82 Upper Rainham Road, Hornchurch.....	(01708) 455524	JARMAN, L, 74 Randall Drive, Hornchurch.....	(01708) 456388	J, V, 15 Sycamore Avenue, Upminster.....	(01708) 223875
H, K, 50 Chevington Way, Hornchurch.....	(01708) 513668	J, Mr Peter, 10 Lodge Lane, Romford.....	(01708) 763245	J, W, 38 Carlisle Road, Romford.....	(01708) 700757
H, P, 19 The Grove, Upminster.....	(01708) 220204	JARMYN, T, 4 Tyle Green, Hornchurch.....	(01708) 459319	J, Y, 95 Elm Park Avenue, Hornchurch.....	(01708) 438673
H, R.J, 412 Rainham Road, Rainham.....	(01708) 558402	JARVIS, J, 153 Parkside Avenue, Romford.....	(01708) 760593	JORDAN, D, 38 Barbary Close, Romford.....	(01708) 374473
HUSKER, I, 45 Birch Road, Romford.....	(01708) 750605	JASINKAS, V, Norfolk Court Flat 26 Glandford Way, Romford.....	(020) 8117 7200	J, F, 85 Ferguson Avenue, Romford.....	(01708) 927179
HUSSAIN, A, Flat 5, Red Shank House Capstan Drive, Rainham.....	(01708) 231428	JATA, A, 87 Lexicon Apartments Mercury Gardens, Romford.....	(01708) 232476	JOSEPH, A, 11 Lee Avenue, Romford.....	(020) 3605 0231
H, Akbal, 11 Norbury Gardens, Romford.....	(020) 8599 9940	JATHUKULAN, D, 8A Elmer Gardens, Rainham.....	(01708) 533272	J, B, 58 Christchurch Avenue, Rainham.....	(01708) 534544
H, J, 6 Oldchurch Gardens, Romford.....	(01708) 920319	JAY, D, 132 Roseberry Gardens, Upminster.....	(01708) 227489	J, G, 10 Guardian Close, Hornchurch.....	(01708) 788160
H, J, 7 Kent View Wennington Road, Rainham.....	(01708) 949863	JEBUTU, V, 26 Highfield Road, ROMFORD.....	(01708) 746629	JOSHI, B, 474 Station Road, Romford.....	(01708) 342014
H, M, Flat 12, 2, Plum Tree Court Ingrebourne Avenue, Romford.....	(01708) 532548	JEEWON, N, 283 Hornchurch Road, Hornchurch.....	(01708) 473016	J, E, 1014 High Road, Romford.....	(020) 8597 9630
H, N, Flat 13 Oak House Cottons Approach, Romford.....	(01708) 767447	JEFFERSON, K, 20 Cranbrook Drive, Romford.....	(01708) 740968	J, S, 9A Linley Crescent, Romford.....	(01708) 501333
H, T, 73 Shepherds Close, Romford.....	(020) 8598 8865	JEFFERY, G, 24 Grove Park Road, Rainham.....	(01708) 706973	JOSLIN, C, 27 Dover Close, Romford.....	(01708) 724481
HUSSEIN, S, 101 Harlow Road, Rainham.....	(01708) 705653	JEFFREY, A.R, 2 The Paddocks, Stapleford Abbots.....	(01708) 381413	J, J, 78 Havering Road, Romford.....	(01708) 703176
HUSTED-SMITH, M, 2 Rachel Cottage New Road, Lambourne End.....	(020) 8502 7703	JEFFRIES, G, 16 Middle Bay, Abridge.....	(01992) 813082	JOSLING, J, PENTY BRYN Stanley Road, Bulphan.....	(01375) 893581
HUTCHERSON, P, 14 Balgones Square, ROMFORD.....	(01708) 964129	JELF, C, 78 Harwood Avenue, Hornchurch.....	(01708) 930894	JOYCE, Mr M, 2 Druces Cottages Hacton Lane, Upminster.....	(01708) 460523
HUTCHINSON, R, 6 Dock Walk, Romford.....	(01708) 949098	JELLISS, J, 15 Marlborough Close, Upminster.....	(01708) 228386	J, P, 84 Elmer Gardens, Rainham.....	(01708) 559414
HUTCHINGS, A, 20 Palliser Drive, Rainham.....	(01708) 523192	JENKINS, D, 1C Chipperfield Close, UPMINSTER.....	(01708) 641545	J, P, 252 St. Andrews Avenue, Hornchurch.....	(01708) 471630
HUTCHINS, Mr Alan, 24 Prestwood Drive, Romford.....	(01708) 752515	JENKINS, B, 44 Highview Gardens, Upminster.....	(01708) 228751	JOYNER, M, 7 Norfolk Road, Upminster.....	(01708) 454930
H, C, 51 Adelaide Gardens, Romford.....	(020) 8252 1799	J, D, 8 Duxford Close, Hornchurch.....	(01708) 500134	J, R, 39 Grosvenor Road, ROMFORD.....	(01708) 767459
H, M, 326 Crow Lane, ROMFORD.....	(01708) 533423	J, Admiral G, 3 FEWS LODGE 75 Gregory Road, Romford.....	(020) 4629 7432	JUDD, Lee, 3 Taunton House Redcar Road, Romford.....	(01708) 346331
HUTCHINSON, D, 54 Defoe Way, Romford.....	(01708) 748838	J, J, 2 Deyncourt Gardens, Upminster.....	(020) 8075 0394	J, M, 32 Linden Street, ROMFORD.....	(01708) 767277
H, G, Green Farm North Albys Lane, Stapleford Tawney.....	(01708) 688553	J, R, 101 Pettits Lane, Romford.....	(01708) 760038	J, P, 7 Lambs Lane South, Rainham.....	(01708) 550209
H, S, 1 Rosslyn Avenue, Romford.....	(01708) 732741	JENKINSON, J, 13 Honiton Road, Romford.....	(01708) 847417	JUKNEVITS, V, 29 Woodbridge Close, Romford.....	(01708) 370216
HUTSON, Ronald, 3 Hayes Dy, Rainham.....	(01708) 554175	JENNINGS, D, 48 Halesworth Road, Romford.....	(01708) 341169	JULIANPAVINGLTD, J, Emanuel Cottage Hall Lane, Upminster.....	(01708) 843273
HUTTON, D, 4 Shenstone Gardens, Romford.....	(01708) 372737	J, D, 18 Tiverton Grove, Romford.....	(01708) 345108	JUNGLEE, V, 7 Bennions Close, Hornchurch.....	(01708) 532806
H, W.P, 4 Elizabeth Road, Rainham.....	(01708) 526010	J, J, 5 Stanley Close, Romford.....	(01708) 740368	JUPP, L, 32 Reed Pond Walk, ROMFORD.....	(01708) 505633
HUXTABLE, L, 46 Bridge Avenue, Upminster.....	(01708) 500607	J, J.M, 48 Lilac Gardens, Romford.....	(01708) 765627	JURY, L, 34 Eric Road, Romford.....	(020) 3665 5710
HYDE, A, 7 Millday Road, Romford.....	(01708) 732362	J, M, 28 Percy Road, Romford.....	(01708) 726235	JUTTLA, J, 49 Bancroft Chase, Hornchurch.....	(01708) 456291
H, A, 3 Sandown Avenue, Hornchurch.....	(01708) 478851	J, P, 1 Orchard Avenue, Rainham.....	(01708) 555982	KABEMA, N, 8 Padnall Ct, Romford.....	(020) 3589 3510
H, D, FLAT 49 GREENWAYS COURT Butts Green Road, Hornchurch.....	(01708) 448547	JENSEN, K, 16 Hall Park Road, UPMINSTER.....	(01708) 223907	KABIR BEGUM, J, 56 Shepherds Close, Essex.....	(020) 8593 8057
HYLTON, W.G, 20 Ashleigh Gardens, Upminster.....	(01708) 220662	JERAJ, A, Flat 26, Bridge Point Southend Arterial Road, Hornchurch.....	(01708) 230134	KABIR, M, 35 Capstan Close, Romford.....	(020) 8597 0320
HYSLIP, W, 77 Amery Gardens, Romford.....	(01708) 709835	JERVIS, J, 33 Hyland Way, Hornchurch.....	(01708) 448896	KADIR, A, 82 Ravensbourne Crescent, Romford.....	(01708) 928121
JACOBACHE, R, 80 Bevan Way, Hornchurch.....	(01708) 828353	JESSETT, P, 62 Arundel Road, Romford.....	(01708) 347706	KAIM, G, 56 Heron Way, Upminster.....	(01708) 250474
IAN, G, 33 Chelmsford Avenue, Romford.....	(01708) 744169	JETHWA, S, 104 Primrose Avenue, Romford.....	(020) 8590 0463	KAIN, Danny, 98 Sedgfield Crescent, Romford.....	(01708) 732351
IBISHOVA, Ms Ayshe, 5 Creekside, Creekside.....	(01708) 572481	JEVDET, E, 3 Galsworthy Avenue, Romford.....	(020) 8590 8931	KALACHIELVAN, P, 29 Upminster Road, Hornchurch.....	(01708) 202615
IBRAHIM, Hassan, 1 Fox Clo, Romford.....	(01708) 722065	JIGANG, S, 1 Hedgerow House Rubus Place, Romford.....	(01708) 913246	KALAMBE, V, 181 Index Apartments Mercury Gardens, Romford.....	(01708) 534914
I, K, 93 Marlborough Road, Romford.....	(01708) 960398	JIGGINS, D.R, 35 Waldegrave Gardens, Upminster.....	(01708) 224066	KALMAR, S, 37 Silvermere Avenue, Romford.....	(01708) 960013
ICHIM, M, 36 Charlbury Crescent, Romford.....	(01708) 912892	JIMENEZ, A, 6 Randall Drive, Hornchurch.....	(01708) 459088	KALLU, C, Magnolia Court Flat 11 31, Mawney Road, Romford.....	(01708) 930142
IDENHE, A, 170 Padnall Road, Romford.....	(020) 8590 6366	JIMENEZ DE LEON, E, Flat 14 Reston House 1a Western Road, Romford.....	(01708) 913217	KAMARLOW, I, 188 Lodge Lane, Romford.....	(01708) 935095
IDIR, I, 24 Hailsham Road, Romford.....	(01708) 331580	JINADU, O, 5 Queens Gardens, Rainham.....	(01708) 920006	KAMPALE, P, 145 Zetex Apartments Mercury Gdns, Romford.....	(01708) 740279
IGIRI, Mr Ahuruole, 11 Albany Road, Romford.....	(020) 8215 2873	JIVRAJ, S, 48 Norfolk Road, Romford.....	(01708) 504034	KAMUEHARIWA, W, 17 Heaton Avenue, ROMFORD.....	(01708) 941033
IKRAM, I, 1 Coltilhall Road, Hornchurch.....	(01708) 558658	JOB, D, 72A Laburnum Avenue, Hornchurch.....	(01708) 452785	KANA, M, Flat 8 30, Bickley Court Paignton Close, Romford.....	(01708) 926286
ILVBARE, O, 57 Cowdry Way, HORNCHURCH.....	(01708) 937860	JOBBINS, L, 17 Grove Road, Romford.....	(020) 3062 4723	KANDASAMY, P, 29 Cross Road, Romford.....	(01708) 750892
ILLMAN, L.H, 17 Montgomery Crescent, Romford.....	(01708) 348257	JOBE, Abba, 17 Barley Court Lower Marydye Avenue, Rainham.....	(01708) 506471	KANJI, M, 10 Liphook Close, Hornchurch.....	(01708) 921371
IMRAY, B, 78 Northumberland Av, Hornchch.....	(01708) 450383	JOEL HUCKLE, R, 43 Kersey Gardens, ROMFORD.....	(01708) 533237	KANTARAVICUTE, G, 23 Judith Avenue, Romford.....	(01708) 607785
INAMDAR, Parul, 210 Edge Court 96 Arneways Avenue, Romford.....	(020) 8586 1305	JOFFE, R, 142 Corbets Tey Road, Upminster.....	(01708) 225303	KAPADIA, A, 158 Victoria Road, Romford.....	(01708) 761649
INCE, G, 32 Stratton Road, ROMFORD.....	(01708) 704804	JOHAL, P, 7 Clairvale, Hornchurch.....	(01708) 475020	K, H.S, 43 Mill Lane, Romford.....	(020) 8590 4197
INGLIS, Dr S, 23 Hyland Close, Hornchurch.....	(01708) 442220	J, Sunita, 1/55 St. Clements Av, Romford.....	(01708) 372002	KARDELS, A, 129 Benhurst Avenue, Hornchurch.....	(01708) 477543
INGRAM, J, 19 Templar Ho Chantry Wy, Rainham.....	(01708) 524229	JOHN DUGGAN, P, 24 Greenock Way, ROMFORD.....	(01708) 915674	KARIUKI, B, Mobile, 26 Sherman Gardens, Chadwell Heath, Romford.....	(07961) 167717
INNES, Christine, 3 Trowbridge Road, Romford.....	(01708) 346395	JOHN LASLETT, K, 8 St. Leonards Way, Hornchurch.....	(01708) 921959	KARLETTS, G, 114 Heath Road, Romford.....	(020) 8599 1931
I, M, 4 Dawson Drive, Rainham.....	(01708) 500377	JOHNS, C.V, 79 Sycamore Avenue, Upminster.....	(01708) 226959	KARTAL, C, 88 Brentwood Road, Romford.....	(01708) 745798
INSOLE, C, 21 Fairview Avenue, Rainham.....	(01708) 522721	JOHNSON, Anna, 3 Barnfield Walk, Romford.....	(01708) 935137	KASANIN, R, 76 Heaton Avenue, Romford.....	(01708) 384350
INWOOD, S, 32 Beechfield Gardens, Romford.....	(01708) 766488	J, A.J, 57 Eric Road, Romford.....	(020) 8590 4659	KASIRI-ARABI, F, 20 Bamford Way, ROMFORD.....	(01708) 733421
IQBAL, I, 21 Newbury Gardens, Romford.....	(01708) 910554	J, B, 41 Gordon Avenue, Hornchurch.....	(01708) 445373	KASPARAVICUTE, J, 12 Jacobs Avenue, HAROLD WOOD.....	(01708) 938401
IRONS, D, 147 Northumberland Avenue, Hornchurch.....	(01708) 457927	J, C, 20 Warriner Avenue, Hornchurch.....	(01708) 700766	KASSAM, F, Flat 9 Morland House 12-16 Eastern Road, ROMFORD.....	(01708) 532929
IRWIN, Ms Veronica, 7 Roseberry Close, Upminster.....	(01708) 250608	J, D, 140 Amey Gardens, Romford.....	(01708) 726340	KATSADE, N, 30 Roding Way, Rainham.....	(01708) 781751
ISHMAIL, D, Apartment 6 Ryan Court 152-62 London Road, Romford.....	(01708) 731262	J, D, 89 Dagenham Road, Romford.....	(01708) 732818	KAUR, A, 27 Hillview Avenue, Hornchurch.....	(01708) 231176
ISLAM, A, 233 Rainham Road, Rainham.....	(01708) 630148	J, D, 11 Freeman Way, Hornchurch.....	(01708) 510647	K, J, 210 Hilldene Avenue, Romford.....	(01708) 594411
I, F, 209 Somerville Road, Romford.....	(020) 3675 5109	J, D, 106 Haynes Road, Hornchurch.....	(01708) 440808	K, K, 214 Billet Road, Romford.....	(020) 8117 2475
I, M, 3 Edgar Road, Romford.....	(020) 3643 5895	J, Mr Derek, 5 Mowbrays Close, Romford.....	(01708) 745188	K, K, 23 Sheepcotes Road, Romford.....	(020) 8793 6486
I, Mr N, 40 Northwood Avenue, Hornchurch.....	(01708) 478547	J, E, 177 Carlton Road, Romford.....	(01708) 706116		

Residential Listings

11

KAYODE, W, 92 Hillrise Road, Romford	(01708) 765779	K, E, 27 Brunswick Avenue, Upminster	(01708) 250723	L, R, 17 Hyland Close, Hornchurch	(01708) 441037
KAYSER, J, 66 Lower Bedfords Road, Romford	(020) 8554 2967	K, L, 120 Squirrels Heath Lane, Hornchurch	(01708) 444392	L, R.A, 17 Tangmere Crescent, Hornchurch	(01708) 556356
KAZI, H, 16 Percival Gardens, Romford	(020) 3723 2407	K, N, 22 Redden Court Road, Romford	(01708) 343275	L, R.F, 32 Cromer Road, Romford	(01708) 726734
KAZUKOMIENIE, A, 89 Chatteris Avenue, Romford	(01708) 348422	K, Yvette, 15 Bramley Court Broadis Way, Rainham	(01708) 556633	LANGDALE, L, 38 Guysfield Drive, Rainham	(01708) 530800
KAZLAUSKAITE, R, 3 Epsom House Dagnam Park Drive, Romford	(01708) 564563	KIRK, P, 86 Carlton Road, Romford	(01708) 510820	LANGDON, Debbie, 16 Rush Green Gardens, Romford	(01708) 751487
KEBUANG, B, 54 Rushton Close, Romford	(01708) 925429	K, S, 384 Upminster Road North, Rainham	(01708) 555147	LANGDOWN, A, 66 Squirrels Heath Lane, Hornchurch	(01708) 446329
KEEBIE, M, Mobile, 18 Guysfield Close, Rainham, Essex	(07956) 257834	KIRKOV, D, 6A Tudor Drive, Romford	(01708) 745899	L, P, Mobile, 33 Cavenham Gardens, Hornchurch, Essex	(07904) 609389
KEEBIE, D.A.R, 18 Guysfield Close, Rainham	(01708) 554307	KIRUBAGARAN, Mr 151 Oldchurch Rd, Romford	(01708) 749068	LANGFORD, C, John Lockwood Ground Hoe Lane, Lambourne	(1992) 811445
K, J, 46 Stanley Road North, Rainham	(01708) 556682	KIRUBAHARAN, S, 12 Holland Close, Romford	(01708) 747030	LANGLEY, J, 49A Dorian Road, Hornchurch	(01708) 913502
KEEGAN, E, 20 Morgan Way, Rainham	(01708) 552466	KIRVEN, V, 67 Lakeside, Rainham	(01708) 550796	LANGRIDGE, R, 9 Boscombe Avenue, Hornchurch	(01708) 458449
KEELING, D.L, 6 Clyde Crescent, Upminster	(01708) 251380	KISHORE, M, 7 Boxall Way, Hornchurch	(01708) 520870	LANGSTONE, Mrs Barbara, 27 Carisbrooke Close, Hornchurch	(01708) 454060
K, F.W, 1 Avelay Road, Upminster	(01708) 220960	KITE, A.E, 133 Gresham Drive, Romford	(020) 8590 9908	L, C, Flat 1 Beech House Cecil Avenue, Hornchurch	(01708) 703395
KEEN, N, 31 Balgore Lane, Romford	(01708) 744287	K, C, 266 Wennington Road, Rainham	(01708) 554657	LANGTON, P, 53 Northwood Avenue, Hornchurch	(01708) 454854
K, P, 42 Park Drive, Upminster	(01708) 229770	K, E, 120 Ingrebourne Road, Rainham	(01708) 508647	LANKELIS, Z, College Court 5, 3 Scholars Way, Romford	(01708) 928817
KEENS, S, 26 Homeway, Romford	(01708) 473408	K, J, 15 Kings Road, Romford	(01708) 783002	LAPINSKAS, T, 22 Mungo Park Road, Rainham	(01708) 559836
KEILLER, I, 39 Spey Way, Romford	(01708) 752289	KITSON, W, 12 Sheepcotes Road, Romford	(020) 8597 9944	LAPSEY, Barbra, 5 Stapleton Crescent, Rainham	(01708) 552553
KEIR, H, Flat 16 Ormonde Court Clydesdale Road, Hornchurch	(01708) 752947	KITTS, C, 10 Adelphi Crescent, HORNCHURCH	(01708) 454809	LAPSLIE, J, 125 Severn Drive, Upminster	(01708) 226696
KEILLET, S, Redstock Tysea Hill, Stapleford Abbots	(01708) 373891	KIZELIS, D, 93 Briarleaf Gardens, Upminster	(01708) 232942	LARA, C, Flat 29 Bridge Point Southend Arterial Road, Hornchurch	(01708) 531649
KELLIHER, M, 1 Theydon Gardens, Rainham	(01708) 508649	KNIGHT, A, 49 Aylsham Lane, Romford	(01708) 370126	LARKEY, G, 18 Spenser Crescent, Upminster	(01708) 226431
KELLY, Mr D, 13 Heath Rd, Romford	(020) 3138 4080	K, A, 78 Cross Road, Mawneys	(01708) 766779	LARKIN, K, 15 Wrexham Road, Romford	(01708) 342168
K, J, Flat 3 Annabel Court 9 Abbs Cross Lane, Hornchurch	(01708) 470995	K, A, 72 Laurel Crescent, Romford	(01708) 724698	LARNER, A, 128 North Hill Drive, Romford	(01708) 348009
K, J, 47 Hayes Drive, Rainham	(01708) 555987	K, D, 19 Rushton Close, Romford	(01708) 727191	L, J, 44 Rainham Road, Rainham	(01708) 526017
K, J, 73 Osborne Road, Hornchurch	(01708) 927611	K, D.R, 13 Simpson Road, Rainham	(01708) 555811	L, R.J, 17 Dart Clo, Upminster	(01708) 224809
K, K, 59 Castellian Avenue, Romford	(01708) 732321	K, H, 118 Wood Lane Hornchurch, Essex	(01708) 451576	L, T, 171 Northumberland Avenue, Hornchurch	(01708) 701211
K, K, 60 Rockingham Avenue, Hornchurch	(01708) 444151	K, H.V, 118 Mungo Pk Rd, Rainham	(01708) 558707	LASCENKO, S, 38 Penrith Road, Romford	(01708) 344692
K, M, 88 George Street, Romford	(01708) 700406	K, J, 82 Derham Gardens, Upminster	(01708) 250143	LASEN, T, 34 Malvern Road, Hornchurch	(01708) 726690
K, M, 14 Petards Court Randall Drive, Hornchurch	(01708) 446208	K, J, 73 Wanwick Road, Rainham	(01708) 928271	LASKEY, P, FLAT 4 THYNE COURT 109 Whitchurch Road, Romford	(01708) 341064
K, M, 463A Upminster Road North, Rainham	(01708) 788827	K, J.S, A 44 Shepherds Close, Romford	(020) 8590 2629	LATHAM, D.M, 20 Tudor Drive, Romford	(01708) 723754
K, P, 18 Priory Mews, HORNCHURCH	(01708) 479646	K, L, 136 Hillcrest Road, Hornchurch	(01708) 741273	LATOUCHE, H, 46 Joydon Drive, Romford	(020) 8924 3300
K, P, 39 Redden Court Road, Romford	(01708) 343394	K, M, 23 Long Grove, Harold Wood	(01708) 341485	LAU-MAN, Y, 270 Abbs Cross Lane, Hornchurch	(01708) 443380
K, R, 8 Campbell Close, ROMFORD	(01708) 913689	K, R, 28 North Weald Close, HORNCHURCH	(01708) 536274	LAWRIE, K, 49 Canterbury Avenue, Upminster	(01708) 614443
KEMP, C, Stanley House North Road, Havering-Atte-Bower	(01708) 347259	KNIGHTBRIDGE, H, 21 Links Avenue, Romford	(01708) 751393	L, N, Flat 3 Alice Court Hannover Place, Romford	(01708) 733482
K, E, 12 Bosworth Crescent, Romford	(01708) 371820	KNIGHTHEATH, E, 17 Menthone Place, Hornchurch	(01708) 531579	LAYER, P, 29 Eversleigh Gardens, Upminster	(01708) 221558
K, E, Flat 13 Fernleigh Court 95 Mawney Road, Romford	(01708) 733175	KNIFE, D, 86 Uddall Gardens, Romford	(01708) 476737	LAWAL, Dr O, 114 Burnway, Hornchurch	(01708) 476778
K, Raymond, 9 Carbury Close, Hornchurch	(01708) 551361	KNOCK, B, 37 Ullswater Way, Hornchurch	(01708) 473199	L, O, 180 Chippenhams Road, Romford	(01708) 470258
KEMPSTER, Susan, Hilltop Broxhill Rd, Havering-Atte-Bower	(01708) 341663	KNOTT, T, 86 Little Gaynes Lane, Upminster	(01708) 225315	L, O.S, 47 Edmund Road, Rainham	(01708) 208678
KENDALL, A, 20 Robin Clo, Romford	(01708) 757981	KNOWLES, C, 62 Rosslyn Avenue, Romford	(01708) 341116	L, O.S, 47 Edmund Road, Rainham	(01708) 208679
K, T, 18 Gadsden Close, Upminster	(01708) 222673	K, D, 7 Seabrook Gardens, Romford	(01708) 767353	L, Mrs O.S, 47 Edmund Road, Rainham	(01708) 208680
KENDRICK, N, 28 Waldegrave Gardens, Upminster	(01708) 220295	K, M, 16 Meadow, Romford	(01708) 743169	LAWES, D, 2 Watermans Junction Road, Romford	(01708) 727070
K, V, 16 Midhurst Close, Hornchurch	(01708) 703462	K, P, 59 Bellevue Road, Romford	(01708) 768632	LAWLESS, M.A, 66 Burnway, Hornchurch	(01708) 453993
KENNEALLY, D, 36 Percy Road, Romford	(01708) 505509	K, P, 37 Marlborough Gardens, Upminster	(01708) 229244	L, V, (Mobile), 15 Archibald Rd, Romford, Essex	(07904) 581499
KENNEDY, D, 31 Ellis Avenue, Rainham	(01708) 550880	K, William, Berkeley Cottage Manor Road, Lambourne End	(020) 8500 5161	LAWLOR, J.W.P, 16A Askwith Road, Rainham	(01708) 553826
K, J, 293 Elm Park Avenue, Hornchurch	(01708) 450301	KOBELUS, P, 15 Gubbins Lane, Romford	(01708) 347975	LAWRENCE, J, 66 Arneways Avenue, Romford	(020) 3532 2208
K, Admiral J, 35 Windermere Avenue, Hornchurch	(01708) 451010	KOBZAR, M, 52 Harold Court Road, Romford	(01708) 937939	L, J, 6 Ingelien, Hornchurch	(01708) 456288
K, Mrs Margaret, 22 Eaton Drive, Romford	(01708) 745865	KODAKKANDLA, Shilpa, 1 Whitepost Lane, Rainham	(01708) 557769	L, J, 152 Park Lane, Hornchurch	(01708) 456787
K, M, 133 Ingrebourne Gardens, Upminster	(01708) 526040	KONG, S, 68 Birch Court Sherman Gardens, Chadwell Heath	(020) 8590 6067	L, M, 20 Dagnam Park Close, Romford	(01708) 375117
K, S, 51 Rosslyn Avenue, Romford	(01708) 344929	KOSS, J, 106 Elmhurst Drive, Hornchurch	(01708) 454348	L, N, 88 Station Road, Upminster	(01708) 535955
KENNY, C, 51 Avelon Road Rainham, Essex	(01708) 520121	KOTEN, S, 2 The Drive, Harold Wood	(01708) 381478	L, N, Flat 9, Swan House Swan Mews, Romford	(01708) 741905
KENT, Mrs April, 69 Jersey Road, Rainham	(01708) 558138	KOTHARI, S, 11 Eva Road, Romford	(020) 8599 6447	L, Mrs R, 40 Peacock Close, Hornchurch	(01708) 473697
K, C.D, 64 Forest Road, Romford	(01708) 740572	KOUR, S, 166 Petersfield Avenue, Romford	(01708) 926230	L, S, 12 Coral Close, Romford	(020) 8597 3797
K, E, 32 Park Drive, Romford	(01708) 766588	KOU, S, 13 Norwich Crescent, Romford	(020) 3524 3624	L, S, 31 Gilliam Way, Rainham	(01708) 921154
K, Mrs Pauline, 12a Waldegrave Gardens, Upminster	(01708) 224113	KOVALOVA, Mrs Olha, 1083 High Road, Romford	(020) 3659 7235	LAW, G, 37 New Place Gardens, Upminster	(01708) 227930
K, R, 101 Parkstone Avenue, Hornchurch	(01708) 449118	KOVEN, G, 129 Springfield Gardens, Upminster	(01708) 224530	LAWTON, T, 53 Laburnum Walk, Hornchurch	(01708) 472675
K, W, 14 Tulip Close, Romford	(01708) 340319	KOWALCZUK, J, Flat 55 Arc Court Maxwell Road, Romford	(01708) 925697	LAYTON, B, 81 Campion Close, Rush Green	(020) 8595 8933
KERR, D, 37 Tenyson Way, Hornchurch	(01708) 454635	KRAUS, D, 5 Nightingale Crescent, Harold Wood	(01708) 346943	LE PAGE, K, FLAT 14 CHARTWELL PLACE Junction Road, Romford	(01708) 721524
K, Miss E, Mountbatten Ho Elvet Avenue, Romford	(01708) 230005	KRENDER, J, 2 Tindall Mews, Hornchurch	(01708) 479699	LE SURF, A.C, 77 Hubert Road, Rainham	(01708) 554819
KERSH, Miss Gloria, 4 Dorking Rise, Romford	(01708) 346679	KREY, H, 8 Stephen Avenue, Rainham	(01708) 557956	LE, T, 6a Tadworth Parade, Hornchurch	(01708) 912925
KERSLEY, E, 20 Kilmartin Way, Hornchurch	(01708) 520387	KROMER, C, 4 Gelshtorpe Road, Romford	(01708) 723229	LEACH, B, 59 Redden Court Road, Romford	(01708) 376380
KETTLE, M, 40 Acacia Avenue, Hornchurch	(01708) 709119	KRZEMIEWIEWSKI, G.M, 35 Ramsden Drive, Romford	(01708) 721157	L, C, 9 Deyncourt Gardens, Upminster	(01708) 641281
KETTLETY, D, 79 Heath Road, Romford	(020) 8220 1342	KULESZA, J, 9 Holme Road, Hornchurch	(01708) 500507	L, Ms Jacqueline, 147 Havering Road, Romford	(01708) 397133
KETTLEY, S, 15 King Edward Avenue, Rainham	(01708) 526662	KULLAR, S, 31 Pettits Lane, ROMFORD	(01708) 724644	L, M, 132 Mawney Road, Romford	(01708) 766683
KEY, D.J, 32 Langham Drive, Romford	(020) 8599 5156	KUMARAN, R, 45 St. James Gardens Little Heath, Romford	(020) 8599 8180	LEADBEATER, Fredk G, 7 Tweed Glen, Romford	(01708) 726800
KHALID, F, Great Readings Warley Road, Upminster	(01277) 849038	KUMAR, B, Mobile, Maxim Tower Mercury Gardens, Upminster	(07930) 719528	LEADER, A, 6 Eastwood Drive, Rainham	(01708) 556186
KHAN, D, 68 Burns Avenue, Chadwell Heath	(020) 8586 4277	K, C, 124 Brian Road, Romford	(020) 3536 4983	LEANAY, B, 23 Rutland Drive, Hornchurch	(01708) 473976
K, I, Mobile, 24 Bede Road, Romford	(07958) 368141	K, S, 25 Mimosa Close, ROMFORD	(01708) 607801	LEATT, G, Risebeck Lower Bedfords Road, Romford	(01708) 742391
K, J, 27 Merlin Gardens, Romford	(01708) 742303	K, V, Cranmer Court Apartment 13, 24 St. Lawrence Road, Upminster	(01708) 938579	LEDDRA, S, 41 Alma Avenue, Hornchurch	(01708) 451809
K, M, 2 Cassandra Close, Rainham	(01708) 524644	KUN, W, 450 Mawney Road, Romford	(01708) 572836	LEE, Brenda, 40 Meadowside Road, Upminster	(01708) 250971
K, M, 18 Lupin Close, RUSH GREEN	(020) 3304 6985	KUNDU, T, 57 Parkstone Avenue, Hornchurch	(01708) 470029	L, B, 13 South End Road, Rainham	(01708) 520850
K, R, 2 Apsley Mews, Romford	(01708) 927214	KUPONIVY, O, 5 Shelley Avenue, Hornchurch	(01708) 620785	L, C, 7 Barleycorn Way, Hornchurch	(01708) 443428
K, R, 3 Bracken Mews, Romford	(01708) 354633	KUPRYS, V, 7 Hailsham Close, Romford	(01708) 348471	L, C.R, Purbeck Langs Lane North, Rainham	(01708) 555781
K, S, Unit 4 South Mall The Liberty, Romford	(01708) 755469	KUREK, J, 2 Feldwick Road, Romford	(020) 8793 5590	L, Admiral D, 9 Long Grove, Harold Wood	(01708) 592684
KHANAM, S, 254 Elm Park Avenue, Hornchurch	(01708) 397370	KURT, Mr 10 Collier Row Road, Romford	(01708) 572634	L, E, 6 Beech Close, Hornchurch	(01708) 472714
KHANOM, R, 37 Hayes Drive, Rainham	(01708) 913108	KURTAY, A, 191 St. Marys Lane, Upminster	(01708) 224343	L, J, 4 Alderidge Walk, Hornchurch	(01708) 523365
KHANT, K, 135 Oldchurch Road, Romford	(01708) 343833	KUTTRAMBAKAM, H, 78 Squirrels Heath Lane, Hornchurch	(01708) 476792	L, J, 10 Jordans Way, Rainham	(01708) 552295
KHATUN, M, 35 Essex Road, Romford	(01708) 935880	KUZMICKAS, Mr M, 32 Sherman Gdns, Romford	(020) 8597 3541	L, J, 112 Petersfield Avenue, Romford	(01708) 386687
K, O, Flat 9, Helena Court Hannover Place, Romford	(01708) 609311	KUZSEL, J, 18 Mashiters Walk, Romford	(01708) 783743	L, K, 9 Dalestone Mews, Romford	(01708) 374465
KHILA, H, 178 Crow Lane, Romford	(01708) 742945	KWATENG, D, 38 Seabrook Gardens, Romford	(01708) 720172	L, K, 41 HUTCHINSON COURT Padnall Road, Romford	(020) 8597 4804
KHOSLA, S, 73 Avon Road, Upminster	(01708) 224267	KWENTOH, Q, 57 Hilldene Avenue, ROMFORD	(01708) 348218	L, M, 300 Abbs Cross Lane, Hornchurch	(01708) 475532
KILLIAN, C, 12 Oakdene Close, Hornchurch	(01708) 620739	KYDD, H, 21 Dunningford Close, Hornchurch	(01708) 444825	L, M, 30 Ilfracombe Crescent, Hornchurch	(01708) 441538
KILLIN, S, 14 Gatwick Way, Hornchurch	(01708) 438044	KYRIACOU, A, 126 Howard Road, Upminster	(01708) 941432	L, P, 148 Suttons Avenue, Hornchurch	(01708) 457041
KILSBY, J.C, 17 Lilac Gardens, Romford	(01708) 742580	KYRIAKIDES, M, 86 Dudley Road, Romford	(01708) 572107	L, P.M, 41 Jarrow Road, Romford	(020) 8590 0971
KING, A, 34 Keats Avenue, Romford	(01708) 344554	KYTE, E, 21 Wingley Lane, Hornchurch	(01708) 457523	L, R, 8 Lodge Avenue, Romford	(01708) 230100
K, B, Abbotts Court 4 Queens Park Road, ROMFORD	(01708) 344838	LABASTIDA, L, Flat 18 77, Loam House London Road, Romford	(01708) 915039	L, Susan, 58 Hacton Drive, Hornchurch	(01708) 620308
K, C, 150 Bader Way, Rainham	(01708) 555701	LACEY, J, 36 Dorking Road, Romford	(01708) 343818	L, Y, 11 Springfield Court Corbets Tey Road, Upminster	(01708) 921422
K, C, 3 Chaucer Road, ROMFORD	(01708) 531308	L, N, 111 Suttons Avenue, Hornchurch	(01708) 705955	LEES, D, 20 Kettering Road, Romford	(01708) 703158
K, E, 12 Jubilee Avenue, Romford	(01708) 720887	L, P.W, 344 Rush Green Road, Romford	(01708) 751604	LEGER, R, Cranmer Court Apartment 12 24, St. Lawrence Road, Upminster	(01708) 913946
K, G.C.R, 32 Highview Gdns, Upminstr	(01708) 228213	LACY, D, 53 Minster Way, Hornchurch	(01708) 500830	LEGG, C, 22 Ambleside Avenue, HORNCHURCH	(01708) 451955
K, G.H, 5 Thorogood Way, Rainham	(01708) 552138	L, S.R, 71 Jersey Road, Rainham	(01708) 521665	L, Joan, 3 Beech Close, Hornchurch	(01708) 472662
K, I, 123 Douglas Road, Hornchurch	(01708) 748451	LADBROOK, E, 12 Gilbert Road, Romford	(01708) 761673	LEGON, S, 39 Hathaway Gardens, Romford	(020) 8597 8356
K, I, 99 Stafford Avenue Flat 2 Grangewood Court, HORNCHURCH	(01708) 913978	LADIEOBI, S, 89 Eyhurst Avenue, Hornchurch	(01708) 782737	LEIGH, J, 40 Mawney Road, Romford	(01708) 761680
K, J, 6 Avenue Close, Romford	(01708) 594010	LADIANE, E, 3 Abbotts Court Queens Park Road, Romford	(01708) 533240	L, M, 59 Hornod Road, Romford	(01708) 749784
K, J, 34 Canterbury Avenue, UPMINSTER	(01708) 913485	LAIT, P, 34 Jordans Way, Rainham	(01708) 525293	L, M, 333 South Street, Romford	(01708) 733385
K, J, 48 East Road, Chadwell Heath	(020) 8590 1198	L, V, The Barn Hydes Farm Abridge	(1992) 814939	LEIGHTON, M, Willes Cottages 1 New Road, ROMFORD	(020) 8500 8136
K, J, 14 Tuck Road Rainham, Essex	(01708) 524874	LAKE, B, Flat 30 Gibson Court Regarth Avenue, Romford	(01708) 728630	LEISER, A, 67 Meadow Road, Romford	(01708) 762956
K, J.L.F, 4 Tyne Close, Upminster	(01708) 226758	L, Mrs Debbie, 107 Cowper Road, Rainham	(01708) 534361	L, D, 7 Haynes Road, Hornchurch	(01708) 781466
K, Mr Kenneth, 13 Apollo Close, Hornchurch	(01708) 446419	LAKIN, J, 11 Portnoi Close, Romford	(01708) 732131	LELE, R.D, 14 Caxton Way, Romford	(01708) 741260
K, L, 44 London Road, Abridge	(1992) 813835	LALL, G, 8 Geneva Gardens, Romford	(020) 3566 0769	LEMOM, A, 99 Harwood Avenue, Hornchurch	(01708) 472567
K, Mrs Marjorie, 44 Ingrebourne Gardens, Upminster	(01708) 225902	LAM, E, 28 Northdown Road, Hornchurch	(01708) 450608	L, S, 24 Hamilton Avenue, Romford	(01708) 728217
K, M, 10 Sandown Avenue, Hornchurch	(01708) 473603	LAMB, J, 20 Repulse Close, Romford	(01708) 531917	LEONG, P, Flat 13 64 South Street, Romford	(01708) 921041
K, M, 15 Tylers Crescent, Hornchurch	(01708) 441064	L, J, 34 Rural Close, Hornchurch	(01708) 921234	LE-SAGE, D, 5 Nevils Close, Romford	(01708) 706711
K, P, 67 Cambridge Avenue, Romford	(01708) 767667	LAMBE, M, 38 Halidon Rise, Romford	(01708) 373783	LESSLIE, K, Widecombe Close Flat 15 Harold Wood Hall, ROMFORD	(01708) 915711
K, R, 8 Cobill Close, Hornchurch	(01708) 452141	LAMBERT, Albert, 16 McIntosh Road, Romford	(01708) 748142	LESTER, Mrs, 51 Ravenscourt Grove, Hornchurch	(01708) 449001
K, R, 15 Park Boulevard, Romford	(01708) 748712	L, A, 7 Ravenswood Close, Romford	(01708) 704830	L, W.G, 62 Bell Avenue, Romford	(01708) 344899
K, R, 69 Parkside Avenue, Romford	(01708) 752131	L, D, Mobile, 67 Bridge Ave, Upminster, Essex	(07949) 235248	LE-SURF, M, Maybank Lodge Flat 24 Maybank Avenue, Hornchurch	(01708) 533163
K, S, 7 Corn					

L, G, 107 Ford Lane, Rainham.....	(01708) 783746	LUNN, D, Flat 52 Draper Court Mavis Grove, Hornchurch.....	(01708) 473395	MADALIN, C, Flat 1, Gainsborough House 93-95 Redden Court Road, Romford.....	(01708) 609353
L, G, 5 Savoy Grove, Hornchurch.....	(01708) 592646	LUONG, H, 2 Bell Corner, Corbets Tey Road, Upminster.....	(01708) 397798	MADDISON, R, 24 Amery Gardens, Romford.....	(01708) 767868
L, K, 31 Avelon Road Rainham, Essex.....	(01708) 555779	LURTON, R, 11 Rosemary Avenue Romford, Romford.....	(01708) 742820	MADDY, P, 134 Stanley Rd, Hornchurch.....	(07956) 452925
L, M, 42 Stapleton Crescent, Rainham.....	(01708) 554445	L, S, 113 Stanley Avenue, Romford.....	(01708) 721818	M, P, 134 Stanley Road, Hornchurch.....	(01708) 451808
LEWIS MORGAN PHYSIOTHERAPY Rear Of 167 High Street, Hornchurch.....	(01708) 912428	LUSHI, B, 202B Marlborough Road, Romford.....	(01708) 530821	MADELEY, P, 25 Fleet Close, Upminster.....	(01708) 221614
LEWIS, P, 305 Corbets Tey Road, Upminster.....	(01708) 226490	LUTETE, M, 8 Marla Flat 6 Delta Building Maxwell Road, Romford.....	(01708) 726465	MADLIN, S, 295 Gorseway, ROMFORD.....	(01708) 721511
L, P, 66 Saunton Road, Hornchurch.....	(01708) 448374	LUTHER, Susan, 49 Mount Pleasant Road, Romford.....	(01708) 722662	MADSEN, M, 63 Parsonage Road, Rainham.....	(01708) 551555
L, P, 3 Springwood Way, Romford.....	(01708) 755710	LUXON, J, 6 Acer Avenue, Rainham.....	(01708) 557835	MADUABUEKE, G, 98 Roseberry Gardens, Upminster.....	(01708) 530417
L, R, 14 Field Close, Abridge.....	(01992) 813401	LUZAYMO, C, 132 South St, Romford.....	(01708) 721468	MAEHN, H, 11 Sunset Drive, Havering-Atte-Bower.....	(01708) 386059
L, R, 42 Launceston Close, Romford.....	(01708) 373982	LYFORD, T, 133A White Hart Lane, ROMFORD.....	(01708) 910403	MAFFIA, B, 33 Ashbourne Road, Romford.....	(01708) 340586
L, R, 71 Peterborough Avenue, UPMINSTER.....	(01708) 225196	LYNCH, A, 3 Gresham Drive, ROMFORD.....	(020) 8598 2436	MAGADIA, S, 199 North Street, Romford.....	(01708) 231388
L, S, Gorseway Gorseway, Romford.....	(01708) 728106	L, Mr Christopher, 6 Mungo Park Road, Rainham.....	(01708) 520419	MAGNER, T, 8 Fagus Avenue, Rainham.....	(01708) 558621
L, S, 32 Jutsums Lane, Romford.....	(01708) 749175	L, C, 169 St. Andrews Avenue, Hornchurch.....	(01708) 780694	MAGUIRE, D, 389 Havering Road, Romford.....	(01708) 723915
L, T, 14 Cornwall Close, Hornchurch.....	(01708) 505025	L, D, 37 Farm Way, Hornchurch.....	(01708) 448576	M, J.P, 45 Walmer Close, Romford.....	(01708) 768479
L, T, 18 St. Marys Lane, Upminster.....	(01708) 221796	L, K, 2 Gidea Avenue, ROMFORD.....	(01708) 744791	MAHATRA, C, 8 Guysfield Drive, Rainham.....	(01708) 913951
L, V, 39 Maybrick Road, Hornchurch.....	(01708) 444679	LYNN, J, 113 Primrose Avenue, Romford.....	(020) 8599 7738	MAHER, V, 5 Windmill Close, Upminster.....	(01708) 788986
LEWIS-BRAHAM, M, 79 Pancroft, Romford.....	(01992) 815289	LYNSKEY, S, 87 Donald Drive, Romford.....	(020) 8590 0832	MAHONEY, A, 41 Chester Avenue, Upminster.....	(01708) 507631
LEGHON, G, 36 Daventry Road, ROMFORD.....	(01708) 564779	LYON, P, 8 Mersey Avenue, UPMINSTER.....	(01708) 640485	M, D, 25 Coniston Avenue, Upminster.....	(01708) 222097
LIDHER, T, 170 Upminster Road South, Rainham.....	(01708) 630881	LYONS, D, Capri North Road, Havering-Atte-Bower.....	(01708) 764945	M, J, 124 Suttons Avenue, Hornchurch.....	(01708) 476800
LIEBIG, Sven, 77 Avon Road, Upminster.....	(01708) 223665	LYND, J, 10 Camborne Avenue, Romford.....	(01708) 371403	M, Katherine, 28 Wickford Drive, Romford.....	(01708) 345927
LIGHT, G, 225 Carter Drive, Romford.....	(01708) 781759	L, N, 25 Camforth Gardens, Hornchurch.....	(01708) 703153	M, P.A, 14 The Drive, Harold Wood.....	(01708) 342289
LILL, Ms Frances, 42 Brockley Crescent, Romford.....	(01708) 745581	M, NAZAIR, M, 38 Woodstock Avenue, Romford.....	(01708) 920745	M, S, 10 Newbury Road, Romford.....	(01708) 340006
L, J.M, 37 Frederick Road, Rainham.....	(01708) 523379	M S INDIAN CUISINE LTD, 70 Victoria Road, Romford.....	(01708) 737842	MAIDEN, L, 10 Wallingford House Kingsbridge Road, Romford.....	(01708) 730492
LILY, L, 4 Arandora Crescent, Romford.....	(020) 8597 0125	M.A, Y 38 Rosewood Avenue, Hornchurch.....	(01708) 472135	MAIN, J.W, 53A Wolsley Road, Romford.....	(01708) 726907
LIMBU, A, 290 Straight Road, Romford.....	(01708) 343556	"MAC"		M, Flat 23 Gidea Lodge 220a Main Road, Romford.....	(01708) 736001
LIMEHOUSE, M, 1 Hawthorn Avenue, Rainham.....	(01708) 509531	m', Mc & Mac are to be treated as "Mac" & the next letter in the name determines position of the entry. Similarly, with names such as "Mace" & "Mack" the fourth letter determines their position.		MAJEWSKI, L, 136a Hornchurch Road, Hornchurch.....	(01708) 455829
LINCOLN, R, 24 Wakerfield Close, Hornchurch.....	(01708) 449982	MCAHURD, D, 3 Somerset Gardens, Hornchurch.....	(01708) 913290	MAJUMDAR, K, Apartment 13 Rubicon Court 21-23 North Street, Romford.....	(01708) 756290
LINE, M, 81 Arlington Gardens, Romford.....	(01708) 737569	M, K, 75 Stanley Avenue, Romford.....	(01708) 743820	MAKAM, N, 4 Dorking Road, Romford.....	(01708) 964221
LING, D.A, 6 Somerset Gardens, Hornchurch.....	(01708) 459870	MCAHURD, T.E, The Bungalow Church Rd, Romford.....	(01708) 372011	MAKENNA, Z, 97A Balgore Lane, ROMFORD.....	(01708) 440848
LINHAM, M, 37 Peterborough Avenue, Upminster.....	(01708) 225981	MCCARTHY, B, 14 Thirza House Manor Road, Lambourne End.....	(020) 8500 9835	MAKEPEACE, B, 25 Springfield Gardens, Upminster.....	(01708) 508573
LINNEN, A, 13 Rosebank Avenue, Hornchurch.....	(01708) 709645	MCAULIFFE, W, Flat 10 Southbury Court South Street, Romford.....	(01708) 749881	MAKOVICS, P, 24 Macdonald Avenue, Rainham.....	(01708) 555235
LIPMAN, R, Flat 23, Rosewood Court Chadwell Heath Lane, Romford.....	(020) 8550 6308	MCBRIDE, J, 7 Carnation Close, Romford.....	(020) 3759 0422	MAKUM, Mrs N, 39 Sunset Drive, Havering-Atte-Bower.....	(01708) 376497
LIPSCOMBE, M, 14 Bush Elms Road, Hornchurch.....	(01708) 706146	MCCALLA, Roxanne, 13 Raider Close, Romford.....	(01708) 745844	MALAI, I, 29 Swan Avenue, Upminster.....	(01708) 535806
LIST, P, 46 Eastwood Drive, Rainham.....	(01708) 502387	MCCANN, D, 34 Elm Avenue, UPMINSTER.....	(01708) 641525	MALHOTA, G, 26 Woodlands Avenue, Hornchurch.....	(01708) 472761
LITTLE, A, 83 Forest Road, Romford.....	(01708) 743732	MCCARROLL, D, 49 Kings Avenue, ROMFORD.....	(020) 8599 2336	MALIK, P, Flat 6 103, Pangea Court New Road, Rainham.....	(01708) 531466
L, T, 72 Bellevue Road, Romford.....	(01708) 783066	MCCARTHY, Mrs Daisy, 202 Lancaster Drive, Hornchurch.....	(01708) 471972	M, Mr T, 6 Central Dy, Hornchurch.....	(01708) 230004
L, J.M.G, 43 Highfield Crescent, Hornchurch.....	(01708) 453392	M, J.T.K, 2 Barkwood Close, Romford.....	(01708) 754909	M, U, 25 Blackbusk Avenue, Romford.....	(020) 8597 5905
L, L.R.C, 139 Squirrels Heath Road, Romford.....	(01708) 373099	M, K, 30 Park Lane Elm Park, Hornchurch.....	(01708) 521486	MALIKULA, A, 198 Chadwell Heath Lane, Romford.....	(020) 3732 8743
L, S, 70 Jubilee Avenue, Romford.....	(01708) 704435	M, Rayna, 15 River Drive, Upminster.....	(01708) 229493	MALINAUSKAITE, I, Flat 46 Kipling Towers Heaton Avenue, Romford.....	(01708) 609436
LITTLEWOOD, J, 8 Harward Walk, Hornchurch.....	(01708) 456433	M, S, 71 Warren Drive, Hornchurch.....	(01708) 453837	MALLEN, Margaret Kay, 14 Bideford Close, Romford.....	(01708) 349207
L, S, Woodcote Brookhill Road, Havering-Atte-Bower.....	(01708) 346820	MCCAULEY, P, 253 Upminster Road South, Rainham.....	(01708) 559449	MALLOWS, T, 9 The Glen, Rainham.....	(01708) 520868
LITTON, P.A, 26 Brackendale Gardens, Upminster.....	(01708) 224202	M, Admiral P, 253 Upminster Road South, Rainham.....	(01708) 922711	MALLOY, L, Blinds Shutters Orrings, 12 Candover Road, Hornchurch.....	(01708) 444806
LIVESEY, K, 30 Wymark Clo, Rainham.....	(01708) 521807	MCCLOUD, Mrs Maureen, 88 Nelson Road, Rainham.....	(01708) 552362	MALONE, R, Flat 35 Flat 35, Logan Court Logan Mews, Romford.....	(01708) 530347
LLOSH, V, 19 Lancaster Drive, Hornchurch.....	(01708) 397577	MCCOBEE, A, 8, Garrick House, 98 Adelphi Crescent, Hornchurch.....	(01708) 925655	MALTBY, D, Hoppits Farm Sabines Road, Navestock.....	(01277) 373425
LLEWIDY, F, 14 Hampstead Gardens, Chadwell Heath Romford.....	(020) 8220 6832	MCCOMBIE, V, Wayside Stapleford Road, Stapleford Abbots.....	(01708) 688266	MALUJO, Mr M, 105 Grove Road, Romford.....	(020) 3132 7571
L, J, Fen View Fen Lane, Bulphan.....	(01708) 891517	MCCONNELL, D, 112 Harrow Drive, Hornchurch.....	(01708) 447363	MANDRABURCA, I, 67 Thatches Grove, Romford.....	(020) 3663 2724
L, J, 46 Hamilton Road, Romford.....	(01708) 446597	MCCORMICK, S, 37 Huntsmans Drive, Upminster.....	(01708) 920633	MANFORD, P, 116 Brentwood Road, Romford.....	(01708) 744083
L, K, 15 Fordyce Close, Hornchurch.....	(01708) 447077	MCCORMICK, K, 142 Whitchurch Road, Romford.....	(01708) 375283	MANGAL, J, 115 Hillcrest Road, Hornchurch.....	(01708) 454987
L, L, 17 Saunton Road, Saunton Road.....	(01708) 456691	MCDONAGH, P, 6 Hacton Lane, Hornchurch.....	(01708) 448846	MANGAT, S, 7 Ernest Road, Hornchurch.....	(01708) 454384
LOADER, G, 46 Cunningham Close, Romford.....	(020) 8599 8793	MCDONALD, B, 108 Elmer Gardens, Rainham.....	(01708) 606653	MANISTER, A, 133 Lyndhurst Drive, Hornchurch.....	(01708) 450021
LOBLEY, P, 32 Limerick Gardens, Upminster.....	(01708) 500658	M, J.J, 21 Marlborough Road, Romford.....	(01708) 725801	MANKU, S, 13 Flat 13, Flat 13 Ravensbourne Place Mellish Way, Hornchurch.....	(01708) 913512
LOCATELLI, L, 123 Elmhurst Drive, HORNCHURCH.....	(01708) 915196	MACDONALD, Y, Apartment 34 Tythe Court 141 White Hart Lane, Romford.....	(01708) 897760	MANLEY, P, 6 Sunrise Avenue, Hornchurch.....	(01708) 475367
LOCHHEAD, Mr R, 175 London Rd, Romford.....	(01708) 237296	MCDOWALL, J, 27 Walmer Close, Romford.....	(01708) 768156	M, S, 41 Henbane Path, Romford.....	(01708) 912871
LOCK, A, 3 Matlock Gardens, Hornchurch.....	(01708) 910450	M, R, 25 Braemar Gardens, Hornchurch.....	(01708) 448431	MANN, C, 4 Retford Close, Romford.....	(01708) 915651
L, Adm R, 15 Brookway, Rainham.....	(01708) 520773	MCDOWALL, M, 16 Spencer Road, Rainham.....	(01708) 526649	M, Mrs Catherine, 35b South Hall Drive, Rainham.....	(01708) 523610
L, V.J, 9 Victor Gardens, Hornchurch.....	(01708) 459848	MCDOWELL, Janet, 110 Birch Crescent, Hornchurch.....	(01708) 456033	M, C.W.J, 4 Gabriel Close, Romford.....	(01708) 728179
LOCKE, K, 131 Severn Drive, Upminster.....	(01708) 229242	MACE, J, 154 Slewins Lane, Hornchurch.....	(01708) 453766	M, Frank H, Romford.....	(01708) 765985
LOCKETT, R, 281 Front Lane, Upminster.....	(01708) 251182	M, K, Chestnut Cottage Albys Lane, Navestock.....	(01708) 688448	M, G, 14 Maylands Avenue, HORNCHURCH.....	(01708) 470673
LOCKHART, A, 41 Sherman Gardens, Romford.....	(020) 3304 6136	MACER, A, 10A Ingrebourne Gardens, Upminster.....	(01708) 223307	MANNAS, Mrs Joyce, 15 Eastbury Road, Romford.....	(01708) 788469
LOCKWOOD, I, Lambourne Hall Church Lane, Abridge.....	(01992) 814494	M, R.J, 3 Broadfield Close, Romford.....	(01708) 722852	MANNING, A, 49 Argyle Gardens, Upminster.....	(01708) 229497
LOFTS, A, 122-24 North Street, Romford.....	(01708) 607275	MCCEE, H, 94 Lancaster Drive, Hornchurch.....	(01708) 457934	M, A, 100 Woodcote Avenue, Hornchurch.....	(01708) 452218
LOFTUS, P, 43 Flat 3, Flat 3 The Radius Station Lane, HORNCHURCH.....	(01708) 535956	MCGEE, P, 448 Upper Brentwood Road, ROMFORD.....	(01708) 761337	M, Mr 93 Bellflower Path, Romford.....	(01708) 912847
LOGIE, I, 77 Hood Road, Rainham.....	(01708) 555813	M, R, 63 Melville Road, Rainham.....	(01708) 556142	M, R, 20 Belmont Road, Hornchurch.....	(01708) 501904
LOMAS, F.H, 15 Swan Av, Cranham.....	(01708) 728503	MCGHEE, J, 50 Ferguson Avenue, Romford.....	(01708) 742924	MANSBRIDGE, M, 9 Lowlands Gardens, Romford.....	(01708) 753129
LONDON, D, 10 Collier Row Lane, Romford.....	(01708) 742789	MCGINLEY, J, 252 South Street, Romford.....	(01708) 505094	MANSFIELD, Jean, 21 Merritt House Frazer Close, Romford.....	(01708) 731215
LONGERAN, L.W, 106 Maybank Av, Elm Pk, Hornchurch.....	(07956) 535645	MCGIVERN, H, 10 Hainault Road, Chadwell Heath.....	(020) 8599 3592	M, R, 87 Lynwood Drive, ROMFORD.....	(01708) 731603
LONG, A, 11 Purbeck Road, Hornchurch.....	(01708) 443414	MCGOWAN, L, 110 Essex Road, Romford.....	(01708) 781246	M, S, 18 Warriner Avenue, HORNCHURCH.....	(01708) 509026
L, B, 182 Severn Drive, Upminster.....	(01708) 227249	MCGRATH, Annette, 63 Diban Avenue, Hornchurch.....	(01708) 472744	MANTON, J, 8 Willowherb Wlk, Romford.....	(07961) 146243
L, C, 3 Brook Close, Romford.....	(020) 8550 0164	MACHADO, I, 140C North Street, Hornchurch.....	(01708) 910396	MANUEL, Tietana, FLAT 201 RUDGE COURT 99 ROSE LANE, ROMFORD.....	(020) 3663 8248
L, C, 4 Scholars Way, Romford.....	(01708) 447970	MCHALE, A, 26 Jubilee Avenue, Romford.....	(01708) 726723	MARBE, D, Flat 7,Bataleur Court,117 Butts Green Road, Hornchurch.....	(01708) 285073
L, Mrs 6 Hillfoot Road, Romford.....	(01708) 767250	MCHUGH, A, 28 Camellia Close, Romford.....	(01708) 536453	MARCANTEI, C, 43 Columbine Way, Romford.....	(01708) 347218
L, R, 34 Park Drive, Upminster.....	(01708) 228739	M, B, 40 Berwick Road, Rainham.....	(01708) 555708	MARCH, S, 2 Stoke Road, Rainham.....	(01708) 556150
L, S, 19 Norman Close, Romford.....	(01708) 532905	MCKATHERINE, B, 41 Oldchurch Gardens, Romford.....	(01708) 828738	M, V, 29 Melstock Avenue, Upminster.....	(01708) 500677
L, U, 146 Victoria Road, Romford.....	(01708) 534855	MCKAY, Mr George, 29 Central Drive, Hornchurch.....	(01708) 554048	MARCHANT, A, 257 Lodge Lane, Romford.....	(01708) 564681
L, V, 17 Vale Way, Hornchurch.....	(01708) 459418	MACKAY, J, Apartment 10 Brazemore Court Appleton Way, Hornchurch.....	(01708) 446217	M, J, 4 Gilroy Close, Rainham.....	(01708) 555093
LONDON, M, Flat 8 157, Annabelle Court New Road, Rainham.....	(01708) 937205	M, P, 10 Heddingham Road, Hornchurch.....	(01708) 455978	M, J.A, 237 London Road, Romford.....	(01708) 732289
LONGHURST, E, 162 Billet Road, Romford.....	(020) 8599 7656	MCKEAND, M, 53 Bartlow Gardens, Romford.....	(01708) 456760	MARDAS, Homayon, 111 Corbets Tey Road, Upminster.....	(01708) 250390
L, J, 118 Cross Road, Mawneys Romford.....	(01708) 705598	MACKIE, W.R, 108 Osborne Road, Hornchurch.....	(01708) 445871	MARGETTS, J, 22 Shepherds Hill, Romford.....	(01708) 704059
L, R, 54 Howard Road, Upminster.....	(01708) 221068	MCKELLIN, L, 78 Park Drive, Upminster.....	(01708) 226230	MARIA HAYES-PATTEN, E, 62A Myrtle Road, Romford.....	(01708) 531932
L, R, Flat 3 Riverstone House 24a Mawney Close, Romford.....	(01708) 926973	MCKENDAM, M, 7 Elliott Gardens, Romford.....	(01708) 608733	MARIA, M, 170 Rainham Road, Rainham.....	(01708) 941765
LONGMAN, J, 13 Queenstown Gardens, Rainham.....	(01708) 550994	MCKENZIE, A, 17 Champion Road, Upminster.....	(01708) 222711	MARIOTT, J, 26 Stanley Close, Romford.....	(01708) 741502
LOOKER, J, 8, Highlands Apartments, 59 Main Road, Romford.....	(01708) 754880	MACKENZIE, Helen, 122 Sunnings Lane, Upminster.....	(01708) 224332	MARIYACHA, Mr M, 33 Harlow Rd, Rainham.....	(01708) 237264
LOPEZ, M, 112 Carlton Road, Romford.....	(01708) 763507	MCKEON, P, 110 Pancroft, Abridge.....	(01992) 814017	MARKHAM, D, 74 Gorseway, ROMFORD.....	(01708) 750595
LORD, G.F, 10 Athelstan Road, Romford.....	(01708) 730928	MCKERNAN, J, 34 Cranham Gardens, Upminster.....	(01708) 228388	MARKOU, M, 16 Swallow Walk, Hornchurch.....	(01708) 915088
LOTT, P.J, 14 Westmoreland Avenue, Hornchurch.....	(01708) 456400	MCKIBBIN, Rosemarie, 29 Halcyn Way, Hornchurch.....	(01708) 609322	MARKS, J, 137 Havering Gardens, Romford.....	(020) 8597 3436
LOVE, I, 23 Alderwood Drive, Abridge.....	(01992) 812146	MCKIE, G, 365A London Road, Romford.....	(01708) 734552	M, M.J, 51 Marlborough Gardens, Upminster.....	(01708) 226090
LOVEGROVE, C, 132 Sackville Crescent, Romford.....	(01708) 344370	MCKIERNAN, Sarah Elizabeth, 2 Carter Drive, Collier Row.....	(01708) 609534	MARLING, M, 31 Carter Drive, Romford.....	(01708) 753770
LOVELL, A, 17 Deyncourt Gardens, Upminster.....	(01708) 221713	MCKINNON, G.A, 71 Marlborough Gdns, Upminstr.....	(01708) 228277	MARQUIS, R, 266 Corbets Tey Rd, Upminstr.....	(01708) 226299
L, Doreen, 37 Newhall Dr, Romford.....	(01708) 340794	MCKNESS, C, 69 Hamilton Road, Romford.....	(01708) 349996	MARRAH, J, Oundle House 17 Montgomery Crescent, Romford.....	(01708) 925327
L, P, 1 Willow St, Romford.....	(01708) 505717	M, T, Mobile Home Hubbards Chase Piggy Hubbards Close, Hornchurch.....	(01708) 476124	MARRIN, S, 6 Rowland Walk Havering-Atte-Bower, Romford.....	(01708) 768473
LOVELOCK, D.M, 9 Queens Gardens, Upminster.....	(01708) 228077	MACKNEY, M, 10 Woodhall Crescent, Hornchurch.....	(01708) 441275	MARRIOTT, D, 70 Paines Brook Way, Romford.....	(01708) 375213
LOVITT, D, 79 Peterborough Avenue, Upminster.....	(01708) 251141	MACLAURIN, W, 35 Corbets Avenue, Upminster.....	(01708) 226984	M, E, 5 Glenwood Drive, Romford.....	(01708) 724097
LOW, D, 39 Chipperfield Close, Upminster.....	(01708) 221567	MACLAVERTY, C, 65 Cranston Avenue, Upminster.....	(01708) 469382	M, J, 9 Kenway Close, Rainham.....	(01708) 558049
L, P, 13 Blake Close, Rainham.....	(01708) 551240	MCLEAN, P, 34 Easedale Drive, Hornchurch.....	(01708) 782283	M, J, 94 Rosslyn Avenue, Romford.....	(01708) 346712
LOWE, C, 4 Ashlyn Grove, Hornchurch.....	(01708) 452020	M, P.M, 99 Westland Avenue, Hornchurch.....	(01708) 445253	M, M.C, 14 Glenwood Drive, Romford.....	(01708) 765372
L, K, 71 Latimer Drive, Hornchurch.....	(01708) 455768	MCMANUS, G, 25 Kenway, Rainham.....	(01708) 559972	MARSDEN, M, 65 Wood Lane, Hornchurch.....	(01708) 471013
L, R.E, 292 Dagenham Road, Romford.....	(01708) 744804	MCMURRAY, S, 22 Waldegrave Gardens, Upminster.....	(01708) 223188	MARSH, T.A, 213 Roseberry Gardens, Upminster.....	(01708) 221666
LOWRY, K, 5 Burwood Gardens, Rainham.....	(01708) 910055	MCONALLY, D, 124 Benhurst Avenue, Hornchurch.....	(01708) 441325	MARSHALL, A.T, 7 Lake Road, Romford.....	(020) 8597 4287
L, P, 16 Elizabeth Road, Rainham.....	(01708) 952315	MCAIN, F, 64 Larchwood Avenue, Romford.....	(01708) 732098	M, D.S, 39 Dury Falls Close, Hornchurch.....	(01708) 441593
L, R, 60 Arundel Road, Romford.....	(01708) 709927	MCKNEIL, P, 247 Dagenham Road, Romford.....	(01708) 762331	M, J, 17 Victory Way, Romford.....	(01708) 594088
LOXTON, M, 105 Sever					

M, C, 35 Little Gaynes Lane, Upminster	(01708) 225819	M, S, 15 Nightingale Avenue, Upminster	(01708) 501466	M, D, 43 Castellane Avenue, Romford	(01708) 762248
M, D, Countisbury Abridge Road, Abridge	(01992) 814038	M, T, 31 Kempton Avenue, Hornchurch	(01708) 700046	M, D, 3 Leathart Close, Hornchurch	(01708) 552244
M, D, 1 Beech Avenue, Upminster	(01708) 228537	MERRY, D, Park Cottages 3 North Road, Havering-Atte-Bower, Romford	(01708) 750629	M, E, 8 Ashmourt Gardens, ROMFORD	(01708) 742745
M, D, 24 Dymoke Road, Hornchurch	(01708) 766554	M, J, 56 Winchester Avenue, Upminster	(01708) 229451	M, Mrs E, 5 Chippenhay Road, Romford	(01708) 371863
M, G, 10 Wrexham Road, Romford	(01708) 707336	MERRYMAN, K, 24 Parsonage Road, Rainham	(01708) 706040	M, G, 68 Heron Way, Upminster	(01708) 507649
M, G, 4 Laburnum Gardens, Upminster	(01708) 222491	MERZIKHALL, Mr W, 1 Southern Way, Romford	(01708) 728126	M, G, 116 Squirrels Heath Road, Romford	(01708) 348522
M, J, A, 31 Douglas Road, Hornchurch	(01708) 761459	MESHI, E, 7a Carlton Road, Romford	(01708) 843026	M, H, 38 Forsters Close, Romford	(020) 3581 6809
M, M, 134 Corbets Tey Road, Upminster	(01708) 222035	MESSUM, E.E., 23 Broadhurst Walk, Rainham	(01708) 550955	M, J.D, 66 Edison Avenue, Hornchurch	(01708) 441995
M, M, 3 King Edward Avenue, Rainham	(01708) 554100	METCALFE, D, 27 Sunningdale Avenue, Rainham	(01708) 522120	M, K, 3 Pasteur Dr, Harold Wd	(01708) 370134
M, M, 24 Morden Road, Romford	(020) 8599 0920	METHERELL, B.W., 425 Osborne Road, Hornchurch	(01708) 452957	M, P.D, 3 Archway, Romford	(01708) 348576
M, P, 7 Duxford Close, Hornchurch	(01708) 559573	METZGER, C, 24 Bellevue Road, ROMFORD	(01708) 720591	M, R, 12 Bartlow Gardens, ROMFORD	(01708) 502962
M, P, 59 Little Gaynes La, Upminster	(01708) 227665	MIAB, B, 7 Whalebone Av, Romford	(020) 8590 5795	M, R, 1 Roborough Walk, Hornchurch	(01708) 553586
M, Mr P, 215 Marks Rd, Romford	(01708) 761748	M, J, 53 Burns Avenue, Romford	(020) 3158 4759	M, S, 64 Sycamore Avenue, Upminster	(01708) 780464
M, T, Mobile, 19 Woodhall Creacent, Hoenchurch, Essex	(07957) 336421	MIAO, Yun, Flat 49 Chapel Court 4 Crown Drive, Romford	(01708) 727470	MOORTON, S, 82 Horace Avenue, Romford	(01708) 704471
MARTINKUS, B, 52 Central Drive, Hornchurch	(01708) 921301	MICHAEL-TITUS, A, 30 Cedar Road, Hornchurch	(01708) 473844	MORAN, N, 5 Gloucester Avenue, Hornchurch	(01708) 444296
MARTYN, Mrs G, 41 Queen St, RM7	(01708) 230009	MICHEL, C.W., 115 Sevenoaks Close, Romford	(01708) 372229	MORCOMBE, B, 6 Oakdene Gubbins Lane, Romford	(01708) 341227
MARUMA, R, Flat 30 13, Downey House Ashflower Drive, Romford	(01708) 915006	M, S, 104 Essex Road, Romford	(01708) 706965	MORGAN, Anthony, 24 Lilac Gdns, Romford	(01708) 748461
MASCAPI, E, 31 Clyde Way, Romford	(01708) 741515	MICKELBROUGH, M, 11 Westlyn Close, Rainham	(01708) 553770	M, A, 8 Rush Green Gardens, Romford	(01708) 930342
MASKELL, I, 11 Acacia Drive, Upminster	(01708) 228209	MIDDLEBROOK, A, 16 Shepherds Close, Romford	(020) 8599 9763	M, C.H, 27 Heather Close, Romford	(01708) 768857
M, J, 46 Latimer Drive, Hornchurch	(01708) 232755	MIDDLETON, G, 123 Pettits Lane, Romford	(01708) 761064	M, K, 20 Wincanton Road, Romford	(01708) 371455
M, J, 12 Tavistock Close, Romford	(01708) 373006	M, G, 24 Woodrush Way, Romford	(020) 8597 6114	M, L, 14 Chevington Way, Hornchurch	(01708) 847019
MASLAK, Wioletta, 96 Lincoln Av, Romford	(01708) 751747	M, John, 39 Ingeway, Romford	(01708) 372737	M, L, 72 Gaynes Park Road, Upminster	(01708) 225340
MASON, Mrs Eileen, 77 Berwick Road, Rainham	(01708) 509738	M, J, 75 Westland Avenue, Hornchurch	(01708) 452930	M, Maureen, 83 Park Dr, Upminster Essex	(01708) 226140
M, F, 41 Keats Avenue, Romford	(01708) 340962	M, L, 46 Cross Road, Romford	(01708) 927991	M, M.J, 32 Wood Lane, Hornchurch	(01708) 451288
M, J, 316A Dagenham Road, Romford	(01708) 912714	M, P, 33 Cromer Road, Hornchurch	(01708) 444480	M, T, 117 Hillcrest Road, Hornchurch	(01708) 702972
M, Mr 20 Devonshire Road, Essex, Hornchurch	(01708) 452841	MIDHA, A, 24 Freshfields Avenue, Upminster	(01708) 705850	M, T, 77 Turpin Av, Romford	(01708) 756485
M, S, 309 Goodwood Avenue, Hornchurch	(01708) 442066	MIDSON, P, 35 Burnway, Hornchurch	(01708) 438551	M, Zea, 7 Cromer Road, Chadwell Heath Romford	(020) 8599 0607
MASSINGHAM, P, 112 Highfield Road, Romford	(01708) 536921	MIHAES, V, 196 Benhurst Avenue, Hornchurch	(01708) 392721	MORLAND, B, 4 Elder Way, Rainham	(01708) 788371
MASSON, N, 123 Dagnam Park Drive, Romford	(01708) 828328	MIHALA, I, 5 Ashflower Drive, Romford	(01708) 317179	MORONEY, J, 2 The Poplars, Abridge, Romford	(01992) 815784
MASTERS, P, 254 North Street, Romford	(01708) 769517	MIHALI, N, 70 Sherman Gardens, Romford	(020) 3561 2338	MORRAD, E, 17 Catherine Road, Romford	(01708) 700997
MASTERTON, D.D, 18 Kenilworth Avenue, Romford	(01708) 372848	MIHALASCU, A, 10 Poplar Street, Romford	(01708) 530181	MORRELL, P, 20 The Grove, Upminster	(01708) 225218
MASTON, C, 36 Heron Way, Upminster	(01708) 229045	MIHAYLOV, Svetlin, 6 Ferguson Court, Romford	(01708) 745036	MORRIS, A.W.F, 31 Spey Way, Romford	(01708) 754519
MASTROIANNI, C, 12 Link Way, Hornchurch	(020) 8554 1925	MILANO, P, 205 Bell Avenue, Romford	(01708) 347753	M, B.A, 1 Lodge Lane, Romford	(01708) 744559
MASUD, M, 60 Rothbury Avenue, Rainham	(01708) 930666	MILBANK, S.W., 259 Mawney Rd, Romford	(07956) 576610	M, I, Pell Court Flat 4 165 Hornchurch Road, HORNCHURCH	(01708) 533899
MATALEY, S, 15 Victoria Road, Romford	(01708) 897750	MILES, P, 156 Benhurst Avenue, Hornchurch	(01708) 451582	M, J, 30 Newbury Gardens, Upminster	(01708) 473623
MATCHAM, P, 52 Ambleside Avenue, Hornchurch	(01708) 451986	MILLARD, E.J., 89 Heath Park Road, Romford	(01708) 446681	M, L, 17 Kestrel Close, Hornchurch	(01708) 557360
MATERS, Z, Camelford House 8 Chudleigh Road, Romford	(01708) 920921	M, P, 30 Woodlands Road, ROMFORD	(01708) 532135	M, L, 20 Princes Park, Rainham	(01708) 559045
MATHEW, J, 81 Gorseway, Romford	(01708) 507737	MILLER, A, 30 Bush Elms Road, Hornchurch	(01708) 702894	M, L.J, 24 Fitzilian Ave, Romford	(01708) 346621
M, Mr Sibi, 70 St. Andrews Avenue, Hornchurch	(01708) 935542	M, A, 88 Cranham Gardens, Upminster	(01708) 500614	M, M, 131 Carlton Road, Romford	(01708) 769759
MATHEWS, C, 11 Swanbourne Drive, Hornchurch	(01708) 442536	M, C.R, 72 Alma Avenue, Hornchurch	(01708) 700870	M, M, 11 Flat 19, 21 Flat 11, Denmark Lodge St Clements Avenue, Romford	(01708) 920027
MATHUR, A, 7A The Pinnacle 156-162 High Road, Romford	(020) 3605 0427	M, D, 2 Milton Road, Romford	(01708) 750574	M, P, 26 Fairview Avenue, Rainham	(01708) 552562
MATHURINE, D, 92 Clydesdale Road, Hornchurch	(01708) 751862	M, D, 32 Park Crescent, Hornchurch	(01708) 755170	M, S, 3 Glenwood Drive, Romford	(01708) 744418
MATIN, S, 36 Stanley Rd Sth, Rainham	(01708) 556144	M, J, 11 Holyake Gardens, Romford	(01708) 348221	M, S, 33 Worcester Avenue, Upminster	(01708) 221759
MATOSHI, V, Flat 11, Nayland Court Market Place, Romford	(01708) 285659	M, L, 127 Albany Road, Hornchurch	(01708) 925079	M, T, 13 The Shrubbery, Upminster	(01708) 223378
MATTHEWS, B, The Havering Broxhill Road, Havering-Atte-Bower	(07956) 351368	M, M, 24 Grosvenor Drive, Hornchurch	(01708) 620437	MORRISON, A, Flat 18, Amber Court High Street, Romford	(01708) 925335
M, B, 43 Crystal Avenue, Hornchurch	(01708) 449849	M, M, 78 Hillfoot Road, Romford	(01708) 765950	M, A, 92 Lawns Way, Romford	(01708) 740629
M, B.M, 7 Lakeside, Rainham	(01708) 551972	M, P, 1 Eagle Close, Hornchurch	(01708) 555969	M, D.E, 10 Austral Drive, Hornchurch	(01708) 457888
M, D.E, 1 Hamilton Drive, Romford	(01708) 370684	M, P, 30 Edmund Road, Rainham	(01708) 501020	M, J, 31 Tennyson Way, Hornchurch	(01708) 474189
M, H, 21 White Hart Lane, Romford	(01708) 746223	M, P, 37 Dryden Towers Heaton Avenue, Romford	(01708) 372357	M, R, 21 Montrose Avenue, Romford	(01708) 708727
M, Mrs Ivy, 108 Aldborough Road, Upminster	(01708) 453830	M, P, 7 Roxburgh Avenue, Upminster	(01708) 700419	MORRISSEY, M, 40 Courtenay Gardens, Upminster	(01708) 229934
M, J, 127 Mashiters Walk, ROMFORD	(01708) 532897	M, S, 35 Parkland Avenue, UPMINSTER	(01708) 222576	MORROW, J, 4 Tyrells Close, Upminster, Essex	(01708) 609247
M, Mrs J, 205 127 Mashiters Walk, Romford	(01708) 749944	M, T, 4 Miller Close, Romford	(01708) 748195	MORSON, R, 24 Hubert Road, Rainham	(01708) 510845
M, J.D, 2C Geoffrey Avenue, Romford	(01708) 341416	MILLINGS, P.R., 62 St. Andrews Av, Hornchurch	(07956) 348944	MORTIMER, B, 22 Derham Gardens, Upminster	(01708) 250223
M, K, 11 Arnwll Drive, Romford	(01708) 928582	MILLS, C, 11 Findon Gardens, Rainham	(01708) 508663	M, J, 252 Collier Row Lane, Romford	(01708) 720609
M, N, 57 Helmsdale Road, Romford	(01708) 769853	M, F, 73 Swanbourne Drive, Hornchurch	(01708) 474093	MORTLOCK, D, 3 Buckland Way, RAINHAM	(01708) 551327
M, N, 27 GARRICK HOUSE 98 Adelphi Crescent, Hornchurch	(01708) 442911	M, J, 17 Linley Crescent, Romford	(01708) 722831	MORTON, G, 21 Balgores Crescent, Romford	(01708) 743228
MATTHIAE, S, 28 Stewart Avenue, Upminster	(01708) 223051	M, L, 50 Hamilton Drive, Romford	(01708) 349561	M, J, 92 Marlborough Gardens, Upminster	(01708) 228815
MAUNG, S, Bellvue Lower Bedford Road, Romford	(01708) 926239	M, Mrs Marianne, 38 Grosvenor Gardens, Upminster	(01708) 223597	M, K, 25 Eversleigh Gardens, Upminster	(01708) 224960
MAXELON, K, 17 Wilton Drive, Romford	(01708) 723956	M, M, 83 Nelson Road, Rainham	(01708) 554369	MOSELEY, C, 16 Highfield Link, Romford	(01708) 753330
MAXWELL, Linda, 8 Chelmer Rd, Upminster	(01708) 227324	MILNE, N, 32 Roxburgh Avenue, Upminster	(01708) 550386	MOSES, N, 32 Glebe Way, Hornchurch	(01708) 470930
M, M, 376 Wingley Lane, Hornchurch	(01708) 444650	MILNER, J, 26 Geoffrey Avenue, Romford	(01708) 701872	MOSS, A, 36 Birchdale Gardens, Romford	(020) 8590 5152
M, W, 39 Bedale Road, Romford	(01708) 345990	MILTON, B, 121 Harrow Crescent, Romford	(01708) 346119	M, N, 30 Great Cullings, Romford	(020) 3842 6923
MAY, D, 8 Pitcam Clo, Romford	(01708) 705390	M, D, 13 Hilldene Avenue, Romford	(01708) 371140	M, P, 100 Suttons Avenue, Hornchurch	(01708) 508030
M, L, 8 Smart Close, Romford	(01708) 347297	M, P, 137 Chase Cross Road, Romford	(01708) 780556	MOSTAFA, A, 43 Madeleine Close, Romford	(020) 3612 6603
M, M, 2 Chiltern Gardens, Hornchurch	(01708) 535640	MINERS, C, 29 Knightsbridge Gardens, Romford	(01708) 722285	MOTHA, R.R, Flat 17 Talis Court Kidman Close Gidea Park, Romford	(01708) 346372
M, S.V, 108 Rush Green Gardens, Romford	(01708) 733587	MINGALL, M, 5 Chaucer Road, Romford	(01708) 912709	MOTPAN, I, 23 Herbert Gardens, Romford	(020) 8590 9101
MAYALL, J, 6 Manor Avenue, Hornchurch	(01708) 502161	MINNESS, R, 290 Goodwood Avenue, Hornchurch	(01708) 452975	MOTT, S.A, 148 Wennington Road, Rainham	(01708) 553658
MAYERS, Mrs A, 42 George St, Romford	(01708) 253996	MINTAH, J, 140 Betterton Road, Rainham	(01708) 843573	M, W.E, 14 Honiton Road, Romford	(01708) 735256
MAYNARD, A, 28 Pemberton Avenue, Romford	(01708) 752180	MINTER, G, 2a Jordans Way, Rainham	(01708) 553830	MOTTRAM, R, 190 London Road, Romford	(01708) 788810
M, Miss D, 4 Brentwood Road, Romford	(01708) 230072	M, P, 21 Hazel Rise, HORNCHURCH	(01708) 782933	MOULD, A, 41 Lodge Av, Romford	(01708) 730895
M, Ian, 284 Havering Road, Romford	(01708) 767547	MIS, M, Flat 5, Atlanta House, 148 South Street, Romford	(01708) 609294	M, D, 19 Balgores Lane, Romford	(01708) 761131
"MC"		MITCHELL, A, Flat 37 Linton Court Rise Park Parade, Romford	(01708) 725429	M, V.A, 8 Hurstlands Close, Hornchurch	(01708) 441920
Names with a prefix Mc are sorted with those beginning Mac		M, 132 Collier Row Road, Romford	(01708) 572891	MOUNCE, E, 6 Lilliput Road, Romford	(01708) 734408
MCGRATH, C, 61 Chadville Gardens, Romford	(020) 8599 5339	M, C.A, 159 Grosvenor Drive, Hornchurch	(01708) 475102	MOUNTAIN, F.D, 5 Wigton Road, Romford	(01708) 347036
MEAD, R.T, 120 Grenfell Avenue, Hornchurch	(01708) 451766	M, D.W, mobile, 325 Straight Rd, Romford, Essex	(07950) 721292	M, H.E.E, 1 Harlesden Close, Romford	(01708) 346133
MEADOWS, A, Rose Cottage Collier Row Road, Romford	(020) 8503 8302	M, G, 4 Halesworth Road, Romford	(01708) 938485	MOUSSY, J, 8 Bishops Avenue, Romford	(020) 8598 1424
MEARS, F, 10 Berkeley Drive, HORNCHURCH	(01708) 453956	M, H, 12 Tulip Close, Romford	(01708) 340608	MOWER, Keith, 135 Davenry Road, Romford	(01708) 535599
M, R, 44 Howard Road, Upminster	(01708) 222168	M, J, 9 Blake Close, Rainham	(01708) 505919	MOKON, N, 7 Avelon Road, Romford	(01708) 734915
MECHAM, M, 164 Front Lane, Upminster	(01708) 227614	M, J, 9 Waldegrave Gardens, Upminster	(01708) 949180	MOYNIHAN, J, 107 Grosvenor Drive, Hornchurch	(01708) 443985
MECKIFF, P.A., 105 Cross Road, Mawneys	(01708) 765495	M, Olive, 8 Watermans Junction Road, Romford	(01708) 726333	MOZASAR, M, 6 Knighton Road, ROMFORD	(01708) 535272
MEDCRIFT, Mrs Margaret, 56 Links Avenue, Romford	(01708) 741142	M, Mr P, 14 Hubert Road, Rainham	(01708) 558665	MUZZANICO, F, 57 Upminster Road South, Rainham	(01708) 508115
MEDHURST, C, 42 Mawney Rd, Romford	(07957) 993067	M, R, 70 Myrtle Road, Romford	(01708) 372986	MIR W BONIFACE, Mr William, 21 Braemar Gardens, Hornchurch	(01708) 906035
M, R, 1 Yale Way, Hornchurch	(01708) 456816	M, T, 18 Derham Gardens, Upminster	(01708) 641656	MIREKAI, M, 2 Egbert Close, Hornchurch	(01708) 928421
MEDINA, R, Image Court Flat 91 Maxwell Road, Romford	(01708) 536855	M, T, 18 Sussex Avenue, Romford	(01708) 340018	MROZ, E, 236 Turpin Avenue, Romford	(01708) 608948
MEEHAN, Carol, Elgar London Road, Abridge	(01992) 812680	MITCHELL WORSFOLD, L, 77 Nash Road, Romford	(020) 8597 2458	MRS DAY, 9 Oaklands Avenue, Romford	(01708) 744723
MEEKOMS, G, 59 Cromer Road, Hornchurch	(01708) 475916	MITCHELY, J, 57 The Drive, Harold Wood Romford	(01708) 703900	MUCHADA, F, 57 Upminster Road South, Rainham	(01708) 522032
MEHLMAN, J, 3 Ongar Road, Romford	(01992) 265728	MITREANU, George, 3 Manor Close, Romford	(01708) 764853	MUCKERKIE, A, 13 Heron Way, Upminster	(01708) 224477
MEHMEDOV, M, 28 Hoe Lane, Romford	(01992) 676802	MNUOU, P, 22A Granton Avenue, Upminster	(01708) 949372	MUDEKE, J, 18 Paighton Close, Romford	(01708) 345525
MEHTA, R, 2 3, 2, College Court Scholars Way, Romford	(01708) 536062	MOBBS, A.E, 4 Crossways, Romford	(01708) 761609	MUDIARI, P, Flat 1, Burnside Court, 229-39 South Street, Romford	(01708) 231658
MEHTAB, S, 22 Gresham Dr, Romford	(020) 8598 1619	MOHAMED, A, 4 The Coppins Chadwell Avenue, Romford	(020) 3605 8593	MUGHAI, K, 4 Highfield Tower Hillrise Road, Romford	(01708) 753544
MEIJER, G, 58 Lowshoe Lane, Romford	(01708) 757508	M, A, 6 Hamlet Road, Romford	(01708) 536974	MUGHAL, I, 32 Crucible Close, Romford	(020) 3624 9080
MELCHOR, Helen, Flat 5 Saleham Court 2 Brooklands Road, Romford	(01708) 747748	M, F, 2 Hope Close Nash Road, Chadwell Heath	(020) 3565 7033	MUHSAN, S, 340 Mawney Road, Romford	(01708) 536976
MELEADY, R, 47 Leston Close, Rainham	(01708) 927535	M, 72A Rainham Road, Rainham	(01708) 915552	MULLEN, E, 12 Esdale Gardens, Upminster	(01708) 226911
MELHUISH, J, 33 Chippierfield Close, UPMINSTER	(01708) 220982	M, M, 3 Pettits Lane, Romford	(01708) 843396	MULLER, C, 40 Brookdale Avenue, Upminster	(01708) 222345
MELIA, P, 61 Morley Rd, Romford	(020) 8228 4384	MOHAMMAD, A, 43 Victoria Avenue, Romford	(01708) 742908	M, T, 5 Birch Road, Romford	(01708) 721041
MELLISH, K.E, 24 Pettley Gardens, Romford	(01708) 754224	MOHAMMADI, Y, 34 Sherman Gardens, Romford	(020) 3091 8382	MULLETT, T.R, 14 Claremont Gardens, Upminster	(01708) 225964
M, M.M, 4 Douglas Avenue, Romford	(01708) 342684	MOHAMMED MASUK, A, 23 Cowper Road, Rainham	(01708) 915521	MULROY, M, 62 Mount Pleasant Road, Romford	(01708) 768366
MELOY, A, 79 Faircross Avenue, Romford	(01708) 705235	MOHANAN, P, 3 Coleford House Kingsbridge Road, Romford	(01708) 285263	MULUUBA, Alex, 5 Appleby Green, Romford	(01708) 342845
MELSON, J, 65 Northdown Road, Hornchurch	(01708) 448735	MOIR, L, 96 Charlbury Crescent, Romford	(01708) 531138	MUMFORD, J, 2 Church Lane, Bulphan	(01375) 461678
MEMBERS OF PARLIAMENT		MOIS, I, 21 London Road, Romford	(01708) 766691	M, W.K, 50 Lyndhurst Drive, Hornchurch	(01708) 444629
See Listing In Business Section		MOISLEY, A, Mobile, 48 Brackendale Gardens, Upminster, Essex	(07957) 246322	MUNDEN, M, 52 Northdown Road, Hornchurch	(01708) 440599
MEMON, Hina, 17 Woodlands Avenue, Hornchurch	(01708) 455746	MOITA DE DEUS, C, 18 Hill Rise, Upminster	(01708) 222284	MUNFORD, David, 57 Heather Avenue, Romford	(01708) 750458
MENDES, W, 3 Tweed Way, Romford	(01708) 920877	MOLDON, J, 30 Cedar Gardens, Upminster	(01708) 224453	MUNN, D, 74 Rothbury Avenue, Rainham	(01708) 550997
MENDZORIE, N, 18 Forsters Close, Romford	(020) 8597 8732	MOLE, J.D, 54 Tawny Avenue, Upminster	(01708) 229089	M, M.J, (Mobile), 74 Rothbury Av, Rainham	(07956) 230878
MENSAH, P, 3 Scotney Walk, Hornchurch	(01708) 536254	MOLLOY, K, A 2 Edward Road, Romford	(020) 8590 1584	MUNNICH, W, 48 Cedar Road, Romford	(01708) 744361
MENTESSI, J, 17 Lincoln					

M, J, 30 Avon Road, Upminster.....	(01708) 502187	NIPPRESS, R, 45 Portnoi Close, Romford.....	(01708) 721673	Romford.....	(01708) 344255
M, J, 103 Cedar Road, Romford.....	(01708) 935712	NIXON, Brian, 153C Moor Lane, Upminster.....	(01708) 223285	O, L, 96 Lexicon Apartments Mercury Gardens, ROMFORD ...	(01708) 728587
M, J, 32 Rothbury Avenue, Rainham.....	(01708) 508258	NIZAM, Ms Alia, 17, College Court, 3 Scholars Way, Romford ..	(01708) 397129	OKEY, D, 5 Colne Valley, Upminster.....	(01708) 222145
M, M, 18 Hall Lane, Upminster.....	(01708) 226215	NKOY, S, Flat 18, The Squires, 243 London Road, Romford ..	(01708) 285799	OKHIFUN, Mr Imobio, Flat 4 Lux Building Maxwell Road,	
M, M, 2 Spingate Close, Hornchurch.....	(01708) 443638	NKWANYUO, T, 34A Chadwell Hth La, Romford ..	(020) 8598 1505	Romford.....	(01708) 606165
M, S, 3 Kempton Avenue, Hornchurch.....	(01708) 449299	NOAKES, B, 11 Ashlyn Grove, Hornchurch.....	(01708) 470146	OKOTIE, J, 127 Victor Close, Hornchurch.....	(01708) 910691
M, T.W, Flat 40 Uphaving House Parkhill Close,		N, L, 15 Karen Close, Rainham.....	(01708) 558733	OLABODE, A, 93 Whitchurch Road, Romford.....	(01708) 910507
Hornchurch.....	(01708) 473774	N, R, 31 Gregory Road, ROMFORD ..	(020) 3294 6901	O, I, Flat 7 Seymour Place North Street, Hornchurch.....	(01708) 534226
MURRAY, A, 12 Ripon House 37 Station Lane, Hornchurch.....	(01708) 472969	NOBES, S.M, 41 Tees Drive, Romford.....	(01708) 374672	OLAGBEGI, A, Mobile, 35 Penderley Road, Rainham, Essex.....	(07960) 017861
M, B, Longdon Court Flat 8 35, Junction Road, Romford	(01708) 910294	NOBLE, C, Rose Court Flat 3 Dolphin Approach, Romford.....	(01708) 941893	OLAJIDE, O, Mobile, 10 Chafford Walk, Rainham, Essex.....	(07956) 217676
M, B, 20 Highfield Road, Romford.....	(01708) 452815	N, J, 50 Cranston Park Avenue, Upminster.....	(01708) 783019	OLANIRAN, A, 16 Brights Avenue, Rainham.....	(01708) 952465
M, Cam, 40 Warden Avenue, Romford.....	(01708) 762973	N, M, 51 Spenser Crescent, Upminster.....	(01708) 229519	OLANIYAN, F, 53 Fourth Avenue, ROMFORD.....	(01708) 720085
M, R, 40 Southdown Road, Hornchurch.....	(01708) 702891	N, M, 1 Stanted Close, Hornchurch.....	(01708) 557799	OLARU, Gabriela, 2D Park Lane, Hornchurch.....	(01708) 725005
M, R.I, 183 Upper Rainham Road, Hornchurch.....	(01708) 470240	NOEL, C, 24 Bartlow Gardens, Romford.....	(01708) 731523	OLD, D, 10 Grove Court Little Gaynes Lane, Upminster.....	(01708) 981755
M, S, 27 Candover Road, Hornchurch.....	(01708) 476017	NOLAN, C, 6 Enfield House Leyburn Crescent, Romford	(01708) 535108	OLDAKER, L, 154 Amery Gardens, ROMFORD.....	(01708) 762900
M, S, 1032 High Road, Romford.....	(020) 8597 2541	N, I, 65 Garry Way, Romford.....	(01708) 767425	OLDLAND, K, 12 Egbert Close, Hornchurch.....	(01708) 458753
M, V, 210 Lodge Lane, Romford.....	(01708) 784281	NOLLER, D, 20 Saunton Road, Hornchurch.....	(01708) 472816	O'LEARY, Daniel, 4 Ellmore Close, Romford.....	(01708) 348292
MUSSARD, L, Mobile, 86 Heath Road,		N, J, 12 Court Way, Romford.....	(01708) 370221	OLENGA, C, 20 Quadrant Arcade, Romford.....	(01708) 753564
.....	(07957) 767077	N, K, Cynthia Orange Tree Hill, Romford	(01708) 926816	OLIFF, C, 1 The Meads, Upminster.....	(01708) 221369
MUSSON, J, 50 Cranham Gardens, Upminster.....	(01708) 225106	NOMYOUS, A, 145 Rainham Road, Rainham.....	(01708) 526049	OLISOVAS, A, Flat 10 Jade House Ferro Road, Rainham.....	(01708) 631070
MUSTAFA, E, 24 Boxmoor Rd, Collier Rwy, Romford.....	(07956) 346479	NONEV, Ivan, 36 Braithwaite Avenue, Romford.....	(01708) 747880	OLIVER, C, 12 Kershaw Close, Hornchurch.....	(01708) 472965
MUSTILL, Mr R, 42 Hillview Ave, Hornchurch.....	(01708) 442566	NORMAN, B, 27 Lancing Road, Romford.....	(01708) 375480	O, F, 40 Easedale Drive, Hornchurch.....	(01708) 458004
MUSTO, N.J.P, 27 Whitmore Avenue, Harold Wood.....	(01708) 379663	N, C, 48 Calbourne Avenue, Hornchurch.....	(01708) 474954	O, J, 38 Chelmsford Drive, Upminster.....	(01708) 444083
MUSY, C, 167 Mungo Park Road, RAINHAM.....	(01708) 558268	N, L, Keswick House Flat 19 Dartfields, Romford.....	(01708) 915890	O, W, 38 Sycamore Avenue, Upminster.....	(01708) 227594
MUTHUSAMY, K, Flat 7 Oriel House 121-135 London Road,		NORQUAY, R.S, 273 Upper Rainham Road, Hornchurch.....	(01708) 448465	O, W.H, 15 Lakeside, Rainham.....	(01708) 551393
Romford.....	(01708) 927807	NORRIS, Mr Clifford, 51 Hyland Close, Hornchurch.....	(01708) 451549	OLIVOTO, R, 6 Roedean Drive, Romford.....	(01708) 536567
MUTHY, A, 60a Grove Road, Romford.....	(020) 8597 1212	N, C.A, 85 Sackville Crescent, Romford.....	(01708) 343168	OLSON, J, Mobile, 25 Randall Drive, Hornchurch, Essex.....	(07956) 407318
MUZELENGA, V, 73A Clydesdale Road, Hornchurch.....	(01708) 202604	N, Mrs 32 Kent Drive, Hornchurch.....	(01708) 437351	OLUMEGBON, Ms Rukayat, 63 Maygreen Crescent, Hornchurch	(01708) 925235
MYEARS, M, 7 Barleyfields Close, Romford.....	(020) 8599 8395	N, P, 16 The Avenue, Hornchurch.....	(01708) 448250	OLUSOGA, Mr S, 62 St. Andrews Rd, Romford.....	(01708) 760217
MYERS, B.B, 69B Morley Road, Romford.....	(020) 8599 4101	N, Mr S, 84 Medora Road, Romford.....	(01708) 640256	OLVER, Mrs Jean, 395 South End Road, Hornchurch.....	(01708) 555844
M, Elise, 36 Mashiters Hill, Romford.....	(01708) 721033	N, S, 6 Playfield Avenue, Romford.....	(01708) 767171	O'MAHONEY, J, 6 Mendip Road, Hornchurch.....	(01708) 441983
M, L, 3 Valiant Close, Romford.....	(01708) 722524	NORTH, Mr Peter William, 36 Beehive Court Arundel Road,		O'MAHONEY, T, 1B Courtenay Gardens, Upminster.....	(01708) 536061
MYKOLSHYNN, T, 2A Cornwall Close, Hornchurch.....	(01708) 937769	Romford.....	(01708) 960315	OMER, N, Tick Tock Watches And Clocks Unit 23 Romford Shopping Hall 4	
MYNOTT, E, 12 Manston Way, Hornchurch.....	(01708) 556987	N, T.A, 136 Marks Road, Romford.....	(01708) 728226	Market Place,	
NADLER, R, 122 Gooshyds Drive, Romford.....	(01708) 609808	N, T.D, 7 Hall Road Gidea Park, Romford.....	(01708) 732869	Romford Essex.....	(01708) 935066
NAGLE, H, Mobile, 15 George Street, Romford, Essex.....	(07960) 498674	NORTHAM, B, 39 Harwood Avenue, Hornchurch.....	(01708) 451256	OMOLADE, Omolade, 241 Hornchurch Road, Hornchurch.....	(01708) 455093
N, J, 91 Great Cullings, Romford.....	(020) 8592 0799	NORTHEAST, J, 49 Swanbourne Drive, Hornchurch.....	(01708) 440709	OMORODION, G, 6 Buckbeean Path, Romford.....	(01708) 572979
N, M, 507 South End Road, Hornchurch.....	(01708) 441939	NORTFIELD, R.R, 523 South End Road, Hornchurch.....	(01708) 446385	OMORUYI, O, 104B North Street, Romford.....	(01708) 285161
NAIDU, R.K, 132 Gubbins La, Romford.....	(01708) 341587	NORTON, G, 57 Tindall Close, Romford.....	(01708) 371941	ONAKUNLE, F, 121 Turpin Avenue, Romford.....	(01708) 767970
NAKARAKA, J, 25 Marshalls Road, Romford.....	(01708) 208676	N, J, 1 Skippers Farm Cottages Epping Lane,		O'NEILL, J, 11 Brook Close, ROMFORD.....	(01708) 748539
NAKIGUDE, M, 145 Gorseway, Romford.....	(01708) 533471	Stapleford Tawney.....	(01708) 688525	ONI, N, Flat 2 243, The Squires London Road, Romford.....	(01708) 913725
NANDRAIOG, R, 68 Lodge Avenue, ROMFORD.....	(01708) 702196	N, P, 47 Hillview Avenue, Hornchurch.....	(01708) 456926	ONUOHA, Mr C, 47 Heather Dr, Romford.....	(01708) 731124
NASH, Mrs Emily Mary, 15 The Crescent, Upminster.....	(01708) 222898	N, S, 6 Thames Close, Rainham.....	(01708) 551522	OPARE KWARTENG, L, 36 Cowdry Way, Hornchurch.....	(01708) 910239
N, J, 28 Glenwood Avenue, Rainham.....	(01708) 559082	N, Mrs Winifred, 49 Lawns Way, Romford.....	(01708) 748093	OPREA, A, Flat 4, Jasper Court, 1b Purbeck Road, Hornchurch.....	(01708) 285178
N, Ps, 38 Brackendale Gardens, Upminster.....	(01708) 225833	NORWOOD, S.M, 65 Rothbury Avenue, Rainham.....	(01708) 556736	ORD, J, 69A Avon Road, Upminster.....	(01708) 225267
N, P, 38 Brackendale Gardens, Upminster.....	(01708) 700219	NTUMBA, N, 13 Hailsham Close, Romford.....	(01708) 928299	ORDONIO, R, 6 Michael Gardens, Hornchurch.....	(01708) 927648
N, S, 16 Brierfields Gardens, Upminster.....	(01708) 229357	NUAKO, K, 154 Havering Gardens, Romford.....	(020) 8924 0908	O'REGAN, M, 2 Rosebank Avenue, Hornchurch.....	(01708) 449892
NASSAR, P, 28 Grey Towers Avenue, Hornchurch.....	(01708) 443216	NUAGENT, J.I, 49 Rainsford Way, Hornchurch.....	(01708) 447617	O'REGAN, Sean, 53 Latimer Drive, Hornchurch.....	(01708) 474070
NASSKAU, D, 30a Wennington Road, Rainham.....	(01708) 552726	N, P, 19 Avenue Road, Chadwell Heath.....	(020) 8590 7662	ORGAN, N, 14 Mayfair Avenue, Romford.....	(020) 8599 1218
NASTRI, A, 11 Moray Way, Romford.....	(01708) 767279	N, S, Blackthorn House Flat 15 55, St. Clements Avenue,		ORINDARU, D, Queens Court Flat 6 27, Billet Lane, Hornchurch	(01708) 535907
NATHAN, Lisa, 23 Byron Mansions Corbets Tey Road,		Romford.....	(01708) 926867	ORME, S, 72 Lowshe Lane, Romford.....	(01708) 762500
Upminster.....	(01708) 220188	NUNN, A.J, 30 Waycross Rd, Upmistr.....	(01708) 220532	OROURKE, D, 2, 22, Wolverton House Chudleigh Road, Romford.....	(01708) 941058
NATHANS, F, 6 Mount Pleasant Road, ROMFORD.....	(01708) 531340	N, K, 138 Hubert Road, Rainham.....	(01708) 558568	ORRIS, L.C, 173 Turpin Av, Romford.....	(01708) 753494
NATHANIWI, Bn, Flat 20 Amber Court High Street, Romford	(01708) 761529	N, M, 89 Boxmoor Road, Romford.....	(01708) 938735	O, R, 5 Pond Wlk, Upminster.....	(01708) 225233
NAYDENOV, P, 16, Hurstwood Court, 15 Hall Lane, Upminster.....	(01708) 564093	NURSE, R, 369 Rush Green Road, Romford.....	(01708) 935913	OSAGIEDI, H, 1 Eagle Avenue, Romford.....	(020) 8117 3290
NAYLOR, L, Flat 34, Goldsmere Court Fentiman Way, Hornchurch,		NUUBI, J, 55 Crickleade Av, Romford.....	(01708) 373072	OSBORNE, A, 2a Gidea Avenue, Romford.....	(01708) 762248
Essex.....	(01708) 232296	NWIKPO, Mrs 466 Whalebone Lane North, Romford.....	(020) 3645 6298	O, C, 47 Beechfield Gardens, ROMFORD.....	(01708) 769583
NAZIMUDDIN, K, 1072 High Road, Romford.....	(020) 3648 7068	NYAMKEYE, S, 208A High Street, Hornchurch.....	(01708) 530575	O, D, 2 Carisbrooke Close, Hornchurch.....	(01708) 451178
NCUBE, Mr B, 46 Woburn Avenue, Hornchurch.....	(01708) 607446	NYARKO, A, Flat 13, Plum Tree Court, 2 Ingrebourne Avenue,		O, Mrs Florence M, 64 Sowrey Avenue, Rainham.....	(01708) 553444
N'DANOU, K, 7 Pimpnel Way, Romford.....	(01708) 530885	Romford.....	(01708) 935795	O, John R, 11 Lowshe Lane, Romford.....	(01708) 720892
NDEZE, O, 12 Malan Square, Rainham.....	(01708) 927140	NZEOCHA, M, 6 Warwick Close, Hornchurch.....	(01708) 752689	O, K, Mobile, 5 Sunny Mews, Romford, Essex.....	(07946) 890055
NDOUNMBE, Mr J, 155 Rose La, Romford.....	(020) 3138 1103	NZIEGA, E, 38A Rosedale Road, ROMFORD.....	(01708) 915916	O, L, 104 Wennington Road, Rainham.....	(01708) 551670
NDUKUBA, I, 402, Belben Court, 165 Rose Lane, Romford	(020) 3536 9902	O'CONNELL, M, 1 Firbank Road, Romford.....	(01708) 740574	O, M, 12 Ford Road, Upminster.....	(01708) 226467
NEAGLE, David, 37 Tawny Avenue, Upminster.....	(01708) 250117	O HANGLON, D, 27 Dudley Road, Romford.....	(01708) 731038	O, T, 53 Boxmoor Road, Romford.....	(01708) 789065
NEALE, D, 20 Blyth Walk, Upminster.....	(01708) 227802	OAKLEY, Jackie, 122 Lower Mardyke Avenue, Rainham.....	(01708) 523678	OSEI, G, 6 Bagleys Springs, Romford.....	(020) 8599 9450
NEAVES, J, 9 Condor Wlk, Hornchurch.....	(07956) 530012	OAKMAN, O, 18 Heath Park Road, Romford.....	(01708) 701203	O'SHAUGHNESSY, N, 36 Linley Crescent, Romford.....	(01708) 754828
NEEDHAM, M, 14 Acacia Avenue, Hornchurch.....	(01708) 780093	OATEN, Mrs 38 Beehive Court Arundel Road, Romford.....	(01708) 374105	O'SHEA, C, J, School House Sabines Road, Navestock.....	(01708) 372766
NEFS, F, 91 Crossways, Romford.....	(01708) 702075	OATHAM, L, 105 Lake Rise, Romford.....	(01708) 742888	OSHEA, K, 10 Connaught Road, Hornchurch.....	(01708) 501771
NEGUS, G, 34 Castellon Avenue, Romford.....	(01708) 747491	OBRIEN, C, 13 Hayes Drive, RAINHAM.....	(01708) 551249	O'SHEA, P, 25 Stanley Road North, Rainham.....	(01708) 501099
NEILSON, C, 56 Stour Way, Upminster.....	(01708) 229718	O, E.G, 2 Wyeh Elm Road, Hornchurch.....	(01708) 509431	OSHIN-AMOS, M, 5 Prospect Place, ROMFORD.....	(01708) 921860
N, E, 1 Cumberland Avenue, Hornchurch.....	(01708) 470368	O, J, 1 Norman Road, Hornchurch.....	(01708) 781807	OSHINOWO, V, Mobile, 69 Somerville Road, Romford, Essex.....	(07951) 321539
NELSON, J, 94 Lodge Avenue, Romford.....	(01708) 700302	O'BRIEN, J.J, 37 Fernbank Avenue, Hornchurch.....	(01708) 456066	OSINIBI, M, Flat 6 Flat 6 Appleton Court Appleton Way,	
NETTLEINGHAM, M, 75 Geneva Gardens, Romford.....	(020) 8597 0159	O, L, 13 Lawns Way, Romford.....	(01708) 720243	HORNCHURCH.....	(01708) 534634
NEVERLIN-BEAL, 111 Moor Lane, Upminster.....	(01708) 606877	O, N, Bridge Point Flat 3 Southend Arterial Road,		OSMAN, O, 421 Rush Green Road, Romford.....	(01708) 751365
NEWBORN, D.R, 11A Osborne Road, Hornchurch.....	(01708) 471267	Hornchurch.....	(01708) 440821	OSOBA, A, 33 Ainsley Avenue, ROMFORD.....	(01708) 502552
NEWBY, F, 7 Guildford Gardens, Romford.....	(01708) 344252	O'BRYAN, T, 15 Sheila Road, Romford.....	(01708) 704677	OSOBUE, E, 29 Highfield Link, Romford.....	(01708) 534907
NEWHAM, M, 96 Birch Crescent, Hornchurch.....	(01708) 456124	OCALLAGHAN, G, 16 Sunningdale Road, Rainham.....	(01708) 921360	OSOKOYA, M, 24 Trowbridge Road, Romford.....	(01708) 753191
NEWMAN, A, 314 Haynes Park Court Slewins Close, Hornchurch.....	(01708) 473226	O'CONNELL, M, 454 Upper Brentwood Road, Romford.....	(01708) 701306	OSPINA, C, Meadow View Murthering Lane, Navestock.....	(01708) 374943
N, E, 90 Osborne Road, Hornchurch.....	(01708) 472481	O'CONNELL, M.J, 14 Mendip Road, Hornchurch.....	(01708) 453898	OSPRAV, P, 50 Farm Road, Rainham.....	(01708) 522245
N, G, 56 Bruce Avenue, Hornchurch.....	(01708) 477616	O'CONNOR, C, 147 Balgore Lane, Romford.....	(01708) 476534	OSU, I, 61 Blueberry Court Broadis Way, Rainham.....	(01708) 915343
N, J, 36 Bartholomew Drive, Harold Wood Romford.....	(01708) 384604	O'CONNOR, B.D, Oak Lodge New Farm Drive, Abridge.....	(01992) 815257	OSULIVAN, A, 45 Winchester Avenue, Upminster.....	(01708) 223045
N, M, 9 The Witheringhs, Hornchurch.....	(01708) 443892	O, D, Flat 19 Halyards Court 12 Western Road, Romford.....	(01708) 756379	O, C, 42 White Hart Lane, Romford.....	(01708) 620841
N, P.J, 9 Cowdray Way, Hornchurch.....	(01708) 458849	O, K, 146 Stanley Avenue, Romford.....	(01708) 723868	O'SULLIVAN, J, 1 Brent Court Compton Avenue, Romford.....	(01708) 594830
N, R, 3 Parish Close, Hornchurch.....	(01708) 437350	O'CONNOR, M, 32 Haynes Road, Hornchurch.....	(01708) 472400	OSULLIVAN, J, 351 Rush Green Road, Romford.....	(01708) 720312
NEWPORT, M, 30 Melton Gardens, Romford.....	(01708) 763126	ODAMS, I, 7 Browning Close, Collier Row.....	(01708) 739301	O, M, 5 The Avenue, Romford.....	(01708) 720844
NEWSON, D, 7 Trowbridge Road, Romford.....	(01708) 607519	O, S, 29 Ravensbourne Crescent, Romford.....	(01708) 371098	OSUNLA, O, Cirrus Court Flat 13, 184 St Marys Lane, Upminster.....	(01708) 720808
NEWTON, C, 8 Greenacres Close, Rainham.....	(01708) 550530	O'DEA, P, 68 Moray Way, Romford.....	(01708) 763681	941508	
N, J, 15 Whalebone Grove, Romford.....	(020) 8590 2363	O'DEA, T, 79 Abbs Cross Lane, Hornchurch.....	(01708) 620832	OTTOLUJU, J, 4 Lighterman Road, Rainham.....	(01708) 531677
N, M, 16A Woburn Avenue, Hornchurch.....	(01708) 703357	O'DEBODE, Adebowale, 58 Udall Gardens, Romford.....	(01708) 397280	OTTAWAY, J, 36 Norfolk Road, Upminster.....	(01708) 440730
N, M, 66 Laurel Crescent, Romford.....	(01708) 745250	ODENIYAN, A, 4 Leonard Avenue, Romford.....	(01708) 721701	OTTLEY, A, 69 Dagnam Park Drive, Romford.....	(01708) 343086
N, T, 33 Archway, Romford.....	(01708) 347799	O'DOHERTY, P, 19 Ashlyn Grove, Hornchurch.....	(01708) 702014	OTTO, L, 150 Dagenham Road, Romford.....	(01708) 727179
NEWTON-MURPHY, K, 24 Abbotts Close, Romford.....	(01708) 753687	ODONNELL, P, 3 Hyland Way, Hornchurch.....	(01708) 706529	OUNSWORTH, M, Mr M, 16 Aldwyth Close, Hornchurch.....	(01708) 456012
NEZA, X, 115 Heath Road, Romford.....	(020) 3737 5035	O'DONNELL, P, 4 Peary Close, Harold Hill, ROMFORD.....	(01708) 532781	OUTRIDGE, Z, 42 Petersfield Avenue, Romford.....	(01708) 536068
NFOTOH, H, 8 Hawthorn Avenue, Rainham.....	(01708) 351628	ODONGHUE, W, 18 Stewart Avenue, Upminster.....	(01708) 221764	OVEL, G.J, 32 Retford Close, Romford.....	(01708) 346373
NGAN, G, 4 Bedale Road, Romford.....	(01708) 341995	ODUKOYA, O, Verve Apartments 46 5, Mercury Gardens, Romford.....	(01708) 01708	OVERY, B, 48 Elmhurst Drive, Hornchurch.....	(01708) 454288
NGUYEN, L, 26a The Broadway, Hornchurch.....	(01708) 441100	921470		OWERS, Edward, 509 Upper Brentwood Road, Romford.....	(01708) 736375
N, Tuyet, 106 High Road, Romford.....	(020) 8599 1400	ODUMBOYE, S, 73 Burnham Road, Dagenham.....	(020) 3132 3362	OWUSU- AFRIYE, G, 447 South End Road, Hornchurch.....	(01708) 920648
NICE, V, 8 The Crescent, Upminster.....	(01708) 228331	ODUNGIDE, I, 13 Rochford Close, Hornchurch.....	(01708) 536034	OWUSU, I, 72 Hillrise Road, Romford.....	(01708) 930617
NICHOLAS, C, 21 Primrose Avenue, Romford.....	(020) 8252 4319	ODURO, F, 5, Wolverton House Chudleigh Road, Romford.....	(01708) 752259	OXLEY, E, 6 Lovell Walk, Rainham.....	(01708) 557870
NICHOLLS, B, 101 Laburnum Avenue, Hornchurch.....	(01708) 446161	ODUSOTE, K, 42 Stanley Road South, Rainham.....	(01708) 928775	OXLEY-JONES, M, 57 Sowrey Avenue, Rainham.....	(01708) 500785
N, J, Bramble Farm Bramble Lane, Upminster.....	(01708) 251097	ODUWOLE, O, 64 Longhays Avenue, Romford.....	(020) 3659 3966	OYEFOLLU, Dr, A, 26 Bellflower Path, Romford.....	(01708) 705047
N, J, 52 Dewsbury Road, Romford.....	(01708) 342923	ODUYEMI, D, 39 Norwood Avenue, Romford.....	(01708) 731525	OYEKU, O, 298 Upminster Road North, Rainham.....	(01708) 532557
N, Mr Kain, 2 The Grove, Upminster.....	(01708) 259200	ODWYER, J, Romford Golf Club Heath Drive, Romford.....	(01708) 742341	OYETUNJI, O, 30 Fairlane Road, Rainham.....	(020) 3561 5119
N, N, 21 Stanhope Road,					

P, J, 5 Pinewood Avenue, Rainham	(01708) 554736	PEACHAM, K, 10 Duntun Road, Romford	(01708) 920157	POLAIN, K, 266 Cross Road, Mawneys	(01708) 749666
PAICE, Derek, 13 Heather Gardens, Romford	(01708) 746335	P, V, 64 Severn Drive, Upminster	(01708) 222599	POLDEN, S, 4 Bourne End, Hornchurch	(01708) 452573
PAIGE, J.F, 8 Tyne Close, Upminster	(01708) 227602	PEACHEY, J, 70 Langham Drive, Romford	(020) 8270 3082	POLZHAIEV, I, Flat 9 Upward Court Junction Road, Romford, Essex	(01708) 751481
PAIN, A, 96 Gubbins Lane, Romford	(01708) 371003	PEACOCK, M.A, 1 Little Aston Rd, Romford	(07956) 200227	POLICE	
P, D, 99 Retford Road, Romford	(01708) 371002	P, R, 43 Galleywood Crescent, Romford	(01708) 910921	In Emergency dial 999 and ask the operator for Police	
P, G, 43 Coope Court 2 Union Road, Romford	(01708) 761545	PEARCE, B, 5 Silvermere Avenue, Romford	(01708) 704683	See business section for full list of entries	
P, M, 4 Hall Park Road, UPMINSTER	(01708) 227925	P, D, 47 Wingley Lane, Hornchurch	(01708) 445410	POLLOCK, R, 61 Bluebell Close, Romford	(020) 3686 4637
PAINE, A, 27 Erroll Road, Romford	(01708) 755728	P, T, Flat 9 The Squires 243 London Road, Romford	(01708) 734922	POLTORAK-SMALEK, Mrs B, Mrs 236 Straight Road, Romford	(01708) 377878
P, P, 19 Ilfracombe Crescent, Hornchurch	(01708) 477975	PEARSE, R, 11 Park Boulevard, Romford	(01708) 748805	POMFRET, A.J, 7 Spring Gardens, Hornchurch	(01708) 475499
PALADI, I, 51 Broseley Road, Romford	(01708) 330803	PEARSON, C, 6 Kenley Gardens, Hornchurch	(01708) 444352	PONNUTHURAI, P, 38 Coleridge Road, Romford	(01708) 532901
PALANCICA, I, 13 Rutley Close, Romford	(01708) 533456	P, K.G, 12 Hilary Close, Hornchurch	(01708) 472583	POOLE, G, 49 Kenilworth Gardens, Hornchurch	(01708) 455571
PALAS, O, 34 Collier Row Road, Romford	(01708) 828976	P, M, 37 Chestnut Avenue, Hornchurch	(01708) 454418	P, G, 17 Nelson Road, Rainham	(01708) 630016
PALFREMAN, Ms C, 24 Cottons Court Marks Road, Romford	(01708) 722999	P, Mr Matthew, Flat 10, Pamela Court Victoria Road, Romford	(01708) 001708	P, Neil, 16 Parkland Avenue, Romford	(01708) 741246
PALLAS, Gwendoline, 118 Heron Way, Upminster	(01708) 221083	734937		POORE, R, 15 Foxhall Road, Upminster	(01708) 228551
PALMER, Mr G.K, 46 Playfield Avenue, Romford	(01708) 760784	P, Roy, 30 Sunningdale Road, Rainham	(01708) 557943	POPA, F, 21 Clive Road, Romford	(01708) 915727
P, J, 29 Farnes Drive, Romford	(01708) 737069	PEASEGOOD, A.G, 143 Heron Way, Upminster	(01708) 223779	POPE, R, 18 Oaks Avenue, Romford	(01708) 743918
P, R, 88 Ingrebourne Gardens, Upminster	(01708) 223949	PEATFIELD, P.M, 14 Gobions Avenue, Romford	(01708) 726469	POPPIEL, I, 10 Eastwood Drive, RAINHAM	(01708) 930763
P, R, 4 The Avenue, Romford	(01708) 734736	P, R, 16 Walmer Close, Romford	(01708) 750354	POPKIN, K, 40 Leston Clo, Rainham	(01708) 555364
P, Valerie, 82 Little Gaynes Lane, Upminster	(01708) 224552	PEATMAN, Tony H, 36 The Drive, Harold Wood	(01708) 340568	P, R, 26 Hillview Avenue, Hornchurch	(01708) 456180
PANDHAL, H, 52 Brooklands Gardens, HORNCHURCH	(01708) 441413	PECK, A.D, Flat 210 Orchard Court Wood Lane, Hornchurch	(01708) 559176	POPOV, M, 66 Hamilton Drive, Romford	(01708) 530584
PANDITHA, S, Juniper Court Flat 11 Grove Road, Romford	(020) 3560 9404	P, J, 28 Dagenham Road, Romford	(01708) 756484	POPOVSKI, Dragi, 131A New Road, Rainham	(01708) 554441
PANESAR, K, 68 Cowdray Way, Hornchurch	(01708) 470407	PEEK, L, 131 Lancaster Drive, HORNCHURCH	(01708) 438167	PORT, A, 35 Halidon Rise, Romford	(01708) 370205
PANG, G, 137 Gresham Drive, Romford	(020) 8983 8108	PEGNALL, J, 18 Berry Close, Hornchurch	(01708) 556886	P, E, 7 Chapel Lodge Upminster Road South, Rainham	(01708) 559097
P, K.Y, 139 Gresham Drive, Romford	(020) 8590 1031	P, S, 37 Silver Way, Romford	(01708) 724219	P, V, 32 Woodlands Avenue, Romford	(020) 8590 7137
PANIKHURST, C, Bulphan Hall Farm Church Road, Bulphan	(01375) 891504	PELL, J, 110 Priory Road, ROMFORD	(01708) 377036	PORTER, A, 25 Babington Road, Hornchurch	(01708) 474269
PANTEU, Mr C, 3b Station Road, Romford	(020) 3132 7891	PELOPIDAS, A, 121 Main Road, Romford	(01708) 744437	P, J, 99 Dorset Avenue, Romford	(01708) 743988
PARISH, P, 43 Salisbury Road, Romford	(01708) 459947	PENDLEY, K, Flat 14, 64 Harold Court Road, Romford	(01708) 935398	P, J.C, 142 Sackville Crescent, Romford	(01708) 348139
PARK, V, 2 Aintree Grove, Upminster	(01708) 474452	PENNINGTON, M, 526 Whalebone Lane North, Romford	(020) 8590 6939	P, K, 76 Kessick Av, Hornchch	(01708) 443064
PARKIE, B.R, 27 Parkland Avenue, Upminster	(01708) 223274	PENNELL, D, 25 Rectory Gardens, Upminster	(01708) 507988	P, M, Gardeners Cottage New Road, Lambourne End	(020) 8501 1396
PARKER, A, 19 Hill Crescent, HORNCHURCH	(01708) 534903	PENNY, A.E, Oak Lodge Church Road, Noak Hill	(01708) 374766	P, R, 53 Church Lane, Bulphan	(01375) 891697
P, B, 7 Columbine Way, Romford	(01708) 378665	PEPPER, A, 57 Lake Rise, Romford	(01708) 743293	PORTWAY, L, 59 Ingrebourne Road, Rainham	(01708) 631162
P, G, 33 Stoke Road, Rainham	(01708) 554752	PEPPERCORN, R, 31 The Woodfines, Hornchurch	(01708) 456056	POSNER, M, 71 Veronica Close, Romford	(01708) 341125
P, G, 12 Whitehorn Gardens, Hornchurch	(01708) 440430	PEPRAH, G.O, Flat 105, Rudge Court, 99 Rose Lane, Romford	(020) 3638 2846	P, N, 1 Chase House Gardens, Hornchurch Essex	(01708) 458301
P, J, 74 Sunnyside Gardens, Upminster	(01708) 229728	PERCIVAL, A.K, 9 Tangmere Crescent, Hornchurch	(01708) 556656	POSTBESCHLD, P, 19 Candover Road, Hornchurch	(01708) 703829
P, L, 155 Station Lane, Hornchurch	(020) 4541 7051	PEREIRA, A, Flat 21, Blade Court, 29 Oldchurch Road, Romford	(01708) 231431	POTTER, J.I, mobile, 29 Tiverton Gro, Romford, Essex	(07951) 927090
P, M, 67 Hazelmere Gardens, Hornchurch	(01708) 459070	P, J, 40 King Edward Avenue, Rainham	(01708) 928308	P, K, 10 Highfield Close, Romford	(01708) 762301
P, S.M, 37 Hyland Close, Hornchurch	(01708) 448216	P, R, 78 Overton Drive, Romford	(020) 8599 7543	POULLEY, M, 29 Highfield Road, Romford	(01708) 740356
P, T, 59 Lake Rise, Romford	(01708) 746383	PERFECT, P, 7 Garry Close, Romford	(01708) 532448	POULSON, Chris, 14 Padnall Road, Romford	(020) 8590 9995
PARKES, G, 32 Fleet Avenue, Upminster	(01708) 227349	PERJ, G, 26 Hawking Way, HORNCHURCH	(01708) 928391	POULSON, Mrs 60 Burnway, Hornchurch	(01708) 458637
P, V, Flat 9 Miller Court 61 Main Road, Romford	(01708) 733277	PERKINS, G, 256 Main Road, Romford	(01708) 742906	POULTER, G.W, 25 Princes Park, Rainham	(01708) 524362
PARKIN, E, 61 Rosedale Road, Romford	(01708) 507138	P, P, 104 Dagenham Road, Rainham	(01708) 521559	POULTON, J, 43 Briarles Gardens, Upminster	(01708) 229623
P, Mrs Jean, 6 Carter Close, Romford	(01708) 744770	PERMAN, C, 11A Ashburnham Gardens, Upminster	(01708) 226860	POULTON, R.D, 60 Udall Gardens, Romford	(01708) 767125
PARKINS, Mr A, 22 Worcester Avenue, Upminster	(01708) 913048	PEROU, Brian, 18 Cardinal Wy, Rainham	(01708) 556201	POVEY, L, 88 Hornchurch Road, Hornchurch	(01708) 765797
P, D, 79 Avelon Road, Rainham	(01708) 522662	PERRY, A, 27 Cherry Tree Lane, Rainham	(01708) 551491	POWELL, A, 24 Durham Avenue, Romford	(01708) 452865
PARKINSON, Mr Gary, 21 Kempton Avenue, Hornchurch	(01708) 608410	P, C, 46 Exon Apartments Mercury Gardens, ROMFORD	(01708) 920127	P, C, 55 Dewsbury Road, Romford	(01708) 373323
PARKS, R.F, 18 Whitthorn Gardens, Hornchurch	(01708) 442176	P, E, 16 Broadfield Close, Romford, Essex	(01708) 743145	P, E, 528 South End Road, Hornchurch	(01708) 453102
PARKYIN, J.M, 78 Harlow Road, Rainham	(01708) 550018	P, J.W, 2 Staplefield Hall Cotts Staplefield Road, Stapleford Abbots	(01708) 688457	P, Admiral E, 528 South End Road, Hornchurch	(01708) 952836
PARMAR, D, 2 St. Patricks Place, Romford	(01708) 346508	P, M, 31 Shirley Gardens, Hornchurch	(01708) 451924	P, J, 34 Beehive Court Arundel Road, Romford	(01708) 344427
PARMINTER, A, 6 Raider Close, Romford	(01708) 748130	PERRYMAN, R, 18 Mayfair Avenue, Romford	(020) 8597 4009	P, L, 187 Cherry Tree Lane, Rainham	(01708) 553905
PARPERIS, M, 526 Upper Brentwood Road, Romford	(01708) 744237	PERVEZ, A, 41 Ford Close, Rainham	(01708) 609687	P, L, 6 Sandown Avenue, Hornchurch	(01708) 458096
PARR, A, 12B Sunnycroft Gardens, Upminster	(01708) 221459	PETERS, C, Stable Barn Church Lane, North Ockendon	(01708) 851090	P, L.G, 9 Hutchins Close, Hornchurch	(01708) 457751
P, D, 83 Harwood Avenue, Hornchurch	(01708) 701588	P, J, 65 Deyncourt Gardens, Upminster	(01708) 533435	P, M, 9 Greenbanks, Upminster	(01708) 221754
P, Adm J, Flat 30 The Rotunda Yew Tree Gardens, Romford	(01708) 728952	P, S, 400 Mawney Road, Romford	(01708) 746816	P, S, 59 Amery Gardens, Romford	(01708) 760160
PARRISH, A, 97 Keats Avenue, Romford	(01708) 349703	PETERSON, R, 11 Fair oak Gardens, Romford	(01708) 762421	P, S, 6 Egbert Close, Hornchurch	(01708) 477269
P, E, 32 Larchwood Avenue, Romford	(01708) 731447	P, S, 11 Meadowside Road, Upminster	(01708) 221190	POWER, A, 27 Belfairs Drive, Romford	(020) 8597 6439
PARROTT, A, 7 Hutchins Close, Hornchurch	(01708) 478235	PETERSON, M.W, 20 South End Road, Rainham	(01708) 554927	POWER CUT	
PARSON, E.L, 18 Peartree Gardens, Romford	(01708) 740883	PETHERICK, T, 153A High Street, Hornchurch	(01708) 928816	Helpline - Please Call 105 to report or get information about a power cut in your areas	
PARSONS, A, 15 Ilfracombe Crescent, Hornchurch	(01708) 452123	PETLEY, W, 8 Henley Gardens, Romford	(020) 8590 6965	POWER, E, 68 Bruce Avenue, Hornchurch	(01708) 456393
P, B.H, 27 Carter Drive, Romford	(01708) 742109	PETROU, M, 64 Padnall Court, Romford	(020) 8177 8138	P, L, Unit G Wyngay Farm St Marys Lane, Upminster	(01708) 228208
P, E, 113 Amersham Road, Romford	(01708) 349252	P, N, 59 Lake Avenue, Rainham	(01708) 507815	P, Lisa, 26 Woodside Close, Rainham	(01708) 555418
P, Miss L, Miss 207 Bell Avenue, Romford	(01708) 913585	PETTET, K, 99 Oldchurch Road, ROMFORD	(01708) 750810	POZDINI, S, 88E North Street, Romford	(01708) 728027
PARSONSON, J, 2 Tiverton Grove, Romford	(01708) 609498	PETTIFER, Mrs 45 Redden Court Road, Romford	(01708) 373171	P, P, 34 Beehive Court Arundel Road, Romford	(01708) 344427
PARTRIDGE, B, 20 Margaret Road, Romford	(01708) 443701	PETTIT, M.A, 9 Stockland Road, Romford	(01708) 768199	P, L, 187 Cherry Tree Lane, Rainham	(01708) 553905
PARVIN, S, 71 Gorseway, Romford	(01708) 536904	PETTITT, S, 37 Ingrebourne Gardens, UPMINSTER	(01708) 250697	P, L, 6 Sandown Avenue, Hornchurch	(01708) 458096
P, S, 15 Norwich Crescent, Romford	(020) 8117 6691	PETTY, B, 56 Lyndhurst Drive, Hornchurch	(01708) 458877	P, L.G, 9 Hutchins Close, Hornchurch	(01708) 457751
PASCAL, D, 59 Bridgwater Road, Romford	(01708) 375116	PHELAN, K, 79 Lake Avenue, Rainham	(01708) 508945	P, M, 9 Greenbanks, Upminster	(01708) 221754
PASCU, T, 72 Mercury Court Victoria Road, Romford	(01708) 564782	PHILIPS, D, 10 Sunset Drive, Romford	(01708) 941768	P, S, 59 Amery Gardens, Romford	(01708) 760160
PASSFIELD, C.W, 9 Derwent Way, Hornchurch	(01708) 437070	P, M, 34 Carlton Road, Romford	(01708) 746869	P, S, 6 Egbert Close, Hornchurch	(01708) 477269
PASTRAY, T, 7 Douglas Road, Hornchurch	(01708) 952839	PHILLIPS, B, 39 Gubbins Lane, Romford	(01708) 346861	POWER, A, 27 Belfairs Drive, Romford	(020) 8597 6439
PATCHETT, B, 25 Roxburgh Avenue, Upminster	(01708) 223866	P, H, 100 Dorset Avenue, Romford	(01708) 750379	PRASHANTH, M, Flat 30, Freesia Lodge, 1a St. Clements Avenue, Romford	(01708) 828461
PATCHING, D, 34 Highfield Link, Romford	(01708) 534579	PHILLIPS, J, 59 Christchurch Avenue, Rainham	(01708) 559297	PRATHEEPAN, P, Flat 44 Framlingham Court Norwich Crescent, Romford	(020) 3623 9986
PATEL, A, 2 Surman Terrace Princes Road, Romford	(01708) 742109	P, M, 17 Newhall Drive, Romford	(01708) 928599	PRATLEY, D, 14 Snowdrop Court, Lower Mardyke	(01708) 930437
P, B, 21 Farniers Way, Upminster	(01258) 964511	P, S, 92 Gysfield Drive, Rainham	(01708) 500576	P, S, 33 Hainault Road, Romford	(01708) 913490
P, C, 70A Masefield Crescent, ROMFORD	(01708) 354597	P, S.W, 8 Lichfield Terrace, Upminster	(01708) 225066	PRATT, P.P, 37 Cranham Gardens, Upminster	(01708) 228323
P, D, 21 Court Avenue, Romford	(01708) 531053	PHILPOT, E.D, 8 Boulter Gardens, Rainham	(01708) 455061	PREAUS, Mrs Shamara, 211 Gooshays Drive, Romford	(01708) 512505
P, D, Harold Hill Security Centre, 94 Petersfield Avenue, Romford	(01708) 609984	PHIPPS, D, 10 Nursery Close, Chadwell Heath	(020) 8599 0429	PRE SCHOOL, C, Chadwell Pre-School, 67 Reynolds Avenue, Chadwell Heath	(020) 8920 0390
P, D, 25 Priestley Gardens, ROMFORD	(020) 8491 0935	PIASECKA, E, 267 South Street, Romford	(01708) 746886	PREBBLE, Mr Henry, 10 Alderwood Drive, Abridge, Romford	(01708) 812811
P, M, 6a Burntwood Avenue, Hornchurch	(01708) 783621	PICKERING, M.K, 53 Firbank Road, Romford	(01708) 742093	PREECE, C, 50 Havering Road, Romford	(01708) 703694
P, M, Hillside Business Centre Clockhouse Lane, Romford	(01708) 546492	PICKETT, R.N, 10 Birchdale Gardens, Romford	(020) 8599 5311	PREEZY, T.J, 33 Netherpark Dr, Romford	(01708) 755981
P, M, 40 Gainsborough Road, Rainham	(01708) 921231	PIDGION, R, 32 Spring Gardens, Hornchurch	(01708) 471237	PRENDERGAST, C, 71A Hayes Drive, Rainham	(01708) 915138
P, M, 79 Hainault Road, ROMFORD	(01708) 913730	PIERRE, A, 191 South End Road, Rainham	(01708) 557818	PREPLITA, S, 256 Mungo Park Road, Rainham	(01708) 607316
P, M, 101 Lake Avenue, Rainham	(01708) 530488	PIESSE, C, 6 David Drive, Romford	(01708) 373386	PRESLAND, A, 105 Lams Way, Romford	(01708) 724991
P, Mr N, 369 St Marys Lane, Upminster	(01708) 336010	PIGOTT, N, 13 St. Matthews Close, Rainham	(01708) 521690	PRESTON, C, 1 The Witherings, Hornchurch Essex	(01708) 457484
P, S, 41 Heathfield Park Drive, Chadwell Heath	(020) 8597 6292	PIGRAM, Bernard, 71 Castellian Av, Romford	(01708) 745658	P, Mr Edward, 10 Melksham Green, Romford	(01708) 607635
P, S, 26 Hickman Road, Romford	(020) 8013 6413	PIGREM, R, 8 Park Drive, Romford	(01708) 743081	P, N, 39 Melstock Avenue, UPMINSTER	(01708) 226195
P, V, Milbank Court Flat 6 279, South Street, Romford	(01708) 533928	PIKE, Mr John, 21c McIntosh Road, Romford	(01708) 609007	PREW, I, 318 Elm Park Avenue, Hornchurch	(01708) 787483
P, V, 14 Harrow Drive, HORNCHURCH	(01708) 532887	P, M, 43 Wingley Lane, Hornchurch	(01708) 508018	PRICE, A, 55 Ashton Gardens, Romford	(020) 8599 6932
P, V, 30 Silvermere Avenue, Essex	(01708) 706490	PILKINGTON, D.W, 38 Wolsley Road, Romford	(01708) 721526	P, A, 17 Wrexham Road, ROMFORD	(01708) 930578
P, V, 367 South End Road, Hornchurch	(01708) 533085	PINATO, E, 296 Goodwood Avenue, Hornchurch	(01708) 453357	P, J, 23 Devonshire Road, Hornchurch	(01708) 509361
P, Y, 121a Mungo Park Road, Rainham	(01708) 397299	PINCOMBE, R, 26 Ascension Road, Romford	(01708) 782589	P, J.D, 70 Squirrels Heath Road, Romford	(01708) 342110
PATERNOSTER, B, 22 Enmerdale Road, Hornchurch	(01708) 476266	PINNEGAR, K.A, 7 Abbs Cross Gardens, Hornchurch	(01708) 455242	P, K, 7 Manor Close, Romford	(01708) 763021
PATHAK, S, 84 Parkway, Romford	(01708) 726835	PINNIGAR, S, 68 Eric Road, Romford	(020) 8220 1267	P, N, Lagoona Orange Tree Hill, Havering-Atte-Bower	(01708) 721263
PATHMANATHAN, S, 304 South End Road, Rainham	(01708) 564331	PINNOCK, H, 24 Taburnus Way, Upminster	(01708) 250518	P, T, 7 Spinney Close, Rainham	(01708) 556671
PATIENCE, Mr 302 Chase Cross Road, Romford	(01708) 725254	PIPER, W.J, 2 Swindon Gardens, Romford	(01708) 345761	PRIDIE, L, 26 Holden Way, Upminster	(01708) 641988
PATON, K, 2 Ashlyn Grove, Hornchurch	(01708) 443732	PITCHER, B, 301 Upper Rainham Road, Hornchurch	(01708) 459009	PRIEST, A, 108 Grosvenor Drive, Hornchurch	(01708) 452377
P, S, 178 Highfield Road, Romford	(01708) 964244	P, M, 38 Adelphi Crescent, Hornchurch	(01708) 452661	PRIOR, A, 27 Thorncroft, Hornchurch	(01708) 453797
PATRICIA GREEN, I, 30 Stour Way, Upminster	(01708) 228812	PITSIALIS, A, 34 Lakeside, Rainham	(01708) 734590	P, H, 68 West Road, Chadwell Heath	(020) 8590 8408
PATTISON, L, 10 Glebe Way, Hornchurch	(01708) 620389	PITT, G.D, 32 Portland Gardens, Romford	(020) 8590 9055	P, J, 21 Archway, Romford	(01708) 374768
PAUL, L, 207 Wennington Road, Rainham	(01708) 559531	P, L, 11 Oak Avenue, Upminster	(01708) 221636	P, M.T, 31 Spring Gardens, Hornchurch	(01708) 471055
P, M, 130 Benhurst Avenue, HORNCHURCH	(01708) 787782	P, M, 8 Edith Road, Romford	(020) 8599 2987	PRITCHARD, C, 50 Eric Road, Romford	(020) 8590 7966
P, S, Norfolk Court Flat 36 Glandford Way, Romford	(020) 3612 9167	PITTAWAY, G, 36 Warren Drive, Hornchurch	(01708) 705309	P, M, 298 Collier Row Lane, ROMFORD	(01708) 705802
PAULE, M, Flat 2 Angelica Court, 50 Mimosa Close, ROMFORD	(01708) 930095	PLACHTA, M, 3 Moray Close, Romford	(01708) 706330	PROBART, S, 108 Portnoi Close, Romford	(01708) 949778
PAULINE, Mr 109 Burns Avenue, Chadwell Heath, Romford	(020) 3583 5109	PLAGER, J, 105 Drummond Road, Romford	(01708) 746608	PROCTOR, M, 7 Oak Avenue, Upminster	(01708) 229044
PAULING, A, 3 Edward Road, Romford	(020) 3715 0712	PLASKETT, Ruth, Flat 43 Gibson Court Regarth Avenue, Romford	(01708) 730479	P, P, 4 Humber Drive, Upminster	(01708) 227895
PAVEL, M, 4 Norwich Crescent, Chadwell Heath	(020) 8599 3616	PLATER, J, 22 Devonshire Road, Hornchurch	(01708) 459476		

P, P, 16 Hilary Close, Hornchurch	(01708) 472314	REDMAN, J, 34 Arandora Crescent, Romford	(020) 8590 7736	R, W, 132B Straight Road, Romford	(01708) 937478
PULHAM, M, 28 Kent Drive, HORNCHURCH	(01708) 457237	R, P, 309 Osborne Road, Hornchurch	(01708) 450048	ROBERTSON, A.E, 18 Belmont Road, Hornchurch	(01708) 620893
PULLEN, K.J, Flat 73 Goldsmere Court Fentiman Way, Hornchurch	(01708) 476399	REDMOND, P, 34 St. Neots Road, Romford	(01708) 345402	R, Valerie, 179 Parkside Avenue, Romford	(01708) 724890
P, N.M, 118 Osborne Rd, Hornchch	(01708) 455134	REDPATH, B, 146 Pettits Lane, ROMFORD	(01708) 751206	ROBINSON, J, 20 Fairfield Avenue, Upminster	(01708) 224092
PULLIN, G, 14 Chaucer Road, Romford	(01708) 376420	REDSHAW, H.E, 41 Shepherds Close, Romford	(020) 8599 3518	R, J, 80 Mashiters Walk, Romford	(01708) 721508
P, 60 Priory Road, Romford	(01708) 378895	REECE, J, Flat 45 Gibson Court Regarth Avenue, Romford	(01708) 843030	R, J, 23 Saffron Road, Romford	(01708) 780258
P, M, 32 Brookdale Avenue, Upminster	(01708) 226492	REED, A, 17 Hayburn Way, Hornchurch	(01708) 447302	R, J, 19 Sunnycroft Gardens, Upminster	(01708) 221441
PUPLETT, E, 57 Rosslyn Avenue, Romford	(01708) 341980	R, D.F, 92 Cross Road, Mawneys	(01708) 762270	R, M, 4 Arlington Gardens, Romford	(01708) 341202
PURCELL-TERLESKI, S, 61 Garry Way, Romford	(01708) 763782	R, G, 68 Deyncourt Gardens, Upminster	(01708) 226410	R, M, 57 Bader Way, Rainham	(01708) 501863
PURNELL, C, 220 Osborne Road, Hornchurch	(01708) 437811	REEDER, J, 41 Little Gaynes Lane, Upminster	(01708) 250872	R, P, 17 Tyfers Hall Cottages Nags Head Lane, Upminster	(01708) 379519
PURTON, C, 21 Feldwick Road, Romford	(020) 3539 7159	REES, D, 10 Foxhall Road, Upminster	(01708) 229949	R, R, 75 Rosslyn Avenue, Romford	(01708) 342304
P, P, 158 Severn Drive, Upminster	(01708) 227430	R, K.G, 142 Elmhurst Drive, Hornchurch	(01708) 458838	R, S.L, 5 Londons Close, Upminster	(01708) 227182
PUSCASU, S.M 80 Kingston Hill Avenue, Romford	(020) 3318 3818	R, P, 36 McIntosh Road, Romford	(01708) 705599	R, T, 7 Burlington Avenue, Romford	(01708) 510543
PUTNAM, D, 93 Rush Gd Gdns, Romford	(01708) 763216	R, S, Flat 13 Hammond Court Grenfell Avenue, Hornchurch	(01708) 747257	R, T, 25 Norman Close, Romford	(01708) 720400
PUTTICK, E.J, 15 Laburnum Walk, Hornchurch	(01708) 450604	R, T, 22 Wickford Drive, Romford	(01708) 374451	ROBIANT, L, 222 St. Marys Lane, Upminster	(01708) 259698
PYE, A, 6 Avelay Road, Upminster	(01708) 228849	REEVE, A, 74 Grosvenor Drive, Hornchurch	(01708) 445106	ROBJOHN, E, 29 Knights Walk, Abridge	(01992) 813276
PYLE, A, 105 Shepherds Hill, Romford	(01708) 343295	REEVES, A, 6 Fullers Lane, Romford	(01708) 760844	ROCCA, F, 51 Park Lane, Hornchurch	(01708) 740529
PYM, A, 129 Benets Road, Hornchurch	(01708) 449699	R, Mrs Christine, 44 Lower Mardyke Avenue, Rainham	(01708) 935853	RODER, Mrs Sheila, 113 Eghurst Avenue, Hornchurch	(01708) 448344
QUANTRILL, Adam, 40 Ardleigh Green Road, Hornchurch	(01708) 442277	R, Graham, 17 Cedar Road, Hornchurch	(01708) 454491	RODERICK, M, 9 Heath Drive, Romford	(01708) 720374
QUEST, N, 21 Neave Cres, Romford	(01708) 372142	R, 1, 55 London Road, Abridge	(01992) 813131	RODGERS, B, 99 Bush Elms Road, Hornchurch	(01708) 459179
QUIGLEY, M, 40 Queens Park Road, Romford	(01708) 377253	R, M, 11 Bower Close, Romford	(01708) 721661	R, S, 4 Burnway, Hornchurch	(01708) 473346
QUILTER, Mrs M, 111 Highfield Road, Romford	(01708) 762810	REID, A.P, 17 Devonshire Road, Hornchurch	(01708) 451969	ROGERS, A, 112 Udall Gardens, Romford	(01708) 767435
QUINLIVAN, P, 40 Ingreway, Romford	(01708) 709143	R, D, Flat 23 Flat 23 Benedict Court Gordon Road, Chadwell Heath	(020) 3556 8971	R, B, 142 Parsonage Road, Rainham	(01708) 559646
QUINN, R, 345 Pettits Lane North, Romford	(01708) 702909	R, H.C, 13 St. Lawrence Road, Upminster	(01708) 221442	R, G, 5 Park Crescent, Hornchurch	(01708) 502109
QUINNELL, K, 17 Hillrise Road, Romford	(01708) 725595	R, Vincent, 12 Melstock Avenue, Upminster	(01708) 251446	R, K, Forest Lodge Manor Road, Lambourne End	(020) 8501 2534
QUANTRILL, Ian, 58 Salisbury Road, Romford	(01708) 454364	RELPH, A.L, 1A Nelmes Way, Hornchurch	(01708) 453643	R, R.A, 18 Pinecroft, Gidea Park	(01708) 471252
QURAISHI, R, 12a Woodlands Avenue, Hornchurch	(01708) 964658	RENNIE, C, 13 Sklyark Court Walden Avenue, Rainham	(01708) 231625	ROGERSON, A, 28 Wilton Drive, Romford	(01708) 763905
R B MANAGEMENT, 18a Station Lane, Hornchurch	(01708) 606838	R, S, 5 Blandford Close, ROMFORD	(01708) 720392	R, P, 5 Stockland Road, Romford	(01708) 780724
R J RAVEN, 73 London Road, Abridge	(01992) 813358	R, S, 15A Lessington Avenue, ROMFORD	(01708) 533340	ROKER, G, 3 Dovetree Court North Hill Drive, Romford	(01708) 348903
RAAJUKUMAR, M, 3 Fordyce Close, HORNCHURCH	(01708) 530372	RENO, S, 29 Adelphi Crescent, Hornchurch	(01708) 572221	ROLFE, P, 25 Heath Pk Ct, Romford	(01708) 441907
RABBANI, M, Cardome Upper Rainham Road, Hornchurch	(01708) 230137	RENOLAN, J, Portman House 16-20 Victoria Road, Romford	(01708) 232200	ROLLINS, R, 127 Great Cullings, ROMFORD	(020) 3718 9675
RACHER, Hadley, 22 Abbey Wood Lane, Rainham	(01708) 558957	RESIDENTIAL, C, 46 Ramsden Drive, Romford	(01708) 938454	ROLLINSON, S, 11 Balmoral Road, Hornchurch	(01708) 457823
RACKHAM, S, 24 Hyland Close, Hornchurch	(01708) 454548	REW, J, 35 Howard Road, Upminster	(01708) 224090	ROLTON, S, 33 Ashvale Gardens, ROMFORD	(01708) 787224
RACKLEY, T, 24 Lancing Road, Romford	(01708) 531590	REX, Miss 20 Silver Way, Romford	(01708) 608536	ROME, M, 11 Eugene Close, Romford	(01708) 453109
RADU, E, 28 Maxim Tower Mercury Gardens, Romford	(01708) 913597	REYFORD, M, 15 Station Chambers Oak Road Harold Wood, Romford	(01708) 927847	ROMO-ORTIZ, R, 66 Squirrels Heath Road, ROMFORD	(01708) 920003
R, S, 6 Cowley Road, Romford	(01708) 897739	REYNOLDS, D, 122 Church Road, Harold Wood	(01708) 372832	ROOD, Hny, 115 Primrose Avenue, Romford	(020) 8590 0707
RADUCANU, A, 221A Upminster Road South, Rainham	(01708) 938275	R, E, 28 Ashdown Walk, Romford	(01708) 702863	ROOMES, E, 56 Parkland Avenue, Upminster	(01708) 227292
RADULESCU, C, 149 Heath Park Road, Romford	(01708) 323592	R, L, 17 Maybank Avenue, Hornchurch	(01708) 459497	ROOTSEY, C, 3 Loxley Court Morris Road, Romford	(01708) 232435
RAE, D, Alcester House 1 Northallerton Way, Romford	(01708) 331645	R, Mr P, 3C Hacton Lane, Upminster	(01708) 640111	ROSE, G, 8 Silver Way, Romford	(01708) 705611
RAFFIN, K, 5 Manston Way, Hornchurch	(01708) 559902	R, W, 68 Carter Drive, Romford	(01708) 703652	R, J, 1 Kingsmead Avenue, Romford	(01708) 748199
RAHM, A, 8 Chippenham Road, Romford	(01708) 938564	REYNOLDSRGNRMN, Magdalena, Flat 8 Autumn Court Spring Gardens, Romford	(01708) 753037	R, J, 12 Quarles Park Road, Romford	(020) 8590 7730
RAHMAN, A, Flat 4, Natasha Court Mimosa Close, Romford	(01708) 397552	REZA, Mr M, 58 Ambleside Avenue, Hornchurch	(01708) 476963	ROSE-GREEN, T, 13 Cavell Crescent, Harold Wood	(01708) 370488
R, L, 18 Regarh Avenue, Romford	(01708) 231617	RHODEN, A, Flat 15, Commodore House, 4 Halewood Way, Rainham	(01708) 285350	ROSENBLUM PICART, P, 72 St. Johns Road, Romford	(01708) 910825
R, S, 56 Reynolds Avenue, ROMFORD	(020) 8597 3276	R, R, 116 Clematis Close, Romford	(01708) 755146	ROSERIE, D, Mobile, 176 Brian Road, Romford, Essex	(07930) 462998
RAHMANI, A, 37 Danbury Road, Rainham	(01708) 531434	R, J, 90 Havering Gardens, Romford	(020) 8177 4694	ROSINDELL, Andrew R, 1 Pettits Close, Romford	(01708) 761186
RAHULAN, R, 7 Jarrow Road, Romford	(020) 8599 1185	R, J, 59 Sunnyside Gardens, Upminster	(01708) 640551	ROSS, A, 59 Birch Road, Romford	(01708) 764965
RAHYMOVA, M, 14 Ravenscourt Grove, Hornchurch	(01708) 787761	R, K, 9 Locke Clo, Rainham	(01708) 521696	R, A, 119 Glebe Way, Hornchurch	(01708) 457736
RAI, D, 6 Oakwood Chase, Hornchurch	(01708) 448505	R, P, 18 Rodney Way, Romford	(01708) 744822	R, J.B, 8 Fry Close, Romford	(01708) 753738
R, S, 4 Woodrush Way, Romford	(020) 3732 8210	R, P, 24, Skaeles Court Sunrise Avenue, Hornchurch	(01708) 472355	R, L, 16 Clematis Close, Romford	(01708) 372418
RAIN, A, 21 Le Noke Avenue, Romford	(01708) 778307	R, P, 20 Harrow Crescent, Romford	(01708) 930951	R, L, 90 Haynes Road, Hornchurch	(01708) 474423
RAINDLE, S, 12 Wykeham Avenue, Hornchurch	(01708) 470670	R, S, 22 Thorncroft, Hornchurch	(01708) 508300	ROSSITER, T, Sunflower Court Lower Mardyke Avenue, Rainham	(01708) 524036
RAINE-KAUR, R, 2 Spring Farm Close, Rainham	(01708) 536138	RICHARDSON, C, Flat 25 Deer Mead Court, 77 Junction Road, ROMFORD	(01708) 910084	ROTHON, L, 63 Hillfoot Avenue, Romford	(01708) 743426
RAINS, J, 11 Emerson Drive, Hornchurch	(01708) 501287	R, G, 203 Dagnam Park Drive, Romford	(01708) 930410	ROURKE, J.A, 200 Severn Drive, Upminster	(01708) 220821
RAJ, S, Hurstwood Court 20 15, Hall Lane, Upminster	(01708) 964171	R, G, 117 Fairholme Avenue, Romford	(01708) 452102	ROWAN, J, 10 Beulah Road, Hornchurch	(01708) 384794
RAJADURAI, E, 443 Brentwood Road, Romford	(01708) 474468	R, G, 67 Macdonald Avenue, Hornchurch	(01708) 505648	ROWE, A, 5 Amery Gardens, Romford	(01708) 760307
RAJEIVAN, Mrs Sujathana, 30a The Broadway, Hornchurch	(01708) 606608	R, H, FLAT 7, Parkview Lodge, 18 Marks Road, Romford	(01708) 231482	R, D, 99 George Street, Romford	(01708) 745116
RAJENDIRAN, S, 102 Grove Road, Romford	(020) 3592 0890	R, H.M, 24 Lodge Court High Street, Hornchurch	(01708) 454005	R, D, 29 Queenstown Gardens, Rainham	(01708) 521920
RAKSHAS, R, The Gables Tysea Hill, Stapleford Abbots	(01708) 386788	R, J, 4 Amberley Way, Romford	(01708) 723695	R, J, 16 Cornflower Way, Romford	(01708) 378219
RALLIS, M, 41 Scymore Avenue, Upminster	(01708) 222986	R, L, 82 Squirrels Heath Lane, Hornchurch	(01708) 454906	R, M, 14 Squirrels Heath Lane, Romford	(01708) 443724
RALPH, V, 113 Westland Avenue, Hornchurch	(01708) 508061	R, M, 90 Argyle Gardens, Upminster	(01708) 222525	R, P, Mobile, 12 Lynwood Drive, Romford, Essex	(07932) 921886
RAMACHANDRAN, G, 43 Crossways, ROMFORD	(01708) 723363	R, M, 61 Whitchurch Road, Romford	(01708) 928001	ROWLAND, B, 111 Gorseway, Romford	(01708) 915902
RAMASAMY, V, 7 Tindall Mews, Hornchurch	(01708) 478298	R, P, 10 Pettil Gardens, Romford	(01708) 766107	R, D.J, 30 Eversleigh Gardens, Upminster	(01708) 227173
RAMAY, S, 16 Havering Gardens, Romford	(020) 3509 8524	R, S, 5 Brookdale Close, UPNMISTER	(01708) 531041	R, K, 28 Cecil Avenue, Hornchurch	(01708) 456497
RAMIM, Gary, 25 Elm Avenue, Upminster	(01708) 726645	R, Tom, 38 Mowbrays Road, Romford	(01708) 656669	R, Miss L, 43 Frazer Clo, Romford	(01708) 237442
R, 157 Hillcrest Road, Hornchurch	(01708) 473838	RICHES, J, 20 Mulberry Close, Romford	(01708) 722165	R, P, 37 Milton Avenue, Hornchurch	(01708) 455155
RAMSAY, C, 45 Grey Towers Avenue, Hornchurch	(01708) 442552	RICHMAN, S, 12 The Drive, Collier Row	(01708) 768274	R, P.J, 70 Westmoreland Avenue, Hornchurch	(01708) 456166
R, T, 124 Trent Lane, UPNMISTER	(01708) 226399	RICHMOND, J, 17 Essex Gardens, Hornchurch	(01708) 472697	ROWLEY, K, 15 Maybush Road, Hornchurch	(01708) 479158
R, W, 19 Stephen Avenue, Rainham	(01708) 554637	RICKARD, J, 51 McIntosh Road, Romford	(01708) 745936	R, R, 37 Avelay Road, Romford	(01708) 726328
RAMSEY, H, 3 Lucerne Way, Romford	(01708) 346101	R, M, 58 Clydesdale Road, Hornchurch	(01708) 767856	R, R, 108 Suttons Lane, HORNCHURCH	(01708) 443670
R, L, 25 Eghurst Avenue, Hornchurch	(01708) 451017	RICKETT, Mr Nicholas, 23 Tangmere Crescent, Hornchurch	(01708) 556370	ROWSE, P, Flat 25 Mercury Court Victoria Road, Romford	(01708) 765437
R, M, 13 Spenser Crescent, Upminster	(01708) 220165	RIDER, J, 114 Saunton Road, HORNCHURCH	(01708) 440378	ROXBURGH, A, 22 Netherpark Drive, Romford	(01708) 741604
RAMZAN, M, 45 Gerard Gardens, Rainham	(01708) 534326	R, P, 283 Osborne Road, HORNCHURCH	(01708) 501171	ROYCHOUDHURY, D, 187 Brentwood Road, Romford	(01708) 920348
RANA, M, Pangea Court Flat 15 103, New Road, Rainham	(01708) 928756	R, D.F, 77 Albert Road, Romford	(01708) 769064	RUBERY, Mr G, 64 Mount Pleasant Rd, Romford	(01708) 740427
R, V, 25 The Avenue, Romford	(01708) 927154	RIDGEON, L, 42 Deyncourt Gardens, Upminster	(01708) 229959	RUCK, P, 168 Moor Lane, Upminster	(01708) 225472
RANDALL, C, 20 Crescent Avenue, Hornchurch	(01708) 473496	RIDGEWAY, Mrs Joan, 443 South End Road, Hornchurch	(01708) 451995	RUDD, R, 19 Westmoreland Avenue, Hornchurch	(01708) 446120
RANUITH, T, 916 High Road, Romford	(020) 3724 8118	RIDLEY, M, 11 Cranborne Gardens, Upminster	(01708) 223507	R, S, 114 Lake Avenue, Rainham	(01708) 521815
RANKIN, S, 34 Berkeley Avenue, Romford	(01708) 705278	RILEY, A, 36 Seabrook Gardens, Romford	(01708) 748651	RUDDOCK, E, 19 Edgar Road, Romford	(020) 8597 5871
R, S, 94a Shepherds Hill, Romford	(01708) 342194	R, Mr D, 1 Raphael Court Pettis Lane, Romford	(01708) 640252	RUDGE, D, 14 Crouch Valley, Upminster	(01708) 532633
RANSON, P, 18 Birkbeck Road, Romford	(01708) 750964	R, Mrs Janis, 114 Elmhurst Drive, Hornchurch	(01708) 473495	RUDGELEY, P, 6 Dee Close, Upminster	(01708) 250072
R, P, 59 Wood Lane, Hornchurch	(01708) 448069	R, M, 11 Astra Close, Hornchurch	(01708) 606745	RUFF, A, 9 Oakley Drive, Romford	(01708) 347924
RAPACINSKI, M, Southwood Court Flat 7 97, Stafford Avenue, Hornchurch	(01708) 921613	RIMELL, J, 29 The Avenue, Hornchurch	(01708) 700017	R, S, 50 Stewart Avenue, Upminster	(01708) 223295
RAPANUT, K, Flat 1 St. Davids Court South Street, Romford	(01708) 530351	RIORADAN, D, 16 Risebridge Road, Romford	(01708) 742251	RUMSEY, L, 11 Bailie Close, Rainham	(01708) 556079
RAPILLARD, S, 34 Ashleigh Gardens, Upminster	(01708) 224357	RISBY, Mrs 41 Gillaville Drive, Hornchurch	(01708) 440605	R, R, Flat 36 Haynes Park Court Slewins Close, Hornchurch	(01708) 501928
RASBARRY, W, 7 Ford Lane, Rainham	(01708) 554042	RISHEE GUMIDYALA, R, 132 North Street, Romford	(01708) 920374	RUNNALLS, K, 87 Glebe Way, Hornchurch	(01708) 513728
RASBASH, J, 80 Highfield Road, Romford	(01708) 767145	RISING, A, 84 Benhurst Avenue, Hornchurch	(01708) 454866	RUOCO, A, 16 Curtis Road, Hornchurch	(01708) 453912
RATNASOTHY, A, 81 Swanbourne Drive, Hornchurch	(01708) 941586	RISVEGLIA, P, Mobile, 70 Stafford Avenue,	(07984) 726528	RUSH, B, 10 Peacock Close, Hornchurch	(01708) 470067
RATHNAYAKE, D, 31 Stoke Road, Rainham	(01708) 522273	RITECHIE, D, 91 Gresham Drive, Romford	(020) 8215 3873	RUSHBROOK, S, 40 Peterborough Avenue, Upminster	(01708) 250949
RATTAN, J, 93 Verve Apartments 5 Mercury Gardens, Romford	(01708) 752177	RIVERS, G, 18A Havering Road, Romford	(01708) 926105	RUSHMER, C, Abridge Park 25 London Road, Abridge	(01992) 846957
R, P, 37 Larchwood Avenue, ROMFORD	(01708) 530483	R, R, 139 Hillview Avenue, Hornchurch	(01708) 442959	RUSKIN, J, 2 Greyhound Grove, Upminster	(01708) 930596
R, R.S, 32 Calmore Close, Hornchurch	(01708) 456113	R, S, 5 Knightsbridge Gardens, Romford	(01708) 788440	RUSSELL, Devon, 10 Anglesy Drive, Rainham	(01708) 522668
RAWLING, M, 15 Primrose Avenue, Romford	(020) 8590 6342	R, R, 139 Hillview Avenue, Hornchurch	(01708) 454922	R, G, 29 Malan Square, Rainham	(01708) 557018
RAWLINGS, G, 84 Aldwych Close, Hornchurch	(01708) 476221	R, S, 59 Heaton Avenue, Romford	(01708) 375590	R, J, 39 Ravenswood Close, Romford	(01708) 742448
R, L.F, 31 Lichfield Terrace, Upminster	(01708) 250539	R, S.D, 7 Walton Road, Romford	(01708) 768136	R, J, 37 Berwick Rd, Rainham	(01708) 555937
R, M, 9 Knightsbridge Gardens, Romford	(01708) 788440	RAZA, Mr A, 8 Arandora Cres, Romford	(020) 8599 9328	R, S, 2 Pough Rise, Upminster	(01708) 227579
R, R, 139 Hillview Avenue, Hornchurch	(01708) 454922	READ, N, 34 St. Albans Avenue, Upminster	(01708) 229333	RUSSEN, Danny, 85 Burnway, Hornchurch	(01708) 448858
RAYMENT, R.C, 86 Highfield Rd, Collier Rw, Romford	(07956) 271886	READER, C, 19 Stanley Road North, Rainham	(01708) 520989	RUST, Mrs Sheila, 46 Frederick Road, Rainham	(01708) 523625
R, S, 5 Roxburgh Avenue, Upminster	(01708) 788200	R, J, 257 Goodwood Avenue, Hornchurch	(01708) 470860	RUTT, M, 48A Hayes Drive, Rainham	(01708) 556539
RAYMENT-DAVIS, K, 28 Cross Road, Mawneys	(01708) 724442	R, Miss Kelly, 15 Davies Close, Rainham	(01708) 253789	RUTTER, P, 55 Cromer Road, Hornchurch	(01708) 448986
RAYNER, S, Berry Lodge St. Marys Lane, Upminster	(01708) 223720	R, T, 135 Rosebank Avenue, Hornchurch	(01708) 472222	RWANIRINDI, S, 9 Grey Towers Avenue, Hornchurch	(01708) 533022
R, S.C, 59 Heaton Avenue, Romford	(01708) 375590	READING, S, 35A South Hall Drive, RAINHAM	(01708) 525769	RYAIT, B, 54 Playfield Avenue, Romford	(01708) 740932
R, S.D, 7 Walton Road, Romford	(01708) 768136	R, S, 37 Stoke Road, Rainham	(01708) 508986	RYAN, A, 31 Blackbush Avenue, Romford	(020) 8590 3659
RAZA, Mr A, 8 Arandora Cres, Romford	(020) 8599 9328				

Romford	(01708) 725919	S, P, 244 Pettits Lane North, Romford	(01708) 706618	SHUMAN, E, 3 Tiptree Close, Hornchurch	(01708) 473816
SAGGERS, D, 9 Wheatley Close, Hornchurch	(01708) 442831	S, P.J, Whites Farm Whalebene Lane North, Romford	(020) 8597 0531	SHUTTLEWOOD, S, 66 Abbs Cross Gardens, Hornchurch	(01708) 847361
S, Mrs Pamela, 481 Mawney Road, Romford	(01708) 762918	S, R, 33 Dandelion Clo, Rush Green	(020) 8517 0518	SHYENKO, A, 354 Winglety Lane, Hornchurch	(01708) 536270
SAHA, G, 124 Midlamy Road, Romford	(01708) 743799	S, R.K, 21 Strathmore Gardens, Hornchurch	(01708) 447519	SIBANDA, Ms 109 Lakeside, Rainham	(01708) 572274
SAHEL, M, 163 High Road, Romford	(020) 3730 1261	S, S, 199 South End Road, Rainham	(01708) 508741	S, T, 53 High Street, Romford, Essex	(01708) 609836
SAHIN, M, 5 Station Parade Victoria Road, Romford	(01708) 723250	S, W, 84 Randall Drive, Hornchurch	(01708) 455372	SIBBONS, D, 19 Ferndown, Hornchurch	(01708) 453942
SAHOQ, S, 101 Harrow Crescent, Romford	(01708) 340134	SCRIVENER, J, 71 Devonshire Road, Hornchurch	(01708) 471056	S, L.E, 45 Hainault Road, Romford	(01708) 741450
SAICH, J, 33 Stapleton Crescent, Rainham	(01708) 550549	S, J, Flat 5 Anne Nasti Court 72 Heath Park Road, Romford	(01708) 478409	SICIMOGULLARI, E, 7 Fry Close, Romford	(01708) 532637
SAID, Admiral A, 30 Lakeside, Rainham	(01708) 368433	SEAGER, K.E, 18 Finucane Gardens, Rainham	(01708) 559340	SIDA, I, 2 Lichfield Terrace, Upminster	(01708) 228909
SAINT		SEAGRAVE, J, 92 Kenilworth Gardens, Hornchurch	(01708) 442358	SIDDAQUE, A, 12 Lupin Close, Romford	(020) 3842 2955
See also Saints listed after St.		S, J, Flat 40 Draper Court Mavis Grove, Hornchurch	(01708) 471580	SIDDIQUI, A, 42 Hutchins Close, Hornchurch	(01708) 533640
SAINT, R, 93 Northumberland Avenue, Hornchurch	(01708) 700854	SEALE, L.C, 5 Irons Way, Romford	(01708) 720594	SIENKIEWICZ, H, 35 Lynton Avenue, Romford	(01708) 898830
SAINTS		SEAMIAN, C, 52 Legon Avenue, Romford	(01708) 748946	SIEQUIEN, K, 15 Maylands Way, Romford	(01708) 564348
See also Saint listed before St.		S, J, 258 Pettits Lane North, Romford	(01708) 740641	SIGGINS, D, 11 Guildford Gardens, ROMFORD	(01708) 347041
SAINTV, M, 33 Percy Road, Romford	(01708) 701502	SEARLE, M, 5 Elmhurst Drive, Hornchurch	(01708) 475599	S, W, 74 Nelves Crescent, Hornchurch	(01708) 701838
S, S.J, 41 Silvermere Avenue, Romford	(01708) 757028	S, S, 18 Burnway, HORNCHURCH	(01708) 473122	SILK, T, 53 Lancaster Drive, Hornchurch	(01708) 452855
SAIT, A.C.E, 84 Stanley Avenue, Romford	(01708) 728061	SEARS, E, 83 Glenwood Drive, Romford	(01708) 748708	SILLAH TOURAY, M, 7 Haydock Close, Hornchurch	(01708) 536111
SAKIB, S, 7 Derwent Way, Hornchurch	(01708) 356359	S, J, 1 Tansey Close, Romford	(01708) 371905	SILLETT, P, 49 Chester Avenue, Upminster	(01708) 223213
SAKO, S, Flat 4, North Park Court, 1a Parkside Avenue, Romford	(01708) 285624	SEDANI, R, 131 Millhaven Close, Romford	(020) 8597 5707	S, R, 4 Newbury Gardens, Upminster	(01708) 445740
SALEEM, A, 10 Eastbrook Drive, Romford	(020) 3015 1927	SEE, C, (Mobile), 72 Nelves Crescent, Hornchurch	(07956) 287872	SILONE, G, Reston House 1a Flat 12 Western Road, Romford	(01708) 927276
S, M, 41 Aylofs Walk, Hornchurch	(01708) 478963	SEEKINGS, M, 42 Avenue Road, Harold Wood	(01708) 342393	SILVANO, J, Flat 18, Cornhill House Spring Gardens, Romford	(01708) 727692
SALES, R, 3 Crowlands Avenue, Romford	(01708) 761629	SEELEY, J, 11 Ashvale Gardens, Upminster	(01708) 226975	SIM, M, 37 Manser Road, Rainham	(01708) 501093
SAIHJ, T, 43 Campion Close, RUSH GREEN	(020) 8793 2763	SEELS, M.A, 1 New Farm Drive, Abridge	(01992) 813032	S, Muhammed, Flat 4 Allender Court Riverside Close, Romford	(01708) 765366
SALMON, C, 8 Minster Way, Hornchurch	(01708) 471623	SEES, P, 27 Roslyn Gardens, Romford	(01708) 704995	SIMBA, J, 136 Heaton Avenue, Romford	(01708) 331974
S, Patricia, 35 Davenport Road, Romford	(01708) 340090	SEGAL, L, Flat 6 Rosewood Court Chadwell Heath Lane, ROMFORD	(020) 3685 8579	SIMMANCE, Mrs B, 7 McIntosh Road, Romford	(01708) 765229
S, Mr S, 8 Spring Gardens, Romford	(01708) 723230	SELLEK, J.E, 1 Somerville Road, Romford	(020) 8597 9729	SIMMONDS, A, 49 Cunningham Close, Romford	(020) 8598 1659
SALTER, B, 40 Acacia Drive, Upminster	(01708) 229983	SELLWOOD, J, 26 Hulse Avenue, Romford	(01708) 724757	S, J, 21 Cedar Road, Hornchurch	(01708) 397361
S, L, 14 Glebe Way, Hornchurch	(01708) 453485	SELVARAJ, Santhamoorthy, 1 Beansland Grove, Romford	(020) 3592 3804	S, Mr John, 62 Marlborough Gardens, Upminstr	(01708) 222834
S, Mrs Sylvia, 164 Lancaster Drive, Hornchurch	(01708) 443883	SEMAKALA, A, 13 Elstar Court Lowen Road, Rainham	(01708) 930299	S, L, 405 South End Road, Hornchurch, Essex	(01708) 557082
SALTON, J.C, 49 Coronation Drive, Hornchurch	(01708) 442914	SENA, P, 89 Harwood Avenue, Hornchurch	(01708) 445729	S, R.C, 91 Melville Road, Rainham	(01708) 556465
SAMEERA, K, David Cecil Chiropodist, 44 Whalebene Grove, Romford	(020) 3952 9671	SENBANJO, J, Flat 22 Amber Court High Street, Romford	(01708) 750934	SIMMONS, B, 74 Hillfoot Road, Romford	(01708) 748284
SAMMON, V, 24 Little Gaynes Lane, UPMINSTER	(01708) 930888	SENDEY, Sarah, Unit 10 Guardian Business Centre Faringdon Avenue, Harold Hill	(01708) 349214	S, V, 11 Bowden Drive, Hornchurch	(01708) 475821
SAMMONS, Roy, 15 Mowbrays Road, Romford	(01708) 726089	SENKOVA, Mrs Flat 43, Elgin House, 235 High Road, Romford	(020) 3645 5391	SIMMS, B, 2 Odesia Close, Hornchurch	(01708) 451993
SAMPSON, C, 49 Fontayne Avenue, ROMFORD	(01708) 928813	SEPA, S, 50 Newbury Gardens, Upminster	(01708) 440359	S, P, 1 Richmond Road, Romford	(01708) 731463
SAMUELS, M, Flat 19 Neale Court Upminster Road, Hornchurch	(01708) 441199	SETTER, G, 10 Marlborough Close, Upminster	(01708) 225612	SIMONS, M, 222 Rush Green Road, Romford	(01708) 769685
S, Robt, 15 Grey Towers Avenue, Hornchurch	(01708) 471720	SEVERIN, Mrs K, 45 Gelsthorpe Road, Romford	(01708) 720972	S, P, 35 Glebe Way, Hornchurch	(01708) 444623
SANDERS, C.K, 12 Fairholme Gardens, Upminster	(01708) 222729	SEWELL, J, 18 Fontayne Avenue, Romford	(01708) 703379	SIMPKINS, J.A, 1 Rochford Close, Hornchurch	(01708) 550725
S, J.L, 23 Cranham Road, Hornchurch	(01708) 442259	S, Mr L, 130 Gubbins Lane, Romford	(01708) 340522	SIMPSON, A.T, 20 Pettits Close, Romford	(01708) 765915
S, S, 179 Havering Road, ROMFORD	(01708) 754653	S, P, 3 Bridge Avenue, Upminster	(01708) 532513	S, D, 44 Oakley Drive, Romford	(01708) 500413
SANDERSON, A, 6 Channing Close, Hornchurch	(01708) 440882	S, R, Willow Cottage Curtis Mill Green, Navestock	(01708) 688381	S, D, 132 South End Road, Rainham	(01708) 522295
S, I.V, 43 Arundel Road, Romford	(01708) 347367	SEXTON, A, 6 Straight Road, Romford	(01708) 347780	S, E.R, 13 Newmarket Way, Hornchurch	(01708) 448041
S, J, 6 Compton Avenue, Romford	(01708) 740302	S, M, 214 Elm Park Avenue, Hornchurch	(01708) 452275	S, S, 17 Ayer Way, Romford	(01708) 608993
SANDFORD, E, 7 Hunter Dv, Hornchch	(01708) 453231	SEYMOUR, J, 16 Dunmow Drive, RAINHAM	(01708) 501025	S, S, 4 Brunswick Avenue, Upminster	(01708) 225154
SANDHU, G, 139A Kingstons Hill Avenue, Romford	(020) 3612 2341	SEYNSICH, N, 29 Frammill Road, Hornchurch	(01708) 449012	SIMS, Mr David, 71 Prospect Road, Hornchurch	(01708) 342023
S, Harvinder, 10 Norway Walk, Rainham	(01708) 554572	SHADE, Mr James, 2 Fairloak Gardens, Romford	(01708) 762401	S, D.F, 16 Ravenscourt Grove, Hornchurch	(01708) 442004
S, N, 14 Melton Gardens, Romford	(01708) 532683	SHADRAKE, Mrs Pauline, 126 Alma Avenue, Hornchurch	(01708) 454683	S, R.J, 21 Hacton Drive, Hornchurch	(01708) 452888
SANDRAPALAN, K, 15 Small Heath Avenue, Romford	(01708) 347409	SHAH, M, 143 Clockhouse Lane, Romford	(01708) 928070	SINCLAIR, K.W, 117 Burnway, Hornchurch	(01708) 471208
SANDS, Mr H, 114 Gorse Green Farm St Johns Rd, Romford	(01708) 230076	S, S, 46 Adelaide Gardens, Romford	(020) 3496 0726	SINCOCK, L, Duntion Cottage Lower Duntion Road, Bulphan	(01708) 545128
SANGOJINMI, O, 2 Iris Path, Romford	(01708) 372324	S, S, 42 Hulse Avenue, Romford	(01708) 592895	SINGARA, Mr V, 15 Somerville Road, Romford	(020) 8411 8588
SANKEY, B.W, 73 Parkland Avenue, Upminster	(01708) 224150	S, S, 4 Maryam Close, Rainham	(01708) 910828	SINGARAVELU, M, 15 Somerville Road, Romford	(020) 8590 5235
SANTER, P, Flat 31 Rosewood Court Chadwell Heath Lane, Romford	(020) 8503 8238	SHAHZAB, K, 33 Collingwood Rd, Rainham	(01708) 631041	SINGH, Mr A, 60 Chadwell Heath Lane, Romford	(020) 8599 7270
SANTOS, J, 405 Belben Court, 165 Rose Lane, Romford	(020) 7671 4024	SHANAHAN, D, 24 Penzance Road, Romford	(01708) 782349	S, A, 62 Roky Avenue, Romford	(020) 3726 6947
SARFAYRAZ, G, Flat 3 10 Argus Close, Romford	(01708) 535016	S, Mr J, 52 Westland Avenue, Hornchurch	(01708) 455039	S, B, 15 Palmerston Road, Rainham	(01708) 928113
SARGENT, A, 16 Amery Gardens, Romford	(01708) 747952	S, M, 109 Westland Avenue, Hornchurch	(01708) 446426	S, B, 65 Roky Avenue, Romford	(020) 3686 6457
S, J.S, 15 Heather Gardens, Romford	(01708) 761590	SHAPIRO, C, 18 Calbourne Avenue, HORNCHURCH	(01708) 479254	S, B, 391 Rush Green Road, ROMFORD	(01708) 941802
SARLING, M, 60 Merlin Road, Romford	(01708) 746624	SHARMA, A, 30 Sylvan Avenue, Hornchurch	(01708) 442461	SINGH CHAHAL, Mr Joginder, 183 London Road, Romford	(01708) 744227
SARNEY, A, 31 Ashbourne Road, Romford	(01708) 346389	S, G, 30 Richards Avenue, Romford	(01708) 788405	SINGH, H, Flat 2, Sudbury Court Glandford Way, Chadwell Heath, Romford	(020) 3638 4459
SARTORIS, R.M, 7 Neave Crescent, Romford	(01708) 373802	S, R, 988 High Road, Chadwell Heath	(020) 3091 3505	S, H, 60 Herbert Road, Hornchurch	(01708) 620982
SATCHELL, D, 103A Birch Crescent, Hornchurch	(01708) 705693	S, V, 30 Highfield Crescent, Hornchurch	(01708) 470181	S, J, Flat 29 Queens Moat House 22 St. Edwards Way, Romford	(01708) 922176
S, L, 154 Chemsford Avenue, Romford	(01708) 921581	S, V, 32 Woodlands Road, Harold Wood, Romford	(01708) 372655	S, J.D, 91 Hyland Way, Hornchurch	(01708) 477387
SATTAR, Mohammad, 22 Mansted Gdns, Romford	(020) 8586 4819	SHARMAN, T.G, 26 Broadstone Road, Hornchurch	(01708) 473880	S, P, 139 Winglety Lane, Hornchurch	(01708) 464500
SAUND, H, 47 Castell Avenue, Romford	(01708) 701528	SHARP, B, 12 Strathmore Gardens, Hornchurch	(01708) 450379	S, R, The Maltings Flat 6 South Street, Romford	(01708) 930336
SAUNDERS, A, 15 Lambourne Gardens, Hornchurch	(01708) 457542	S, D, 1 Vaudeville Close, Hornchurch	(01708) 473987	S, R, 7 River Close, Rainham	(01708) 783265
S, D, Flat 1 Aishah Lodge Aveley Road, ROMFORD	(01708) 913331	S, K.R, 50 Parkland Avenue, Upminster	(01708) 227362	S, S, 11 Clitheroe Road, Romford	(01708) 920651
S, F, 4 Primrose Avenue, Romford	(020) 8597 4235	S, M, 3 Marshalls Drive, Romford	(01708) 733084	S, S, 27 East Road, Chadwell Heath, Romford	(020) 3952 5485
S, M, 33 Shelley Avenue, Hornchurch	(01708) 709021	S, Mr 108 Swanbourne Drive, Hornchurch	(01708) 960799	S, V, 3 The Close, Romford	(020) 3686 4399
SAVAGE, I, 16 Ascension Road, Romford	(01708) 727602	SHARPE, M.S, 59 Bedale Road, Romford	(01708) 375003	SINKINS, S, 6 Hartland Road, Hornchurch	(01708) 448097
S, J, 64 Woodhall Crescent, Hornchurch	(020) 8597 7207	SHAW, G, Acom Lodge Church Road, Noak Hill	(01708) 370536	SIRAJ KHADEM, M.D, 3A East Road, Chadwell Heath	(020) 3536 2900
S, Mr Robert, Greenways Monks Farm St Marys Lane, Cranham	(01708) 720178	S, K, 89 Marlborough Gardens, Upminster	(01708) 220942	SIRKETT, S, 41 Adelphi Crescent, Hornchurch	(01708) 450066
221016		S, M, 92 Swanbourne Drive, Hornchurch	(01708) 477789	SIRS, C, 44 Betterton Road, Rainham	(01708) 552013
SAVIDGE, C.C, 63 Halidon Rise, Romford	(01708) 373353	S, Peter, 4 Leonfield Walk, Hornchurch	(01708) 552395	SIRYDIS, G, 119 Harwood Avenue, HORNCHURCH	(01708) 937251
SAVILLE, G.L, 98 Shepherds Hill, Romford	(01708) 340661	S, R, 8 Hatfield Close, Hornchurch	(01708) 985628	SITHICK, N, 49 Chadville Gardens, Romford	(020) 3941 2781
S, H, Shonks Mill House Mill Lane, Navestock	(01708) 688649	S, S, 2A Langdale Gardens, Hornchurch	(01708) 501311	SITKU, R, 18 Netherpark Drive, Romford	(01708) 751288
S, M, 40 Roslyn Gardens, Romford	(01708) 763115	S, S, 27 Victoria Avenue, Romford, Essex	(01708) 608909	SIVAPRIYAN, S, 35 Essex Gardens, Hornchurch	(01708) 535727
S, M, 261 Warren Drive, Hornchurch	(01708) 453019	S, T, 16 Wincanton Road, Romford	(01708) 347067	SKANTOULAS, V, 90 Elmhurst Drive, Hornchurch	(01708) 564126
S, Nicola, 10 Kilmartin Way, Hornchurch	(01708) 559952	SHAYERI, S, 55 Chatteris Avenue, Romford	(01708) 231720	SKAROS, L, 32 Ashlyn Grove, Hornchurch	(01708) 477585
SAVINAITIS, G, 32A Farm Road, Rainham	(01708) 532034	SHAYLE, N, 6 Christopher Close, Hornchurch	(01708) 783106	SKELS, K, 26 Tabrams Way, Upminster	(01708) 228326
SAWLE, K, 27 Grosvenor Gardens, Upminster	(01708) 226418	SHEA, Sandra, 24 Gillian Crescent, Romford	(01708) 733481	SKET, C, Flat 8, Frome Court Riverside Close, Romford	(01708) 231701
SAWYER, F.C, 24 Salcombe Drive, Romford	(020) 8599 3690	SHEAD, M.P, 40 Fernbank Avenue, Hornchurch	(01708) 442392	SKELTON, L, 3 Heron Flight Avenue, Hornchurch	(01708) 548566
S, G, 44 Salisbury Road, Romford	(01708) 478876	SHEAHAN, M, 53 Rosewood Avenue, HORNCHURCH	(01708) 478621	SKERRY, T.L, 133 Linley Crescent, Romford	(01708) 749367
S, Mr 36 Westland Avenue, Essex, Hornchurch	(01708) 494289	SHEAN, A, 106 Garry Way, Romford	(01708) 760109	SKIBICKI, J, 67 Bruce Avenue, Hornchurch	(01708) 452922
SAYE, G, 19 Corsland Close, Upminster	(01708) 459436	SHEARING, B, 12 Bower Close, Romford	(01708) 720493	SKIDMORE, F, 7 Wood View Mews, Romford	(01708) 727955
SAYER, A, 58 Clifton Road, Hornchurch	(01708) 456368	SHEARMAN, R, 53 Wigton Road, Romford	(01708) 720922	SKILLET, R, 42 Claremont Gardens, Upminster	(01708) 227314
S, F, 11 Boscombe Avenue, Hornchurch	(01708) 475527	SHEEKEY, M.A, 1 Elms Farm Road, Hornchurch	(01708) 472849	SKILLMAN, P, 1838(ELM Park) Squadron A T C, The Paddock Wood Lane	(01708) 557560
S, Mrs 131 The Avenue, Hornchurch	(01708) 445919	SHEERAZ, F, 50 Oldchurch Gardens, Romford	(01708) 847253	SKINGLEY, J, 1 Grays Cottages Tomkyns Lane, Upminster	(01708) 372594
SAYERS, M, 21 Wickford Close, Romford	(01708) 348153	SHEERER, T, 85 Lakeside, Rainham	(01708) 509622	SKINGSLEY, M, 12 Claremont Gardens, Upminster	(01708) 229920
SCALES, J, 55 Heron Flight Avenue, Hornchurch	(01708) 521006	SHEKH, A, 6 The Chase, Romford	(020) 8014 2202	SKINNER, Mrs Christine, 62 Bridgewater Road, Romford	(01708) 347843
SCANDONE, G, 81 Willow Street, ROMFORD	(01708) 769789	SHELDON, W.R, 132 Lancaster Drive, Hornchurch	(01708) 475233	SKROBAS, M, Flat 15 Victoria Court Victoria Road, Romford	(01708) 915152
SCANES, Mrs Diane, 295 Corbets Tey Road, Upminster	(01708) 641491	SHELTON, D, 287 Hilldene Avenue, Romford	(01708) 371326	SLADE, M, 12 Redden Court Road, Romford	(01708) 345150
S, J.E, 44 Randall Drive, Hornchurch	(01708) 448934	SHEPAKIN, Mrs G, 5 Dudley Gdns, Romford	(01708) 377708	SLATER, P, 26 Jordans Way, Rainham	(01708) 551982
SCANNELL, D, 4 Cranbrook Drive, Romford	(01708) 742859	SHEPARD, Mr Norman, 40 Kingsley Gardens, Hornchurch	(01708) 459049	S, S, 49 The Mount, Ingrebrn	(01708) 344545
SCARGILL, S.M, 107 Woodfield Drive, Romford	(01708) 762211	SHEPHERD, B, 38 Church Lane, Bulphan	(01375) 891013	SLATTER, J, 4 Buckingham Ct Carlisle Rd, Romford	(01708) 722481
SCATES, Jasmine, 34 Thameshill Avenue, Romford	(01708) 750556	S, P, 18 Shirley Gardens, HORNCHURCH	(01708) 453057	SLAUGHTER, M, 20 Birch Crescent, Hornchurch	(01708) 475143
SCAITS, M, 31 Carnforth Gardens, Hornchurch	(01708) 609721	SHEPLEY, M, 14 Arthur Road, Romford	(020) 8590 5161	SLEAT, K, Haynes Park Court Flat 240 Slewins Close, Hornchurch	(01708) 449696
SCHAFER, C, 6 Belfairs Drive, Romford	(020) 8220 0356	SHERIF, M, 148 Chase Cross Road, Romford	(01708) 748705	SLEET, A.C, 431 Brentwood Road, Romford	(01708) 449588
SCHOFIELD, D, 7 Norway Walk, Rainham	(01708) 520799	SHERMAN, N, 28 Hawkinge Way, Hornchurch	(01708) 557443	SUZ, R, 45 Thatches Grove, Romford	(020) 8599 3273
SCHRAPEL, K, 13 Hyland Way, Hornchurch	(01708) 470657	SHERATT, R.W, 35 Randall Drive, Hornchurch	(01708) 449311	SLOAN, D, 235 Upper Rainham Road, Hornchurch	(01708) 472685
SCHROD, K, 337 Osborne Road, Hornchurch	(01708) 477483	SHEWING, D.J, 5 Eversleigh Gardens, Upminster	(01708) 640434	SLOANE, S, 22 Stockland Road, romford	(01708) 766807
SCOLDING, P, 7 Severn Avenue, Romford	(01708) 760972	SHIELDS, A, 7 Kingfisher Road, Upminster	(01708) 225661	SLOWEY, J.P, 179 Faringdon Avenue, Romford	(01708) 373045
SCOLLAN, K, 83 Harrow Drive, Hornchurch	(01708) 704121	S, D, 251 Mawney Road, Romford	(01708) 767476	SLSARACZYK, B, 56 Hamilton Road, Romford	(01708) 232762
SCOLLARD, R.F, 9 Guildford Gdns, Romford	(01708) 343693	S, Mrs L, 351 Maidstone Avenue, Romford	(01708) 788339	SMALL, Paul, 33 Mansted Gardens, Romford	(020) 8590 4086
SCOOT, P.M, 56 Link Way, Hornchurch	(01708) 455926	SHILLAKER, R, OAKDEN Oak Hill Road, Stapleford Abbots	(01708) 760006	SMALLEY, P, 9 Acacia Avenue, Hornchurch	(01708) 702790
SCOROPAN, C, 105 St. Andrews Avenue, Hornchurch	(01708) 572971	SHILLINGFORD, Admiral W, 13 Acacia Drive, Upminster	(01708) 368126	SMALLPIECE, K.V, 14 Falcon Way, Hornchurch	(01708) 559443
SCOTCHMERE, J.A, 24 Highfield Road, Romford	(01708) 752789	S, Admiral W, 13 Acacia Drive, Upminster	(01708) 368294	SMALLWOOD, K, 75 Dunedin Road, Rainham	(01708) 550884

S, Mrs Barbara, 38 Nightingale Avenue, Upminster.....	(01708) 220989	SPENCER, M.B, 126 Grosvenor Drive, Hornchurch.....	(01708) 441797	STORER, S, 2 Quaker Drive, Romford.....	(01708) 926380
S, B, 2 Sherborne Gardens, Romford.....	(01708) 750922	S, S, 61 Roxby Avenue, Romford.....	(020) 3662 4473	STOREY, B, 1 Mansfield Gardens, Hornchurch.....	(01708) 471134
S, C, 70 Grosvenor Drive, Hornchurch.....	(01708) 440045	SPICER, Jean, Flat 3 Hampton Court 2 Hyde Close, Romford.....	(01708) 935189	STORRIE, B, 30 River Drive, Upminster.....	(01708) 250860
S, C, 71 Howard Road, Upminster.....	(01708) 226073	S, M, 22 Lodge Court High Street, Hornchurch.....	(01708) 473476	STOTEN, J.E, 73 Taunton Road, Romford.....	(01708) 370834
S, C, 51 Lodge Avenue, Romford.....	(01708) 937275	S, Teresa, 155 Lynton Avenue, Romford.....	(01708) 727906	STOVOLD, D, 5 Maylands Way, Romford.....	(01708) 348845
S, C, 157 Osborne Road, Hornchurch.....	(01708) 458853	SPICKNELL, M, 1A Masefield Crescent, Romford.....	(01708) 331526	STRACEY, C, 37 Wayside Avenue, Hornchurch.....	(01708) 620583
S, D, Mobile, 29 Bridport Avenue, Romford.....	(07961) 570988	SPICERS, Mr 68 Farnes Drive, Romford.....	(01708) 765289	S, J, 12 Mariam Gardens, Hornchurch.....	(01708) 475135
S, D, 5 Courtenay Gardens, Upminster.....	(01708) 222767	SPINK, David, 51 Chestnut Avenue, Hornchurch.....	(01708) 453724	STRANGE, A, 41 Hillrise Road, Romford.....	(01708) 754029
S, D, 20 Essex Road, Romford.....	(01708) 780894	SPINKS, M, 5 Athelstan Road, Romford.....	(01708) 347508	S, T, 18 Plough Rise, Upminster.....	(01708) 224915
S, David, 14 Kerry Close, Upminster.....	(01708) 640530	SPIO-AIDOO, R, 44 Brampton Court 7 Union Road, Romford.....	(01708) 609238	STRATFORD, S, 50 Kinsley Gardens, Hornchurch.....	(01708) 440392
S, D, 5 Skylark Court Walden Avenue, Rainham.....	(01708) 556180	SPIRACHE, R, Flat 278 Hayes Park Court Slewins Close, Hornchurch.....	(01708) 921181	S, V, Flat 21 Emma House 2 Market Link, Romford.....	(01708) 760122
S, Daniel, Unit 4 Wennington Hall Farm Wennington Road, Wennington.....	(01708) 557735	SPONG, J, 31 Sackville Crescent, Romford.....	(01708) 372616	STRATTON, Margaret, 103 White Hart Lane, Romford.....	(01708) 726204
S, D.R, 92 Shepherds Hill, Romford.....	(01708) 348411	SPOONER, Mr P, 84 Retford Road, Romford.....	(01708) 371156	STREET, J, 48 Sunnyside Gardens, Upminster.....	(01708) 224849
S, E, Charrington Ct Atlanta Boul, Romford.....	(01708) 726406	SPOONER, Mr P, 84 Retford Road, Romford.....	(01708) 371156	STREETS, D, 15 Ethelburga Road, Romford.....	(01708) 378357
S, E, 26 Chelsworth Drive, Romford.....	(01708) 340188	SPECKLEY, Clarissa, 171 171 Somerville Rd, Romford.....	(020) 8599 5443	STRETCH, J, 14 Eastwood Drive, Rainham.....	(01708) 520099
S, Mrs Edward, 12 Curtis Road, Hornchurch.....	(01708) 442824	SPRING, C, 29 Suttons Avenue, Hornchurch.....	(01708) 451383	STREVS, G, 36 Bridgwater Road, Romford.....	(01708) 349597
S, E, 22 Repton Gardens, Romford.....	(01708) 787005	S, Mrs Lorraine, 5 Tuck Road, Rainham.....	(01708) 551636	STRINGER, I.F, 26 Weald Way, Romford.....	(01708) 747404
S, G, 63 Bernick Road, Rainham.....	(01708) 520553	SPRINGFIELD, Paul, 12 Humber Drive, Upminster Essex.....	(01708) 223191	S, J.S, 10 Japan Road, Romford.....	(020) 8590 3470
S, Miss G, Flat 4, Yoxford Ct Glandford Wy, Romford.....	(020) 3132 0501	SPRINGHAM, A, 16 The Meads, Upminster Essex.....	(01708) 221514	S, R, 37 Athelstan Road, Romford.....	(01708) 702715
S, G, 36 Glenwood Drive, Romford.....	(01708) 770026	SPRINGTHORPE, J, 68 Wolsley Road, Romford.....	(01708) 767328	STRIPLING, Leond, 44 Durham Avenue, Romford.....	(01708) 452155
S, G, 18 Helmsdale Close, Romford.....	(01708) 783188	SPRY, J, 88 Albany Road, Hornchurch.....	(01708) 451989	STRONG, K, 29 Park Lane, Hornchurch.....	(01708) 739029
S, G, 10 Philan Way, Romford.....	(01708) 720938	SPURGEON, C.R, 16 Champion Road, Upminster.....	(01708) 225366	S, M, 55 Simpson Road, Rainham.....	(01708) 551033
S, H, 43 Dee Way, Romford.....	(01708) 761872	S, P, 343 Elm Park Avenue, Hornchurch.....	(01708) 703266	S, M, 17 Willow Road, Romford.....	(020) 8597 1782
S, J, Greenways Court Flat 48 Butts Green Road, Hornchurch.....	(01708) 913051	SQUIBB, G, 152 Collier Row Road, Romford.....	(01708) 735567	S, R.A, 92 Valentines Way, Romford.....	(020) 8593 0451
S, J, 7 Gaynes Park Road, Upminster.....	(01708) 220488	S, P, 33 Morant Gardens, Romford.....	(01708) 501842	S, S, 57 Valentines Way, ROMFORD.....	(020) 8592 3937
S, J, 62 Joydon Drive, Romford.....	(020) 8599 0756	SQUIRE, C, 180A Hornchurch Road, Hornchurch.....	(01708) 437552	STROUD, B, 82 Cecil Avenue, Hornchurch.....	(01708) 445298
S, J, 120 Rainham Road, Rainham.....	(01708) 510894	SQUIRRELL, M, 8 Caxton Way, Romford.....	(01708) 724113	S, G, Taylors Cottage Manor Road, Romford.....	(020) 3722 2638
S, J, 16 Rossall Close, Hornchurch.....	(01708) 701926	SREEVALSALAN, S, 57 Blake Close, Rainham.....	(01708) 608062	S, J, 18 Wykeham Avenue, Hornchurch.....	(01708) 448074
S, J, 32 Sunningdale Road, Rainham.....	(01708) 559537	SRIKANTHARAJAH, A, 12 Tall Trees Close, HORNCHURCH.....	(01708) 459129	S, R, 221 Gorseway, Romford.....	(01708) 709931
S, J, 8 Tavistock Close, Romford.....	(01708) 348156	SRIVASTAVA, S, Flat 23 Malachite House Compass Way, Romford.....	(01708) 910532	STUGIENE, L, 6 Como Street, Romford.....	(01708) 397782
S, J.M, 46 Birch Close, Romford.....	(01708) 720522			STUPPLE, B.G, 152 Chase Cross Road, Romford.....	(01708) 746533
S, K, 370 Chestpost Avenue, Hornchurch.....	(01708) 447003			STURGEON, G, 44 Ongar Road, Abridge, ROMFORD.....	(1992) 813122
S, K, 11 Cranbrook Drive, Romford.....	(01708) 743017			STURGES, A, 257 Warren Drive, Hornchurch.....	(01708) 703241
S, K, 10 Kingston Close, Romford.....	(020) 8599 8475			SUCHODOLSKAF, R, 32 Chase Cross Road, Romford.....	(01708) 606445
S, L, 190 Cherry Tree Lane, Rainham.....	(01708) 912436			SUCIU, V, 6 Dewey Path, Hornchurch.....	(01708) 526687
S, L, 18 Oak Avenue, Upminster.....	(01708) 505815			SUCKLING, A, 98 Plumpton Avenue, Hornchurch.....	(01708) 475521
S, L.M, 65 Church Road, Harold Wood.....	(01708) 348706			S, M, 88 Gaynes Park Road, Upminster.....	(01708) 228259
S, M, 76 Chadville Gardens, Romford.....	(020) 8599 4565			S, P, 36 Fairview Avenue, Rainham.....	(01708) 550698
S, M, 198 Grove Road, Romford.....	(020) 8597 0925			S, T, 8 Westlyn Close, Rainham.....	(01708) 559136
S, M, 29 Heather Gardens, Romford.....	(01708) 783057			SUDBURY, K, Amberley House Flat 14, 1 Passive Close, Rainham.....	(01708) 937347
S, M, 113 Mawney Road, Romford.....	(01708) 788468			SUETA, P, Flat 14 Southbury Court South Street, Romford.....	(01708) 535053
S, M, 7 Riversdale Road, Romford.....	(01708) 721427			SUGGATE, D, 53 Brooklands Road, Romford.....	(01708) 701313
S, Maria, 17 Shenstone Gdns, Romford.....	(01708) 370795			S, R, 2 Inglewood Close, Hornchurch.....	(01708) 473652
S, Mr, 10 Spring Gardens, Hornchurch.....	(01708) 447344			SULA, T, 35 Jasmine Road, Romford.....	(020) 3663 2412
S, N, 4 The Woodfines, Hornchurch.....	(01708) 530549			SULAIMAN KHILL, M, 49 St. Helens Court, Rainham.....	(01708) 536135
S, P, 148 Abbs Cross Gardens, Hornchurch.....	(01708) 441395			SULEIMAN, S, Flat 16 Yoxford Court Glandford Way, Romford.....	(020) 3566 2048
S, P, 1 Dury Falls Close, Hornchurch.....	(01708) 447732			SULKU, E, Flat 1 Wingrove Court Oak Street, Romford.....	(01708) 926340
S, P, 34 Garry Way, Romford.....	(01708) 721972			SULLIVAN, A, 50 Melville Road, RAINHAM.....	(01708) 553425
S, P, 35 Grange Road, Romford.....	(01708) 372746			S, A, 53 St. Lawrence Road, Upminster.....	(01708) 225204
S, P, 7 Sexton Close, Rainham.....	(01708) 556541			S, B.J, 3 Miramar Way, Hornchurch.....	(01708) 457093
S, P, 2 Strathmore Gardens, Hornchurch.....	(01708) 473719			S, C, 90 Laburnum Walk, Hornchurch.....	(01708) 473005
S, R, 36 Gordon Avenue, Hornchurch.....	(01708) 472399			S, J.M, 147 Shepherds Hill, Romford.....	(01708) 343125
S, R, 33 Harrow Crescent, Romford.....	(01708) 340829			S, M, Mobile, 60 Rockingham Avenue, Hornchurch.....	(07961) 966199
S, R, 124 Mashites Walk, Romford.....	(01708) 721928			S, Natalie, 14 Gysfield Drive, Rainham.....	(01708) 559545
S, Mr Rew, 53 St. Leonards Way, Hornchurch.....	(01708) 437406			S, P, DENHAM Argyle Gardens, Upminster.....	(01708) 251244
S, R, Flat 26 The Rotunda Yew Tree Gardens, Romford.....	(01708) 751096			S, R, 384 Chestpost Avenue, Hornchurch.....	(01708) 459667
S, R.G, 59 Preston Road, Romford.....	(01708) 375315			S, R.C, 22 Simpson Road, Rainham.....	(01708) 559684
S, S, 107 Ambleside Avenue, Hornchurch.....	(01708) 471052			S, S, 44A Cromer Road Hornchurch, Essex.....	(01708) 454068
S, S, 41A Carlisle Road, Romford.....	(01708) 722486			SULLIVON, G, 105 Hilldene Avenue, Romford.....	(01708) 371038
S, S, 12 Cavendish Avenue, Hornchurch.....	(01708) 523538			SUM, W, 267 Fort Lane, Upminster.....	(01708) 228258
S, S, 59 Fairholme Avenue, Romford.....	(01708) 536978			SUMMERS, M, 22 Raven Close, Romford.....	(01708) 231532
S, Mr S, Flat 56, Omega Ct, 140 London Rd, Romford.....	(01708) 230185			S, P, Flat 12, The Squires, 243 London Road, Romford.....	(01708) 232611
S, S, 3 FRANKS COTTAGES St. Marys Lane, Upminster.....	(01708) 220002			SUMMERSCALES, B, 268 Cross Road, Mawneys.....	(01708) 720800
S, S, 11 The Chase, Romford.....	(01708) 780922			SUN, THE, The Sun 47 London Road, Romford.....	(01708) 743423
S, S.P, 108 Station Lane, Hornchurch.....	(01708) 455695			SUNDARESAN, A, 7 Avenue Road, Chadwell Heath.....	(020) 8599 1777
S, T, 125 Heaton Avenue, Romford.....	(01708) 346807			SUPRNETS, S, Flat 49 Wave Court, Maxwell Road, Romford.....	(01708) 727125
S, W, 137 Burns Av, Chadwell Hth.....	(020) 8586 4911			SURDU, A, 19 Preston Road, Romford.....	(01708) 374235
S, W, 248A South Street, Romford.....	(01708) 764971			SURRIDGE, D, 37 New Farm Drive, Abridge.....	(1992) 814830
SMOKER, C, 19 Devizes House Montgomery Crescent, Romford.....	(01708) 386349			SUTERS, J, 247 Mawney Road, Romford.....	(01708) 761211
SMY, P.H, 37 Squirrels Heath Lane, Romford.....	(01708) 458597			SUTHAKARAN, S, 1a Gresham Drive, Romford.....	(020) 3015 2803
SMYTH, M, 35 Parkway, Romford.....	(01708) 703180			SUTTERBY, P, 27 Gubbins Lane, Romford.....	(01708) 375606
S, N, 125 Dorset Avenue, ROMFORD.....	(01708) 606585			SUTTON, A, 3 Griffin Avenue, Upminster.....	(01708) 220435
S, 54 Aldborough Road, Upminster.....	(01708) 455705			S, C.T, Ashprington Tomkyns Lane, Upminster.....	(01708) 348555
SNELLIN, J, Long Easter 60 London Road, Abridge.....	(1992) 813911			S, H.E, 72 Lawns Way, Romford.....	(01708) 762511
SNELLING, A, 11a Grosvenor Drive, Hornchurch.....	(01708) 444066			S, J, 109 Hall Lane, Upminster.....	(01708) 222309
S, B.P, 41 Bellevue Road, Romford.....	(01708) 782080			S, Mrs Pamela, 50 Grantham Gardens, Romford.....	(020) 8598 8101
S, P, 50 Northwood Avenue, Hornchurch.....	(01708) 449050			S, S, 154 Moor Lane, Upminster.....	(01708) 222425
SNOOK, Anthony, 310 Upminster Road North, Rainham.....	(01708) 553126			SVIDERSKIS, P, 111 Victor Close Hornchurch, Essex.....	(01708) 455707
S, T, 69 Benets Road, Hornchurch.....	(01708) 453704			SWAFFER, C, 39 Great Gardens Road, Hornchurch.....	(01708) 459819
SNOW, J, 34 Westbury Terrace, Upminster.....	(01708) 222548			SWAIN, Barbara, 105 Reynolds Avenue, Romford.....	(020) 8597 0084
S, S, Damsion Court Flat 5 Broadys Way, Rainham.....	(01708) 928605			S, E.M, 4 Manstead Gardens, Rainham.....	(01708) 551597
SNOWELL, K.J, 21 Howard Road, Upminster.....	(01708) 225409			S, J, 28 Eastbrook Drive, Romford.....	(020) 8599 1732
SODEAU, S, 147 Montgomery Crescent, Romford.....	(01708) 531289			S, R, 102 Albany Road, Hornchurch.....	(01708) 444644
SODEN, K, Flat 51 Parkview House Sunrise Avenue, Hornchurch.....	(01708) 469165			SWALLOW, T, 36 Court Avenue, Romford.....	(01708) 375732
SOGBESAN, J, 17 Birch Close, Romford.....	(01708) 609039			SWAN, M, 11a Balgore Lane, Romford.....	(01708) 733279
SOHAIL, A, 12 Bede Road, Romford.....	(020) 8597 7714			S, M, 18 Cavendish Crescent, Hornchurch.....	(01708) 522037
SOLKIN, L, 5 Milton Road, Romford.....	(01708) 740696			SWEENEY, Mr P, 135 Carlton Rd, Romford.....	(01708) 237501
SOLOMON, R, 4 Coltsfoot Path, Romford.....	(01708) 375564			S, V, 15 Wallis Close, Hornchurch.....	(01708) 847734
SOMERS, A, 1 Swansea Close, Collier Row, Romford.....	(01708) 744549			SWIFT, C, 215 Highfield Road, Romford.....	(01708) 745148
SOMOVEY, T, 28 West Road, Chadwell Heath.....	(020) 8597 4702			S, R, 97 Bush Elms Road, HORNCHURCH.....	(01708) 474312
SOMAIYA, O, Kirkham House 3 Montgomery Crescent, Romford.....	(01708) 927035			SWINARTON, I, 178 Moor Lane, Upminster.....	(01708) 221494
SOORI, J, 333 London Road, Romford.....	(01708) 606924			SWINYARD, M, 204 Mawney Road, Romford.....	(01708) 728908
SOPER, G, 30 Eldred Gardens, Upminster.....	(01708) 228023			SWIRES, C, Little Tomkyns Tomkyns Lane, Upminster.....	(01708) 374000
SOTIRE, Mr 413 Havering Road, Romford.....	(01708) 935792			SYCHEV, O, Flat 9, Arc Court Maxwell Road, Romford.....	(01708) 397754
SOULE, J, 36 Great Nelmese Chase, Hornchurch.....	(01708) 445292			SYDEE, R.S, 2 Holden Way, Upminster.....	(01708) 531426
SOULSBY, B, 72 Cranham Gardens, Upminster.....	(01708) 222238			SYMES, J, 23 Rectory Gardens, Upminster.....	(01708) 225720
SOUTHAM, O, 8 Gordon Avenue, Hornchurch.....	(01708) 702230			S, R, 78 Grenfell Av, Hornchch.....	(01708) 437991
SOUTHCOTT, Mr L, 327 Crow La, Romford.....	(020) 8592 7111			SEWCZYK, S, 30 New Place Gardens, Upminster.....	(01708) 223195
SOUTHGATE, S, 130 Slewins Lane, Hornchurch.....	(01708) 440560			TAFFS, J, 90 Bridge Avenue, Upminster.....	(01708) 250855
SOUDEN, S, Flat 23 Harold Wood Hall Widecombe Close, Romford.....	(01708) 379905			TAIT, B.L, 92 Glebe Way, Hornchurch.....	(01708) 446703
SOWERBUTTS, C, 7 Great Nelmese Chase, Hornchurch.....	(01708) 442087			TAKATASHU, Therese, Flat 18 Richard Blackburn House 76 Carnation Close, Rush Green.....	(020) 8596 5721
SPACIL, M, Rose Mary Heaton Grange Road, Romford.....	(01708) 753491			TALABI, S, 68 Frederick Road, Rainham.....	(01708) 530691
SPAHIA, M, 14 Victoria Road, Romford.....	(01708) 609023			TALHA, M, 111 Great Cullings, Romford.....	(01708) 592251
SPAHIA, A, 10 Riversdale Road, Romford.....	(01708) 285398			TALMASH, K, 10 Fairack Gardens, Romford.....	(01708) 731542
SPARKES, V, Flat 7 Palmer Court Rushdon Close, Romford.....	(01708) 748546			TAME, M, 32 Gelsthorpe Road, Romford.....	(01708) 768346
SPARROW, L.J, 37 Ennerdale Avenue, Hornchurch.....	(01708) 456410			T, M, 50 Westland Avenue, Hornchurch.....	(01708) 443921
SPARS, R, 99 Avelon Road, Rainham.....	(01708) 520568			T, V, 47 Chelsworth Drive, Romford.....	(01708) 505230
SPEARING, A, 3 Crystal Avenue, Hornchurch.....	(01708) 474105			TANDY, D, 29 Stanley Road North, Rainham.....	(01708) 554606
SPEED, B, 72 Derham Gardens, Upminster.....	(01708) 228793			TANG, C, 159 Brentwood Road, Romford.....	(01708) 746135
S, J, 60 Hazelmere Gardens, Hornchurch.....	(01708) 509372			TANNER, D, 2 Briscoe Road, Rainham.....	(01708) 937548
SPEIGHT, J, Station Pde Victoria Rd, Romford.....	(01708) 738431			TANO-BEKEO, D, 14 Donald Drive, Romford.....	(020) 3532 6549
SPELLER, M, 98 Eastbrook Drive, Romford.....	(020) 8592 1592			TANSLEY, Mark, 78 RIVERSDALE ROAD, ROMFORD.....	(01708) 754489
S, T, 90 Chestnut Avenue, Hornchurch.....	(01708) 458837			TANTON, J.F, 79 Princes Road, Romford.....	(01708) 763049
SPENCE, R, 96 Dilban Avenue, Hornchurch.....	(01708) 453467			TAPE, J, 184 Moor Lane, Upminster.....	(01708) 250235
				T, P, 39 Cormorant Walk, Hornchurch.....	(01708) 559631
				TAPLIN, J, 26 Pettley Gardens, Romford.....	(01708) 721677
				TARASOVAS, T, 228 Billet Road, Romford.....	(020) 8252 1830

TARBARD, A.S, 27 Adelaide Gardens, Romford	(020) 8597 1933	THREADGOLD, K, 19 Percival Road, Hornchurch	(01708) 445311	Wenington	(01708) 680027
T, M, 4 Ingleing, Hornchurch	(01708) 455641	T, L, 86 Rothbury Avenue, Rainham	(01708) 630235	TURCAN, S, 11 Parkway, Rainham	(01708) 564859
TARFF, S, 178 Alma Avenue, Hornchurch	(01708) 913516	T, M, Flat 20 Draper Court Mavis Grove, Hornchurch	(01708) 479057	TURCK, J.P, 9 Hurstwood Court 15 Hall Lane, Upminster	(01708) 223746
TARGET, S.R, 195 Great Cullings, Romford	(020) 3007 8492	THRELFALL, T.L, 39 Park Drive, Upminster	(01708) 220742	TURK, I.A, 15 Clarissa Road, Romford	(020) 8599 8104
TARLING, G.E, 30 Bedford Gardens, Hornchurch	(01708) 445944	THURGOOD, S, Avon Court Avon Road, Upminster	(01708) 220538	TURNBULL, C, 45 Beltinge Road, Romford	(01708) 343304
T, H, 88 Randall Drive, Hornchurch	(01708) 502760	THURSTON, R, 4 Eccleston Crescent, ROMFORD	(020) 8599 5675	T, R, 223 Warren Drive, Hornchurch	(01708) 703514
TARR, D, 5 Staverton Road, Hornchurch	(01708) 437020	THURTELL, Mrs L, 24 Woodlands Av, Hornchurch	(01708) 459668	T, T.A, 4 Suffolk Way, Hornchurch	(01708) 443891
TASSIE, M, Flat 5 Fern Court 106 Lodge Lane, ROMFORD	(01708) 732672	T, P, 17 Academy Fields Road, Romford	(01708) 469279	TURNER, A, 33 Trent Avenue, Upminster	(01708) 221847
TATE, R.J, 34 Hayes Drive, Rainham	(01708) 630991	TIBBO, G, 1g Pemberton Gardens, Romford	(020) 8599 5801	T, B, 25 The Mount, Romford	(01708) 342159
TAYLOR, A, 11 Fontwell Park Gardens, Hornchurch	(01708) 620491	TIDDLWINKS, 67 Manor Road, Romford	(01708) 564705	T, C, 19 Cedar Road, Hornchurch	(01708) 455706
T, A, 16 Marlborough Gardens, Upminster	(01708) 226945	TIDLEY, G, 70 Havering Road, Romford	(01708) 764158	T, C, 3 Harebell Way, Romford	(01708) 730609
T, A, 1 Shonks Mill Caravans Mill Lane, Navestock	(01708) 688466	TIFF, F, 24 Clive Road, Romford	(01708) 472637	T, E, 43 St. Nicholas Avenue, Hornchurch	(01708) 703916
T, A, 49 West Malling Way, Hornchurch	(01708) 500553	TILBURY, M, 4 Kenilworth Avenue, Romford	(01708) 706010	T, F, 7 Brook Way, RAINHAM	(01708) 530155
T, C, 1 Heather Drive, Romford	(01708) 767286	TILDEN, J, 104 Kenilworth Gardens, Hornchurch	(01708) 447694	T, G, High House Farm Ockendon Road, Upminster	(01708) 224600
T, D, 184 Brentwood Road, Romford	(01708) 768983	TILL, E.C, 41 Diban Court Diban Avenue, Hornchurch	(01708) 476112	T, I.S, 2 Trent Avenue, Upminster	(01708) 251034
T, D, 9 Bramley Court Broadis Way, Rainham	(01708) 556212	TILLER, L.E, 08 Coronation Drive, Hornchurch	(01708) 456141	T, K, 16 Wells Gardens, Rainham	(01708) 554274
T, D, 69 Freshwell Avenue, Romford	(020) 8599 1191	T, M, 42 Oates Road, Romford	(01708) 509634	T, M, 160 Abbs Cross Lane, Hornchurch	(01708) 442457
T, D, 44 Park Drive, Romford	(01708) 704910	TILLET, Evelyn, 56 Gainsborough Road, Rainham	(01708) 555616	T, M, 54 Slewins Lane, Hornchurch	(01708) 926389
T, D, 43 Raven Close, ROMFORD	(01708) 535164	TILLETTE, O.S, 27 Cranbrook Drive, Romford	(01708) 746677	T, M, Oakfields Stapleford Road, Stapleford Abbots	(01708) 688108
T, D.A, 37 Diban Avenue, Hornchurch	(01708) 453325	TILLEY, Mrs Margaret, 91 Craigdale Road, Hornchurch	(01708) 766995	T, Mr 95 Carter Drive, Romford	(01708) 741737
T, E, 67 Harwood Avenue, Hornchurch	(01708) 479891	TILYARD, B, 64 Kent Drive, Hornchurch	(01708) 443587	T, M.S, 25 Beverley Gardens, Hornchurch	(01708) 455698
T, E, 77 Woodfield Drive, Romford	(01708) 749620	TIMBRELL, P, 48 Limerick Gardens, Upminster	(01708) 225397	T, R, 11 Bartlow Gardens, Romford	(01708) 760656
T, Mr Gary, 73 Adelphi Crescent, Hornchurch	(01708) 458767	TIMMERMAN, F, 27 Castle Avenue, Rainham	(01708) 556078	T, S.F, 38 Surrey Drive, Hornchurch	(01708) 456879
T, Mr Graham, 69 Ferguson Ave, Romford	(01708) 749640	TIMMS, A, Ashleigh Ho Tysia Hi, Stapleford Abbots	(01708) 372225	T, T, 26 Wickfield Drive, ROMFORD	(01708) 937846
T, G, 6 Ferguson Avenue, Romford	(01708) 701390	TIMOTTE, C, 69 Havering Road, Romford	(01708) 744895	TURNSTILL, Brian F, 131 Linley Crescent, Romford	(01708) 749686
T, H, Flat 23 Willow Lodge Cottons Approach, Romford	(01708) 921923	TINEY, S, 29 Watermans Junction Road, ROMFORD	(01708) 536955	TURP, L, 17 Stanwick Gardens, Romford	(01708) 374385
T, J, 15 Allen Road, Rainham	(01708) 507026	TINK, M.J, 66 Fairholme Avenue, Romford	(01708) 446367	TURTON, D, 16 Cherrydown Walk, ROMFORD	(01708) 742501
T, J, 28 Calmore Close, Hornchurch	(01708) 438375	TINSLAY, P, Fortune Farm Southend Arterial Road, Hornchurch	(01708) 456910	TUSO, P, 14 Kiln Wood Lane, Romford	(01708) 532805
T, J, 26 Denbigh Close, Hornchurch	(01708) 454173	TINSLAYMASON, P, Fortune Farm Southend Arterial Road, Hornchurch	(01708) 285159	TWIDDY, Mrs Valerie, 10 Margaret Close, Romford	(01708) 452751
T, J, 33 Ernest Road, Hornchurch	(01708) 444423	TIRNAUCH, B, FLAT 9 SUFFOLK COURT Hevingham Drive, Chadwell Heath	(020) 8599 8163	TYAGI, A, Flat 41 103, Pangea Court New Road, Rainham	(01708) 920330
T, J, Mobile, 33 Ernest Road, Hornchurch, Essex	(07947) 871173	TITCOMBE, Mrs H, 9 Deveron Way, Romford	(01708) 743777	TYE, L, 10 Archibald Road, Romford	(01708) 348057
T, J, 10 Rye Close, Hornchurch	(01708) 470894	TITCOMBE, Mrs H, 9 Deveron Way, Romford	(01708) 743777	TYLER, B, 69A Betterton Road, Rainham	(01708) 521320
T, Miss Janet, 54 The Avenue, Hornchurch	(01708) 444726	TODD, Samantha, 265 Mawney Road, Romford	(01708) 749924	T, D, 130 Bruce Avenue, Hornchurch	(01708) 927451
T, L.J, 55 Keats Avenue, Romford	(01708) 343097	TODGWELL, J.G, 23 Northwood Avenue, Hornchurch	(01708) 470544	T, J, 5 Rosebery Gardens, Upminster	(01708) 228410
T, M, 86 Dorset Avenue, Romford	(01708) 754197	T, P, 24 Arundel Road, ROMFORD	(01708) 346087	TYSON, R.D, 72 Kempton Avenue, Hornchurch	(01708) 444579
T, M, 51 Wenington Road, Rainham	(01708) 520692	TOKLEY, B, 41 Hillrise Road, Romford	(01708) 721174	TZANNATOS, S, 133 Harrow Crescent, Romford	(01708) 376409
T, Mr 57 Benhurst Av, RM12 4QS	(01708) 230041	TOLAN, M, 3 Harrow Drive, Hornchurch	(01708) 456631	UDALL, L, 10 Scholars Way, ROMFORD	(01708) 535606
T, P, 47 Wenington Road, Rainham	(01708) 557797	TOMI, N, Queens Court Flat 12 27, Billet Lane, Hornchurch	(01708) 964201	UDDIN, A, 30 Arthur Road, Romford	(020) 8262 4061
T, R, 101A Briscoe Road, Rainham	(01708) 631267	TOMLIN, G, 86 Ambleside Avenue, Hornchurch	(01708) 440816	U, Mr J, 69 Donald Drive, Romford	(020) 8599 9461
T, R, 20 Rutland Drive, Hornchurch	(01708) 703847	T, J, 28 Brenden Close, Hornchurch	(01708) 913195	U, R, 48 Sherman Gardens, Romford	(020) 3441 2642
T, R, 15 Sunningdale Road, Rainham	(01708) 554332	T, S, 1 Dorking Rise, Romford	(01708) 592731	UDEHO, P, 20 Ray Road, Romford	(01708) 910653
T, R, 80 Turpin Avenue, Romford	(01708) 533773	T, S, 1 Fairfield Close, Romford	(01708) 342126	UGHELUMBA, M, 94A Aldborough Road, Upminster	(01708) 927932
T, R, 9 Wainfield Avenue, Romford	(01708) 751375	TOMLINSON, C, 27 Hillcrest Road, Hornchurch	(01708) 446722	UGUR, E, 5 Dove Walk, Hornchurch	(01708) 500138
T, R.S, 10 Tawny Avenue, Upminster	(01708) 225713	TOMIS, C, 16 Firham Park Avenue, Romford	(01708) 342036	UNDERHILL, L, 140 Mungo Park Road, Rainham	(01708) 531225
T, S, 22 Rutley Close, Harold Wood	(01708) 386316	TOMKES, A, 58 Bartlow Gardens, Romford	(01708) 781586	UNDERWOOD, D, 78D Station Lane, HORNCHURCH	(01708) 530540
T, T, 48 Ambleside Avenue, Hornchurch	(01708) 474636	T, Mr Alan, 46 Rainford Way, Hornchurch	(01708) 608838	U, I, 8 Fairkytes Avenue, Hornchurch	(01708) 788739
T, W, 111 Havering Road, Romford	(01708) 724617	TOOKE, D, 39 Ascot Gardens, Hornchurch	(01708) 459688	U, J, 135 Hillcrest Road, Hornchurch, Essex	(01708) 472981
T, W, 26 Heddingham Road, Hornchurch	(01708) 509474	TORMEY, P, 126 Hubert Road, Rainham	(01708) 522191	U, Mrs Janet, 38 Lake Rise, Romford	(01708) 760182
T, W, Carabell Manor Road, Lambourne End	(020) 8500 3913	TORRANCE, J, Albans Farm Albans Lane, Stapleford Tawney	(01708) 688498	U, J, 11 Tudor Gardens, Upminster	(01708) 220160
TAYYEBKHAN, N, 60 Hall Road, Chadwell Heath	(020) 8590 2674	TORZ, J, Willows Manor Rd, Lambourne End	(020) 8500 1856	UPTON, S, 36 Ravenscourt Drive, Hornchurch	(01708) 472832
TCHAMBA, J, 28 Rosebank Avenue, Hornchurch	(01708) 609071	TOSKO, K, 67 Allen Road, Rainham	(01708) 557710	U, T, 40 Woodfield Drive, Romford	(01708) 722776
TEBBUTT, H.A, 49 Main Road, Romford	(01708) 763064	TOTTEN, M, 15 Kenway, Rainham	(01708) 553697	URUQI, G, Caravan 9, Willow Tree Lodge Brookmans Park Drive, Upminster	(01708) 397149
TEELUCK, A, 182 Petersfield Avenue, Romford	(01708) 534092	TOUTT, K.E, 6 Wantage House Kings Lynn Drive, Romford	(01708) 341046	UTTING, Margaret, 2a Geneva Gdns, Chadwell Heath	(020) 8599 4085
TELEKI, P, 118 Avon Court Avon Road, Upminster	(01708) 228412	TOWLER, M, 16 Rockingham Avenue, Hornchurch	(01708) 456074	UWADIAE, M, 20A South St, Romford	(01708) 736030
TEMBEO, G, 34 Brentwood Road, ROMFORD	(01708) 530261	TOWNLEY, M, 109 Suttons Avenue, Hornchurch	(01708) 450212	UZUKA, S, 196 Upminster Road South, Rainham, Essex	(01708) 572406
TEMPEST, R, 19 Lewes Road, Romford	(01708) 702170	TOWNSEND, B, 21 Parkside Avenue, Romford	(01708) 740174	VADHER, P, 36 Stanley Road, Hornchurch	(01708) 508422
TENNANT, Mrs K.J, 144 The Avenue, Hornchurch	(01708) 451217	T, C.T, 108 Southend Arterial Road, Romford	(01708) 721936	VADLAPUDI, H, 3 Gauntlet Drive, Hornchurch	(01708) 926870
TEODORSKA, A, 152 Straight Road, Romford	(01708) 375607	T, K, 111 Avon Road, Upminster	(01708) 225809	VAIAANTHAN, V, 138 Hornchurch Rd, Hornchch	(01708) 448015
TERENCE, Mr 22 Woodhall Crescent, Hornchurch	(01708) 473735	T, L, 18 Laburnham Gardens, UPMINSTER	(01708) 228690	VALE, A, 4 Kipling Towers Heaton Avenue, Romford	(01708) 915038
TERRY, M, 93 Faircross Avenue, Romford	(01708) 703648	T, L, 5 Victor Gardens, Hornchurch	(01708) 450678	V, A.W, 27 Howard Road, Upminster	(01708) 226225
TESFAGARB, S, Jayveer Villas Flat 5 Kareena Close, Hornchurch	(01708) 535038	T, S, 21 Stanley Close, Romford	(01708) 760078	VAN DER WESTHUIZEN, J, 115 Upminster Road, Hornchurch	(01708) 701008
THACKER, M, 37 The Drive, Collier Row	(01708) 721941	TOYE, D, 30 Mashiters Walk, Romford	(01708) 747334	Upminster	(01708) 508664
THAMBIRAJA, G, 56 Colne Drive, Romford	(01708) 960293	TRACE, A, 10 Denholme Walk, Rainham	(01708) 937014	VANDERSTRAAL, J, 8 Neptune Close, Rainham	(01708) 522795
THAN, S, 49 Havering Road, Romford	(01708) 928354	TRAISH, Monica, 66 Belgrave Avenue, Romford	(01708) 728639	VANHINBERGHI, J.P, 26 Upland Court Road, Romford	(01708) 378306
THANNOO-RAILWAH, E, 17 Chadwell Heath Lane, Romford	(020) 3726 6613	TRAN, K, 48 Upminster Rd 5th, Rainham	(01708) 556860	VANN, K, 52 Elizabeth Road, RAINHAM	(01708) 526498
THATCHER, B.F, 112 Stanley Road, Hornchurch	(01708) 450496	TRAVASSO, L, 51 Jarrow Road, Romford	(020) 8252 6063	VAN-PRAAGH, Mr Barnett, 5 Bennions Close, Hornchurch	(01708) 522364
THAYAPARAN, K, 37 Hathaway Gardens, Romford	(020) 8471 9417	TRAVES, M.E, 62 Woodlands Avenue, Romford	(020) 8590 6815	VARIAN, F, 466 Mawney Road, Romford	(01708) 705273
THEAKER, C, 6 River Close, Rainham	(01708) 509305	TREASURER, J, 34 Woodfield Drive, ROMFORD	(01708) 730411	VARNEY, A, 111 Norman Road, Hornchurch	(01708) 930842
THEDCHANAMORTH, S, 498 Upper Brentwood Road, Romford	(01708) 782417	TREBLE, I, Flat 212 Orchard Court Wood Lane, HORNCHURCH	(01708) 522533	V, T, 6 Grosvenor Drive, Hornchurch	(01708) 447399
THEVARAJAH, A, 97 Randall Drive, Hornchurch	(01708) 910724	RELEASE, Miss Mary, 69 Willow Street, Romford	(01708) 780933	VARTOLOMEI, A, Flat 7 Delta Building Maxwell Road, Romford	(01708) 728905
THIENEL, M.F, 4 Kingaby Gardens, Rainham	(01708) 556830	TREMAIN, G, 62 Redcar Road, Romford	(01708) 340707	VASS, J, 19 Heath Drive, ROMFORD	(01708) 764587
THOMAS, A, 160 Alma Avenue, Hornchurch	(01708) 473247	TRESTON, S, 54 Flat 5 Haynes Park Court Slewins Close, Romford	(01708) 440558	VATRA ROMANEASCA, 85, Lazer International High Road, Romford	(020) 3441 8727
T, A, 18A North St, Hornchch	(01708) 443006	TREVOR, N, 12 Abbs Cross Gardens, Hornchurch	(01708) 448815	VAUGHAN, W, 26 Harlesden Walk, Romford	(01708) 371263
T, A, 65 Rush Gn Gdns, Romford	(01708) 757341	TREW, G, 1 Blenheim Close, Romford	(01708) 765965	VAZ, P, 21 Warwick Close, Hornchurch	(01708) 534446
T, Mr Benjamin, 23 Great Gardens Road, Hornchurch	(01708) 441310	TRICKETT, G, 36 Benets Road, Hornchurch	(01708) 452128	VICKERY, C, 74 Cowdroy Way, Hornchurch	(01708) 454071
T, B, 3 Plover Gardens, Upminster	(01708) 227207	T, M, 38 Clayton Avenue, Upminster	(01708) 223034	VEALE, K.H, 76 Hyland Way, Hornchurch	(01708) 451177
T, Donna, 36 Carlton Road, Romford	(01708) 731268	T, V.S, 44 Great Nelmcs Chase, Hornchurch	(01708) 455907	VEARES, V, 8 Hill Rise, Upminster	(01708) 641834
T, D, 59 Elms Farm Road, Hornchurch	(01708) 458581	TRIGWELL, P, 163 Somerville Road, Romford	(020) 8597 1495	VEERAPAP, P, 4 Erroll Road, Romford	(01708) 937331
T, D, 25 Helmsdale Road, Romford	(01708) 768397	TRINCA, Andrei, 194 HIGH ROAD, ROMFORD	(020) 8590 9119	VEERASAMI, Mr T, 13 Avenue Road, Romford	(020) 8598 8866
T, J, 21 Brights Avenue, Rainham	(01708) 558460	T, Andrei, 5 Masefield Close, Romford	(01708) 348370	VELIKOV, V, 3 Paignton Close, Romford	(01708) 935943
T, Mr J, 344 Eastern Av East, Romford	(01708) 230166	TRIPP, John, The Ballesteros Langdon Hills Golf & Country Club Lower Duntun Road, Bulphan	(01268) 545999	VELLA, A, 63 Straight Road, Romford	(01708) 964527
T, J, 61 Fairview Avenue, Rainham	(01708) 550135	TRODD, J, 19 Osborne Road, Hornchurch	(01708) 445678	VENNER, J, 110 Beaulay Way, Romford	(01708) 704085
T, L, 46 Sherman Gardens, Chadwell Heath	(020) 8586 1755	TRONCIU, R, 26 Burlington Gardens, Romford	(020) 3662 3290	VEPRAS APSEL, D, 15 Belmont Avenue, Upminster	(01708) 533639
T, Lynette, 40 Stanley Road, Hornchurch	(01708) 477908	TROTT, G, 97 Park Lane, Hornchurch	(01708) 457768	VERDON, S, 132 Bush Elms Road, Hornchurch	(01708) 449558
T, P.G, 111 Primrose Avenue, Romford	(020) 8599 0773	TROWELL, S.C, 7 Tudor Gardens, Upminster	(01708) 224795	VERESCINSKINE, M, Flat 360, Haynes Park Court Slewins Close, Hornchurch	(01708) 828835
T, R, 49 Church Road, Upminster	(01375) 891096	TROWLER, Miss J, 110 Wood Lane, Hornchurch	(01708) 230063	VERNEY, Brian, 75 Arlington Gardens, Romford	(01708) 370065
T, S, 19 Park Crescent, Hornchurch	(01708) 531027	TRUMPATIS, A, 21 Beech Street, Romford	(01708) 921688	VETHANAYAGAM, S, 71 Hilldene Avenue, Romford	(01708) 915111
T, V, 18 Swanbourne Drive, Hornchurch	(01708) 440864	TRUSS, J, 161 Hillcrest Road, Hornchurch	(01708) 572314	VICHHI, N.B, 100 Charlotte Gdns, Romford	(01708) 766190
THOMPSON, A, 73 Victor Close, Hornchurch	(01708) 475063	TRUSSELL, E, 254 Osborne Road, Hornchurch	(01708) 440114	VICKERS, J, 47 Arbour Way, Hornchurch	(01708) 442109
T, Mr B, 25 Fyfield Road, Rainham	(01708) 557957	TSANG, A, 29 Purbeck Road, Hornchurch, Essex	(01708) 441471	V, M, 61 Aldborough Road, Upminster	(01708) 921305
T, D, 31 Monkwood Close, Romford	(01708) 749531	TSHERING, S, 2 Dartford Gardens, Romford	(020) 3719 1471	VICKERY, M, 115 Chase Cross Road, Romford	(01708) 737694
T, Dr D.T, The Old Rectory Tawney Lane, Stapleford Tawney	(01708) 688551	TSHIALA, R, 6 Epsom House Dagnam Park Drive, Romford	(01708) 341350	V, P, 2 Wallenger Avenue, Romford	(01708) 704939
T, J, 71 Grange Road, Romford	(01708) 532601	TSOI, P, 99 Einhurst Drive, Hornchurch	(01708) 470723	V, R, 52 Windermere Avenue, Hornchurch	(01708) 443692
T, K, 152B Roseberry Gardens, Upminster	(01708) 220176	TSUI, T.K, 2 Waterfield Close, Hornchurch	(01708) 455159	VICTORY, H.M, 97 Lyndhurst Drive, Hornchurch	(01708) 472190
T, M, 21 Coniston Avenue, Upminster	(01708) 223856	TUBBY, E, 14 Birch Road, Romford	(01708) 709876	VIEIRA, C, 119 Roseberry Gardens, Upminster	(01708) 220148
T, P, 52 Salcombe Drive, ROMFORD	(020) 8590 1716	TUCK, J, 36 Alma Avenue, Hornchurch	(01708) 438753	VILUSIENE, I, 33 Westland Avenue Hornchurch, Essex	(01708) 454472
T, R, 38 Lodge Court High Street, Hornchurch	(01708) 472771	T, M, 42 Dawes Avenue, Hornchurch	(01708) 449039	VILLA, M, 13 Ruskin Gardens, Romford	(01708) 558490
T, R, 31 Redden Court Road, Romford	(01708) 342122	TUCKER, L, 67 Rush Green Gardens, Romford	(01708) 727284	VINCENT, A, 4A Essex Gardens, Hornchurch	(01708) 371407
T, R.A, 57 Eastbrook Drive, Romford	(020) 8595 7669	T, Mr 34 Staverton Road, Hornchurch	(01708) 457859	V, J, 25 Woodcote Avenue, Hornchurch	(01708) 446169
T, R.E, Highbury Victoria Road, Bulphan	(01375) 891661	T, O, 12 Carlisle Road, Romford	(01708) 753846	VINCENT JONES, A, FLAT 14 NELMES COURT Nelmcs Way, Hornchurch	(01708) 473523
T, R.M, 27 Langdale Gardens, Hornchurch	(01708) 448591	TUFALL, N, 80A Highfield Road, Romford	(01708) 913540	VINCENT, Mrs Flat 14, Draper Court Mavis Grove, Hornchurch	(01708) 607003
T, S, 125 Petersfield Avenue, Romford	(01708) 3458				

VORLEY, J, 45 Mashers Hill, Romford	(01708) 702405
VOYLES, J.E, 5 Luton House Lindfield Road, Romford	(01708) 374456
VYCE, E.M, 4A Tudor Dy, Romford	(01708) 764096
WADE, J, 517 Mawney Road, Romford.....	(01708) 761927
W, P, Flat 6 Myddleton Court 2a Clydesdale Road, Hornchurch.....	(01708) 751095
WAGLAND, J, 40 Ayr Way, Romford	(01708) 761841
WAGHORN, Tim, 37 The Crescent, Upminster	(01708) 228148
WAGSTAFF, J, 18 Maple Avenue, Upminster	(01708) 227805
WAI, G, Flat 2 Chaffinch Lodge 1 St. Johns Road, Romford.....	(01708) 745927
WAITE, E.C, 227 Rush Green Road, Romford	(01708) 744884
WAITHAKA, E, 10 Albany Road, Romford	(020) 8590 9998
WAKEFIELD, Kelly, 10 Meadow Close, Romford.....	(01708) 754516
WAKELING, P, 5 Kenway Close, Rainham.....	(01708) 781032
W, S, 202A Lodge Lane, Romford	(01708) 763466
WALCOTT, Trevor, 258 Goodwood Avenue, Hornchurch.....	(01708) 470570
WALDRON, C, 111 Chase Cross Road, Romford.....	(01708) 368353
WALE, A.J, 80 Percy Road, Romford.....	(01708) 760268
WALEED, M, 93 Birch Court Sherman Gardens, Romford	(020) 8590 6306
WALKES, S, 17 Acacia Gardens, Upminster	(01708) 221435
WALKER, A, 50 Burnway, Hornchurch	(01708) 442241
W, A, 14 Crawford Compton Close, Hornchurch	(01708) 524983
W, A, 75 Nash Road, Romford	(020) 8252 9270
W, B, 96 Lancaster Drive, Hornchurch	(01708) 458842
W, D, 60 White Hart Lane, Romford	(01708) 781680
W, G, Flat 35 Flat 35 Harold Wood Hall Widecombe Close, ROMFORD	(01708) 371831
W, I, Flat 2 Gidea Lodge 220a Main Road, Romford	(01708) 741733
W, J, 73 Roseberry Gardens, Upminster	(01708) 226316
W, K, 12 Deyncourt Gardens, Upminster	(01708) 604064
W, L, 7 Oreston Road, Rainham.....	(01708) 554581
WALL, A, 18 Davenport Road, Romford	(01708) 341110
W, A, 33 Hamlet Road, Romford	(020) 8518 5419
W, J, 98 Priory Road, Romford	(01708) 344614
W, Mr Logan, Mobile, 18 Davenport Road, Romford, Essex	(07930) 332698
WALLACE, J, 21 Springfield Gardens, Upminster	(01708) 782099
W, J.R, 47 Kipling Towers Heaton Avenue, Romford	(01708) 384592
W, L, 103 Warren Drive, Hornchurch	(01708) 501162
W, M, 4 Ayllofs Walk, Hornchurch	(01708) 747749
W, S, 38 Fleet Avenue, Upminster	(01708) 608599
W, V.A, 103 Beaulay Way, Romford.....	(01708) 746759
WALLINGTON, G, 216 Faringdon Avenue, Romford	(01708) 782590
WALLIS, A, 11 Gooshays Gardens, Romford	(01708) 384960
W, R, 34 Aylsham Lane, Romford	(01708) 342195
WALMSLEY, Alan, 26 North Weald Close, Hornchurch	(01708) 551779
WALPOLE, J, Flat 30 Dreywood Court, 53 Squirrels Heath Lane, ROMFORD	(01708) 938081
WALTER, P, 20 Montrose Avenue, Romford	(01708) 769426
WALTERS, Mrs Maureen, 17 Cherry Tree Lane, Rainham	(01708) 554603
WALTON, E, 18 Skeales Court Sunrise Avenue, Hornchurch	(01708) 532426
W, J, 1 Rosemary Avenue, Romford	(01708) 728962
WANG, J, 190A Upminster Road South, Rainham.....	(01708) 285192
WANLEY, J, 16 Cunningham Close, Romford.....	(020) 8598 2685
WARD, J, Highlands Apartments 59 Main Road, Romford	(01708) 746159
W, J.D, 60 Lynwood Dy, Romford	(01708) 767621
W, M, 23 Astra Close, Hornchurch	(01708) 552126
W, P, 28 Heddingham Road, Hornchurch	(01708) 457746
W, R.R, 101 Retford Rd, Romford	(01708) 372116
W, S, Flat 11 Swaffham Court Glandford Way, Romford	(020) 8597 4419
W, S, 32 Grosvenor Drive, Hornchurch	(01708) 508401
W, W.G, 82 Guysfield Drive, Rainham	(01708) 556105
WARE, A, 89 Laburnum Walk, Hornchurch	(01708) 450119
W, G, 23 Ravenscourt Drive, Hornchurch	(01708) 474633
WARFIELD, H.S, 61 Eastern Av Vist, Romford	(020) 8599 4149
WARNER, C.H.J, 4 Ardleigh Close, Hornchurch	(01708) 440342
W, E, 97 Marlborough Road, Romford	(01708) 843459
W, T.A, 97 Marlborough Road, Romford	(01708) 723463
W, W, 78 Parkstone Avenue, Hornchurch	(01708) 450015
WAROO, A, 49 Clitheroe Road, Romford	(01708) 721216
WARREN, A, 8 Grove Park Road, Rainham	(01708) 551899
W, Christopher, 14 Highfield Clo, Romford	(01708) 721323
W, G, 1A Cedar Gardens, Upminster	(01708) 229190
W, G, 10 Wells Gardens, Rainham	(01708) 550527
W, Heidi, 34 Taunton Road, Romford	(01708) 375992
W, L, 8 Homeway, Romford	(01708) 381348
W, M.F, 39 Kingsley Gardens, Hornchurch	(01708) 441007
W, M.J, 74 Lancaster Drive, Hornchurch	(01708) 443453
WARWICK, A, 30 Cricklade Avenue, Romford	(01708) 346485
WATERHOUSE, G, 83 Suttons Avenue, Hornchurch	(01708) 478959
WATERMAN, L, 16 Birkdale Avenue, Romford	(01708) 349963
WATERS, D.P.J, 220 Mawney Road, Romford	(01708) 766778
W, E, 5 Bell Avenue, Romford	(01708) 370173
W, Mr J, 17 Clive Road, Romford	(01708) 473517
WATKINS, C, 24 Courtenay Gardens, Upminster	(01708) 222322
W, D, 50 Birch Crescent, Hornchurch	(01708) 455267
W, Ms Joan, 7 Highview Gardens, Upminster	(01708) 229565
W, Mrs T, 229 Carter Drive, Romford	(01708) 756428
W, T, Mobile, 55 Deere Avenue,	(07931) 629034
WATSON, A.F, 24 Nelwyn Av, Hornchurch	(07956) 573433
W, B, 78 Church Lane, Bulphan	(01375) 465469
W, E, 12A Collier Row Road, Romford	(01708) 534316
W, E, 8 Sunnyside Gardens, Upminster	(01708) 223070
W, G, 7 Blenheim Close, Upminster	(01708) 228488
W, Mr George, 102 Stanley Road, Hornchurch.....	(01708) 447339
W, J, 5 Honiton Road, Romford	(01708) 927541
W, J, 60 Stanley Avenue, Romford.....	(01708) 725331
W, M, 10 Brampton Court 7 Union Road, Romford	(01708) 763530
W, Terence, 30 Saffron Road, Romford	(01708) 747235
WATT, A, 104 Marlborough Gardens, Upminster	(01708) 228187
WATTS, A, 8 Conway Crescent, Romford	(020) 8491 9491
W, C, 36 Cranston Park Avenue, Upminster	(01708) 223134
W, Diane, Flat 12 Deer Mead Court 77 Junction Road, Romford	(01708) 756478
W, G, 65 Elms Farm Road, Hornchurch	(01708) 470881
W, J, 7 Pitcairn Close, Romford	(01708) 701675
W, P, 48 Bedale Road, Romford	(01708) 347317
W, P, 144 Swanbourne Drive, Hornchurch	(01708) 470665
W, Mrs Sheila, 49 Cavendish Avenue, Hornchurch	(01708) 522443
WAZNY, M, 82 Aldborough Road, Upminster	(01708) 783923
WEATHERLEY, T, 30 Castellana Avenue, ROMFORD.....	(01708) 706514
WEB, S, 142 Charlbury Crescent, Romford	(01708) 928380
WEBB, B, 1 Aylett Road, Upminster	(01708) 572968
W, B.G, 29 Shelley Avenue, Hornchurch.....	(01708) 475424
W, C, 62 Rainsford Way, Hornchurch	(01708) 702904
W, Dr G, 80 Deyncourt Gardens, Upminster	(01708) 227413
W, H.B, 201 Osborne Road, Hornchurch	(01708) 440573
W, J, 149 Havering Gardens, Romford	(020) 8597 4802
W, J, 19 Masfield Drive, UPMINSTER	(01708) 937617

W, J, 53 PENERLEY Road, Rainham.....	(01708) 534591
W, Keith, 2 Little Gaynes La, Upminster	(01708) 222997
W, M, 74 Ravenscourt Drive, Hornchurch.....	(01708) 441753
W, M.A, 34 Gray Gardens, Rainham	(01708) 520404
W, M.C, 8 West Road, Chadwell Heath	(020) 8599 2041
W, Mr 013 Mulberry Close, Essex, Romford	(01708) 620315
W, P, 4 Limerick Gardens, Upminster	(01708) 229409
W, R, 23 Kenilworth Avenue, Romford	(01708) 340757
WEBBER, A, Mobile, 108 Links Avenue, Romford, Essex	(07956) 567568
W, P, 91 Heddingham Road, Hornchurch	(01708) 443375
WEBBERLEY, Mrs 10 Kingsley Gardens, Hornchurch	(01708) 455385
WEBBY, T, 103 Eastern Avenue East, Romford	(01708) 744711
WEBSTER, D, 2, 2, Memorial Bungalows Fen Lane, North Ockendon.....	(01708) 858438
W, G, 5 The Chase, Romford	(01708) 782165
W, G.J, 63 Park Drive, Upminster	(01708) 225363
W, M, 6 Bartlow Gardens, Romford.....	(01708) 756949
W, Miss 46 Stewart Avenue, Upminster	(01708) 222863
W, R, 17 Moray Close, Romford	(01708) 703445
W, S.R, 54 Tweed Way, Romford.....	(01708) 726795
WEEDON, M, 54 Avenue Road, Harold Wood	(01708) 348366
WEI, L, 153 St. Marys Lane, Upminster	(01708) 220114
WELBOURNE, P, 26 Kendal Croft, Hornchurch	(01708) 935920
WELCH, FR, 47 St. Albans Avenue, Upminster	(01708) 227263
W, R, 21 Standen Avenue, Hornchurch	(01708) 559786
WELFARE, D, 104 Kenneth Road, ROMFORD	(020) 8599 8648
WELHAM, M.L, 143 Ford Lane, Rainham	(01708) 522147
WELLER, A, 26 Somerville Road, Romford	(020) 8599 8183
WELLMAN, M, 56 Church Lane, Upminster	(01375) 891052
WELLS, Ann, 24 Cecil Avenue, Hornchurch	(01708) 458776
W, A, 13 Lilac Gardens, Romford.....	(01708) 743322
W, B, 2 Swallow Walk, Hornchurch.....	(01708) 552798
W, Bruna, 26 The Grove, Upminster	(01708) 226313
W, C.M, 31 Oaklands Avenue, Romford	(01708) 728595
W, D, 18 Havering Drive, Romford	(01708) 767766
W, D.W, 7 Fairview Avenue, Rainham	(01708) 550597
W, L, 45 Fanshawe Crescent, HORNCHURCH	(01708) 535106
W, L, 6 Great Gardens Road, Hornchurch	(01708) 550128
W, L, 14 Rectory Gardens, Upminster	(01708) 509956
W, L, 50 Grosvenor Road, ROMFORD	(01708) 926360
W, M.J, 127 Balgore Lane, Romford	(01708) 453937
W, P, 3 Amanda Mews Pretoria Road, Romford	(01708) 731152
W, P, 34 Avon Road, Upminster	(01708) 226778
W, P, 44 Stanley Road, Hornchurch	(01708) 474720
WELSH, J, 35 Woodside Close, Rainham	(01708) 553553
WENDEN, C, 51 Tangmere Crescent, Hornchurch	(01708) 550419
WENMAN, M, Mobile, 4, Benjamin Court Betterton Road, Rainham, Essex	(07958) 705861
WENT, P, 69 Upper Rainham Road, Hornchurch	(01708) 705286
WEST, A, 46 Parsonage Road, Rainham.....	(01708) 557931
W, J, 4 Ashton Gardens, Romford	(020) 8599 2097
W, J, 7 East Road, Rush Green	(01708) 532402
W, R, 41 Horace Avenue, Romford	(01708) 727861
WESTBROOK, G.W, 138 Squirrels Heath Road, Romford	(01708) 345718
WESTERMAN, P, 229 Upminster Road South, Rainham	(01708) 558459
WESTGATE, M, 67 Neave Crescent, Romford	(01708) 373913
WESTLAKE, M, 44 Westmoreland Avenue, Hornchurch	(01708) 450675
WESTON, L, 100 Hall Lane, Upminster	(01708) 224812
W, Roy, 20 Astor Avenue, Romford.....	(01708) 723508
W, S, 5 Weston 63 Hamilton Drive, Romford	(01708) 340790
WESTROP, J, 131 Masheters Walk, Romford	(01708) 767592
WETTNER, K, 46 Davenport Road, ROMFORD	(01708) 927232
WHATMOUGH, C, 45 Chelmsford Avenue, Romford	(01708) 727187
W, G, 5 Medora Rd, Romford	(01708) 736159
WHAYLING-GREEN, T, Flat 4, Gower Court Wigton Road, Romford.....	(01708) 960464
WHEAL, M.J, 13 Sims Close, Romford	(01708) 731337
WHEATLEY, D, 74 Horace Avenue, ROMFORD	(01708) 754692
WHEATON, D.E, 76 Rush Green Road, Romford.....	(01708) 720491
WHEELER, A.J, 49 Stanley Avenue, Romford	(01708) 749418
W, C, 4 David Drive, Romford	(01708) 345215
W, C, 74a Front Lane, Upminster	(01708) 224863
W, D, 20 Devizes House Montgomery Crescent, Romford.....	(01708) 847432
W, H.W, 60 Stanley Road North, Rainham	(01708) 552363
W, S, 67 Sedgfield Crescent, ROMFORD.....	(01708) 920543
WHISKEN, M, 29 Kings Avenue, Romford	(020) 8590 8489
WHISTON, G, 64 Navarre Gardens, Romford	(01708) 725272
W, S.I, 34 Northwood Avenue, Hornchurch	(01708) 451071
WHITAKER, R, 1 Savoyers Chase, Romford	(01992) 812284
WHITBREAR, L, 152 Hildene Avenue, Romford.....	(01708) 964238
WHITE, Mrs Angela, 21 Moor Lane, Moor Lane.....	(01708) 222955
W, A, 131 St. Andrews Avenue, Hornchurch	(01708) 442612
W, A, 6 Silverdale Drive, Hornchurch	(01708) 925525
W, C, 41 Padnall Road, Romford	(020) 8599 9340
W, C, Uphavering House Flat 27 Parkhill Close, Hornchurch.....	(01708) 926474
W, D, Spindrift Bournebridge Lane, Stapleford Abbotts	(01708) 682896
W, D, 42 Brooklands Gardens, Hornchurch	(01708) 478445
W, D, 39 Eastbrook Drive, Romford	(020) 8592 6586
W, D, 9 Surridge Close, Rainham	(01708) 508676
W, G, 25 Rainham Road, Rainham	(01708) 558670
W, H, 7 Brook Road, Romford	(01708) 763493
W, J, 69 Dee Way, Romford	(01708) 762195
W, J, 56 Frinton Road, Romford	(01708) 740048
W, J, 83 Lake Avenue, Rainham	(01708) 551139
W, J, 6 Philip Avenue, Romford	(01708) 749742
W, L, 8 Harrow Drive, Hornchurch	(01708) 472858
W, M, WEALD VIEW Paternoster Row, Noak Hill	(01708) 340323
W, M, 85 Pettits Lane, Romford	(01708) 750943
W, M, 58 Tring Gardens, Romford	(01708) 732484
W, Mr 9 Kilnclint Way, Hornchurch	(01708) 557888
W, N, 12 The Glen, Rainham	(01708) 533082
W, P, 22 Dorian Road, Hornchurch	(01708) 455503
W, P, 55 Lake Avenue, RAINHAM.....	(01708) 550227
W, P.J, 18 Arundel Road, Romford	(01708) 345799
W, R, 16 Wren Gardens, Hornchurch	(01708) 447378
W, R.D, 86 Maybank Avenue, Hornchurch	(01708) 446441
W, S, Rose Croft Clay Tie Road, Upminster	(01708) 221239
W, S, 55 Lambs Lane South, Rainham	(01708) 552795
W, S, 2 Sunnings Lane, Upminster	(01708) 226667
WHITEHEAD, B, 228 South End Road, Rainham.....	(01708) 523380
W, C, 81 Saunton Road, Hornchurch	(01708) 471694
W, K, 62 Lynwood Drive, Romford	(01708) 726757
W, L, 53 Oak Street, Romford.....	(01708) 726666
W, S, 62 Stoke Road, Rainham	(01708) 508909
WHITEN, T.W, 149 Amperny Road South, Rainham.....	(01708) 521561
WHITFIELD, J, 45 Amyers Gardens, Romford	(01708) 744345
WHITING, Mr Keith Raymond, 25 Heron Flight Avenue, Hornchurch	(01708) 397412
W, S, 39A Oxford Avenue Hornchurch, Hornchurch	(01708) 444663

WHITLOCK, Mr Thomas, 14 Heather Drive, Romford	(01708) 741051
WHITTINGTON, K, 26 Wych Elm Close, Hornchurch	(01708) 440327
WHITTLES, D, 23 The Crescent, UPMINSTER	(01708) 221260
WHORNE, E, 20 Fontayne Avenue, Romford	(01708) 747468
WHYBROW, K, 17 Carbury Close, Hornchurch	(01708) 520173
WICKENDEN, M, 2 Sarre Avenue, Hornchurch	(01708) 507830
WICKETT, K, Flat 4 Ormonde Court Clydesdale Road, Hornchurch	(01708) 760997
WICKINGS, D, 198 Havering Road, Romford.....	(01708) 727891
WICKINGTON, R, 97 Shepherds Hill, Romford	(01708) 347298
WICKRAMARATNE, Mrs Antoinette, Flat 20, The Maltings South Street, Romford	(01708) 960487
WICKS, R, 269 Hildene Avenue, Romford	(01708) 347982
WIECKOWSKI, R, 39 Lindfield Road, Romford.....	(01708) 344459
WIEHE, T, 61 Ilfracombe Crescent, Hornchurch	(01708) 446290
WIFFEN, P, 9 Cedar Park Gardens, Romford	(020) 3715 3942
WIGGINS, A, 52 Collingwood Road, Rainham	(01708) 523510
W, K, 163 Park Lane, Hornchurch	(01708) 448665
W, R.T, (Mobile), 18 Winifred Av, Hornchurch	(07960) 027205
WIGINGTON, A, 5 Davenport Green, Romford	(01708) 381166
WIGLEY, A, 91 Howard Road, Upminster	(01708) 223689
WILCOX, Mr David, 28 Woodlands Road Harold Wood, Romford.....	(01708) 372010
W, J, 533 Upper Brentwood Road, Romford	(01708) 763881
WILD, P, 161 Lodge Avenue, ROMFORD	(01708) 761669
WILDE, D, 41 Charlbury Crescent, Romford.....	(01708) 384341
WILDERSPIN, R, 66 Grosvenor Drive, Hornchurch	(01708) 471350
W, S, 66 Grosvenor Drive, Hornchurch	(01708) 469406
WILES, G, 15 Aylsham Lane, Romford	(01708) 341199
W, J, 18 Highfield Towers Hillrise Road, Romford	(01708) 534844
WILKES, N, 148 Grosvenor Drive, Hornchurch	(01708) 446560
WILKINS, C, 14 Argyle Gardens, Upminster	(01708) 949615
W, J, 15 Beechfield Gardens, Romford	(01708) 755481
W, Jean, 1 West Road, Rush Green	(01708) 764967
W, M, 14 Doncaster Way, Upminster	(01708) 457249
W, M, 41 Tawny Avenue, Upminster	(01708) 226387
W, M.P, 21 Priestley Gardens, Romford.....	(020) 8598 8964
W, P, 10 Little Gaynes Gardens, Upminster	(01708) 222162
W, T, 15 Osborne Road, Hornchurch.....	(01708) 701883
WILKINSON, A.F, (Mobile), 21 Glebe Rd, Rainham, Essex	(07932) 882835
W, A.H, 28 St. Georges Avenue, Hornchurch	(01708) 440823
W, D, 14 Northumberland Avenue, Hornchurch	(01708) 701311
W, J, 161 Main Road, Romford	(01708) 749822
W, L, 175 Cherry Tree Lane, Rainham	(01708) 552491
W, Mr 324 South Street, Romford	(01708) 747325
W, Mrs 137 Warren Drive, Hornchurch	(01708) 472159
WILKS, J.E.V, 27 Wells Gardens, Rainham	(01708) 551747
WILLACY, Angela, 7 Drake Mws, Hornchurch	(01708) 525472
WILLARD, J, 83 Hillrise Road, Romford	(01708) 768498
W, M, 23 Greenock Way, Romford	(01708) 747854
WILLCOCKS, M, 1 Greenbanks, Upminster	(01708) 501505
WILLETT, B, 135 Argyle Gardens, UPMINSTER	(01708) 640987
WILLIAM, G, 131 Crow Lane, Romford	(01708) 742323
W, Mr Stanley, 2 Lake Avenue, Rainham	(01708) 559775
WILLIAMS, A, 170 Bader Way, Rainham	(01708) 921912
W, A, 3 Napier Close, Hornchurch	(01708) 704132
W, C, 26 Cowper Road, Rainham	(01708) 551657
W, D, 40 Bellevue Road, Romford	(01708) 741092
W, D, Glade End Cotts Curtis Mill Green, Navestock	(01708) 688340
W, D, 1 Millom House Trowbridge Road, Romford	(01708) 379473

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WILSON STOREY, S, 25 Priory Road, ROMFORD.....	(01708) 347257	W, Mrs Sheila, 3 Lee Avenue, Romford.....	(020) 8590 9179
WILSON, V, 5 Lansbury Avenue, Romford.....	(020) 8252 1534	W, T.N, 46 Curtis Rd, Hornchch.....	(01708) 459595
WILSON-STOREY, S, 10 Leyburn Cres, Harold HJ, Romford.....	(07956) 343785	WU, X, 2D Geoffrey Avenue, Romford.....	(01708) 949824
WILTON, M, 462 Mawney Road, Romford.....	(01708) 766876	WYATT, L, Flat 24, Weave Court, 24 Loom Grove, Romford.....	(01708) 397465
WILTSHIRE, D.J, 65 St. Andrews Avenue, Hornchurch.....	(01708) 452052	W, R, 18 Worcester Avenue, Upminster.....	(01708) 226461
W, E, 121 Ravenscourt Grove, Hornchurch.....	(01708) 477144	W, T, 303 Rush Green Road, Romford.....	(01708) 765708
W, S, Worthington Hall Collier Row Road, Romford.....	(01708) 749200	WYBREW-BOND, J, 38 Ramsay Gardens, Romford.....	(01708) 377090
WINDOW, I, 32 Clarence Avenue, Upminster.....	(01708) 453286	WYBROW, A, 128 Albany Road, Hornchurch.....	(01708) 910826
W, K, 6 Lynbrook Close, Rainham.....	(01708) 501209	W, B, 39 Lake Avenue, Rainham.....	(01708) 551708
WINEGARDEN, A, 27 Rosebank Avenue, Hornchurch.....	(01708) 707978	WYKES, P, 61 Betterton Road, Rainham.....	(01708) 553262
WING, A, 32 Theydon Gardens, Rainham.....	(01708) 524943	WYLIE, Elizabeth, 195 Howard Road, Upminster.....	(01708) 227593
WINGRAVE, B, 184 Carlton Road, Romford.....	(01708) 725165	WYMAN, Ian, 54 Cranham Gardens, Upminster.....	(01708) 221391
WINGROVE, J, 12 East Road, Rush Green, Essex.....	(01708) 609799	WYNNESS, S, 3 Waycross Rd, Upminstr.....	(01708) 226824
WINSHIP, P, A 119 Moor La, Upminster.....	(01708) 224978	WYNNE, C, 35 Veronica Close, Romford.....	(01708) 376302
W, R, 156 Roseberry Gardens, Upminster.....	(01708) 223697	XAYKOSY, K, 103 Drummond Road, Romford.....	(01708) 734984
WINTER, M, 12 Milton Road, Romford.....	(01708) 747997	XLN TELECOM LIMITED, Xln Telecom Limited, 6 Roneo Corner, Hornchurch.....	(01708) 442246
W, N, Durham House 2 White Hart Lane, Romford.....	(01708) 750770	XLN TELECOM, Mr 1b Albert Rd, Romford.....	(01708) 746682
W, T, 51 Bush Elms Road, Hornchurch.....	(01708) 479208	YAHYA, H, 54 Andromeda Court Myrtle Road, Romford.....	(01708) 377879
WINTLE, S, Flat 3 Carraway Court 18 Darlington Gardens, Romford.....	(01708) 341575	YALLOP, T, 46 Brackendale Gardens, Upminster.....	(01708) 223830
WINZAR, V, 26 Guardian Close, HORNCHURCH.....	(01708) 473293	YAMOA, Tilly, 3 Coope Court 2 Union Road, Romford.....	(01708) 531913
WISBEY, J, 48 Mannin Road, Romford.....	(020) 8599 5601	YARD, D, 16 Albany Road, Romford.....	(020) 8590 6268
WISE, J, 15 Galleywood Crescent, ROMFORD.....	(01708) 754441	YAROSON, M, 220 Mungo Park Road, Rainham.....	(01708) 552852
W, Mrs Sarah May, 3 Mansted Gardens, Romford.....	(020) 8599 4405	YASAR, C, 31 Claremont Road, Hornchurch.....	(01708) 964159
WISEMAN, C, 6 Berkshire Way, Hornchurch.....	(01708) 453737	YATES, J, 12 Cranham Road, Hornchurch.....	(01708) 446527
W, E, Flat 4 18, Canton House Halewood Way, Rainham.....	(01708) 784484	Y, K, 111 Cambridge Avenue, Romford.....	(01708) 746692
W, P, 30 Humber Drive, Upminster.....	(01708) 221516	Y, K, 111 Cambridge Avenue, Romford.....	(01708) 782920
WITHINGTON, T, 33 Clydesdale Road, Hornchurch.....	(01708) 767569	YAU, M, 371A South End Road, Hornchurch.....	(01708) 525848
WITTEKIND, A, 12 Amery Gardens, Romford.....	(01708) 762628	YEOBAH, W, 243 Gorseway, ROMFORD.....	(01708) 910398
WOADZRO, P, 163 Brentwood Road, Romford.....	(01708) 720382	YEE, Mrs A, 61 Chase Cross Road, Romford.....	(01708) 505201
WOELLHAF, M, 10 Dunster Close, Romford.....	(01708) 760098	YEKINNI, O, 116 Rainham Road, Rainham.....	(01708) 564435
WOLFE, M, Kosi Kot Clay Tye Rd, Upminstr.....	(01708) 227203	YELVERTON, P, 106 Alma Avenue, Hornchurch.....	(01708) 472316
WONG, C.H, 7 Manor Crescent, Hornchurch.....	(01708) 441491	YIGIT, B, 22 Winifred Avenue, Hornchurch.....	(01708) 477868
W, Dr G, 73 Frazier Close, Romford.....	(01708) 952888	YILDIZ, N, 3 Parkway, Romford.....	(01708) 727445
W, H, 32 Mountbatten House Elvet Avenue, Romford.....	(01708) 572411	YINKA, A, 18 Jordans Way, Rainham.....	(01708) 533538
W, K, 9b Greenway, Romford.....	(01708) 564652	YORDANOVA, L, 6 Hilldene Avenue, Romford.....	(01708) 910780
W, M, 2 Elstar Court Lowen Road, Rainham.....	(01708) 524816	YOTOV, I, 40 Bosworth Crescent, Romford.....	(01708) 232209
W, W, 75 Woburn Avenue, Hornchurch.....	(01708) 621004	YOUNG, A, 177 Parkside Avenue, Romford.....	(01708) 726377
WOOD, A, 8 Coombe Road, ROMFORD.....	(01708) 938368	Y, A, 14 Thameshill Avenue, Romford.....	(01708) 706534
W, Alan, 82 Garry Way, Romford.....	(01708) 764497	Y, J, 22 Park Crescent, Hornchurch.....	(01708) 760608
W, B, Flat 9 Pearl Court Serpentine Close, Chadwell Heath, ROMFORD.....	(020) 3732 0707	Y, K, 497 South End Road, HORNCHURCH.....	(01708) 447704
W, C, 2 Kynance Close, Romford.....	(01708) 384918	Y, M, 27 St. Leonards Way, Hornchurch.....	(01708) 447633
W, C, 59 Mashiters Walk, Romford.....	(01708) 727448	Y, M, 31 The Glen, RAINHAM.....	(01708) 928289
W, D, 110 Sunnyside Gardens, Upminster.....	(01708) 223275	Y, P, 78 Parsonage Road, Rainham.....	(01708) 788129
W, D, 60 Westmoreland Avenue, Hornchurch.....	(01708) 450483	Y, S, 8 Heathfield Park Drive, Romford.....	(020) 3731 1241
W, G, 61 Hacton Drive, Hornchurch.....	(01708) 447584	Y, T, 77 Donald Drive, Romford.....	(020) 8590 6323
W, G.R, 114 St. Andrews Av, Hornchch.....	(01708) 441422	Y, W, 45 Boscombe Av, Horhchurch.....	(07956) 908055
W, H, 97 Haynes Road, Hornchurch.....	(01708) 447840	YOUNGS, R, 24 Brooklands Gardens, Hornchurch.....	(01708) 455469
W, Kathleen, 39 Danbury Road, Rainham.....	(01708) 523384	YOVCHEV, E, 26 Eva Road Romford, RM6.....	(020) 8599 4344
W, K.R, 39 Ilfracombe Gardens, Romford.....	(020) 8590 3772	YUSUF, A, Flat 3 Oakwood Court Compton Avenue, Romford.....	(01708) 921703
W, L.E, 34 Balgores Lane, Romford.....	(01708) 720791	ZAHID, M, 14 Kings Avenue, Romford.....	(020) 3902 2244
W, L.P, Ashwood Farm Murdering Lane, Stapleford Abbotts.....	(01708) 384361	ZAIDI, S, 21a Station Parade, Hornchurch.....	(01708) 230306
W, M, 61 Lake Rise, Romford.....	(01708) 734964	ZAMFIR, F, Flat 6 Amber Court 995 High Road, Romford.....	(020) 8598 8029
W, P, 18 Braeburn Court Broadis Way, Rainham.....	(01708) 550914	ZAMMIT, J, 101 Eghurst Avenue, Hornchurch.....	(01708) 471268
W, S, 127 Chelmsford Avenue, Romford.....	(01708) 722342	ZARB, J, 44 White Hart Lane, Romford.....	(01708) 706467
W, T, 429 Mawney Road, Romford.....	(01708) 752326	Z, Mrs Kathleen, 3 Mowbrays Close, Romford.....	(01708) 753927
W, V, 40 Queens Gardens, Rainham.....	(01708) 559501	ZARIVNA, O, 3 Walden Avenue, Rainham.....	(01708) 960843
WOODAGE, G, 2 Anvil Mews, Rainham.....	(01708) 368342	ZAVI, A, Flat 6 Ethel Cottages Padnall Road, Romford.....	(020) 8586 4112
WOODCOCK, C, 3 Kingfisher Road, Upminster.....	(01708) 225773	ZEFF, M, 15 Heather Close, Romford.....	(01708) 749267
WOODER, O, 6 Lake Rise, Romford.....	(01708) 765814	ZHANG, T, 84 Victoria Road, Romford.....	(01708) 232978
WOODERS, L, 67 Danbury Road, Rainham.....	(01708) 531783	ZIEPE, P, 1A Gidea Close, ROMFORD.....	(01708) 728868
WOODGATE, C.F, 2 Derham Gdns, Upminstr.....	(01708) 225317	ZILEVICIUTE, A, 76 Albany Road, Romford.....	(020) 8597 5193
WOODHALL, Terri, 16 New Cottages Wennington Road, Wennington.....	(01708) 551311	ZIRFAS, B, 3 Marlowe Gardens, Romford.....	(01708) 346053
WOODHOUSE, C.R, 56 Recreation Avenue, Harold Wood.....	(01708) 372166	ZONE, K, 29 Heaton Way, Romford.....	(01708) 508877
W, J, 33 Ferguson Avenue, Romford.....	(01708) 732327	ZOSIN, A, 75 Padnall Road, Romford.....	(020) 3732 4814
W, M, 175 Ford Lane, Rainham.....	(01708) 556869	ZUBER, P, 43 St. Andrews Avenue, Hornchurch.....	(01708) 451569
WOODMAN, G, 29 Carlton Road, Romford.....	(01708) 764816		
W, I.E, 125 Rosebank Avenue, Hornchurch.....	(01708) 454525		
WOODS, B, 138 Burnway, Hornchurch.....	(01708) 913230		
W, D, 10 The Rodings, Upminster.....	(01708) 229178		
W, G, 5 Frederick Road, Rainham.....	(01708) 552058		
W, J, 33 Macon Way, Upminster.....	(01708) 227005		
W, M, 20 Hornminster Glen, Hornchurch.....	(01708) 446233		
W, S, 21 Royle Close, Romford.....	(01708) 531907		
WOODWARD, S.W, 99 Whitchurch Road, Romford.....	(01708) 370056		
WOOLF, Mrs Bernice, 211b Church Road, Romford.....	(01708) 607863		
W, V, Flat 22 Rosewood Court Chadwell Heath Lane, Romford.....	(020) 3380 2597		
WOOLFE, C, 108 Front Lane, Upminster.....	(01708) 507981		
WOOLFENDEN, C, 31 The Mall, Hornchurch.....	(01708) 532254		
WOOLFORD, Mrs Loraine, 10 Veny Crescent, Hornchurch.....	(01708) 456499		
WOOLLACOTT, Mr M, 98 Norwood Av, Romford.....	(01708) 767608		
WOOLNOUGH, A, 29 Abbots Close, Rainham.....	(01708) 508752		
WOOLS, Mr R, 22 Horndon Rd, Romford.....	(01708) 236147		
WOOLSTON, M, 98 Harrow Drive, Hornchurch.....	(01708) 473979		
W, P, 9 Ingreway, Romford.....	(01708) 343228		
WOOLWARD, C, 1 Scotts Close, Hornchurch.....	(01708) 475806		
W, K, 3 Chelmer Road, Upminster.....	(01708) 501515		
WOOTTON, Paul, 276 Pettits Lane North, Romford.....	(01708) 728346		
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WORGAN, Ms Linsey, 15 Bonington Road, Hornchurch.....	(01708) 935489		
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WORSLEY, K, 52 Moray Way, Romford.....	(01708) 720950		
WORTON, A.H.W, 4 Middle Boy, Abridge.....	(01992) 813539		
WRAIGHT, S, 180 Balgores Lane, Romford.....	(01708) 701290		
WRAITH, J, 94 Norwood Avenue, Romford.....	(01708) 762547		
WREN, M, 53 Christchurch Avenue, RAINHAM.....	(01708) 606359		
WRENN, B, 153 Chelmsford Avenue, Romford.....	(01708) 926493		
WRIGHT, A, 67 Upminster Road, Hornchurch.....	(01708) 440686		
W, B, 41 Clematis Close, Romford.....	(01708) 376278		
W, B, 62 Mildmay Road, Romford.....	(01708) 769555		
W, B, 7 Pontypool Walk, Romford.....	(01708) 913269		
W, C, 68 Chase Cross Road, Romford.....	(01708) 769497		
W, C, 115 Cranston Park Avenue, UPMINSTER.....	(01708) 223865		
W, D, 30 Hesselyn Drive, Rainham.....	(01708) 556357		
W, D, 19 Wingley Lane, Hornchurch.....	(01708) 445094		
W, J, 249 Crow Lane, Romford.....	(01708) 763201		
W, J, 18 Globe Road, Hornchurch.....	(01708) 753092		
W, J, 49 High View House Hatch Grove, Romford.....	(020) 8597 4764		
W, K, 99 Carter Drive, Romford.....	(01708) 767455		
W, K.J, Flat 6 Hill Court Upminster Road, Hornchurch.....	(01708) 443808		
W, L, 20 Chelmsford Drive, Upminster.....	(01708) 455811		
W, M, 57 Coniston Avenue, Upminster.....	(01708) 226460		
W, Mrs M, Mrs 57 Heron Way, Upminster.....	(01708) 259107		

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